


September 2025 IL/AL

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 All Activities are Subject to Change!	Labor Day 1 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social—B	2 9:00 FUNctional Fitness—WS 10:30 Rosary—CH 11:00 Mass—CH 1:00 Bridge—G (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 1:30-2:00 Lake Elmo Banking—L 3:30 Happy Hour—CR	3 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Walmart (Woodbury) 10:00 Aqua Fit—WP 11:00 Ecumenical Communion Service 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love —G 6:30 Movie Night: The Penguin Lessons—	4 9:00 FUNctional Fit—WS 9:30 Flower Arranging—AR 10:00 Tai Chi—WS 11:00 Word Communion—CH 12:30 Saxophone with Chris 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G 2:00 Tom Erickson Music—CH	5 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 3:00 Circuit Training—FR 3:30 Happy Hour—CR	6 9:45 Ladies' Group—B 1:00 Movie Matinee: Ferris Bueller's Day Off—TH 4:00 Mass—CH 6:30 Game Night—CR or G	
	Grandparents Day 7 10:00 Mass—CH 11:00 Piano with Richard 3:30 Happy Hour—CR	8 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social—B	Teddy Bear Day 9 9:00 FUNctional Fitness—WS 10:00 All Resident Meeting 11:00 Mass—CH 12:30 Choir Rehearsal—CH 1:00 Bridge—G (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 2:00 Teddy Bear Craft—AR 3:30 Happy Hour—CR	10 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Public Library/Kowalski's 10:00 Aqua Fit—WP 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love—G 6:30 Movie Night: Tall Girl—TH	11 9:00 FUNctional Fit—WS 10:00 Tai Chi—WS 11:00 Word Communion—CH 11:00 Tamarack Tap 12:30 Saxophone with Chris 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G 2:00-6:00 Walk to End Alzheimer's Bake Sale	12 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 2:00 Game Show Games—TH 3:00 Circuit Training—FR 3:30 Happy Hour—CR	13 9:45 Ladies' Group—B 1:00 Movie Matinee: My Oxford Year—TH 3:00 Technology Support—L 4:00 Mass—CH 6:30 Game Night—CR or G
	14 10:00 Mass—CH 11:00 Piano with Mark 12:00 Piano with Richard 3:30 Happy Hour—CR	15 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social—B 2:00 Unwrapping Music—CR 2:00 Sing-along with Rita—CH	16 9:00 FUNctional Fitness—WS 10:30 Rosary—CH 11:00 Mass—CH 1:00 Bridge—CR (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 1:00 Dining Meeting—B 2:00 Jonathan Edwards Music—CH 3:30 Happy Hour—CR 6:30 Caregiver Support Meeting—CR	17 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Target 10:00 Aqua Fit—WP 11:00 Ecumenical Liturgy Service—CH 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love—G 6:30 Movie Night: Journey to the Center of the Earth—TH	18 9:00 FUNctional Fit—WS 9:30 Flower Arranging—AR 10:00 Tai Chi—WS 11:00 Word Communion—CH 11:30 Piano with Jaki 12:30 Saxophone with Chris 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G 10:00-1:00 Art Museum Trip 3:00 Memorist Group—G	19 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 3:00 Circuit Training—FR 3:30 Happy Hour—CR 4:30-5:30 SCREEN PORCH RESERVED FOR BOOK CLUB 5:30-6:30 CLUB ROOM RESERVED FOR BOOK CLUB	20 9:45 Ladies' Group—B 1:00 Movie Matinee: I Used to be Famous—TH 3:00 Technology Support—L 3:00 GROVE DINING ROOM RESERVED FOR EVENT 4:00 Mass—CH 6:30 Game Night—CR or G

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
21 10:00 Mass—CH 11:00 Piano with Richard 3:30 Happy Hour—CR	Ice Cream Cone Day 22 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social—B 2:00 Unwrapping Music—CR 3:00 Ice Cream— B	23 9:00 FUNctional Fitness—WS 10:30 Rosary—CH 11:00 Mass—CH 12:30 Choir Rehearsal—CH 1:00 Bridge—CR (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 3:30 Happy Hour—CR	24 9:00 Gentle Yoga—WS 9:45 Men's Group—B 10:00 Shopping Outing: Trader Joe's 10:00 Aqua Fit—WP 1:00 Word Communion—CH 1:30 Quarter Bingo—G 2:00 Circuit Training—FR 3:00 Bundles of Love—G 6:30 Movie Night: Journey 2—TH Afternoon Congresswoman Betty McCollum Visit (possibly Thursday)	25 9:00 FUNctional Fit—WS 10:00 Tai Chi—WS 11:00 Word Communion—CH 12:30 Saxophone with Chris 1:00 Bridge—G (Sign-up CR) 1:00 Cribbage—G	26 9:00 Better Balance—WS 10:00 Aqua Fit—WP 11:00 Mass—CH 1:00 500 Cards—CR 2:00 Popcorn—B 3:00 Circuit Training—FR 3:30 Happy Hour—CR	27 9:45 Ladies' Group—B 1:00 Movie Matinee: Lulli —TH 1:30 Mini Canvas Painting—AR 3:00 Technology Support—L 4:00 Mass—CH 6:30 Game Night—CR or G

28 10:00 Mass—CH 11:00 Piano with Richard 3:30 Happy Hour—CR	29 9:00 Better Balance—WS 10:00 Aqua Fit—WP 1:00 Hand & Foot Cards—G 1:15 Coffee Social—B 2:00 Unwrapping Music—CR 2:00 Sing-along with Rita—CH	30 9:00 FUNctional Fitness—WS 10:30 Rosary—CH 11:00 Mass—CH 1:00 Bridge—CR (Sign-up CR) 1:00 500 Cards—G (Sign-up CR) 2:00 Tim Meyer Music—CH 3:00 September Birthday Party—G 3:30 Happy Hour—CR
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All Activities are Subject to Change!

Room Abbreviation Key

AR— Art Room

Birch Conf.— 1st Fl

Conf. Room

B— Bistro

CH— Chapel

CR— Club Room

EPL— Employee Parking Lot

FR—Fitness Room

G— Grove Dining Room

L— Library

Lab— Labyrinth

TH— Theater

W— Willow Dining

WP— Wellness Pool

WS— Wellness Studio

St. Therese Pastoral Care Services

Catholic Mass

Tuesday and Friday 11:00 a.m.

Saturday 4:00 p.m. Sunday 10:00 a.m.

Catholic Word and Communion

Wednesday at 1:00p.m. and Thursday at 11:00 a.m.

Ecumenical Service

11:00a.m. Communion Service (1st Wednesday of the Month)

11:00a.m. Liturgy of the Word Service (3rd Wednesday of the Month)

All worship services can be seen on T.V. Station 1-3

Occupational

Physical

Social

Emotional

Intellectual

Spiritual