

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026			10:00 Catholic Mass 10:00 Aquafit 10:30 Coffee Chats 11:00 Outing: Aldi's 1:00 Chair Yoga 2:00 Chef's Chat 3:00 Outdoor Walking Group with Ascend 4:00 Resident Led Sing-Along	2 9:00 Bible Study 10:00 FUNctional Fitness 10:30 Catholic Mass 1:00 Better Balance 3:00 America's 250th Birthday Themed Happy Hour 4:00 Cribbage 7:00 Rosary	3 9:15 Mind & Body Class 10:00 Aquafit 10:30 Flower Arranging 1:00 Chair Yoga 4:00 Concert: Not Done Yet *Acoustic folk and country	4 10:00 Coloring Club 11:00 Puzzle Club 12:00 Scattergories 12:00 4th of July Trivia 1:00 Movie - The American Experiment: Episode 1 4:00 Catholic Mass 5:00 Bomb-Pops on the Patio Independence Day (U.S.)
5 11:00 Antiques Show & Tell 1:00 Free Paint with Joan H. 2:00 Eucharist Prayer & Adoration 3:00 Come Learn to Play Mahjong 4:00 Stitch & Chat Club	6 10:00 Non-Denominational Church & Communion 10:30 Coffee Chats 12:00 Outing: Chili's 1:00 Aquafit 2:00 Craft - Ceramic Flower Bowl Painting 3:00 Margarita Monday 3:00 Supervised Swim 4:00 Cribbage	7 9:30 Catholic Mass 10:00 FUNctional Fitness 11:00 Grief Group Information Session II 12:00 Tell Me Your Story Project 1:00 Better Balance 2:00 Hymn Sing 2:45 What Decade Was This? Trivia 3:15 Mind & Body Class	8 10:00 Aquafit 11:00 Outing: Walmart 1:00 Resident-Led Ukulele Practice 1:00 Chair Yoga 2:00 Bingo for Bundts (Cakes) *Sponsored by the Maple Grove Nothing Bundt Cakes 3:00 Walking Group with Ascend 6:15 Resident Led Movie Night: The Sting *Pizza at 5:45PM, Sponsored by Moments Hospice	9 9:00 Bible Study 10:00 FUNctional Fitness 10:30 Catholic Mass 1:00 Better Balance 2:00 Learn to Use the Fire Pit with Garrett 3:00 Resident-Led Happy Hour 4:00 Cribbage 7:00 Rosary	10 9:15 Mind & Body Class 10:00 Aquafit 10:30 Flower Arranging 12:30 Outing: Red Robin 1:00 Chair Yoga 2:00 Garden Club Check-In 3:00 Emma's Office Hours 3:30 History Club	11 10:00 Coloring Club 11:00 Puzzle Club 12:00 Scattergories 1:00 Movie - The American Experiment: Episode 2 3:00 Mini Pie Bingo 4:00 Catholic Mass
12 2:00 Eucharist Prayer & Adoration 2:30 Popsicles on the Patio 3:00 Come Learn to Play 500!	13 9:00 Bird Walking Group 10:00 Non-Denominational Church & Communion 10:30 Coffee Chats 11:00 Outing: Saint Therese of Oxbow Lake 1:00 Aquafit 2:00 Chapel Planning Meeting 3:00 Supervised Swim 3:15 Concert: Cindi Scheffler 4:00 Cribbage	14 9:30 Catholic Mass 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 1:00 Better Balance 2:00 Hymn Sing 2:45 Name the Place Geography Trivia 3:15 Mind & Body Class 4:00 Caregiver Support Group	15 10:00 Aquafit 10:45 Outing: Medina Target 1:00 Chair Yoga 2:00-3:30 Corcoran Primary Election Absentee Voting 2:00 Elder Law 101: Getting Your Ducks in a Row Presentation *Presented by Mary from Bravura Group 3:00 Walking Group with Ascend 4:00 Resident Led Sing-Along	16 9:00 Bible Study 10:00 FUNctional Fitness 10:30 Catholic Mass 1:00 Unwrapping Music with Karl 1:00 Better Balance 3:00 Happy Hour 4:00 Cribbage 5:30 Outing: Maple Grove Days Parade 7:00 Rosary	17 9:15 Mind & Body Class 10:00 Aquafit 10:30 Flower Arranging 1:00 Three Rivers Park Presentation by Marge 1:00 Chair Yoga 2:00 Veterans Group **Adopting" a Deployed Service Member Project Discussion 3:00 Emma's Office Hours	18 10:00 Coloring Club 11:00 Puzzle Club 12:00 Scattergories 1:00 Movie - The American Experiment: Episode 3 4:00 Catholic Mass
19 11:00 Antiques Show & Tell 1:00 Free Paint with Joan H. 2:00 Eucharist Prayer & Adoration 3:00 Come Learn to Play Mahjong 4:00 Stitch & Chat Club	20 10:00 Non-Denominational Church & Communion 10:30 Coffee Chats 12:00 Outing: Granite City 1:00 Aquafit 3:00 Supervised Swim 4:00 Cribbage 6:30 Men's Club: Beer & Banter - BYOB	21 9:30 Catholic Mass 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 1:00 Better Balance 2:00 Hymn Sing 2:45 Name That Tune: Commercials 3:15 Mind & Body Class 6:00 Summer Sound Series - The Connor McRae Trio *Lemonade Bar Sponsored by Home Instead	22 10:00 Aquafit 11:00 Outing: Hy-Vee 1:00 Chair Yoga 2:00 Donut Bingo 3:00 Connect with Katelyn 3:00 Walking Group with Ascend 6:30 Ladies & Laughter - BYOB	23 9:00 Bible Study 10:00 FUNctional Fitness 10:30 Catholic Mass 12:00 Activity Planning 1:00 Better Balance 3:00 Happy Hour 4:00 Cribbage 7:00 Rosary	24 9:15 Mind & Body Class 10:00 Aquafit 10:30 Flower Arranging 12:30 Outing: The Lookout 1:00 Chair Yoga 3:00 Piano Concert with Chuck 4:00 History Club	25 10:00 Coloring Club 11:00 Puzzle Club 12:00 Scattergories 1:00 Movie - The American Experiment: Episode 4 3:00 Snack Bingo 4:00 Catholic Mass
26 2:00 Eucharist Prayer & Adoration 2:30 Popsicles on the Patio 3:00 Come Learn to Play 500!	27 9:00 Bird Walking Group with Lynne 10:00 Non-Denominational Church & Communion 10:30 Coffee Chats 1:00 Aquafit 2:00 Craft - Wine Glass Painting 4:00 Cribbage 3:00 Supervised Swim 4:00 Concert: The Squires Band	28 9:30 Catholic Mass 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 1:00 Better Balance 2:00 Resident Council 3:15 Mind & Body Class 3:45 Popsicles on the Patio	29 10:00 Aquafit 10:30 Underground Bingo Informational Session 11:30 Outing: Coborn's 1:00 Chair Yoga 3:00 Walking Group with Ascend 4:00 Resident Led Sing-Along	30 9:00 Bible Study 10:00 FUNctional Fitness 10:30 Catholic Mass 1:00-3:00 Resident Art Show 1:00 Better Balance 3:00 Happy Hour 4:00 Cribbage 7:00 Rosary	31 9:15 Mind & Body Class 10:00 Aquafit 10:30 Flower Arranging 1:00 Chair Yoga 3:00 Emma's Office Hours	

Please reference the weekly calendars for accurate locations of activities. | Activities & Outings are subject to change. | *Sign-up required for activities in **BOLD & Red**. | Activities & Outings with an associated cost will be noted with \$. | Any questions or activity suggestions? Reach out to Emma, the Life Enrichment Director by calling 763-567-4733 or emailing emmap@sainttherese.org