



Vegan Selections

2026

TRUE
Cuisine
catering ♦ special events



VEGAN SELECTIONS

HORS D'OEUVRES

three dozen minimum

Kung Pow Cauliflower Bite ^{VN, GF, NF}

Roasted cauliflower, house made Kung Pow sauce, served in an Asian spoon with black and white sesame seeds.

Stuffed Crimini Mushrooms ^{VN, GF, NF}

Filled with cauliflower hummus and garnished with red pepper coulis and chive oil.

Vegan Brussels Sprout Beet Skewer ^{VN, GF, NF}

Red and golden beets and brussels sprouts with balsamico, roasted and skewered, and garnished with micro greens.

Vegan Tostones ^{VN, GF, NF}

Twice cooked green plantains tossed with garlic and agave syrup, topped with sweet potato avocado pico de gallo.

Vietnamese Spring Rolls ^{VN, GF}

Filled with fresh herbs, julienned vegetables, rice paper, and a sweet chili peanut dressing.

Vegan Wellington ^{VN, GF, NF}

Creamy truffle mashed potatoes topped with Mushroom Duxelle and micro greens. Served in a phyllo cup.

VG - Vegetarian

VN - Vegan

GF - Gluten Free

DF - Dairy Free

NF- Nut Free

ENTRÉES

pricing will vary

Grilled Vegetable Rataouille ^{VN, GF, NF}

Summer vegetable medley with zucchini, yellow squash, cherry tomatoes, grilled red onions, carrots and eggplant, finished with our signature balsamic dressing and fresh herbs.

Mushroom White Bean Ragout ^{VN, GF, NF}

Herb roasted cauliflower on a bed of ancient grains, topped with gremolata.

Portobello Stack ^{VN, GF, NF}

Zucchini, yellow squash, red bell peppers, red onions, portobello mushroom, and fire roasted tomato coulis. Accompanied by Saffron Rice.

Roasted Cauliflower Stack ^{VN, GF, NF}

Herb roasted cauliflower on a bed of ancient grains, topped with gremolata.

Sweet Baby Ray's Vegetarian Barbecue Jackfruit ^{VN, GF, NF}

Barbecue rubbed and smoked, pulled and tossed with Sweet Baby Ray's Barbecue sauce.

DESSERTS

three dozen minimum

Fresh Seasonal Fruit Kebobs ^{VN, GF, NF}

Strawberry, melon, and pineapple on a skewer.

Blueberry & Cashew Cheesecake Trifles ^{VN, GF}

Layers of fresh blueberries and vegan cashew cheesecake.

