LEGACY VILLAGE OF HENDERSONVILLE
Assisted Living • Memory Care

Life. Love. Legacy.™
(615) 824-4552
674 E. Main St.
Hendersonville, TN 37075

YOUR LEADERSHIP TEAM



Kasey Commerer
Executive Director



LaRae Puckett
Sales & Marketing Director



Callie Valentine, LPN
Resident Services Director



Susan Burdorf
Life Enrichment Director



Mattie Black
Dining Services Director



Chris Buck
Maintenance Director



Dana Welsh
Business Office Manager



Eric Jackson
Chaplain

MARK YOUR CALENDAR TO JOIN US!

LEGACY SENIOR LIVING'S 2026

Thank You Tour

WED., NOV. 11th at 2:00 PM

Proudly Honoring our Dedicated Team Members and Faithful Residents

LEGACY SENIOR LIVING

LEGACY VILLAGE OF HENDERSONVILLE

NEWSLETTER | NOVEMBER 2026





A MESSAGE FROM YOUR EXECUTIVE DIRECTOR

November has a way of reminding us what matters: a shared meal, a familiar story, someone taking the time to ask how we're doing. As Thanksgiving approaches, I'm grateful for the residents, families, and team members who get to know one another and look out for one another here.

This month, during National Alzheimer's Disease Awareness Month, we're thinking especially of those living with Alzheimer's or another form of dementia, and the families who love them. We call our memory care neighborhood The Harbor because it offers residents a safe, caring place to navigate the challenges that sometimes accompany dementia. Familiar routines, purposeful activities, and time spent with people who know them give residents opportunities to connect and enjoy their days. Our team brings patience and dedication to this work, along with annual certification in Alzheimer's and dementia care.

We also know that families need support of their own. That's why we offer complimentary Alzheimer's Support Services with Dr. Ron Harvard, in addition to the care we provide in our community. Dr. Harvard is a pastor, counselor, and professor with decades of experience. He also cared for his late wife, Linda, through her journey with Alzheimer's disease. He understands the questions and emotions families face, both through his work and through his own life. If it would help to talk with someone who understands, you can schedule a complimentary phone or video appointment with Dr. Harvard through our website.

That same commitment to helping families find their way through difficult questions extends to another group we're honoring this month: veterans and their families. On Veterans Day, we thank those who have served and the people who have stood beside them. For veterans, spouses, and surviving spouses exploring VA Pension with Aid and Attendance, we can also help make the application process easier to navigate. Through our partnership with Elder Resource Benefits Consulting (ERBC), families can get knowledgeable guidance at each step and avoid common delays. The initial eligibility call is always free, and we cover the cost of ERBC's service for those moving into or living in our community. If you'd like to learn more for yourself or someone you love, please reach out. We'd be glad to get you connected.

Whether we're helping a resident find comfort in a familiar routine, honoring a veteran's service, or answering a family's questions, our goal is the same: to be useful to residents and families in the ways that matter to them.

Thanksgiving gives us another chance to spend time together. If you're visiting a loved one this month, we hope you'll share a meal, join us for an activity, or simply sit and catch up. Thank you for trusting us to be part of your lives. We're grateful you're here, and we'd love to see you whenever you can stop by.

With gratitude,
Kasey Commerer
Kasey Commerer
Executive Director

Celebrations & Milestones

Welcome home!
- Allen Hansen
- Porter Neal
- Sharon Trauger
- Barbara Beldon

RESIDENT BIRTHDAYS
- Nov. 15: Jackie Carrigan
- Nov. 23: Kathy Biggs

TEAM MEMBER BIRTHDAYS
- Nov. 11: Chris Buck
- Nov. 27: Jalaysia Johnson
- Nov. 28: Patricia Bailey
- Nov. 29: Regina Medley
- Nov. 29: Joel Myer

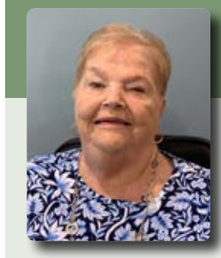
RESIDENT ANNIVERSARIES
- Judy Rufus—1 yr.
- Thomas Smith, Sr.—1 yr.

TEAM ANNIVERSARIES
- Latosha Odom—5 yrs.
- Torrie Johnson—1 yr.
- Regina Medley—1 yr.

NOVEMBER Highlights

3rd Pet Therapy with Kenzie
6th Music Don Mylie
9th The Academy Preschool
11th 10am Veterans Celebration of Honor
2pm 2026 Thank You Tour
13th 10:00 Book Club: Virtual Call with mystery author Annettee Dashofy
World Kindness Day Celebration
19th 5pm Thanksgiving Celebration Family Night
20th Monthly Birthday Party w/ Calypso Music by Gabe





Jackie Carrigan
A Life of Learning and Making a Difference

Before Jackie Carrigan taught a roomful of teachers how to use computers, she taught eighth-grade English. Before that, she was a girl in Tuscaloosa, Alabama, riding her bike through the neighborhood with her friends, stopping for hide-and-seek and seeing where the afternoon took them.

Jackie was born there on November 15, 1946, to parents eager to welcome her into their growing family. She and her brother, who still lives in Tuscaloosa, had a happy childhood. And like plenty of children growing up there, Jackie became a devoted Alabama Crimson Tide fan.

At the University of Alabama, Jackie studied education, with a major in English and library science. Her first job took her to Birmingham to teach eighth-grade English. Later, in Panama City, Florida, she became an elementary school librarian, a job she loved. Books were part of her work, but the best surprise Panama City had in store for her came from a blind date.

Bob was in the Air Force, and Jackie has never denied that a man in uniform caught her eye. They went to a local Pizza Hut for their first date—a blind date. Jackie calls their story "love at second sight." Whatever happened between that first pizza and the dates that followed, they knew quickly that they wanted a life together. Three months after they met, they married on January 31, 1970, as Bob retired from the Air Force. Bob passed away 43 years later, on their wedding anniversary.

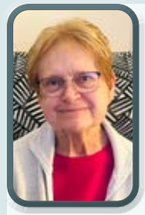
After Panama City, Jackie and Bob made a home in Indianapolis. Jackie taught eighth-grade reading there, then stepped away from work when their son, Rob, was born. To Jackie, Rob was the kind of kid who made raising him a joy. She still talks about those years with affection. Once he was older, she returned to school as a high school librarian. She would go on to earn a master's degree in education from Butler University and a specialist degree from Indiana University, completing 30 hours beyond her master's.

Then came a job that asked Jackie to teach something many teachers were learning for the first time: how to use computers in their classrooms. As technology director for Plainfield Community School Corporation in the Indianapolis area, she taught educators what the machines could do and how they could help children learn. She also managed a grant of more than $1 million that brought computers and teacher training to schools across Indiana. For years, her school system served as a leading technology center for the state, with Jackie managing programs and grants that helped other educators get started.

Of all the work she's done, Jackie calls that role her favorite. She could see what it meant when a teacher went from wondering what to do with a computer to finding a useful place for it in a lesson. She was helping teachers do their jobs better, and that mattered to her. After retiring from the school system, she taught at Indiana University. When she later moved to Tennessee, she returned to library work at Welch College in Hendersonville, before moving to Legacy Village.

Jackie's curiosity has taken her well beyond schools and libraries. Through a travel program for college students and others, she's been to Greece, Australia and China, and she's visited Europe seven or eight times. China was her favorite. What she remembers most is how eager the people she met were to meet Westerners.

Your Turn to Walk Down MEMORY LANE



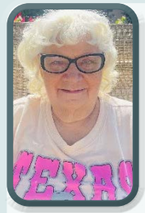
with Barbara Beldon

What was the first job you were paid to do? *Babysitting.*

What meal reminds you most of home? *Mostly desserts—all kinds of pies*

What advice from an older relative has stayed with you? "I will LOVE you through everything." *a quote from my husband.* 🧡

What household item has changed the most during your lifetime? *A dishwasher.*



with Sharon Trauger

What was the first job you were paid to do? *I worked in a nursing home my junior and senior year in high school.*

What song always makes you want to sing along? "*I Cross My Heart*" *by George Strait*

What meal reminds you most of home? *Chicken with Mashed Potatoes and Gravy*

What advice from an older relative has stayed with you? *Chase your dreams and keep moving forward*

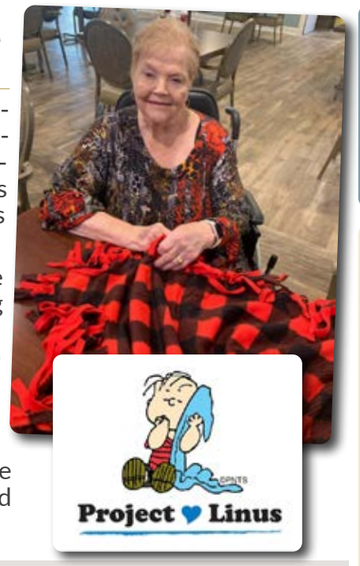
What household item has changed the most during your lifetime? *A TV.*

A BLANKET WITH A BIGGER PURPOSE

Jackie is shown making a blanket for Project Linus, an organization that accepts handmade blankets and distributes them to children and families in need.

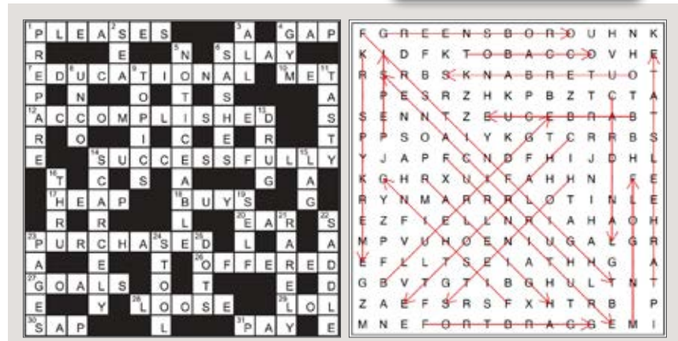
Blankets may go to foster care programs, shelters serving homeless or displaced families, or police departments to offer comfort during crisis situations.

Our residents participate by donating quilts made by the quilting group and knotted fleece blankets.



IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!

Your kind words don't just make our day—they help other families find us!





WE VOTED!



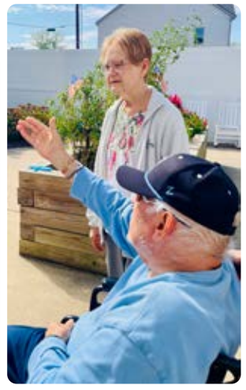




A FLUTTERY FAREWELL TO THE SEASON

Residents release their last butterflies of the year.



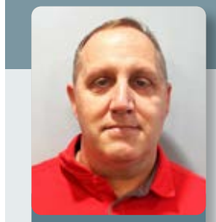



FRONT PORCH MORNING CHAT



A BRIGHT START TO THE DAY, SHARING STORIES AND SMILES ACROSS GENERATIONS WITH STUDENTS FROM POPE SAINT JOHN PAUL II PREPARATORY SCHOOL.

GIVE THANKS IN EVERYTHING



Eric Jackson
Chaplain

1 Thessalonians 5:18 says, "In everything give thanks: for this is the will of God in Christ Jesus concerning you" (1 Thess. 5:18).

Years ago, the phrase "Paradigm Shift" was defined. It means for an individual to change the way one thinks, responds, and acts upon things. That is exactly what the Apostle Paul is conveying here. He is telling us to respond to things differently than what we would normally do when our situation is not what we desire it to be. When we have troubles, trials, or tribulations, we don't normally give thanks but rather complain, despair, or worry. That is human nature. Paul says, "Don't do that anymore." Instead of responding in the negative, Paul says, respond in the positive. Give thanks to God because it is His will. Years ago, I did a study on the effects of thankfulness and how it affects the brain. I discovered that when we are grateful and appreciative, our brains release what are called the "happy hormones" that make us feel better. Turns out God knew what He was talking about. He knows us better than we know ourselves. Let this season of thankfulness be your best one ever by simply being thankful and grateful!



There's one trip she still hopes to make: Jackie wants to visit Israel and walk in the path of Jesus.

Her life at home has been full of making things, too. When Rob was little, Jackie sewed. She later made wreaths and appliqué artwork in hoops to sell at craft fairs. She and her cousins put together a cookbook for a family reunion, preserving recipes and memories along the way. Mississippi Mud Brownies were a family tradition, and Jackie became known for hers with all the fixings.

As Thanksgiving and the holiday season approach, Jackie thinks about the joy of family gatherings. The meal matters, especially in a family with recipes worth passing down, but what she loves most is the time around it: sitting with the people she loves, catching up and simply having everyone in the same place. It's the kind of gathering that stays with her long after the day is over.

Jackie has every reason to be proud of Rob. The little boy she loved raising is now a highly skilled detective, trusted with some of the area's most challenging cases. She treasures time with his children, Addie, Ryan and Andrew, and especially loves it when Addie can join her for an activity at Legacy Village, perhaps a country music concert or a game of bingo. She treasures visits with Buddy, the Shih Tzu who now lives with Rob, and loves hearing how he's doing when they're apart. As her grandchildren grow, Jackie wants to be there for the ordinary days and the memorable ones alike.

Jackie has never needed much persuading to try something new. She still reads, takes part in activities at Legacy Village and welcomes the chance to spend time with family. Her curiosity and willingness to share what she knows have blessed people throughout her life, from the teachers she helped in Indiana to the family and neighbors who enjoy her company today. When someone asks for her advice, she tells them to keep busy, keep learning and enjoy the life they have. It's a simple answer, and one she continues to live by.



LEGACY SENIOR LIVING'S

Thank You Tour

WEDNESDAY, NOVEMBER 11
at 2:00 PM
Legacy Village of Hendersonville

Legacy Senior Living, the management company of Legacy Village of Hendersonville, is celebrating 20 years of service. We know this milestone wouldn't be possible without the residents and team members who make each of our communities so special. That's why we're hitting the road for a special Thank You Tour.

Members of our Support Center leadership team will be here to personally thank our residents for choosing to call our community home and celebrate the many years they've been part of the Legacy family. We'll also recognize our team members for their dedicated service and present each resident and team member with a special token of our appreciation.

We're grateful for everyone who has shaped our communities over the past 20 years, and we hope you'll join us for this special celebration.

LEGACY VILLAGE OF HENDERSONVILLE Assisted Living • Memory Care | LEGACY SENIOR LIVING | CELEBRATING 20 YEARS 2006 | 2026

LIFE. LOVE. LEGACY.

HONORING OUR HEROES

For Veterans Day, we invite you to join us for a special Celebration of Honor. We are grateful for the courage, sacrifice, and service of every man and woman who has worn our nation's uniform and upheld our Constitution, and we are honored to recognize those who live and work among us.

CELEBRATION of HONOR
Wed., Nov. 11, 2026
at 10:00 AM

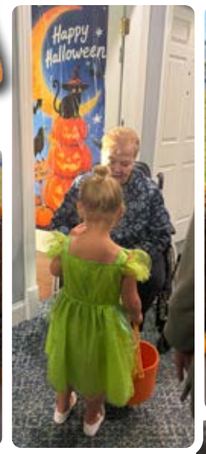
COSTUMES, CANDY & COMMUNITY

Our trick-or-treat celebration brought out creative costumes, plenty of candy, and the kind of smiles that made the whole day special.



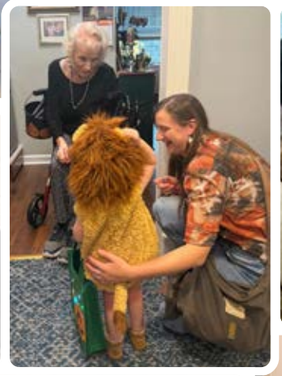






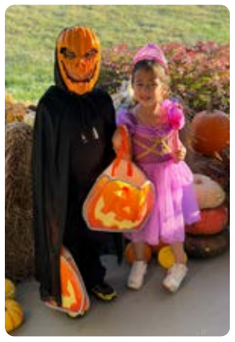












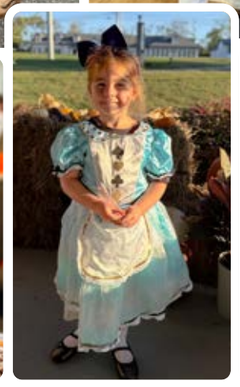












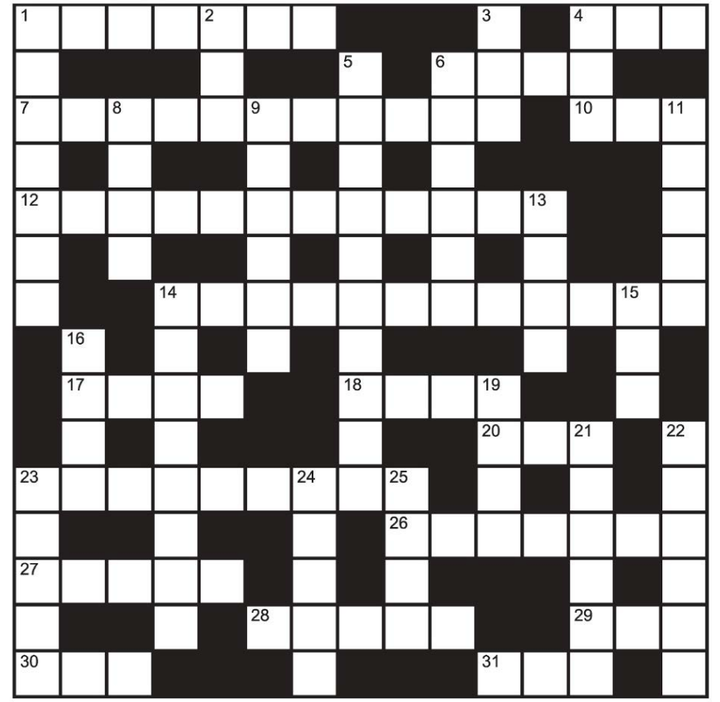


ACROSS

1. Makes satisfied
4. Mind the ___ (subway station warning)
6. Destroy
7. Instructive; providing knowledge
10. Got together
12. Skilled; proficient
14. Effectively
17. Pile
18. Acquires
20. Corn serving
23. Obtained for a price
26. Put forward for consideration
27. Soccer scores
28. Baggy
29. Laugh Out Loud, abbrev.
30. Tree juice
31. Foot the bill

DOWN

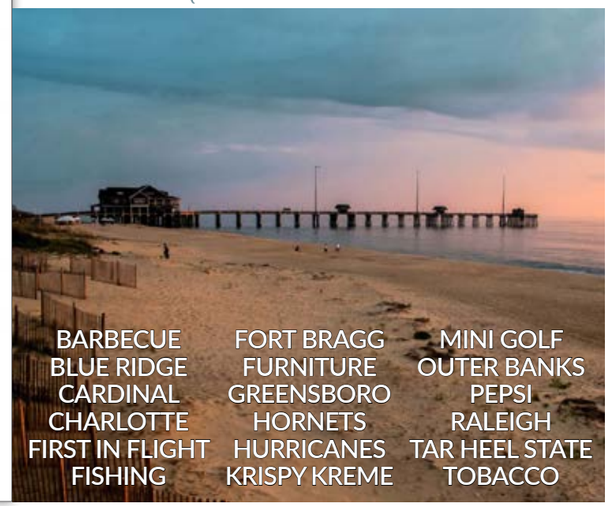
1. Set up
2. Caribbean or Red, for example
3. Entirely
4. Place to work out
5. Conspicuous
6. Pageant attire
8. University of Northern Colorado, abbrev.
9. Themes or subjects
11. Delicious
13. Medicinal substance
14. Barely
15. Fall behind
16. From beginning to end, informally
19. "To thine own ___ be true"
21. Nearly never
22. Cowboy's seat
23. Sheets of a book
24. Tavern perch
25. Pixels



F	G	R	E	E	N	S	B	O	R	O	U	H	N	K
K	I	D	F	K	T	O	B	A	C	C	O	V	H	E
R	S	R	B	S	K	N	A	B	R	E	T	U	O	T
I	P	E	S	R	Z	H	K	P	B	Z	T	C	T	A
S	E	N	N	T	Z	E	U	C	E	B	R	A	B	T
P	P	S	O	A	I	Y	K	G	T	C	R	R	B	S
Y	J	A	P	F	C	N	D	F	H	I	J	D	H	L
K	G	H	R	X	U	I	F	A	H	H	N	I	F	E
R	Y	N	M	A	R	R	R	L	O	T	I	N	L	E
E	Z	F	I	E	L	L	N	R	I	A	H	A	O	H
M	P	V	U	H	O	E	N	I	U	G	A	L	G	R
E	F	L	L	T	S	E	I	A	T	H	H	G	I	A
G	B	V	T	G	T	I	B	G	H	U	L	T	N	T
Z	A	E	F	S	R	S	F	X	H	T	R	B	I	P
M	N	E	F	O	R	T	B	R	A	G	G	E	M	I

North Carolina

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

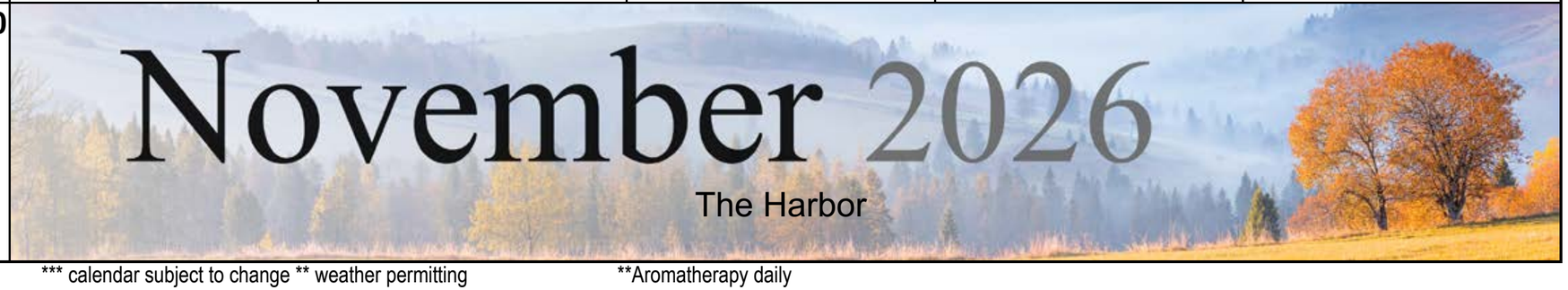


November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church in the dining room 11:00 UNO 12:00 Titans vs Bengals 2:00 Music by the McCorkles Daylight Saving Time Ends	**2** 10:00 Scenic Ride 11:30 Chair Line Dancing 1:30 Devotion w/Carol & Jeff 2:30 Board Games 2:30 Monday Manicures 7:15 Bears vs Seahawks	**3** Pet Therapy with Kenzi 9:30 Devotion: Pastor Eric 10:30 Robertson Historical Society: TN Military 1:30 Drum Fit 2:00 Board Games	**4** 10:00 Quilt Group 11:00 Catholic Communion 1:00 Shopping: Walmart 3:15 Bingo	**5** 9:30 Devotion: Pastor Eric 10:30 Baking: Churro Fruit Bites 1:30 Craft: Christmas Ball Trees 2:30 Cards: Five Crowns 7:15 Jaguars vs Ravens	**6** 10:00 Book Club 11:00 Lunch: Little Hat Italian 2:30 Music: Don Wylie 3:30 Cards: Gin Rummy	**7** 10:00 Phone a friend 1:00 Ladies Parlor Chat 2:00 Bingo
8 10:00 Church in the dining room 11:00 UNO 2:00 Movie of Choice Titans bye week Diwali (Hindi)	**9** 10:00 Scenic Ride 11:30 Chair Line Dancing 1:30 Devotion w/Carol & Jeff 2:30 Board Games 2:30 Monday Manicures 7:15 Bills vs Vikings	**10** 9:30 Devotion: Pastor Eric 10:30 Seasonal Craft: 1:30 Drum Fit 2:00 Board Games	**11** HAPPY 20TH ANNIVERSARY LEGACY! 10:00 Veterans Day Celebration 11:00 Catholic Communion 1:00 Shopping: Dollar General **2:00 – 4:00 THANK YOU TOUR** 4-6 Wellness Therapy event Veterans Day Remembrance Day (Canada)	**12** 9:30 Devotion: Pastor Eric 10:30 Baking: Apple Pie Empanadas 1:30 Food Council Meeting 2:30 Board Games 7:15 Commanders vs Giants	**13** 10:00 Book Club: Virtual Call with mystery author Annettee Dashofy 11:00 Lunch: H & T 2:30 Jewelry 3:30 Board Games	**14** 10:00 Phone a friend 1:00 Ladies Parlor Chat 2:00 Bingo
15 10:00 Church in the dining room 11:00 UNO 12:00 Jaguars vs Titans 2:00 Movie of Choice	**16** 10:00 Scenic Ride 11:30 Chair Line Dancing 1:30 Devotion w/Carol & Jeff 2:30 Board Games 2:30 Monday Manicures 7:15 Chargers vs Ravens	**17** 9:30 Devotion: Pastor Eric 10:30 Flowers for Hospice 1:30 Drum Fit 2:00 Board Games	**18** 10:00 Quilt Group 11:00 Catholic Communion 1:00 Shopping: Walmart 3:15 Bingo	**19** 9:30 Devotion: Pastor Eric 10:30 Baking: Bizcocho de Yogur (Spanish Sponge cake) 1:30 Resident Council Meeting 2:30 Board Games **5:00 THANKSGIVING DINNER FAMILY NIGHT** 7:15 Colts vs Texans	**20** 10:00 Book Club 11:00 Lunch: Café 393 2:30 Calypso Music with Gabe and Monthly Birthday Celebration 3:30 Cards: Five Crowns	**21** 10:00 Phone a friend 1:00 Ladies Parlor Chat 2:00 Bingo
22 10:00 Church in the dining room 11:00 UNO 12:00 Titans vs Cowboys 2:00 Movie of Choice	**23** 10:00 Scenic Ride 11:30 Chair Line Dancing 1:30 Devotion w/Carol & Jeff 2:30 Board Games 2:30 Monday Manicures 7:15 Bengals vs Commanders	**24** 9:30 Devotion: Pastor Eric 10:30 Jewelry 1:30 Drum Fit 2:00 Board Games	**25** 10:00 Quilt Group 11:00 Catholic Communion 1:00 Shopping: TJ Maxx 3:15 Bingo	**26** HAPPY THANKSGIVING 8am-Noon (NBC) Macy's Thanksgiving Day Parade Noon: Bears vs Lions Noon: Thanksgiving Lunch 2:00 Games of Choice 3:30 Eagles vs Cowboys 7:20 Chiefs vs Bills Thanksgiving Day (U.S)	**27** 10:00 Book Club 11:00 Lunch: Cracker Barrel 2:00 Broncos vs Steelers 2:30 Board Games 3:30 Cards: Gin Rummy	**28** 10:00 Phone a friend 1:00 Ladies Parlor Chat 2:00 Bingo
29 10:00 Church in the dining room 11:00 UNO 2:00 Movie of Choice 3:05 Titans vs Jaguars	**30** 10:00 Scenic Ride 11:30 Chair Line Dancing 1:30 Devotion w/Carol & Jeff 2:30 Board Games 2:30 Monday Manicures 7:15 Panthers vs Bucs					

Happy Birthday: 11/15 Jackie Carrigan 11/23 Kathy Biggs
Happy Birthday Employees: 11/11 Chris Buck, 11/27 Jalaysia Johnson, 11/28 Patricia Bailey, 11/29 Joel Myer, 11/29 Regina Medley
Happy Anniversary Employees: 11/2 Latasha Odom 5 years, 11/10 Terrie Johnson 1 year, 11/18 Regina Medley I year

LEGACY VILLAGE OF HENDERSONVILLE ASSISTED LIVING 674 E MAIN ST HENDERSONVILLE, TN NOTE: ACTIVITIES SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:30 am Rise and Connect** **10:00 am YouTube Devotion** **10:30 am Lucynt Interactive Games** 11:00 am Walk in the Garden **Family time for residents** Daylight Saving Time Ends	**2** **9:30 am Start the Day: Morning Chat** and Daily Chronicles **11:00 am Scenic Views and Scriptures** 1:00 pm Simple C Trivia **1:30 pm Monday Manicures**	**3** **9:30 am Start the Day Morning Chat** 10:00 am Daily Chronicles 10:30 am Let's get Moving 11:00 am Sit and Be Fit 1:00 pm Simple C Trivia 3:30 pm Snack and Hydration	**4** **9:30 Start the Day / Scriptures** **10:00 am Devotion with Pastor Eric** **11:15 am Our Lady of the Lake Catholic Church Communion** 1:30 pm Gentle Chair Exercise **2:00 pm Simple C Trivia Games** 2:30 pm Let's get Moving 3:30 pm Snack and Hydration	**5** **9:30 am Start the Day / Scriptures** 10:00 am Daily Chronicles 10:30 am Let's Get Moving 11:00 am Aromatherapy 1:00 pm Arts and Crafts **1:30 pm Holiday Movie w/Popcorn** 3:00 pm Snack and Hydration	**6** **9:30 am Start the Day / Scriptures** 10:30 am Let's Get Moving: Exercise 11:00 am Ring Toss 1:00 pm Simple C Trivia 1:30 pm Kick Ball **2:30 pm Music w/Doug Wylie 2nd floor** 3:30 pm Snack and Hydration	**7** 10:00 am Let's Get Moving: AM Walk 10:30 am Simple C Trivia 1:00 pm Arts and Crafts 1:30 pm Classic TV 2:00 pm Hydration and Snacks 3:00 pm Let's Get Moving: Garden 3:30 pm Balloon Volleyball 4:00 pm Arts and Crafts
8 **9:30 am Rise and Connect** **10:30 am Garden or Walk Outside** (weather permitting) **1:30 – 3:30 pm** **First Baptist Church Ministry in Theater** **Every 2nd Sunday of the Month** Diwali (Hindi)	**9** **9:30 am Start the Day: Morning Chat** and Daily Chronicles **10:30 am Scenic View – The Academy of Indian Lake Village** 1:00 pm Simple C Trivia / Lucynt Game **1:30 pm Monday Manicures**	**10** **9:30 am Start the Day Morning Chat** 10:00 am Daily Chronicles 10:30 am Let's get Moving 11:00 am Sit and Be Fit 1:00 pm Simple C Trivia **2:00 Joymakers** **Arts and Crafts/Balloon Games** **Ice Cream/ Scriptures** 3:30 pm Snack and Hydration	**11**  **10:00 am Veterans Day Celebration** Devotion w/Pastor Eric **2:00PM 20th Anniversary THANK YOU TOUR** **2-4 pm** Veterans Day Remembrance Day (Canada)	**12** **9:30 am Start the Day Morning Chat** 10:00 am Lemon Cheesecake 10:30 am Let's Get Moving: Exercise 11:00 am Aromatherapy 1:00 pm Garden 1:30 pm Arts and Crafts **2:30 pm Nickie and Strings** 3:00 pm Snack and Hydration 3:30 pm Arts and Crafts	**13** **9:30 am Start the Day / Scriptures** 10:30 am Let's Get Moving: Exercise 11:00 am Ring Toss 1:00 pm Simple C Trivia **2:00 pm Movie/Coffee and Donuts** 3:00 pm	**14** 10:00 am Let's Get Moving: AM Walk 10:30 am Simple C Trivia 1:00 pm Board games 1:30 pm Hallmark Holiday Movie 2:00 pm Hydration and Snacks 3:00 pm Let's Get Moving: Garden 3:30 pm B&W Classic TV 4:00 pm Quiet Reflection
15 **9:30 am Rise and Connect** **10:00 am YouTube Devotion** **10:30 am Lucynt Interactive Games** 11:00 am Walk in the Garden 1:30 pm Quiet Reflection **2:00 pm Classic Movie/TV Shows w/ Hydration and Snacks** **Family time for residents**	**16** **9:30 am Start the Day: Morning Chat** and Daily Chronicles **10:30 am Let's Get Moving: Garden** **11:00 am Scenic Views/ Lucynt Games** 1:00 pm Simple C Trivia **1:30 pm Monday Manicures**	**17** **9:30 am Start the Day Morning Chat** 10:00 am Daily Chronicles 10:30 am Let's get Moving 11:00 am Sit and Be Fit 1:00 pm Simple C Trivia **2:00 Joymakers** **Arts and Crafts/Balloon Games** **Ice Cream/ Scriptures** 3:30 pm Snack and Hydration	**18** **9:30 Start the Day / Scriptures** **10:00 am Devotion with Pastor Eric** **11:15 am Our Lady of the Lake Catholic Church Communion** 1:30 pm Gentle Chair Exercise **2:00 pm Simple C Trivia Games** 2:30 pm Let's get Moving 3:30 pm Snack and Hydration	**19** **9:30 am Start the Day Morning Chat** 10:00 am Lemon Cheesecake 10:30 am Let's Get Moving: Exercise 11:00 am Aromatherapy 1:00 pm Garden 1:30 pm Arts and Crafts **2:30 pm Nickie and Strings** 3:00 pm Snack and Hydration 3:30 pm Arts and Crafts **5:00 pm FAMILY NIGHT THANKSGIVING DINNER**	**20** **9:30 am Start the Day / Scriptures** 10:30 am Let's Get Moving: Garden or Front porch 11:00 am 1:00 pm Simple C Trivia **2:30 pm Music w/Gabe 2nd floor** 3:40 pm Snack and Hydration	**21** 10:00 am Let's Get Moving: AM Walk 10:30 am Simple C Trivia 1:00 pm Puzzles/UNO 1:30 pm Classic TV 2:00 pm Hydration and Snacks 3:00 pm Let's Get Moving: Garden 3:30 pm Concert Footage 4:00 pm Arts and Crafts
22 **9:30 am Rise and Connect** **10:00 am YouTube Devotion** **10:30 am Lucynt Interactive Games** 11:00 am Walk in the Garden 1:30 pm Quiet Reflection **2:00 pm Classic Movie/TV Shows w/ Hydration and Snacks** **Family time for residents**	**23** **9:30 am Start the Day: Morning Chat** 10:00 am Daily Chronicles **10:30 am Let's Get Moving: Garden** **11:00 am Scenic Views/ Lucynt Games** 1:00 pm Simple C Trivia **1:30 pm Monday Manicures**	**24** **9:30 am Start the Day Morning Chat** 10:00 am Daily Chronicles 10:30 am Let's get Moving 11:00 am Sit and Be Fit 1:00 pm Simple C Trivia **2:30 pm Nickie and Strings** 3:30 pm Snack and Hydration	**25** **9:30 Start the Day / Scriptures** **10:00 am Devotion with Pastor Eric** **11:15 am Our Lady of the Lake Catholic Church Communion** 1:30 pm Gentle Chair Exercise **2:00 pm Simple C Trivia Games** 2:30 pm Let's get Moving 3:30 pm Snack and Hydration	**26** 9:00 am Macy's Thanksgiving Day Parade 11:00 am Let's Get Moving Walk in the Garden 1:00 pm Concert Footage (viewer's choice) 3:00 pm Uno 3:30 pm Arts & Crafts **Happy Thanksgiving!** Thanksgiving Day (U.S)	**27** **9:30 am Start the Day / Scriptures** **10:00 am Let's make Spiced Tea** 10:30 am Let's Get Moving: Exercise 11:00 am Ring Toss 1:00 pm Simple C Trivia 1:30 pm Kick Ball **2:30 pm Hallmark Movie and Popcorn** 3:00 pm Coffee and Donuts	**28** 10:00 am Let's Get Moving: AM Walk 10:30 am Simple C Trivia 1:00 pm Board games 1:30 pm Hallmark Holiday Movie 2:00 pm Hydration and Snacks 3:00 pm Let's Get Moving: Garden 3:30 pm B&W Classic TV 4:00 pm Quiet Reflection
29 **9:30 am Rise and Connect** **10:00 am YouTube Devotion** **10:30 am Lucynt Interactive Games** 11:00 am Walk in the Garden 1:30 pm Quiet Reflection **2:00 pm Classic Movie/TV Shows w/ Hydration and Snacks** **Family time for resident**	**30** **9:30 am Start the Day: Morning Chat** 10:00 am Daily Chronicles **10:30 am Let's Get Moving: Garden** **11:00 am Scenic Views/ Lucynt Games** 1:00 pm Simple C Trivia **1:30 pm Monday Manicures**					

Legacy Village of Hendersonville – The Harbor

*** calendar subject to change ** weather permitting

**Aromatherapy daily