

Life. Love. Legacy.™ (615) 824-4552 674 E. Main St. Hendersonville, TN 37075

### **Your Administrative Team**



Ashley Young-Roesler
Interim Executive
Director



John Waters
Dining Services
Director



Kathleen Hawkins Sales & Marketing Director



Jereme Hahn Plant Director



Casey Stevens, LPN
Resident Services
Director



Eric Jackson Chaplain



Lawrence Young

Shayla Hunter Therapy Director Legacy Healthcare Services



### LEGACY VILLAGE OF HENDERSONVILLE

### NEWSLETTER | OCTOBER 2025





### A Message From Your Interim Executive Director

Dear Friends and Family, I'm honored to have served as the Interim Executive Director here at Legacy Village of Hendersonville. Over the past months, I've truly

enjoyed getting to know our residents, their families, and the wonderful team that makes this community so special.

Now, we're excited to welcome Brittany Locke, who joined us last week as our new Executive Director. I'm working closely with Brittany, sharing the Legacy Village way, and helping guide a smooth transition as I pass the baton. To celebrate this new chapter, we invite you to join us for a Meet & Greet with Brittany on October 15th from 6:00 to 7:30 PM. It will be a wonderful chance to welcome her and connect face-to-face.

As the leaves turn and fall settles in, this season reminds me how life often feels full and fast-paced. Between kids starting school, busy schedules, and balancing responsibilities, many of you are juggling more than anyone should. If you're part of the "sandwich generation," you know exactly what I mean—caring for growing children and aging parents all while managing everything else life throws your way.

When a loved one moves into our community, it's often because families need a helping hand.

But what might surprise you is how often you'll hear from us too, inviting you to share in meals, celebrations, musical performances, or just quiet moments of connection. We don't want to add to your busy plate, but we believe these small moments of togetherness mean the world—to the residents and to those who love them.

We understand how hard it is to be everywhere at once. Whether you're rushing between school events or weekend tournaments, please know we see you, appreciate you, and are grateful for every moment you spend with us, even if it's a quick phone call or a note.

This October, as we roll out fall celebrations and family-friendly events, we hope you'll find time to join us when you can. Our doors are always open, and there's nothing quite like gathering together—whether it's for pumpkin crafts, game nights, or simply sharing a laugh and swapping stories.

Thank you for trusting us with your loved ones. We are proud to be part of your extended family and look forward to all the wonderful moments ahead.

Warmly,

Ashley Young-Roesler Interim Executive Director



MEET EXECUTIVE DIRECTOR BRITTANY LOCKE & THE LEADERSHIP TEAM

Meet € Greet
WEDNESDAY · OCTOBER 15<sup>TH</sup> · 6:00-7:30PM



# Meet Barbara Duvall: A Life of Love & Spirit

Meet Barbara Duvall, whose gentle Kentucky

accent still carries the warmth of southern hospitality. Born in Charlotte, North Carolina, Barbara's heart truly belongs to Hopkinsville, Kentucky, where she spent most of her days and built a lifetime of memories.

From the time she was a fifth grader, Barbara could be found on the sidelines, pompoms in hand, cheering for her Hopkinsville High School teams. Her spirit and smile never wavered—traits that caught the eye of a fellow student named Floyd Duvall, a natural athlete who threw himself into basketball, football, and baseball. Their love story began under the Friday night lights and continued to grow long after graduation.

Barbara and Floyd married soon after high school, starting a journey that would take them across the country and back again, following Floyd's service with the Marine Corps. Life as a military family meant frequent moves, but for Barbara, San Diego, California, stands out as her favorite stop—sunshine, ocean breezes, and the feeling of adventure just beyond the next corner.

The Duvalls welcomed their first son, Floyd "Ray" Duvall Jr., in 1959, and as their family grew, so did Barbara's sense of purpose. She worked for a car dealership as a young mother, always ready to lend a hand and share a laugh. Floyd made history himself, becoming the first male Marine Sergeant to lead the women's division—a fact Barbara shares with pride.

When the time came for retirement, Barbara and Floyd found themselves back in Hopkinsville, ready for the next chapter. Barbara poured her energy and heart into the Christian County Health Department, while Floyd worked as a plumber, both continuing to serve their community in meaningful ways.

Ask Barbara about her greatest accomplishment, and she won't hesitate: meeting Floyd and raising their five children. Theirs is a story of partnership, adventure, and devotion, spanning more than 66 years together—a lifetime built on love, loyalty, and shared dreams.

At Legacy Village of Hendersonville today, Barbara's cheerleader spirit is still going strong. Whether she's swapping stories, sharing a smile, or remembering the adventures that shaped her, she continues to inspire those lucky enough to know her.

## Celebrations ‡ Milestones

#### Welcome to our newest residents!

- · Alton Fouch
- · Barbara Duvall

Let's celebrate everyone marking a special moment this month!

#### **RESIDENT BIRTHDAYS**

- · Oct. 10: Phillis McKinley
- · Oct. 25: William Hammond
- · Oct. 29: Thomas Applelton

#### TEAM MEMBER BIRTHDAYS

- · Oct. 3: Mattie Black
- · Oct. 7: Patricia Stinson
- · Oct. 26: Leslie Howell

#### RESIDENT ANNIVERSARIES

- Kathy Biggs 7 years
- · Susan Seigman 5 years
- · Connie McGlasson 3 years
- · Genevieve Lish 3 years
- · Diane Callender- 1 years

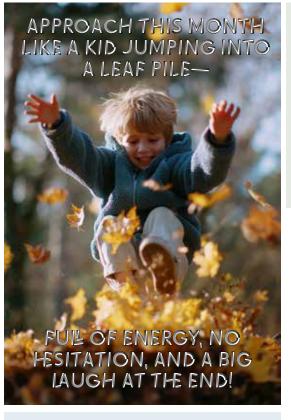
#### **TEAM ANNIVERSARIES**

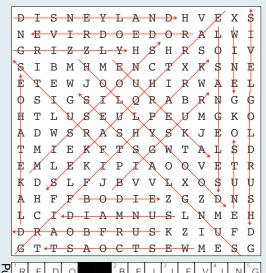
- · Casey Stevens 2 years
- · Mattie Black 2 years
- · Monique Owens 2 years
- Maria Madriz de Bracho 2 years

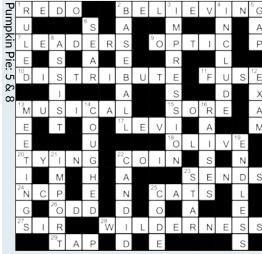
Here's to new friends, special milestones, & more memories together!

TRAVEL SERIES: SAVORING LONDON

















## TEAM MEMBER BIRTHDAY TWINS CELEBRATE THEIR DAY!









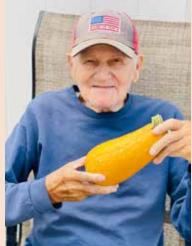
### HAPPINESS IN THE HARBOR! SMILES AS FAR AS THE EYE CAN SEE!

What's the secret to all these grins? Maybe it's the great company. Maybe it's the fun and laughter we share. Or maybe, in The Harbor, smiling is just contagious! Whatever the reason, we're loving every minute-and every smile.











# GET TO KNOW ASHLEY: 2 Questions Edition

Ever wonder what it's like to be the extra-special boss, even for just a little while? As our interim leader, Ashley jumped in with heart & humor. Before she handed off the baton, she took on all of our Boss's Day questions—because why not go out with a bang?

- 1. If you could only eat one food for the rest of your 18. What's your go-to karaoke life, what would it be? It's a three-way tie: (1) Big Macs; (2) Pizza Hut Supreme Personal Pan Pizza - double-extra pizza sauce; (3) Dairy Queen softserve chocolate dipped in chocolate
- 2. What's the weirdest thing you believed as a kid? That lobsters weren't real!
- 3. If you were a cartoon character, who would you be? Skye from Paw Patrol
- 4. What's your signature dance move? Crip Walk (Snoop-style!)
- 5. Which mythical creature would you adopt as a pet? A tie-dyed Pegasus
- 6. If your life were a movie, what would the title be and who would play the role of you? Hello! I'm Davis' Mom - Winona Ryder (or Parker Posey)
- 7. Do you have any "useless" talents or party tricks? I know the Periodic Table of the Elements as if they are my own name.
- 8. What's the most unusual item in your wallet or purse right now? I always carry the birthday, Mother's Day, and Christmas cards for the year that Davis gives me.
- 9. If you could have dinner with any fictional character, who would it be? Nancy Drew
- 10. What's the worst haircut you've ever had? The bilevel "wings" and chin-length perm "mix" - 1985.
- 11. If you had to give yourself a new name, what would you pick? Charlsie Meadow (because my Dad's name is Charles!
- 12. What's the oddest thing you've ever eaten? I'm extremely wary of eating anything "funky" - so, maybe seaweed "straight".
- 13. Which emoji do you use way too much? (2)
- 14. What's your guilty pleasure song? Van Halen's "Little Guitars"
- 15. Would you rather fight one horse-sized duck or a hundred duck-sized horses? A hundred duck-sized horses because I cannot get enough of miniature horses - I would take it VERY easy on them!
- 16. What's a fashion trend you secretly miss? **Stone**washed Guess Jeans.
- 17. Morning person or night owl? I'm both!

- song? Taylor Swift's "Blank Space"
- 19. If you could invent a holiday, what would it celebrate and how would you celebrate it? Inside-Out & Backwards Day - you have to wear all your clothes inside out and backwards.



- 20. What's the oddest job you've ever had? My very first job was building skate boards in a skate/surfstyle shop.
- 21. If you could have any superpower, what would it be? To run like a Cullen.
- 22. What's the best trip you've ever taken? Any time I go to Panama City Beach.
- 23. What's the strangest thing you've ever collected? Scented erasers.
- 24. What song always makes you dance or sing along? Dance - any Nelly song, always! Sing - any Swifty song from 1989 (I'm a closet Swifty!)
- 26. What's your favorite way to relax on the weekend? Watch Davis play baseball.
- 27. Who was your childhood hero? *My mother*.
- 28. What's one thing you can't live without? **Davis!**
- 29. What's your go-to comfort food? Pizza always
- 30. Do you have any pets? Millie Rae, my Great Pyr/ German Shepherd mix. Her pre-adoption name was Milkshake, and it was quite suitable for her personality and intellect!
- 31. What movie or TV show do you never get tired of, or can recite line by line? Clueless
- 32. What's the most adventurous thing you've ever done? **Becoming a mom!**
- 33. What's a book you think everyone should read? The Giving Tree
- 34. If you could instantly master any skill, what would it be? Breakdancing.
- 35. What's the weirdest thing you've ever Googled? I'm always Googling weird things!

### LEGACY VILLAGE OF HENDERSONVILLE



### Say Hello to Summer

I'm excited to step into the role of Business Office Manager here at Legacy Village of Hendersonville. My background is in Human Resources management within

the medical field, and I hold a master's degree in business with a focus on Human Resource Management. I truly enjoy helping others and look forward to supporting our residents, families, and staff—my goal is to make sure everyone feels at home and cared for.

On a personal note, I've been married for over ten years and have two wonderful kids—a tenyear-old son and a seven-year-old daughter plus a four-year-old Labradoodle who keeps our household on its toes.

Please feel free to stop by my office anytime. I'd love to meet you, hear your story, and do whatever I can to help make your experience at Legacy Village a great one.

MATCHING PUMPKIN PIE

Sincerely. **Summer Biggers Business Office Manager** 

STRIKING THE RIGHT CHORD:







Find the two pumpkin pie images that are exactly alike!



#### **ACROSS**

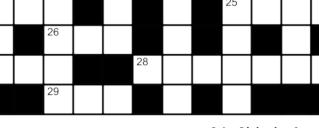
- 1. Make over
- 2. "Seeing is \_\_\_\_\_."
- 7. Team captains are some
- 9. Vision-related
- 10. Hand out; dispense
- 11. Needed to ignite dynamite
- 13. Common Broadway offering with lots of singing
- 15. "I have \_\_\_\_ muscles after my workout."
- 17. Strauss & Co. (jeans magnate)
- 18. Popeye's gal
- 20. \_\_\_ the knot; marrying
- 22. Piggy bank jingler
- 23. "That \_\_\_\_ shivers up my spine!"
- 24. North Celestial Pole, abbrev.
- 25. Felines
- 26. Peculiar
- 27. Knight's title
- 28. An untouched forest
- 29. Pub fixture

#### **DOWN**

- 1. Reigned
- 2. Sport at which Willie Mays excelled
- 3. Comedic imitation
- 4. "Please \_\_\_\_ payment with your order."
- 5. Generation \_\_\_ (difference between ages)

DISNEYLANDHVEXS

6. Burn the surface of



- 8. Provide help
- 12. Test
- 13. Encounters
- 14. Cleared one's throat
- 16. Elevates
- 19. Infinite

- 21. Ship in from abroad 22. Straightforward in speech
- 23. "When You Wish Upon a
- 25. Secret message

NEVIRDOEDORALWI ZZLYHSHRSOIV SIBMHMENCTXKSNE EWJOOUHIRWAEL IGSILQRABRNGG LUSEULPEUMGKO WSRASHYSKJEOL TMIEKFTSGWTALSD EMLEKIPIAOOVETR SLFJBVVLXOSUU F F B O D I E Z G Z D N S

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D R A O B F R U S K Z I U F D GTTSAOCTSEWMESG

Ifornia Breagnin' The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
C	ome join us in Octob	025 er.	Stories/ w Lawrence 11:00 a.m. Communion 1:00 p.m. Devotion w/ Jamie On the 3 <sup>rd</sup> Floor	Pastor Eric 10:30 a.m. Daily Chronicles 11:00 a.m. Movement and Fitness! 1:00 p.m. Food Council	and Left, Center, Right 10:30 a.m. Outing (Sauders	10:00 a.m. Devotion in the 4 dining room 1:00 p.m. UNO 2:00 p.m. Bingo!
Dining room 1:00 p.m. Uno 2:30 p.m. Movie	10:00 a.m. Daily Chronicles News and Brews 11:00 a.m. Senior Fitness Chair workout 1:30 p.m. Devotion w/ Carol 3 <sup>rd</sup> floor 2:30 p.m. Cups Game! 3:30 p.m. Bingo!  Sukkot Begins	11:00 Yoga 1:30 p.m. Daily Chronicles 2:30 p.m. Travel series Salem Massachusetts/w Boston Cream Pies! 6:00 p.m7 p.m. Educational Seminar on Spasticity!	Stories/ w Lawrence 11:00 a.m. Communion 1:00 p.m. Devotion w/ Jamie On the 3 <sup>rd</sup> Floor 1:00 p.m. Walmart 3:00 p.m. Bingo	Pastor Eric 10:30 a.m. Name that Tune! 11:00 Movement & Fitness 1:30 Daily Chronicles 2:30 p.m. Cornhole! 6:00 p.m7pm Med Management Seminar!	and Left, Center, Right 10:30 a.m. Outing (Jonathan's Grille)	10:00 a.m. Devotion in the 11 dining room 1:30 p.m. Music w/ Danny McCorkle! 2:45pm Bingo!
10:00 a.m. Church in the 12 Dining room 1:00 p.m. Uno 2:30 p.m. Movie	10:00 a.m. Daily Chronicles News and Brews 11:00 a.m. Senior Fitness Chair workout 1:30 p.m. Devotion w/ Carol 3rd floor 2:30 p.m. Halloween Bingo!  Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	11:00 Yoga 1:30 p.m. Daily Chronicles and Word Challenge! 2:30 p.m. Monthaven Arts Halloween Theme! 3:45 p.m. Uno!	Stories/ w Lawrence 11:00 a.m. Communion 1:00 p.m. Devotion w/ Jamie On the 3 <sup>rd</sup> Floor 1:00 p.m. Walmart 3:00 p.m. Bingo	Pastor Eric 11:00 Movement and Fitness! 1:00 p.m. Daily Chronicles w/ Lawrence 2:00 p.m. Community Bingo Game!	and Left, Center, Right 10:30 a.m. Outing (Café 393) 1:00 p.m. Connect Four 2:00 p.m. P.M. Movie and	10:00 a.m. Devotion in the 18 dining room 1:00 p.m. UNO 2:00 p.m. Bingo!
10:00 a.m. Church in the 19 Dining room 1:00 p.m3 p.m. Open House Pumkin Painting and Music	10:00 a.m. Daily Chronicles News and Brews 11:00 a.m. Senior Fitness Chair workout 1:30 p.m. Devotion w/ Carol 3rd floor 2:30 p.m. Bingo!	11:00 Yoga 1:30 p.m. Daily Chronicles and Word Challenge! 2:30 p.m. Bocce Ball!	Stories/ w Lawrence 11:00 a.m. Communion 1:00 p.m. Devotion w/ Jamie On the 3 <sup>rd</sup> Floor 1:00 p.m. Walmart 3:00 p.m. Bingo	Pastor Eric 10:30 a.m. Daily Chronicles and CP	and Left, Center, Right 10:30 a.m. Outing (Thai Orchid) 1:00 p.m. Checkers 1:30 p.m. P.M. Movie and	10:00 a.m. Devotion in the 25 dining room 1:00 p.m. UNO 2:00 p.m. Bingo! Happy Birthday William Hammond!
Dining room 1:00 p.m. Uno 2:30 p.m. Movie 6:00 p.m. Hallelujah Night w/ Pastor Eric and	10:00 a.m. Daily Chronicles News and Brews 11:00 a.m. Senior Fitness Chair workout 1:30 p.m. Devotion w/ Carol 3rd floor 2:30 p.m. Bingo!	10-3pm Legacy Blood Drive! 11:00 Yoga 1:30 p.m. Daily Chronicles and Word Challenge!	10:45 a.m. Uplifting Short Stories/ w Lawrence 11:00 a.m. Communion 1:00 p.m. Devotion w/ Jamie	10:30 a.m. Daily Chronicles 11:00 Movement & Fitness 2:00 p.m. Music w/ Brian	10:00am Daily Chronicles 11 and Left, Center, Right 10:30 a.m. Outing (M.L. Rose) 1:00 p.m. Connect Four 2:00 p.m. Big Birthday Bash and Music w/ Bill Feathers!	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	October is a time	er 2025 of rich harvests and s enjoy both!	10:00 am Singalong 10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Sound Games 2:00 pm UNO/Checkers 3:30pm Lovely and Lucynt	1 10:00 am Singalong (Patriotic) 10:30 News and Brews 10:45 am Daily Chronicles 1:00 pm Name That Tune 1:30 pm Lovely and Lucynt 3:00 pm Aromatherapy	10:00 am Singalong-Jazz 10:45 am In His Presence 11:00 am Trivia 1:00 pm Music 1:30 pm UNO 2:00 pm Friday Movie 3:30 pm Lovely and Lucynt	10:00 Let's Get Moving 10:30 am Question Ball 1:00 pm Puzzles and Games 1:30 pm Lovely and Lucynt 2:30 Afternoon Snacks/Music
10.00	10.00	110.00	Yom Kippur Begins	the control of the co		10001 1100111
10:30 am Sunshine Stroll (if	10:00 am Singalong 10:30 am Chair Exercises 11:00 am Daily Chronicles 1:00 pm Monday Movie 3:30pm Lovely and Lucynt	6 10:00 am Singalong 10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Music Trivia 2:30 pm Tuesday Travel Series- National Parks 3:30pm Lovely and Lucynt	10:00 am Singalong 10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Sound Games 2:00 pm UNO/Checkers 3:30pm Lovely and Lucynt	10:00 am Singalong (Patriotic) 10:30 News and Brews 10:45 am Daily Chronicles 1:00 pm Name That Tune 1:30 pm Lovely and Lucynt 3:00 pm Aromatherapy	9 10:00 am Singalong- County 10:45 am In His Presence 11:00 am Trivia 1:00 pm Music 1:30 pm UNO 2:00 pm Friday Movie	10:00 Let's Get Moving 10:30 am Question Ball 1:00 pm Puzzles and Games 1:30 pm Lovely and Lucynt 2:30 Afternoon Snacks/Music
10:00 am Church <b>12</b>	Sukkot Begins	0 10:00 om Singalong	10:00 om Singolong	= 10:00 om Singalong	10:00 Singalang 50's 60's	17 10:00 Let's Cet Maying 40
	10:00 am Singalong 10:30 am Chair Exercises 11:00 am Daily Chronicles 1:00 pm Monday Movie 3:30pm Lovely and Lucynt  Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	10:00 am Singalong 10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Music Trivia 2:30 pm Tuesday Travel Series- Oceans 3:30pm Lovely and Lucynt	10:00 am Singalong 10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Sound Games 2:00 pm UNO/Checkers 3:30pm Lovely and Lucynt	10:00 am Singalong (Patriotic) 10:30 News and Brews 10:45 am Daily Chronicles 1:00 pm Name That Tune 1:30 pm Lovely and Lucynt 3:00 pm Aromatherapy	6 10:00 Singalong 50's-60's 1 10:45 am In His Presence 11:00 am Trivia 1:00 pm Music 1:30 pm - UNO 2:00 pm Friday Movie	17 10:00 Let's Get Moving 10:30 am Question Ball 1:00 pm Puzzles and Games 1:30 pm Lovely and Lucynt 2:30 Afternoon Snacks/Music
10:00 am Church 19		Simchat Torah Begins 10:00 am Singalong 21	10:00 am Singalong <b>2</b>	<b>2</b> 10:00 am Singalong <b>2</b>	10:00 am Singalong- lazz	10:00 Let's Get Moving
10:30 am Sunshine Stroll (if applicable) 1:00 pm Movie	10:30 am Chair Exercises 11:00 am Daily Chronicles 1:00 pm Monday Movie – Classic TV  3:30pm Lovely and Lucynt	10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Music Trivia 2:30 pm Tuesday Travel Series- England 3:30 pm Lovely and Lucynt	10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Sound Games 2:00 pm UNO/Checkers 3:30pm Lovely and Lucynt	(Patriotic) 10:30 News and Brews 10:45 am Daily Chronicles 1:00 pm Name That Tune 1:30 pm Lovely and Lucynt 3:00 pm Aromatherapy	10:00 am Singalong-Jazz 10:45 am In His Presence 11:00 am Trivia 1:00 pm Music 1:30 pm UNO 2:00 pm Friday Movie w/Popcorn	10:00 Let's Get Moving 10:30 am Question Ball 1:00 pm Puzzles and Games 1:30 pm Lovely and Lucynt 2:30 Afternoon Snacks/Music
10:30 am Sunshine Stroll (if applicable) 1:00 pm Movie	10:00 am Singalong 10:30 am Chair Exercises 11:00 am Daily Chronicles 1:00 pm Monday Movie – Classic TV  3:30pm Lovely and Lucynt	10:00 am Singalong 10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Music Trivia 2:30 pm Tuesday Travel Series- Germany 3:30 pm Lovely and Lucynt	10:00 am Singalong 10:30 am Exercise 11:00 am Daily Chronicles 1:00 pm Sound Games 2:00 pm UNO/Checkers 3:30 pm Lovely and Lucynt	9 10:00 am Singalong (Patriotic) 10:30 News and Brews 10:45 am Daily Chronicles 1:00 pm Name That Tune 1:30 pm Lovely and Lucynt 3:00 pm Aromatherapy	10:00 am Singalong 11:00 am Residents help prepare for party 1:00 pm Halloween Party with Music 3:30 pm 3:30 pm 3:30 pm Lovely and Lucynt	31
The Harbor at Legacy Vi	illago of Hondorsonville	<u> </u>	•	Activities are	subject to change	