

October 2026 Care Center

AR— Art Room

CH— Chapel

LTC—Long Term Care

TCU—Transitional Care

Contact activity department with requests at

651-209-9182

***Means this activity takes place outside of the care center, and you may need to ask for transportation!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Occupational Emotional Physical Intellectual Social Spiritual	ACTIVITIES SUBJECT TO CHANGE			1 9:30 Flower Arranging—AR*** 11:00 Mass with Archbishop Bernard Hebda—CH*** 12:30 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC 3:15 Sweep 6 - LTC	2 9:45 Family Feud - LTC 11:00 Mass—CH*** 1:30 Fashion Show and Shopping-CH*** *NO BINGO TODAY	3 10:00 Cards 500-LTC 11:00 Exercise - LTC 12:00 1:1's - TCU 4:00 Mass—CH***
4 10:00 Mass—CH*** 11:00 Word Game - LTC 12:00 1:1's - TCU 3:05 Viking Game - TV	5 9:45 Shut the Box - LTC 11:00 Worship Service with Communion-CH*** 2:00 Quarter Bingo - LTC 3:00 Scenic Drive - LTC	6 11:00 Mass—CH*** 12:30 Choir Practice - CH*** 2:30 Stretch N Flex—LTC	7 9:45 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC 3:00 Happy Hour - LTC	8 10:00 Prayer Cards - LTC 11:00 Word Communion—CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC	9 9:45 Spin and Solve - LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC 2:45 Movie - Ordinary Angels - LTC	10 1:30 Craft with Tina and Saint Ambrose—LTC 4:00 Mass—CH***
11 10:00 Mass—CH*** 11:00 Exercise - LTC 12:00 Vikings Game - TV 2:00 Quarter Bingo—LTC	12 10:00 Hair Touch Ups with Robyn - LTC 11:00 iPad Music Hour - LTC 12:00 1:1's - TCU	13 11:00 Mass—CH*** 12:30 Choir Practice - CH*** 2:00 Adam Daniel Music - CH *** 2:30 Stretch N Flex—LTC	14 9:45 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC 3:00 Resident Council—LTC	15 9:30 Flower Arranging —AR*** 11:00 Word Communion—CH*** 1:00 Voting - LTC 2:30 Stretch N Flex—LTC 3:15 Sweep 6 - LTC	16 10:00 1:1's - LTC 11:00 Mass—CH*** 12:00 1:1's - TCU 2:00 QUARTER BINGO—LTC	17 10:00 Cards _ Dealer's Choice - LTC 11:00 Exercise - LTC 12:00 1:1's - TCU 4:00 Mass—CH***

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18 10:00 Mass—CH*** 11:00 Jokes - LTC 12:00 1:1's - TCU	19 9:45 Shut the Box - LTC 11:00 Worship Service- CH*** 2:00 Quarter Bingo - LTC	20 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 12:30 Choir Practice - CH*** 2:00 Monthly Birthday Party - G*** 2:30 Stretch N Flex—LTC	21 9:45 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC	22 10:00 1:1's - LTC 11:00 Word Communion—CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC 6:30 Spirit Song Concert - CH***	23 9:45 Balloon Burst -LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC 2:45 Movie Enola Holmes - LTC	24 1:30 Craft with Saint Ambrose—LTC 4:00 Mass—CH***
25 10:00 Mass—CH*** 11:00 Exercise - LTC 12:00 Vikings Game - TV 2:00 Quarter Bingo—LTC	26 10:00 Hair Touch Ups with Robyn - LTC 11:00 iPad Music Hour - LTC 12:00 1:1's - TCU	27 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:30 Stretch N Flex—LTC 5:30 Trick or Treat Event	28 9:45 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC	29 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 12:30 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC 3:15 Sweep 6 - LTC	30 11:00 Mass—CH*** 2:00 Malt Shop Melodies—CH*** 3:15 Happy Hour -LTC *NO BINGO TODAY	31 10:00 Halloween Trivia - LTC 11:00 Spooky Punch - LTC 1:00 Halloween 1:1's - LTC 2:00 Halloween Bingo - LTC 4:00 Mass—CH***

Room Key Abbreviation

AR- Art Room
B- Bistro
CH- Chapel
CR- Club Room
FR—Fitness Room
G- Grove Dining Room
GL2-Grove Lounge 2nd floor
GL3-Grove Lounge 3rd floor
L- Library
Lab- Labyrinth
TH- Theater
WP- Wellness Pool
WS- Wellness Studio

St. Therese Pastoral Care Services

Catholic Mass
Tuesday and Friday 11:00 a.m.
Saturday 4:00 p.m. Sunday 10:00 a.m.
Catholic Word and Communion
Wednesday at 1:00p.m. and Thursday at 11:00 a.m
Ecumenical Service
11:00a.m. Communion Service (1st Monday of the Month)
11:00a.m. Liturgy of the Word Service (3rd Monday of the Month)

All worship services can be seen on T.V. Station 1-3