



AR— Art Room
CH— Chapel
LTC—Long Term Care
TCU—Transitional Care

September 2026 Care Center

***Means this activity takes place outside of the care center, and you may need to ask for transportation!

Contact activity department with requests at
651-209-9182

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Occupational Emotional Physical Intellectual Social Spiritual	ACTIVITIES SUBJECT TO CHANGE	1 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 1:00/2:00 Cycling With Age "Trishaw Rides" 2:30 Stretch N Flex—LTC 3:15 Happy Hour - LTC	2 9:00 Manicures with Barb—LTC 9:45 Trivia—LTC 1:00 Word Communion—CH*** 2:00 QUARTER BINGO—LTC 2:45 Resident Council—LTC	3 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 12:30 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC	4 9:30 Patio Time - LTC 11:00 Mass—CH*** 1:30 Marx Music-CH*** *NO BINGO TODAY	5 4:00 Mass—CH***
6 10:00 Mass—CH***	7 LABOR DAY 11:00 Worship Service with Communion—CH***	8 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 1:00/2:00 Cycling With Age "Trishaw Rides" 1:30 Back to School Advice -LTC 2:30 Stretch N Flex—LTC 3:15 Happy Hour - LTC	9 9:00 Manicures with Barb—LTC 9:45 Trivia—LTC 1:00 Word Communion—CH*** 2:00 QUARTER BINGO—LTC 3:00 Scenic Drive—LTC	10 9:45 Patio Time - LTC 11:00 Word Communion—CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC	11 9:30 Patio Time—LTC 11:00 Mass—CH*** 2:00 Our Lady of Fatima Pilgrim Virgin Statue & Rosary-CH*** *NO BINGO TODAY	12 1:30 Craft with Tina and Saint Ambrose—Bistro*** 4:00 Mass—CH***
13 10:00 Mass—CH*** 11:00 Patio Time—LTC 2:00 Quarter Bingo—LTC 3:25 Vikings vs Packer Game- TV	14 9:45 Patio Time_ LTC 11:00 Shut the Box - LTC 1:00 You Tube 15 Minutes Seated Disco Workout - LTC 2:00 Karaoke-CH***	15 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 12:30 Choir Practice - CH*** 1:00/2:00 Cycling With Age "Trishaw Rides" 2:30 Stretch N Flex—LTC 3:15 Happy Hour - LTC	16 9:00 Manicures with Barb—LTC 9:45 Trivia—LTC 1:00 Word Communion—CH*** 2:00 QUARTER BINGO—LTC 3:00 Patio Time—LTC	17 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 12:30 Piano Music with Jaki—LTC 2:00 Meet & Greet Woodbury City Council & Mayor Candidates - CH*** 2:30 Stretch N Flex—LTC	18 9:30 Patio Time—LTC 11:00 Mass—CH*** 1:00 Cultural Event presentation "Mexico" by Cassandra -TH (snack to follow in Bistro)*** 2:30 QUARTER BINGO—LTC	19 9:45 Patio Time- LTC 11:00 Exercise -LTC 12:00 1:1's - TCU 4:00 Mass—CH***

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20 10:00 Mass—CH*** 11:00 Patio Time with Games- LTC 12:00 Vikings Game - TV 12:00 1:1's - TCU	21 9:45 Patio Time - LTC 11:00 Worship Service - CH*** 2:00 Sing Along with Rita—CH***	22 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 12:30 Choir Practice - CH*** 1:00/2:00 Cycling With Age "Trishaw Rides" 2:30 Stretch N Flex—LTC 2:00 Monthly Birthday Party-G***	23 9:00 Manicures with Barb—LTC 9:30 Family Feud - LTC 12:00 1:1's - TCU 1:00 Word Communion-CH*** 2:00 Bingo - LTC 3:00 Patio Time - LTC	24 9:45 Patio Time with Games- LTC 11:00 Word Communion —CH*** 12:00 1:1's - TCU 2:30 Stretch N Flex—LTC 5:00 Bavarian Musikmeisters-Parking Lot***	25 9:30 Patio Time— LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC	26 1:30 Craft with Saint Ambrose— LTC 4:00 Mass—CH***
27 10:00 Mass—CH*** 11:00 Patio Time— LTC 2:00 Quarter Bingo —LTC 3:05 Vikings Game - TV	28 9:45 Patio Time - LTC 11:00 Games - LTC 12:00 1:1's - TCU 2:00 Michael Riddle Music - CH***	29 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 12:30 Choir Practice - CH*** 1:00/2:00 Cycling With Age "Trishaw Rides" 2:30 Stretch N Flex— LTC	30 9:00 Manicures with Barb —LTC 9:45 Trivia—LTC 1:00 Word Communion- CH*** 2:00 QUARTER BINGO— LTC 3:00 Patio Time—LTC	ACTIVITIES SUBJECT TO CHANGE		Occupational Emotional Physical Intellectual Social Spiritual

Room Key Abbreviation

AR- Art Room

B- Bistro

CH- Chapel

CR- Club Room

FR—Fitness Room

G- Grove Dining Room

GL2-Grove Lounge 2nd floor

GL3-Grove Lounge 3rd floor

L- Library

Lab- Labyrinth

TH- Theater

WP- Wellness Pool

WS- Wellness Studio

St. Therese Pastoral Care Services

Catholic Mass

Tuesday and Friday 11:00 a.m.

Saturday 4:00 p.m. Sunday 10:00 a.m.

Catholic Word and Communion

Wednesday at 1:00p.m. and Thursday at 11:00 a.m

Ecumenical Service

11:00a.m. Communion Service (1st Monday of the Month)

11:00a.m. Liturgy of the Word Service (3rd Monday of the Month)

All worship services can be seen on T.V. Station 1-3