

January 2026 Garden

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>Room Abbreviation Key</u> AR- Art Room Birch Conf.- 1st Fl Conf. Room B- Bistro CH- Chapel CR- Club Room EPL- Employee Parking Lot FR—Fitness Room G- Grove Dining Room L- Library Lab- Labyrinth TH- Theater W- Willow Dining WP- Wellness Pool WS- Wellness Studio		 <i>All Activities are Subject to Change!</i>		1	2	3
					10:15 Lawn Darts 11:00 Catholic Mass—CH 1:00 Exercise 1:30 Sing Along 2:30 Pioneering Women Throughout History 3:30 Inspirational Quotes	10:00 Golden Oldies 2:00 Bean Bag Toss 4:00 Catholic Mass—CH
4	Bird Day 5	Shortbread Day 6	7	English Toffee Day 8	9	10
9:30 Group Exercise 10:00 Catholic Mass—CH 2:00 Bingo	9:45 Morning Stretch 10:15 Ping Pong Toss 11:00 Exercise 1:15 Bingo 2:30 Memorists Group/ Snack 3:30 Pub Trivia	9:30 Coffee Social 10:00 Pet Therapy 11:00 Catholic Mass—CH 1:00 Exercise w/Sandra 1:30 Music w/Jaki 2:00 Concert—Jonathan Edwards 3:30 Snack/Shake Loose A Memory	9:15 Baking Group—Cinnamon Swirl Banana Bread 10:15 Lawn Darts 11:00 Ecumenical Service—CH 1:00 Exercise 1:30 Fancy Fingers 2:30 Fads & Crazes Of The 1930s/ Snack 3:30 Name That Tune	9:45 Guided Craft—Cork Snow- men 10:15 Horseshoes 11:00 Word Communion—CH 1:00 Exercise w/Sandra 1:30 Snack/Human Body Triv- ia 2:30 Bingo 3:30 Fun Facts About Animals	10:15 Velcro Ball 11:00 Catholic Mass—CH 1:00 Exercise 1:30 Guess The Actor 2:30 Happy Hour w/Snack 3:30 What Am I?	10:00 Plinko 2:00 Similes 4:00 Catholic Mass—CH
11	12	13	14	Strawberry Ice Cream Day 15	Fig Newton Day 16	17
9:30 Chicken In A Bucket 10:00 Catholic Mass—CH 2:00 Model Clay Art	9:45 Morning Stretch 10:15 Skee Ball 11:00 Music & Movement 1:15 Bingo 2:30 Memorists Group/ Snack 3:30 Classic Movies TV/ Reminiscing	9:30 Coffee Social 10:00 Pet Therapy 11:00 Catholic Mass—CH 1:00 Exercise w/Sandra 1:30 Music w/Jaki 2:30 Old Time Radio Pro- grams/Snack 3:30 Alphabet Soup	9:15 Baking Group— Cranberry Crumble Pie Bars 10:15 Toss Across 11:00 Exercise 1:00 Name The Movie Titles 1:30 Balloon Volleyball 2:30 Golden Oldies—Country Songs/Snack 3:30 Have You Ever?	9:45 Morning Stretch 10:15 Washer Toss 11:00 Word Communion—CH 1:00 Exercise w/Sandra 1:30 Words That Start With 'S'/Snack 2:30 Bingo 3:30 Winter Reminiscing	10:15 Bean Bag Toss 11:00 Catholic Mass—CH 1:00 Exercise 1:30 It Happened In Janu- ary 2:30 High Tea Social w/ Snack 3:30 Word Definitions	10:00 Guided Craft w/ Alexandra 2:00 Pony Croquet 4:00 Catholic Mass—CH

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18 9:30 Balloon Volleyball 10:00 Catholic Mass—CH 2:00 Bingo	Martin Luther King, Jr. Day 19 9:45 Morning Stretch 10:15 Bowling 11:00 Exercise 1:15 Bingo 2:30 Memorists Group/ Snack 3:30 MLK Trivia	Cheese Lovers Day 20 9:30 Coffee Social 10:15 Table Tennis 11:00 Catholic Mass—CH 1:00 Exercise w/Sandra 1:30 Music w/Jaki 2:30 Jeopardy—Animal Theme/Snack 3:30 Virtual Vacations	21 9:15 Baking Group—Mint Chocolate Chip Cookies 10:15 Target Golf 11:00 Ecumenical Service—CH 1:00 Chair Yoga 1:30 Fancy Fingers 2:30 Famous January Birthdays/ Snack 3:30 Discussing Our Families	22 9:30 Guided Craft— 10:15 Question Ball 11:00 Word Communion—CH 1:00 Exercise w/Sandra 1:30 Grandparents' Quiz/ Snack 2:30 Bingo 3:30 Family Feud	23 10:15 Ring Toss 11:00 Catholic Mass—CH 1:00 Exercise 1:30 Wheel Of Fortune 2:30 The Life & Music of Neil Diamond/Snack 3:30 Would You Rather?	24 10:00 Noodle Hockey 2:00 Movie w/Staff 4:00 Catholic Mass—CH
25 9:30 Giant Jenga 10:00 Catholic Mass—CH 2:00 Therapeutic Color- ing	26 9:45 Morning Stretch 10:15 Ladder Ball 11:00 Exercise 1:00 Bingo 2:00 Concert—Rockin' Woody—CH 3:15 Famous Couples Through History/Snack	Chocolate Cake Day 27 9:30 Coffee Social 10:15 Mini Golf 11:00 Catholic Mass—CH 1:00 Exercise w/Sandra 1:30 Music w/Jaki 2:30 Discussion Starters/ Snack 3:30 Baking Trivia	28 9:15 Baking Group—Cake Batter Blondies 10:15 Snowball Toss 11:00 Exercise 1:00 Finish The Phrase 1:30 Balloon Volleyball 2:30 Travel To Australia w/Snack & Mocktail 3:30 Guess The Instrument You Hear	29 9:45 Walking Group/This Day In History 10:15 Washer Toss 11:00 Word Communion—CH 1:00 Exercise w/Sandra 1:30 Group Karaoke/Snack 2:30 Bingo 3:30 Group Crossword	30 10:15 Chair Soccer 11:00 Catholic Mass—CH 1:00 Exercise 1:30 Movie—w/Snack & Co- coa 3:30 Short Stories	31 10:00 Guided Craft w/ Alexandra 2:00 Shake Loose A Memory 4:00 Catholic Mass—CH

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St. Therese Pastoral Care Services

Catholic Mass

Tuesday and Friday 11:00 a.m.
Saturday 4:00 p.m. Sunday 10:00 a.m.

Catholic Word and Communion

Wednesday at 1:00p.m. and Thursday at 11:00 a.m.

Ecumenical Service

11:00a.m. Communion Service (1st Wednesday of the Month)
11:00a.m. Liturgy of the Word Service (3rd Wednesday of the Month)

All worship services can be seen on T.V. Station 1-3

Occupational

Emotional

Physical

Intellectual

Social

Spiritual