

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning: 1 Brain Games & Coffee Stretch & Flex with Justine Afternoon: 3:00 Concert - Niny Salem Manicure Monday Calming Coloring	Morning: 2 Morning Recaps Exercise Essentials Afternoon: 2:00 Hymn Sing Craft Club: Christmas Cards Collage Open Floor Dancing	Morning: 3 Brain Games & Coffee Music & Movement Afternoon: Pet Visits! Brain Games Chair Yoga Baking Club: Cupcakes	Morning: 4 Morning Recaps Exercise Essentials Afternoon: Helping Hands Calming Coloring Name that Emotion Game Parachute Ball	Morning: 5 Brain Games & Coffee Chair Yoga Afternoon: 2:30 Flower Arranging Stretch & Flex with Justine 1:1's with Activities Team Color Sorting	Morning: 6 Brain Games & Coffee Exercise with Olivia Afternoon: Movie: Beauty and the Beast Noodle Ball 1:1's with Activities Team Baking Club: Mini Pies
	Morning: 7 Coffee & Chronicles Sunday Morning Devotional Afternoon: 12:00 Vikings v. Commanders Exercise Essentials Category Game Name that Instrument Game Meet Me at MoMA	Morning: 8 Brain Games & Coffee Stretch & Flex with Justine Afternoon: Manicure Monday Noodle Ball Baking Club: Brownies What Would You Call It? Game	Morning: 9 Morning Recaps Exercise Essentials Afternoon: 2:00 Hymn Sing Craft Club: Wooden Holiday Signs Open Floor Dancing Musical Instruments Game	Morning: 10 Brain Games & Coffee Music & Movement Afternoon: 2:00 Christmas Concert with Cindi Scheffler Exercise Essentials Wine Wednesday Pet Visits! Brain Games	Morning: 11 Morning Recaps Exercise Essentials Afternoon: Helping Hands Indoor Walking Club Balloon Volley Elvis Sing-A-Long Music & Aromatherapy	Morning: 12 Brain Games & Coffee Exercise Essentials Afternoon: 2:30 Flower Arranging Stretch & Flex with Justine 1:1's with Activities Team Scarf Catch Game
	Morning: 14 Coffee & Chronicles Sunday Morning Devotional Afternoon: 12:00 Movie: How the Grinch Stole Christmas Exercise Essentials This or That Game Evening: 7:20 Vikings v. Cowboys	Morning: 15 Brain Games & Coffee Stretch & Flex with Justine Afternoon: Manicure Monday Free Paint Alphabet Chain Game Evening: 6:00 Christmas Carolers	Morning: 16 Morning Recaps Exercise Essentials Afternoon: 2:00 Hymn Sing Craft Club: Christmas Picture Frames The Category Game Quick Math	Morning: 17 Brain Games & Coffee Music & Movement Afternoon: 1:30 Caroling with 5th Graders Cookies & Cocoa Social Holiday Word Unscrambler Holiday Meet Me at MoMA Pet Visits!	Morning: 18 Brain Games & Coffee Exercise Essentials Afternoon: Helping Hands Balloon Volley DIY Mugs Baking Club: Sugar Cookies	Morning: 19 Brain Games & Coffee Christmas Card Writing Afternoon: 2:30 Flower Arranging Stretch & Flex with Justine 1:1's with Activities Team Craft: Ornament Making
	Morning: 21 Coffee & Chronicles Exerise Essentials Afternoon: 12:00 Vikings v. Giants Question Dice: Topic - Foods Aromatherapy & Meditation Music & Movement	Morning: 22 Brain Games & Coffee Stretch & Flex with Justine Afternoon: 2:00 Slap Happy Drumming Concert Manicure Monday Word Unscrambler Parachute Ball	Morning: 23 Morning Recaps Exercise Essentials Afternoon: 2:00 Concert - Laverne & The Chicks Craft Club: Pipe Cleaner Trees Fill in the Blanks: Christmas Songs	Morning: 24 Brain Games & Coffee Music & Movement Afternoon: Wine Wednesday Pet Visits! Brain Games Good News Crew	Morning: 25 Morning Recaps Exercise Essentials Afternoon: Movie: Polar Express Christmas Songs Sing-A-Long Hot Cocoa Social Merry Christmas!	Morning: 26 Brain Games & Coffee Zumba Afternoon: 2:30 Flower Arranging Stretch & Flex with Justine 1:1's with Activities Team Musical Instruments Game
	Morning: 28 Coffee & Chronicles Sunday Morning Devotional Afternoon: 12:00 Packers v. Ravens Exercise Essentials What Would You Call It? Game Calming Coloring	Morning: 29 Brain Games & Coffee Stretch & Flex with Justine Afternoon: Manicure Monday Craft Club: DIY New Years Eve Glasses New Year's Party Evening: St. Thomas Church Choir Carols	Morning: 30 Morning Recaps Exercise Essentials Afternoon: The Category Game Baking Club: Puppy Chow Question Dice: Holiday Traditions 1:1's with Activities Team	Morning: 31 Brain Games & Coffee Music & Movement Afternoon: Parachute Ball Brain Games Craft! New Year's Eve	<div> <div>December</div> <div>2025</div>  </div>	