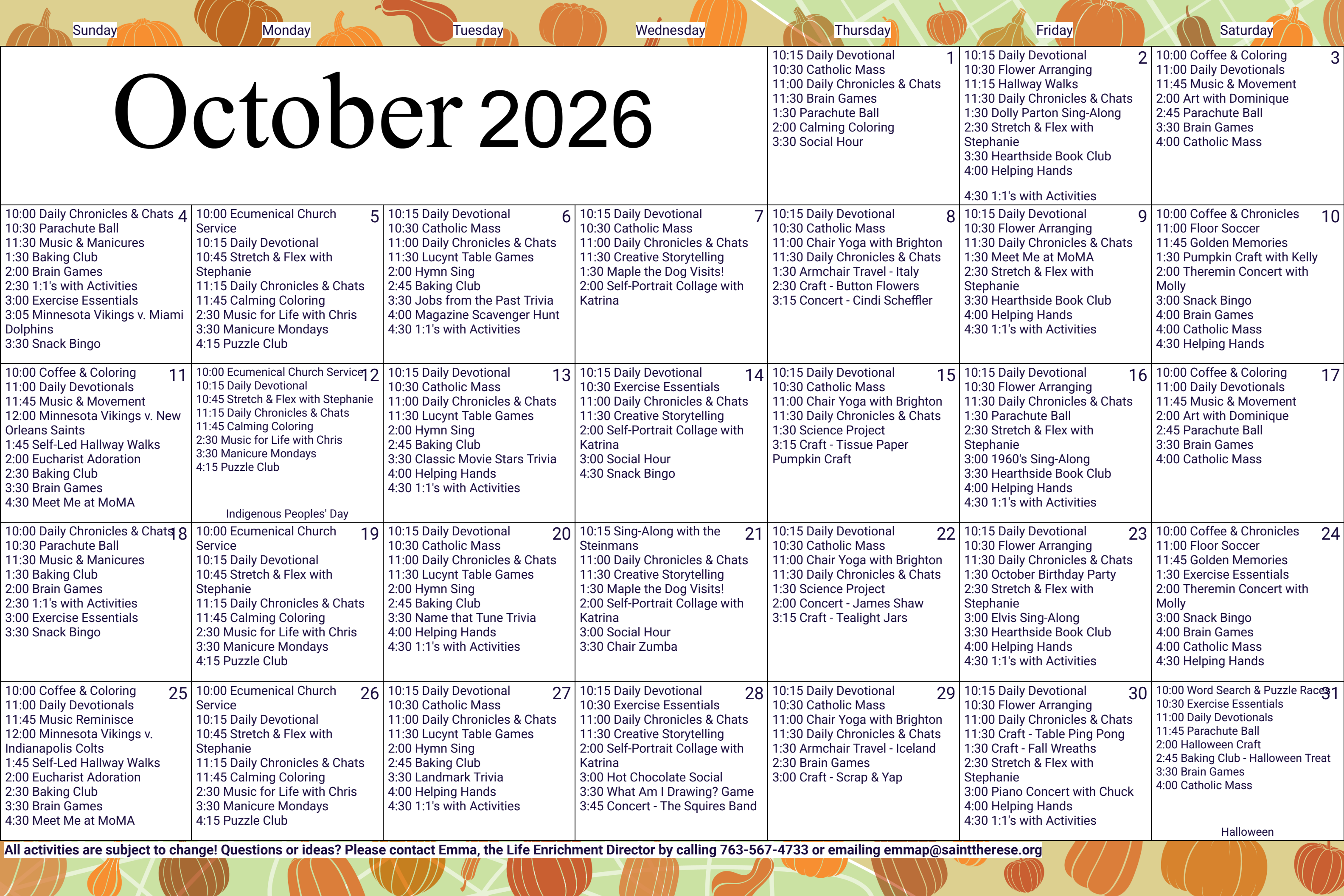




Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October 2026

				10:15 Daily Devotional 10:30 Catholic Mass 11:00 Daily Chronicles & Chats 11:30 Brain Games 1:30 Parachute Ball 2:00 Calming Coloring 3:30 Social Hour	1 10:15 Daily Devotional 10:30 Flower Arranging 11:15 Hallway Walks 11:30 Daily Chronicles & Chats 1:30 Dolly Parton Sing-Along 2:30 Stretch & Flex with Stephanie 3:30 Hearthside Book Club 4:00 Helping Hands 4:30 1:1's with Activities	2 10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Music & Movement 2:00 Art with Dominique 2:45 Parachute Ball 3:30 Brain Games 4:00 Catholic Mass
10:00 Daily Chronicles & Chats 10:30 Parachute Ball 11:30 Music & Manicures 1:30 Baking Club 2:00 Brain Games 2:30 1:1's with Activities 3:00 Exercise Essentials 3:05 Minnesota Vikings v. Miami Dolphins 3:30 Snack Bingo	4 10:00 Ecumenical Church Service 10:15 Daily Devotional 10:45 Stretch & Flex with Stephanie 11:15 Daily Chronicles & Chats 11:45 Calming Coloring 2:30 Music for Life with Chris 3:30 Manicure Mondays 4:15 Puzzle Club	5 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Daily Chronicles & Chats 11:30 Lucynt Table Games 2:00 Hymn Sing 2:45 Baking Club 3:30 Jobs from the Past Trivia 4:00 Magazine Scavenger Hunt 4:30 1:1's with Activities	6 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Daily Chronicles & Chats 11:30 Creative Storytelling 1:30 Maple the Dog Visits! 2:00 Self-Portrait Collage with Katrina	7 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Chair Yoga with Brighton 11:30 Daily Chronicles & Chats 1:30 Armchair Travel - Italy 2:30 Craft - Button Flowers 3:15 Concert - Cindi Scheffler	8 10:15 Daily Devotional 10:30 Flower Arranging 11:30 Daily Chronicles & Chats 1:30 Meet Me at MoMA 2:30 Stretch & Flex with Stephanie 3:30 Hearthside Book Club 4:00 Helping Hands 4:30 1:1's with Activities	9 10:00 Coffee & Chronicles 11:00 Floor Soccer 11:45 Golden Memories 1:30 Pumpkin Craft with Kelly 2:00 Theremin Concert with Molly 3:00 Snack Bingo 4:00 Brain Games 4:00 Catholic Mass 4:30 Helping Hands
10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Music & Movement 12:00 Minnesota Vikings v. New Orleans Saints 1:45 Self-Led Hallway Walks 2:00 Eucharist Adoration 2:30 Baking Club 3:30 Brain Games 4:30 Meet Me at MoMA	11 10:00 Ecumenical Church Service 10:15 Daily Devotional 10:45 Stretch & Flex with Stephanie 11:15 Daily Chronicles & Chats 11:45 Calming Coloring 2:30 Music for Life with Chris 3:30 Manicure Mondays 4:15 Puzzle Club Indigenous Peoples' Day	12 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Daily Chronicles & Chats 11:30 Lucynt Table Games 2:00 Hymn Sing 2:45 Baking Club 3:30 Classic Movie Stars Trivia 4:00 Helping Hands 4:30 1:1's with Activities	13 10:15 Daily Devotional 10:30 Exercise Essentials 11:00 Daily Chronicles & Chats 11:30 Creative Storytelling 2:00 Self-Portrait Collage with Katrina 3:00 Social Hour 4:30 Snack Bingo	14 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Chair Yoga with Brighton 11:30 Daily Chronicles & Chats 1:30 Science Project 3:15 Craft - Tissue Paper Pumpkin Craft	15 10:15 Daily Devotional 10:30 Flower Arranging 11:30 Daily Chronicles & Chats 1:30 Parachute Ball 2:30 Stretch & Flex with Stephanie 3:00 1960's Sing-Along 3:30 Hearthside Book Club 4:00 Helping Hands 4:30 1:1's with Activities	16 10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Music & Movement 2:00 Art with Dominique 2:45 Parachute Ball 3:30 Brain Games 4:00 Catholic Mass
10:00 Daily Chronicles & Chats 10:30 Parachute Ball 11:30 Music & Manicures 1:30 Baking Club 2:00 Brain Games 2:30 1:1's with Activities 3:00 Exercise Essentials 3:30 Snack Bingo	18 10:00 Ecumenical Church Service 10:15 Daily Devotional 10:45 Stretch & Flex with Stephanie 11:15 Daily Chronicles & Chats 11:45 Calming Coloring 2:30 Music for Life with Chris 3:30 Manicure Mondays 4:15 Puzzle Club	19 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Daily Chronicles & Chats 11:30 Lucynt Table Games 2:00 Hymn Sing 2:45 Baking Club 3:30 Name that Tune Trivia 4:00 Helping Hands 4:30 1:1's with Activities	20 10:15 Sing-Along with the Steinmans 11:00 Daily Chronicles & Chats 11:30 Creative Storytelling 1:30 Maple the Dog Visits! 2:00 Self-Portrait Collage with Katrina 3:00 Social Hour 3:30 Chair Zumba	21 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Chair Yoga with Brighton 11:30 Daily Chronicles & Chats 1:30 Science Project 2:00 Concert - James Shaw 3:15 Craft - Tealight Jars	22 10:15 Daily Devotional 10:30 Flower Arranging 11:30 Daily Chronicles & Chats 1:30 October Birthday Party 2:30 Stretch & Flex with Stephanie 3:00 Elvis Sing-Along 3:30 Hearthside Book Club 4:00 Helping Hands 4:30 1:1's with Activities	23 10:00 Coffee & Chronicles 11:00 Floor Soccer 11:45 Golden Memories 1:30 Exercise Essentials 2:00 Theremin Concert with Molly 3:00 Snack Bingo 4:00 Brain Games 4:00 Catholic Mass 4:30 Helping Hands
10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Music Reminisce 12:00 Minnesota Vikings v. Indianapolis Colts 1:45 Self-Led Hallway Walks 2:00 Eucharist Adoration 2:30 Baking Club 3:30 Brain Games 4:30 Meet Me at MoMA	25 10:00 Ecumenical Church Service 10:15 Daily Devotional 10:45 Stretch & Flex with Stephanie 11:15 Daily Chronicles & Chats 11:45 Calming Coloring 2:30 Music for Life with Chris 3:30 Manicure Mondays 4:15 Puzzle Club	26 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Daily Chronicles & Chats 11:30 Lucynt Table Games 2:00 Hymn Sing 2:45 Baking Club 3:30 Landmark Trivia 4:00 Helping Hands 4:30 1:1's with Activities	27 10:15 Daily Devotional 10:30 Exercise Essentials 11:00 Daily Chronicles & Chats 11:30 Creative Storytelling 2:00 Self-Portrait Collage with Katrina 3:00 Hot Chocolate Social 3:30 What Am I Drawing? Game 3:45 Concert - The Squires Band	28 10:15 Daily Devotional 10:30 Catholic Mass 11:00 Chair Yoga with Brighton 11:30 Daily Chronicles & Chats 1:30 Armchair Travel - Iceland 2:30 Brain Games 3:00 Craft - Scrap & Yap	29 10:15 Daily Devotional 10:30 Flower Arranging 11:00 Daily Chronicles & Chats 11:30 Craft - Table Ping Pong 1:30 Craft - Fall Wreaths 2:30 Stretch & Flex with Stephanie 3:00 Piano Concert with Chuck 4:00 Helping Hands 4:30 1:1's with Activities	30 10:00 Word Search & Puzzle Race 10:30 Exercise Essentials 11:00 Daily Devotionals 11:45 Parachute Ball 2:00 Halloween Craft 2:45 Baking Club - Halloween Treat 3:30 Brain Games 4:00 Catholic Mass Halloween

All activities are subject to change! Questions or ideas? Please contact Emma, the Life Enrichment Director by calling 763-567-4733 or emailing emmap@sainttherese.org