

AR— Art Room

CH— Chapel

LTC—Long Term Care

TCU—Transitional Care

July 2026 Care Center

Contact activity department with requests at
651-209-9182

***Means this activity takes place outside of the care center, and you may need to ask for transportation!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Room Abbreviation Key AR— Art Room Birch Conf.— 1st Fl Conf. Room B— Bistro CH— Chapel CR— Club Room EPL— Employee Parking Lot FR—Fitness Room G— Grove Dining Room L— Library Lab— Labyrinth TH— Theater W— Willow Dining WP— Wellness Pool WS— Wellness Studio		All Activities are Subject to Change!	1 10:00 Tai Chi—LTC 11:00 1:1's—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC	2 10:00 Morning Stroll—LTC 11:00 Word Communion—CH*** 12:00 1:1's—TCU 2:30 Stretch N Flex—LTC	3 11:00 Mass Honoring the Birth of our Nation—CH*** 2:00 QUARTER BINGO—LTC 3:00 Patio Time—LTC	4 4:00 Mass—CH*** *Activity Specialists off today
5 10:00 Mass—CH*** 11:00 Patio Time—LTC 2:00 Bingo—LTC	6 10:00 Bag Toss—LTC 11:00 Worship Service with Communion—CH*** 12:00 1:1's—TCU 2:00 Sing Along with Rita—CH***	7 Strawberry Sundae Day 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 1:00/2:00 Cycling With Age "Trishaw Rides" - (sign up) 2:00 Entertainment with Crooner Dean-CH *** 2:30 Stretch N Flex—LTC 3:15 Happy Hour—LTC	8 9:00 Manicures with Barb—LTC 9:45 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC 3:15–4:30 Scenic Drive—LTC	9 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 1:45 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC	10 9:00 Men's Breakfast and Fellowship hosted by Pastoral Care—G 10:00 Resident Council—LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC	11 10:00 1:1's—LTC 11:00 Patio Time with Lemonade—LTC 12:00 1:1's—TCU 4:00 Mass—CH***
12 10:00 Mass—CH*** 11:00 Patio Time with Ice Cream—LTC 12:00 1:1's—TCU	13 10:00 Craft—LTC 11:30 Jokes—LTC 1:00 Tai Chi—LTC 2:00 QUARTER BINGO—LTC	14 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 1:00/2:00 Cycling With Age "Trishaw Rides" - (sign up) 2:30 Stretch N Flex—LTC	15 9:00 Manicures with Barb—LTC 10:00 Trivia—LTC 11:00 1:1's—TCU 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC	16 10:00 Hand Massages—LTC 11:00 Word Communion—CH*** 12:00 1:1's—TCU 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC	17 9:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC	18 1:30 Craft with Tina and Saint Ambrose—Bistro 4:00 Mass—CH***

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
19 10:00 Mass—CH*** 11:00 Patio Time—LTC 2:00 Bingo—LTC 3:00 Happy Hour—LTC	20 10:00 Exercise—LTC 11:00 Worship Service —CH*** 12:00 1:1’s—TCU 2:00 Sing Along with Rita—CH***	21 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 1:00/2:00 Cycling With Age “Trishaw Rides” - (sign up) 1:00 Navigating Grief and Loss Seminar—CH*** 2:30 Stretch N Flex—LTC	22 9:00 Manicures with Barb—LTC 9:45 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC 3:15 Happy Hour—LTC 6:00 Spirit Song Choir “Radio Show”—CH***	23 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 2:00 Lori Ronchak Hammered Dulcimer-CH*** 2:30 Stretch N Flex—LTC	24 9:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC 3:00 Patio Time—LTC	25 10:00 Cards—LTC 11:30 1:1’s—LTC 12:00 1:1’s—TCU 4:00 Mass—CH***
26 10:00 Mass—CH*** 11:00 Patio Time with Golf—LTC 12:00 1:1’s—TCU	27 10:00 Exercise—LTC 2:00 QUARTER BINGO—LTC	28 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 1:00/2:00 Cycling With Age “Trishaw Rides” - (sign up) 2:00 Monthly Birthday Party-G*** 2:00 Tim McGuire on Piano-Outside of Dining Room*** 2:30 Stretch N Flex—LTC	Milk Chocolate Day 29 9:00 Manicures with Barb—LTC 9:45 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC 3:00 Happy Hour—LTC	30 10:00 Morning Stroll—LTC 11:00 Word Communion—CH*** 12:00 1:1’s—TCU 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC	31 9:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC 3:00 Patio Time—LTC	All Activities are Subject to Change!

St. Therese Pastoral Care Services

Catholic Mass
Tuesday and Friday 11:00 a.m.
Saturday 4:00 p.m. Sunday 10:00 a.m.

Catholic Word and Communion
Wednesday at 1:00p.m. and Thursday at 11:00 a.m.

Ecumenical Service
11:00a.m. Communion Service (1st Monday of the Month)
11:00a.m. Liturgy of the Word Service (3rd Monday of the Month)

All worship services can be seen on T.V. Station 1-3

Occupational

Physical

Social

Emotional

Intellectual

Spiritual