

St Therese Oxbow Lake October 2026 Long Term Care LTC & TCU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Fitness With Therapy (LH) 11:00 Protestant Service (CH) 11:15 Fitness With Therapy (RH) 1:30 Music & Happy Hour (ILDR)	2 9:30 Mass (CH & TV 1-3) 10:00 Piano With Katherine(RH) 1:00 Pokeno (LH)	3
4 10:00 Mass (CH&TV1-3)	5 9:30 Mass (CH & TV 1-3) 10:30 Coffee Corner (LH) 1:15 Golden Girls (C) 2:30 Games With Julie (LH)	6 10:30 Fitness With Therapy (LH) 11:15 Fitness With Therapy (RH) 1:15 Bingo With Sunny (LH)	7 9:30 Mass (CH & TV 1-3) 10:30 Trivia(LH) 1:00 Music With Kristin (RH) 2:30 Wii Bowling (RH)	8 10:30 Fitness With Therapy (LH) 11:00 Protestant Service (CH) 11:15 Fitness With Therapy (RH) 1:30 Music & Happy Hour (ILDR)	9 9:30 Mass (CH & TV 1-3) 10:00 Who, What, Where?(LH) 1:00 Pokeno (LH)	10
11 10:00 Mass(CH&TV1-3)	12 9:30 Mass (CH & TV 1-3) 10:30 Coffee Corner(LH) 1:15 Golden Girls(C) 2:30 Games With Julie(LH) 2:30 Mobile Activity Cart	13 10:30 Fitness With Therapy (LH) 11:15 Fitness With Therapy (RH) 3:00 Bingo With Cindy(LH)	14 9:30 Mass (CH & TV 1-3) 10:30 Trivia(LH) 1:00 Music With Kristin-LTC 2:30 Wii Bowling (RH)	15 10:30 Fitness With Therapy (LH) 11:00 Protestant Service (CH) 11:15 Fitness With Therapy (RH) 1:30 Music & Happy Hour (ILDR)	16 9:30 Mass (CH & TV 1-3) 10:00 Piano With Katherine(RH) 1:00 Pokeno (LH)	17

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:00 Mass (CH&TV1-3)	19 9:30 Mass (CH & TV 1-3) 10:30 Coffee Corner(LH) 1:15 Golden Girls(C) 2:30 Games With Julie(LH) 2:30 Mobile Activity Cart	20 10:30 Fitness With Therapy (LH) 11:15 Fitness With Therapy (RH) 1:15 Bingo With Sunny(LH)	21 9:30 Mass (CH & TV 1-3) 10:30 Trivia(LH) 1:00 Music With Kristin (RH) 2:30 Wii Bowling(RH)	22 10:30 Fitness With Therapy (LH) 11:00 Protestant Service (CH) 11:15 Fitness With Therapy (RH) 1:30 Music & Happy Hour (ILDR)	23 9:30 Mass (CH & TV 1-3) 10:00 Who, What, Where?(LH) 1:00 Pokeno (LH)	24
25 10:00 Mass (CH&TV1-3)	26 9:30 Mass (CH & TV 1-3) 10:30 Coffee Corner(LH) 1:15 Golden Girls(C) 2:30 Games With Julie(LH)	27 10:30 Fitness With Therapy (LH) 11:15 Fitness With Therapy (RH) 3:00 Bingo With Cindy(LH)	28 9:30 Mass (CH & TV 1-3) 10:30 Trivia(LH) 1:00 Music With Kristin (RH) 2:30 Wii Bowling(RH)	29 10:30 Fitness With Therapy (LH) 11:00 Protestant Service (CH) 11:15 Fitness With Therapy (RH) 1:30 Spooktacular Haunted Happy Hour 🎃	30 9:30 Mass (CH & TV 1-3) 10:00 Who, What, Where? (LH) 1:30 HA-HA-HALLOWEEN” Musical Ventriloquist Show (ILDR)	31

Calendars are subject to change, please see your daily flyers for updates