# **Humble Yourself - He Cares For You**

May 23, 2021

#### 1 Peter 5:6-11 ESV

# 6 Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you,

Romans 12:1-2 ESV

1 I <u>appeal to you</u> therefore, brothers, <u>by the mercies of God</u>, to <u>present your bodies</u> as <u>a living sacrifice</u>, holy and acceptable to God, which <u>is your spiritual worship</u>.

2 <u>Do not be conformed to this world</u>, but <u>be transformed</u> by <u>the renewal of your mind</u>, that <u>by testing</u> you <u>may discern what is the will of God</u>, what is good and acceptable and perfect.

Matthew 16:24-25 ESV

24 Then Jesus told his disciples, "If anyone would come after me, let him deny himself and take up his cross and follow me.

25 For whoever would save his life will lose it, but whoever loses his life for my sake will find it.

Job 1:20-22 ESV

20 Then <u>Job arose</u> and <u>tore his robe</u> and <u>shaved his head</u> and <u>fell on the ground</u> and <u>worshiped</u>.

21 And he said, "Naked I came from my mother's womb, and naked shall I return. <u>The LORD gave</u>, and the LORD <u>has taken away</u>; <u>blessed be the name of the LORD</u>."

22 In all this Job did not sin or charge God with wrong.

James 4:13-16 ESV

13 Come now, you who say, "Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit"--

14 yet <u>you do not know what tomorrow will bring</u>. What is your life? For <u>you are a mist that appears for a little time</u> and <u>then vanishes</u>.

15 Instead <u>you ought to say</u>, "<u>If the Lord wills</u>, <u>we will live</u> and <u>do this</u> or <u>that</u>."

16 As it is, you boast in your arrogance. All such boasting is evil.

John 6:60-61 ESV

60 When many of his disciples heard it, they said, "This is a hard saying; who can listen to it?"
61 But Jesus, knowing in himself that his disciples were grumbling about this, said to them, "Do you take offense at this?

John 6:66-69 ESV

66 After this many of his disciples turned back and no longer walked with him.

67 So Jesus said to the twelve, "Do you want to go away as well?"

68 Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life,

69 and we have believed, and have come to know, that you are the Holy One of God."

### 1 Peter 5:6-11 ESV

# 7 casting all your anxieties on Him, because He cares for you.

1 Samuel 1:1-20 ESV

1 <u>There was a certain man</u> of Ramathaim-zophim of the hill country of Ephraim <u>whose name was Elkanah</u> the son of Jeroham, son of Elihu, son of Tohu, son of Zuph, an Ephrathite.

2 <u>He had two wives</u>. The name of the one was Hannah, and the name of the other, Peninnah. And <u>Peninnah</u> <u>had children</u>, but <u>Hannah had no children</u>.

3 Now this man used to <u>go up year by year from his city to worship</u> and <u>to sacrifice to the LORD</u> of hosts at Shiloh, where the two sons of Eli, Hophni and Phinehas, were priests of the LORD.

- 4 On the day <u>when Elkanah sacrificed</u>, he would <u>give portions to Peninnah his wife</u> and <u>to all her sons</u> and daughters.
- 5 But <u>to Hannah he gave a double portion</u>, because <u>he loved her</u>, though the LORD <u>had closed her womb</u>.
- 6 And <u>her rival used to provoke her grievously</u> to <u>irritate her</u>, because <u>the LORD had closed her womb</u>.
- 7 So <u>it went on year by year</u>. <u>As often as she went up to the house of the LORD</u>, she <u>used to provoke her</u>. Therefore <u>Hannah wept</u> and <u>would not eat</u>.
- 8 And Elkanah, her husband, said to her, "Hannah, <u>why do you weep?</u> And <u>why do you not eat?</u> And <u>why is your heart sad?</u> Am I not <u>more to you than ten sons?</u>"
- 9 After they had eaten and drunk in Shiloh, Hannah rose. Now Eli the priest was sitting on the seat beside the doorpost of the temple of the LORD.
- 10 She was <u>deeply distressed</u> and <u>prayed to the LORD</u> and <u>wept bitterly</u>.
- 11 And she vowed a vow and said, "O LORD of hosts, if you will indeed <u>look on the affliction of your servant</u> and <u>remember me</u> and <u>not forget</u> your servant, but <u>will give to your servant a son</u>, then <u>I will give him to the LORD</u> all the days of his life, and <u>no razor shall touch his head</u>."
- 12 As she continued praying before the LORD, Eli observed her mouth.
- 13 Hannah was <u>speaking in her heart</u>; <u>only her lips moved</u>, and <u>her voice was not heard</u>. Therefore Eli took her to be a drunken woman.
- 14 And Eli said to her, "How long will you go on being drunk? Put your wine away from you."
- 15 But Hannah answered, "No, my lord, <u>I am a woman troubled in spirit</u>. I have drunk neither wine nor strong drink, but I have been <u>pouring out my soul</u> <u>before the LORD</u>.
- 16 Do not regard your servant as a worthless woman, for <u>all along I have been speaking out</u> of <u>my great anxiety</u> and <u>vexation</u>."
- 17 Then Eli answered, "<u>Go in peace</u>, and the God of Israel <u>grant your petition</u> that you have made to him." 18 And she said, "Let your servant find favor in your eyes." Then <u>the woman went her way</u> and <u>ate</u>, and <u>her face was no longer sad</u>.
- 19 They rose early in the morning and worshiped before the LORD; then they went back to their house at Ramah. And Elkanah knew Hannah his wife, and the LORD remembered her.
- 20 And <u>in due time Hannah conceived</u> and <u>bore a son</u>, and <u>she called his name Samuel</u>, for she said, "<u>I have asked for him from the LORD</u>."

### Psalm 139:3-5 ESV

- 3 You search out my path and my lying down and are acquainted with all my ways.
- 4 Even before a word is on my tongue, behold, O LORD, you know it altogether.
- 5 You hem me in, behind and before, and lay your hand upon me.

## Psalm 139:16 ESV

16 Your eyes saw my unformed substance; <u>in your book were written</u>, <u>every one</u> of them, <u>the days</u> that <u>were formed for me</u>, <u>when</u> as yet <u>there was none of them</u>.

#### Isaiah 49:15-16 ESV

- 15 Can a woman forget her nursing child, that she should have no compassion on the son of her womb? Even these may forget, <u>yet I will not forget you</u>.
- 16 Behold, I have engraved you on the palms of my hands; your walls are continually before me.

### Matthew 10:29-31 ESV

- 29 Are not two sparrows sold for a penny? And <u>not one of them will fall</u> to the ground <u>apart from your Father</u>.
  30 But <u>even the hairs of your head</u> are <u>all numbered</u>.
- 31 Fear not, therefore; you are of more value than many sparrows.

Hebrews 13:5-6 ESV

- 5 ...for he has said, "I will never leave you nor forsake you."
- 6 So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"
- 2 Corinthians 1:3-5 ESV
- 3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort,
- 4 <u>who comforts us</u> in <u>all our affliction</u>, so that we may be able to comfort those who are in any affliction, <u>with</u> <u>the comfort</u> with which <u>we ourselves</u> are <u>comforted by God</u>.
- 5 For as we share abundantly in Christ's sufferings, <u>so through Christ</u> we <u>share abundantly in comfort</u> too.

Psalm 103:13-14 ESV

13 <u>As a father shows compassion</u> to his children, so <u>the LORD shows compassion</u> to those who fear him.

14 For he knows our frame; he remembers that we are dust.

Hebrews 5:1-2 ESV

1 For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins.

2 He can deal gently with the ignorant and wayward, since he himself is beset with weakness.

Hebrews 4:15-16 ESV

15 For <u>we do not have a high priest</u> who is <u>unable to sympathize</u> <u>with our weaknesses</u>, but one <u>who in every</u> <u>respect</u> has <u>been tempted</u> <u>as we are</u>, yet without sin.

16 Let us then <u>with confidence draw near</u> to the throne of grace, that we may <u>receive mercy</u> and <u>find grace to help</u> in <u>time of need</u>.

Isaiah 43:1-2 ESV

1 But now thus says the LORD, he who created you, O Jacob, he who formed you, O Israel: "Fear not, for I have redeemed you; I have called you by name, you are mine.

2 When you <u>pass through the waters</u>, <u>I will be with you</u>; and <u>through the rivers</u>, they <u>shall not overwhelm you</u>; when you <u>walk through fire</u> you <u>shall not be burned</u>, and <u>the flame</u> shall <u>not consume you</u>.

Hebrews 7:25 ESV

25 Consequently, <u>he is able to save</u> to the uttermost those who draw near to God through him, since <u>he always lives</u> to <u>make intercession</u> for them.

1 Corinthians 10:13 ESV

13 No temptation has overtaken you that is not common to man. <u>God is faithful</u>, and <u>he will not let you be</u> <u>tempted</u> <u>beyond your ability</u>, but <u>with the temptation</u> he <u>will also provide the way of escape</u>, that you <u>may be</u> able to endure it.

## 1 Peter 5:6-11 ESV

8 Be <u>sober-minded</u>; be <u>watchful</u>. Your adversary the devil <u>prowls around like a roaring lion</u>, <u>seeking someone</u> <u>to devour</u>.

Ephesians 6:11-12 ESV

11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

12 For we <u>do not wrestle against flesh and blood</u>, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

Ephesians 6:16 ESV

16 <u>In all circumstances</u> [CSB - "In every situation..."] take up <u>the shield of faith</u>, with which you can <u>extinguish</u> <u>all the flaming darts</u> of <u>the evil one</u>;

#### 1 Peter 5:6-11 ESV

9 Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world.

Romans 10:17 ESV

17 So faith comes from hearing, and hearing through the word of Christ.

1 Kings 19:9-13 ESV

9 There he came to a cave and lodged in it. And behold, the word of the LORD came to him, and he said to him, "What are you doing here, Elijah?"

10 He said, "I have been very jealous for the LORD, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away."

11 And he said, "<u>Go out</u> and <u>stand on the mount before the LORD</u>." And behold, <u>the LORD passed by</u>, and a <u>great</u> and <u>strong wind tore the mountains</u> and <u>broke in pieces the rocks</u> before the LORD, but <u>the LORD was not in the wind</u>. And <u>after the wind an earthquake</u>, but <u>the LORD was not in the earthquake</u>.

12 And after the earthquake a fire, but the LORD was not in the fire. And after the fire the sound of a low whisper.

13 And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave. And behold, there came a voice to him and said, "What are you doing here, Elijah?"

Isaiah 30:20-22 ESV

20 And though the Lord give you the bread of adversity and the water of affliction, yet your Teacher will not hide himself anymore, but <u>your eyes shall see your Teacher</u>.

21 And <u>your ears shall hear a word behind you</u>, saying, "<u>This is the way</u>, <u>walk in it</u>," when you turn to the right or when you turn to the left.

22 Then <u>you will defile your carved idols</u> overlaid with silver and your gold-plated metal images. You will scatter them as unclean things. You will say to them, "Be gone!"

### 1 Peter 5:6-11 ESV

10 And <u>after you have suffered</u> a <u>little while</u>, the God <u>of all grace</u>, who has called you to his eternal glory in Christ, will Himself restore, confirm, strengthen, and establish you.

11 To him be the dominion forever and ever. Amen.

Psalm 30:5 ESV

5 For <u>his anger is but for a moment</u>, and <u>his favor is for a lifetime</u>. <u>Weeping may tarry for the night</u>, but <u>joy comes with the morning</u>.

Micah 7:18-19 ESV

18 <u>Who is a God like you, pardoning iniquity</u> and <u>passing over transgression</u> for the remnant of his inheritance? He <u>does not retain his anger forever</u>, because <u>he delights in steadfast love</u>.

19 <u>He will again</u> have compassion on us; he will tread our iniquities underfoot. You will cast all our sins into the depths of the sea.