

October 2026 Independent & Assisted Living St. Therese Oxbow Lake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brooklyn Park&Evening Runs: Cub, Ike's & Hy-Vee Local outings: Library , Community Walking Center, Festival Foods, Dollar Tree, Walgreens Champlin Shopping: Goodwill, Target, Cub, Walgreens, Aldi, Dollar Tree	<u>Program Locations</u> (AL 3) AL 3rd floor Activity Room (AL Lib) AL 2nd floor Library (B) Bistro (C) Cinema (CH) Chapel (CR) Club Room (IL DR) IL Dining Room (S) Studio (MS) IL 2 nd Floor Makers Space (ECR)Executive Conference Room			1 St. Thérèse Feast Day 8:45 Walking Group(Lobby) 9:15 Getting to know St. Therese of Lisieux(C) 10:00 Champlin Shopping 10:30 Protestant Service (CH&Ch1-3) 12:30 Alcoholics Anonymous (ECR) 1:30 High Water Band(ILDR) 2:30 Happy Hour(ILDR) 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)(MS)	2 9:30 Mass (CH&Ch1-3) 1:00 Movie Matinee Mary Poppins(C) 1:00 Functional Fitness (AL3) 1:30 Better Balance (ALDR) 2:15 Aquafit/Open Swim 3:00 Brooklyn Park Runs 4:30 Rosary (CH&Ch1-3)	3 1:00 500 (MS) 1:00 Bridge (MS)
4 10:00 Mass (CH&Ch1-3) 1:00 Mexican Train(MS) 1:00 500 (MS) 2:00 Yahtzee (MS) 3:00 Rummikub (MS)	5 9:00 Brooklyn Park Runs 9:30 Mass (CH&Ch1-3) 1:00 Bridge (MS) 1:30 Better Balance (ALDR) 2:00 Unwrapping Music (MS) 2:15 Aquafit/Open Swim 4:30 Rosary (CH&Ch1-3)	6 7:30 Wii Bowling(AL3) 9:30 Balloon Volley (S) 10:00 Local Outings 10:30 Prize Bingo (AL3) 12:30 Alcoholics Anonymous (ECR) 1:00 Functional Fitness (AL3) 1:00 Rummikub & Cribbage (MS) 2:00 1st Floor Social (MS) 2:15 Open Swim/Aquafit 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)(MS)	7 9:30 Mass (CH&Ch1-3) 10:15 Wise Wednesday (C) 11:00 Lunch Outing Red Lobster 1:30 Better Balance 3:00 Card Bingo (MK) 4:30 Rosary (CH&Ch1-3)	8 8:45 Walking Group(Lobby) 10:00 Champlin Shopping 10:30 Protestant Service (CH&Ch1-3) 12:30 Alcoholics Anonymous (ECR) 1:30 Pop Standard Social Club 2:30 Happy Hour(ILDR) 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)	9 9:30 Mass (CH&Ch1-3) 1:00 Movie Matinee Remarkably Bright Creatures(C) 1:00 Functional Fitness (AL3) 1:30 Better Balance (ALDR) 2:15 Aquafit/Open Swim 3:00 Brooklyn Park Runs 4:30 Rosary (CH&Ch1-3)	10 10:00 Piano Recital (ILDR) 10:00 Men's Coffee (MR) 10:00 Women's Coffee (ILDR) 1:00 500 (MS) 1:00 Bridge (MS)
11 10:00 Mass (CH&Ch1-3) 1:00 Mexican Train(MS) 1:00 500 (MS) 2:00 Yahtzee (MS) 3:00 Rummikub (MS)	12 8:00-4:00 Vaccine Clinic (ILDR) 9:00 Brooklyn Park Runs 9:30 Mass (CH&Ch1-3) 1:00 Bridge (MS) 1:00–3:00 Voting (ILDR) 1:30 Better Balance (ALDR) 2:15 Aquafit/Open Swim 4:30 Rosary (CH&Ch1-3)	13 7:30 Wii Bowling(AL3) 9:30 Balloon Volley (S) 10:00 Local Outings 10:00 IL Culinary Meeting (ILDR) 10:30 Prize Bingo (AL3) 12:30 Alcoholics Anonymous (ECR) 1:00 Functional Fitness (AL3) 1:00 Rummikub & Cribbage (MS) 2:15 Open Swim/Aquafit 2:30 Tenant Meeting(CH) 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)(MS)	14 9:30 Mass (CH&Ch1-3) 10:15 Wise Wednesday (C) 11:00 Lunch Outing Olive Garden 1:30 Better Balance 3:00 Card Bingo (MK) 4:30 Rosary (CH&Ch1-3)	15 8:45 Walking Group(Lobby) 10:00 Champlin Shopping 10:30 Protestant Service (CH&Ch1-3) 12:30 Alcoholics Anonymous (ECR) 1:30 The Floras(ILDR) 2:30 Happy Hour(ILDR) 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)(MS)	16 9:30 Mass (CH&Ch1-3) 1:00 Movie Matinee Brewsters Millions(C) 1:00 Functional Fitness(AL3) 1:30 Better Balance (ALDR) 2:15 Aquafit/Open Swim 3:00 Brooklyn Park Runs 3:00 AL Social (AL3) 4:30 Rosary (CH&Ch1-3)	17 10:30 Storytellers (MS) 1:00 500 (MS) 1:00 Bridge (MS)

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18 10:00 Mass (CH&Ch1-3) 1:00 Mexican Train(MS) 1:00 500 (MS) 2:00 Yahtzee (MS) 3:00 Rummikub (MS)	19 9:00 Brooklyn Park Runs 9:30 Mass (CH&Ch1-3) 1:00 Bridge (MS) 1:30 Better Balance 2:15 Aquafit/Open Swim 4:30 Rosary (CH&Ch1-3)	20 7:30 Wii Bowling(AL3) 9:30 Balloon Volley (S) 10:00 Local Outings 10:00 AL Culinary Meeting 10:30 Prize Bingo (AL3) 12:30 Alcoholics Anonymous (ECR) 1:00 Functional Fitness (AL3) 1:00 500 & Cribbage (MS) 1:00 Rummikub (MS) 2:00 2 nd Floor Social 2:15 Open Swim/Aquafit 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)(MS)	21 9:30 Mass (CH&Ch1-3) 10:15 Wise Wednesday 11:00 Lunch Outing Broadway Pizza 1:30 Better Balance 3:00 Card Bingo (MK) 4:30 Rosary (CH&Ch1-3)	22 8:45 Walking Group (Lobby) 10:00 Champlin Shopping 10:30 Protestant Service (CH&Ch1-3) 12:30 Alcoholics Anonymous (ECR) 1:30 Vinny Rose 2:30 Happy Hour(ILDR) 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)	23 9:30 Mass (CH&Ch1-3) 1:00 Movie Matinee Ghostbusters(C) 1:00 Functional Fitness(AL3) 1:30 Better Balance 2:15 Aquafit/Open Swim 3:00 Brooklyn Park Runs 4:30 Rosary (CH&Ch1-3)	24 10:00 Men’s Coffee(MR) 10:00 Women’s Coffee (ILDR) 1:00 500 (MS) 1:00 Bridge (MS)
25 10:00 Mass (CH&Ch1-3) 1:00 Mexican Train(MS) 1:00 500 (MS) 2:00 Yahtzee (MS) 3:00 Rummikub (MS)	26 9:00 Brooklyn Park Runs 9:30 Mass (CH&Ch1-3) 1:00 Bridge (MS) 1:30 Better Balance 2:00 Unwrapping Music (MS) 2:15 Aquafit/Open Swim 3:00 Book Club(AL3) 4:30 Rosary (CH&Ch1-3)	27 7:30 Wii Bowling(AL3) 9:30 Balloon Volley (S) 10:00 Local Outings 10:30 Prize Bingo (AL3) 12:30 Alcoholics Anonymous (ECR) 1:00 Functional Fitness (AL3) 1:00 500 & Cribbage (MS) 1:00 Rummikub (MS) 2:00 3 rd Floor Social 2:15 Open Swim/Aquafit 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)(MS)	28 9:00 Mystic Lake Casino 9:30 Mass (CH&Ch1-3) 10:15 Wise Wednesday 1:30 Better Balance 3:00 Card Bingo (MK) 4:30 Rosary (CH&Ch1-3)	29 8:45 Walking Group (Lobby) 10:00 Champlin Shopping 10:30 Protestant Service (CH&Ch1-3) 12:30 Alcoholics Anonymous (ECR) 1:30 Haunted Happy Hour 4:30 Rosary (CH&Ch1-3) 7:00 Bingo (\$\$)(MS)	30 9:30 Mass (CH&Ch1-3) 1:00 Movie Matinee Hocus Pocus(C) 1:00 Functional Fitness (AL3) 1:30 Better Balance (ALDR) 1:30 Ventriloquist Show 2:15 Aquafit/Open Swim 3:00 Brooklyn Park Runs 4:30 Rosary (CH&Ch1-3) 7:00 IL Evening Social	31 1:00 500 (MS) 1:00 Bridge (MS)

Calendars are subject to change, please watch daily flyers for updates and changes. Activities requiring sign up will appear in RED.

Fitness classes are highlighted in blue.