

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

August 2026							10:00 Coffee & Chronicles 11:00 Music & Movement 11:45 Brain Games 1:45 Self-Led Table Games 2:00 Art with Olivia 3:00 Parachute Ball 4:00 Sing-Along 4:00 Catholic Mass 4:30 Exercise Essentials	1					
10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Exercise Essentials 1:45 Self-Led Hallway Walks 2:00 Eucharist Adoration 2:30 Baking Club 3:30 Brain Games 4:00 Music Reminisce 4:30 Golden Memories	2	10:00 Non-Denominational Church Service 10:45 Stretch & Flex 11:30 Brain Games 1:45 Self-Led Table Games 2:30 Music for Life with Chris 3:30 Manicure Mondays	3	9:30 Catholic Mass 10:15 Coffee & Coloring 11:15 Word Unscrambler 1:45 Self-Led Table Games 2:00 Hymn sing 3:45 Lucynt Table Games 4:00 Exercise Essentials	4	10:00 Catholic Mass 11:00 Coffee & Chronicles 11:30 Category Games 1:30 Maple the Dog Visits 2:00 Baking Club 2:30 Brain Games 3:15 Exercise Essentials	5	10:00 Coffee & Golden Memories 10:30 Catholic Mass 11:00 Brain Games 1:45 Self-Led Table Games 2:00 Watercolor Painting 3:15 Music & Movement 4:30 Daily Chronicles & Chats	6	10:30 Flower Arranging 11:30 Floor Soccer 1:45 Self-Led Table Games 2:30 Stretch & Flex 3:15 Word Unscrambler 3:45 Drum Circle 4:15 Hallway Walks	7	10:00 Coffee & Chronicles 11:00 Music & Movement 11:45 Brain Games 1:45 Hallway Walks 2:00 Art with Annie 3:00 Ice Cream Sundae Bar 4:00 Parachute Ball 4:00 Catholic Mass	8
10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Exercise Essentials 1:45 Self-Led Hallway Walks 2:00 Eucharist Adoration 2:30 Baking Club 3:30 Brain Games 4:30 Golden Memories	9	10:00 Non-Denominational Church Service 10:45 Stretch & Flex 11:30 Brain Games 1:45 Self-Led Table Games 2:00 Helping Hands Resets 2:30 Music for Life with Chris 3:30 Manicure Mondays	10	9:30 Catholic Mass 10:15 Coffee & Coloring 11:15 Word Unscrambler 1:45 Self-Led Table Games 2:00 Hymn sing 3:15 Exercise Essentials 3:45 Lucynt Table Games 4:00 1:1's with Activities	11	10:15 Coffee & Chronicles 11:15 Music & Movement 11:35 Brain Games 1:30 Buddy the Dog Visits 2:00 Baking Club 3:00 Piano Concert with Chuck 4:00 Chair Yoga	12	10:00 Coffee & Golden Memories 10:30 Catholic Mass 10:45 Brain Games 1:45 Self-Led Table Reading Books & Magazines 2:30 Music & Movement 3:30 Watercolor Painting	13	10:30 Flower Arranging 11:30 Noodle Ball 1:45 Self-Led Table Games 2:00 Popsicles on the Patio 2:30 Stretch & Flex 3:15 Brain Games	14	10:00 Coffee & Chronicles 10:30 Music & Movement 11:15 Brain Games 11:45 Helping Hands Resets 1:30 Mini Pie Bingo 2:15 Calming Coloring 3:50 Parachute Ball 4:00 Catholic Mass 4:30 Music Reminisce	15
10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Exercise Essentials 1:45 Self-Led Hallway Walks 2:00 Eucharist Adoration 2:30 Baking Club 3:30 Brain Games 4:30 Golden Memories	16	10:00 Non-Denominational Church Service 10:45 Stretch & Flex 11:30 Brain Games 1:45 Self-Led Table Games 2:30 Music for Life with Chris 3:30 Manicure Mondays	17	9:30 Catholic Mass 10:15 Coffee & Coloring 11:15 Word Unscrambler 1:45 Self-Led Table Games 2:00 Hymn sing 2:45 1:1's with Activities 3:15 Lucynt Table Games 3:30 Exercise Essentials	18	10:00 Sing-Along with the Steinmans 11:15 Hearthside Book Club 1:30 Maple the Dog Visits 2:00 Baking Club 3:00 Music & Movement (Scarf Dancing) 3:30 Door Sign Painting	19	10:00 Coffee & Golden Memories 10:30 Catholic Mass 11:00 Brain Games 1:45 Self-Led Hallway Walks 2:15 Chair Zumba 3:30 August Birthday Party with a Happy Hour	20	10:30 Flower Arranging 11:30 Noodle Ball 1:45 Self-Led Table Games 2:00 Elvis Sing-Along 2:30 Stretch & Flex 3:15 Popsicles in the Courtyard	21	10:30 Coffee & Chronicles 11:00 Music & Movement 11:45 Brain Games 1:45 Parachute Ball 2:30 Art with Olivia 3:30 Brain Games 4:00 Catholic Mass	22
10:30 Coffee & Coloring 11:00 Daily Devotionals 11:45 Exercise Essentials 1:45 Baking Club 2:00 Eucharist Adoration 2:30 Brain Games 3:15 Golden Memories	23	10:00 Non-Denominational Church Service 10:45 Stretch & Flex 11:30 Brain Games 1:20 Hearthside Book Club 2:00 Self-Led Table Games 2:30 Music for Life with Chris 3:30 Manicure Mondays	24	9:30 Catholic Mass 10:00 Coffee & Coloring 10:45 Word Unscrambler 11:15 Golden Memories 1:45 Self-Led Table Games 3:30 Lucynt Table Games 4:00 Exercise Essentials	25	10:15 Coffee & Chronicles 10:45 Courtyard Walks 11:15 Popsicles on the Patio 1:30 Buddy the Dog Visits 2:00 Baking Club 2:30 Brain Games 3:15 Chair Zumba	26	10:00 Coffee & Golden Memories 10:30 Catholic Mass 10:45 Brain Games 1:45 Self-Led Hallway Walks 2:00 Concert - James Shaw 3:30 Root Beer Floats	27	10:30 Flower Arranging 11:15 Floor Soccer 1:45 Self-Led Table Games 2:00 1960's Sing-Along 2:30 Stretch & Flex 3:00 Hydration Station - Lemonade Bar	28	10:00 Coffee & Chronicles 11:00 Music & Movement 11:30 Brain Games 1:45 Hallway Walks 2:00 Art with Olivia 4:00 Parachute Ball 4:00 Catholic Mass	29
10:00 Coffee & Coloring 11:00 Daily Devotionals 11:45 Exercise Essentials 2:00 Eucharist Adoration 2:30 Baking Club 3:00 Brain Games 3:45 Music & Movement 4:30 Golden Memories	30	10:00 Non-Denominational Church Service 10:45 Stretch & Flex 11:30 Brain Games 1:45 Self-Led Table Games 2:15 Music & Movement 3:30 Manicure Mondays	31										

All activities are subject to change! Questions or ideas? Please contact Emma, the Life Enrichment Director by calling 763-567-4733 or emailing emmap@sainttherese.org