




# August 2025 IL/AL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Room Abbreviation Key</b>  AR— Art Room Birch Conf.— 1st Fl Conf. Room B— Bistro CH— Chapel CR— Club Room EPL— Employee Parking Lot  FR—Fitness Room G— Grove Dining Room L— Library Lab— Labyrinth TH— Theater W— Willow Dining WP— Wellness Pool WS— Wellness Studio					National Coloring Book Day 1 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 2:00 Coloring! - AR 3:00 Circuit Training—FR 3:30 Happy Hour—CR	2 9:45 Ladies' Group—B 1:00 Movie Matinee: Penguin Bloom—TH 4:00 Mass—CH 6:30 Game Night—CR or G
3 10:00 Mass—CH 3:30 Happy Hour—CR	4 Chocolate Chip Cookie Day 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social—B 2:00 Chocolate Chip Cookies—B	5 National Night Out 9:00 FUNctional Fitness—WS 10:30 Rosary—CH 11:00 Mass—CH 1:00 Bridge—G (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 1:30-2:00 Lake Elmo Banking—L 3:30 Happy Hour—CR 4:30-6:30 National Night Out Party—Lab	6 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Walmart (Woodbury) 10:00 Aqua Fit—WP 11:00 Ecumenical Communion Service 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love Speaker—G 6:30 Movie Night: The Intern—TH	7 9:00 FUNctional Fit—WS 9:30 Flower Arranging—AR 10:00 Tai Chi—WS 11:00 Word Communion—CH 11:30 Piano with Jaki 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G	8 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 2:00 Cactus Rock Craft—AR 3:00 Circuit Training—FR 3:30 Happy Hour—CR	9 9:45 Ladies' Group—B 1:00 Movie Matinee: Feel the Beat —TH 4:00 Mass—CH 6:30 Game Night—CR or G
10 10:00 Mass—CH 11:00 Piano with Mark 3:30 Happy Hour—CR	11 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social—B	12 9:00 FUNctional Fitness—WS 10:00 All Resident Meeting 11:00 Mass—CH 11:00 Lunch Outing: Acapulco 11:00 Piano with Richard 1:00 Bridge—G (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 2:00 Sing-along with Rita—CH 3:30 Happy Hour—CR	13 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Public Library/Kowalski's 10:00 Aqua Fit—WP 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love—G 6:30 Movie Night: Chupa—TH	14 9:00 FUNctional Fit—WS 10:00 Tai Chi—WS 11:00 Word Communion—CH 11:30 Piano with Jaki 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G 10:00-2:00 Treasure Island	15 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 1:30 Petting Zoo—TBD 3:00 Circuit Training—FR 3:30 Happy Hour—CR 4:30-5:30 SCREEN PORCH RESERVED FOR BOOK CLUB 5:30-6:30 CLUB ROOM RESERVED FOR BOOK CLUB	16 9:45 Ladies' Group—B 1:00 Movie Matinee: A Perfect Pairing—TH 4:00 Mass—CH 6:30 Game Night—CR or G



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
17 10:00 Mass—CH 3:30 Happy Hour—CR	18 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social— B	19 9:00 FUNctional Fitness—WS 10:30 Rosary—CH 11:00 Mass—CH 1:00 Bridge—CR (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 1:00 Dining Meeting—B 2:00 Niny Salem Music—CH 3:30 Happy Hour—CR 6:30 Caregiver Support Meeting—CR	20 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Aldi 10:00 Aqua Fit—WP 11:00 Ecumenical Liturgy Service—CH 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love—G 6:30 Movie Night: 17 Again—TH	21 Senior Citizen Day 9:00 FUNctional Fit—WS 9:30 Flower Arranging—AR 10:00 Tai Chi—WS 11:00 Word Communion—CH 11:30 Piano with Jaki 12:30 Saxophone with Chris 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G 2:00 Mary Franz Music—B 3:00 Memorist Group—G *Start of the State Fair*	22 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 2:00 Gameshow Games—TH 3:00 Circuit Training—FR 3:30 Happy Hour—CR	23 9:45 Ladies' Group—B 1:00 Movie Matinee: Our Times—TH 4:00 Mass—CH 6:30 Game Night—CR or G
24 10:00 Mass—CH 3:30 Happy Hour—CR	25 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social— B 2:00 Sing-along with Rita—CH 3:00 “Butter” Carving—B	26 9:00 FUNctional Fitness—WS 10:30 Rosary—CH 11:00 Mass—CH 11:00 Piano with Richard 1:00 Bridge—CR (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 2:30 August Birthday Party—G 3:30 Happy Hour—CR 4:30 Piano with Tim McGuire	27 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Cub Foods 10:00 Aqua Fit—WP 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love—G 6:30 Movie Night: Love Guaranteed—TH	28 Cherry Turnover Day 9:00 FUNctional Fit—WS 10:00 Tai Chi—WS 11:00 Word Communion—CH 12:30 Saxophone with Chris 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G 2:00 Cherry Turnovers—B	29 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 2:00 Popcorn—B 3:00 Circuit Training—FR 3:30 Happy Hour—CR	30 9:45 Ladies' Group—B 1:00 Movie Matinee: The Age of Innocence—TH 4:00 Mass—CH 6:30 Game Night—CR or G
31 10:00 Mass—CH 3:30 Happy Hour—CR	<div><div><p><b>All Activities are Subject to Change!</b></p></div><div><p><u>St. Therese Pastoral Care Services</u></p><p><u>Catholic Mass</u> Tuesday and Friday 11:00 a.m. Saturday 4:00 p.m. Sunday 10:00 a.m.</p><p><u>Catholic Word and Communion</u> Wednesday at 1:00p.m. and Thursday at 11:00 a.m.</p><p><u>Ecumenical Service</u> 11:00a.m. Communion Service (1st Wednesday of the Month) 11:00a.m. Liturgy of the Word Service (3rd Wednesday of the Month) ***** All worship services can be seen on T.V. Station 1-3</p></div><div><div><p>Occupational</p><p>Physical</p><p>Social</p></div><div><p>Emotional</p><p>Intellectual</p><p>Spiritual</p></div></div></div>					