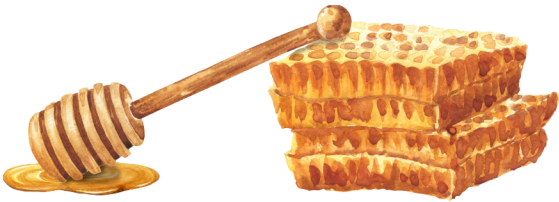


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Catholic Mass 1 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 12:45 Outing: Medina Target 1:00 Better Balance 2:00 Hymn Sing 3:15 Mind & Body Class	10:00 Aquafit 2 10:00 Catholic Mass 10:30 Coffee Chats 1:00 Chair Yoga 1:00 Resident Led Ukulele Group 2:00 Concert - Don Kanten & Friends 3:00 Walking Group with Ascend 4:00 Resident Led Sing-Along	10:00 FUNctional Fitness 3 10:30 Catholic Mass 1:00 Better Balance 1:30 Geography Trivia 3:00 Social Hour with Piano Music by Mary Hiltner 4:00 Cribbage 7:00 Rosary	10:30 Flower Arranging 4 3:30 History Club 6:30 Hand & Foot	10:00 Coloring Club 5 11:00 Puzzle Club 1:00 Movie - Super Man: The Christopher Reeve Story 2:45 Snack Bingo 4:00 Catholic Mass
11:00 Antiques Show & Tell 6 1:00 Free Paint with Joan H. 2:00 Eucharist Prayer & Adoration 3:00 Mahjong 4:00 Stitch & Chat Club	7 	9:30 Catholic Mass 8 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 12:45 Outing: Hy-Vee 1:00 Better Balance 2:00 Hymn Sing 3:15 Mind & Body Class	10:00 Aquafit 9 12:00 Activity Planning 1:00 Chair Yoga 1:00 Resident Led Ukulele Group 2:00 Bingo Hosted by Ruth & The Other Ruth 3:00 Walking Group with Ascend 6:00 Resident Led Movie Night: The Princess Bride *Pizza Sponsored by Home Instead	10:00 FUNctional Fitness 10 10:30 Catholic Mass 12:00 Outing: Apple Bee's 1:00 Better Balance 3:00 Social Hour 4:00 Cribbage 7:00 Rosary	9:15 Mind & Body Class 11 10:00 Aquafit 10:30 Flower Arranging 11:00 Documentary - 9/11 One Day in America 1:00 Chair Yoga 2:00 Grief & Loss Support Group 3:00 9/11 Tribute with Corcoran PD 6:30 Hand & Foot 9:15 Mind & Body Class	10:00 Coloring Club 12 11:00 Puzzle Club 1:00 Movie - Legally Blonde 4:00 Catholic Mass
2:00 Eucharist Prayer & Adoration 13 3:00 Mahjong Happy Grandparents Day	10:00 Non-Denominational Church & Communion 14 10:30 Coffee Chats 1:00 Aquafit 1:00 Concert: Tamara B. 2:00 Chapel Planning Meeting 3:00 Pressed Flower Bookmarks with Lynne S. 3:00 Supervised Swim 4:00 Cribbage 6:00 Pajama Movie Night: Hairspray Pajama Day	9:30 Catholic Mass 15 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 1:00 Better Balance 2:00 Hymn Sing 3:15 Mind & Body Class 3:30 Name That Tune: Country Western Music 6:00 Summer Concert Series: Hipps & Costello - Burgers & Brats on Sale @ 5PM - Lemonade Bar Sponsored by The Saint Therese Foundation Country Western Day	9:00 Coffee & Cake Saint Therese Birthday Social 16 10:00 Aquafit 10:00-12:00 Bluestone Meet & Greet 10:00-12:00 Stillness & Song 10:30 Outing: MN Twins v. Yankees Game 11:00 Meet & Greet with Kristy Janigo 1:00 Chair Yoga 1:00 Resident Led Ukulele Group 3:00 Walking Group with Ascend 4:00 Resident Led Sing-Along Wear Red Day	10:00 FUNctional Fitness 17 10:30 Catholic Mass 1:00 Better Balance 3:00 Social Hour 4:00 Cribbage 7:00 Rosary Decades Day	10:00 Aquafit 18 10:30 Flower Arranging 11:00 Outing: Mystic Lake Casino 1:00 Chair Yoga 2:00 Veterans' Group: POW/MIA Tribute 3:00 Emma's Office Hours 3:30 History Club 6:30 Hand & Foot U.S.A. Day	10:00 Coloring Club 19 11:00 Puzzle Club 1:00 Movie - The Joker 2:45 Snack Bingo 4:00 Catholic Mass
11:00 Antiques Show & Tell 20 2:00 Eucharist Prayer & Adoration 3:00 Mahjong 4:00 Stitch & Chat Club	10:00 Non-Denominational Church & Communion 21 10:30 Coffee Chats 1:00 Aquafit 12:00 Sing-Along with the Steinmans 3:00 Monday Social Hour 3:00 Supervised Swim 4:00 Cribbage	9:30 Catholic Mass 22 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 12:45 Outing: Trader Joe's 1:00 Better Balance 2:00 Resident Council 3:00 September Birthday Party 3:15 Mind & Body Class Autumn Begins	10:00 Aquafit 23 10:00 Outing: Minnesota's Largest Candy Store 1:00 Chair Yoga 1:00 Resident Led Ukulele Group 2:00 Snack Bingo 3:00 Walking Group with Ascend 3:00 Piano Concert with Chuck	10:00 FUNctional Fitness 24 10:30 Catholic Mass 11:00 Outing: Culver's 1:00 Better Balance 3:00 Resident-Led Social Hour 4:00 Cribbage 7:00 Rosary	9:15 Mind & Body Class 25 10:00 Aquafit 10:30 Flower Arranging 1:00 Chair Yoga 2:00 Grief & Loss Support Group 6:30 Hand & Foot	10:00 Coloring Club 26 11:00 Puzzle Club 11:30 Mini Pie Bingo 1:00 Movie - Driving Miss Daisy 4:00 Catholic Mass
2:00 Eucharist Prayer & Adoration 27 3:00 Mahjong	10:00 Non-Denominational Church & Communion 28 10:30 Coffee Chats 1:00 Aquafit 2:00 Craft - Stained Glass Angels *Free but sign-up is required 3:00 Saint Therese Walk to End Alzheimer's 3:00 Supervised Swim 4:00 Cribbage 5:00 Snack Bingo 6:30 Men's Group	9:30 Catholic Mass with Anointing of the Sick 29 10:00 FUNctional Fitness 12:00 Tell Me Your Story Project 12:45 Outing: Maple Grove Aldi's 1:00 Better Balance 2:00 Hymn Sing 3:15 Mind & Body Class	10:00 Aquafit 30 1:00 Chair Yoga 1:00 Resident Led Ukulele Group 2:00 Donut Bingo 3:00 Walking Group with Ascend 4:00 Resident Led Sing-Along 6:30 Ladies & Laughter	September 2026 		

Please reference the weekly calendars for accurate locations of activities. | Activities & Outings are subject to change. | *Sign-up required for activities in **BOLD & Red**. | Activities & Outings with an associated cost will be noted with \$. | Any questions or activity suggestions? Reach out to Emma, the Life Enrichment Director by calling 763-567-4733 or emailing emmap@sainttherese.org