

What's Next?

Senior Adventures in Learning and Travel (SALT), LLC

Welcome to the best source for adventure, fun, and learning in the Grand Strand area! Under the leadership of Kelli Barker and Carol Osborne, SALT offers educational enrichment and social interaction to community members through online and in-person courses and clubs, and local, regional, national, and international excursions. See below for the complete lineup for our spring season, which begins **February 9** and ends **May 22**. After information and netiquette guidelines, you will find courses and clubs listed alphabetically by title within each subject category. This part of the catalog includes title, instructor, description, materials needed (if any) and material fees payable to instructor, schedule, and course fees. The next section lists the local excursions and the national and international tours that are now open for registration. We hope that you will join us for what promises to be a fantastic array of enrichment opportunities. Spice up your life with SALT!

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Registration Guidelines

In order to streamline our website, we have dropped our membership fee. To register, go to our website, wnsalt.com, and click on the icon of the person in the upper right hand corner of the screen and fill in the form. This will enable you to log on to the site. Then, after logging on, click on the "Browse Events" button and, on the drop-down menu, choose either "Classes, Clubs, and Events" or "Local and Overnight Excursions." Click on the items that interest you, and if you wish to register, add the item to your cart. For national and international tours, you will contact Premier World Discovery directly to register, but you will need the booking number that appears on the brochure that accompanies each trip we are offering.

In the past, membership fees helped pay our basic costs: insurance, licenses, web maintenance, etc. These expenses have not been eliminated, so we are asking that you donate to SALT each semester so that we can continue to offer opportunities to seniors along the Grand Strand and beyond.

Classes vary in length in duration; therefore, students may register for upcoming classes at any point in the semester. However, we ask that you register at least one week before a course begins. Otherwise, the class may be cancelled due to under-enrollment since we "call" classes one week out. If we cancel a class, you will receive a refund. No refunds will be issued if you drop a class, whether this drop comes before or during the class. If there are extraordinary circumstances (such as a hospitalization or death in the family), you may appeal this rule. Decisions about refunds will be made on a case-by-case basis.

You are registered as soon as you receive your completed registration form. Be sure to mark your calendar for the first meeting of the class. You may join a class that has already begun for the full course fee, pending the instructor's approval. You will receive an email with a link to your class's Zoom meeting the day before the class is held. All you need to do beforehand is to download the free Zoom app to your device. Then you can click on the link and join the meeting five minutes before the class is scheduled to begin.

Each individual attending an online class must be registered as a member of the class. **Even if you are using the same device as a friend or spouse, each of you is responsible for enrolling and making full payment before attending a session.** We appreciate your cooperation.

Technology and Netiquette

If you need assistance downloading the Zoom app, please let us know. For our classes that are offered online, we are including a few guidelines to ensure that all members and instructors have a positive experience.

1. **Mute yourself** unless you are speaking. This will improve the sound quality for everyone in the class. Use only one device to log on, or you will create a feedback screech sure to annoy everyone.
2. Unless there is a pressing reason not to do so, turn your **camera on**. Socialization is so much easier when we can see one another's faces. However, if you do not have a camera on your device or you are having a really bad hair day, you can still participate without being "present" visually.
3. Try to keep your device still during the class. When you have your camera on, others may find your movements distracting if you walk around your house, fidget with your controls, or interact with others in your home. You can always **turn the camera off** if you need to excuse yourself during class. Remember that everyone else can see what you are doing if it's on—so please, no bathroom visits during class with the camera rolling! And be mindful of where your camera is pointed. We would rather see your face than other parts of your body!
4. Use the **chat feature** to communicate with the instructor and the rest of the class. You can direct your comments to the teacher or to everyone.
5. Log in to each class **on time**. Late arrivals are distracting for the instructor and the other students in your class.
6. As in all lifelong learning classes, **be polite** even if you disagree with the opinions of your classmates. We want our classes to be safe spaces where members can benefit from open and civil discourse. If you experience any impropriety within the program, from instructors or other members, report your concerns to wnsalt22@gmail.com as soon as possible. Also, be considerate of others and refrain from dominating discussion or talking over other students.

Travel Etiquette

1. Please be considerate of others: refrain from having extended phone conversations, wearing perfume that may upset others' allergies, bringing up controversial topics for discussion, or in any other way interfering with the pleasure of the moment.
2. Let the driver and the navigator do their jobs. Only in extreme emergencies (or when asked) should you give directions, warnings, or advice. Sit back and relax! We have you covered.
3. Be flexible. Be gracious when choosing your seat in the van.
4. Be careful when entering and exiting the van. Wear your seatbelt. (Seatbelts work best when pulled out slowly and steadily; jerking only causes them to seize up and become non-functioning.) Please understand that seatbelts are required by law.
5. Only eat or drink in the van when express permission is given for this. Water bottles are fine.

Courses and Clubs

In addition to our online courses, we also offer some in-person classes and clubs **(F2F)**. The organizers of the clubs will let participants know the location before each meeting. The in-person classes will be held at our business address, 1412 Spruce Drive in Surfside **(SALT)**; at Prime Carolina Coast, 209 Wild Wing Blvd. in Conway **(Prime)**; at Lakes of Litchfield, 120 Lakes of Litchfield Dr. in Pawleys Island **(Lakes)**; or at Brightwater **(BW)**. Brightwater is located at 101 Brightwater Drive near the Lowe's Foods off of International Drive. The F2F cooking classes will be held at 3926 Wesley Street, unit 802, in Myrtle Beach **(Ninja)**.

Arts & Crafts

Beginning Watercolor, Olivia Thornton

Please join us for a fun trip into the wide world of watercolor! We will learn different techniques, and we will create personal artwork together! Think shapes, states, journaling, flowers, trees, animals, birds, objects, anatomy and more! Drawing skills are a plus but not necessary. Supply list:

90 lb weight (at least) white drawing paper/mixed media/watercolor paper

Black Sharpie, fine and ultra fine*

Kosher or fine sea salt

Oil pastels

Painter's tape

Paper towels

Pilot pen*

Plastic wrap

Prang watercolor pan set of 8 with included 'round' paint brush

Ruler*

Scissors

Ticonderoga pencil with eraser

Water cup

Water-soluble crayons or pencils*

*if desired

Saturday, 2-3 p.m., 2/21-4/25, \$50, Online (Zoom)

Crafts at Prime, Kelli Baker and Leslie Graves

Let's get together and have fun making discoveries, connecting, transforming and exploring our creative talents. We will be using shells, polymer clay, jewelry, paints, markers and much, much more. Come play with us! No artistic talent needed, and you will go home with something pretty for you or your friends! Materials included.

Tuesday, 10 a.m.-noon, 2/10, 3/10, 4/7, 5/5, \$40, F2F (Prime)

Fun with Crafting, Victoria Macauley

You will complete a picture or a saying on a two-sided picture on a pedestal. This is an easy fun project which you can take home. Materials included. Limited to 8.

Thursday, 10 a.m.-noon, 2/26, \$35, F2F (Prime)

Sea Glass Extravaganza, Carol Osborne and Kelli Barker

Kelli and Carol will share the sea glass they have collected from the Caribbean, Florida, and elsewhere so that you can make delightful hanging art on a small canvas.

Monday, 10 a.m.-noon, 2/23, \$25, F2F (Prime)

Seek and Create: An Art Scavenger Workshop, Becky Steele

We'll be combining the excitement of a scavenger hunt with the exploration of art in this workshop. A week prior to our class, the instructor will send out a list of items for you to "find and bring" to the workshop. At the workshop we will arrange our items to create a fun and figurative piece of abstract art. The group will work together, exchanging their items if desired. Enjoy a really fun way to explore lines, shapes, texture, colors and composition in creating an art piece. You may create 2D or 3D pieces by drawing, painting, gluing, or connecting pieces in other ways, enhancing your piece with decorative items, including glitter. You will need to bring items from your scavenger hunt list, any other decorative parts/pieces you may want to use for your art piece, and some kind of stand or base for your structure if you are working in 3D. If you are creating a painting, bring a sturdy sheet of paper or cardboard to use as your base. Please also bring a snack item to share with the group.

Friday, 10:00 a.m.-2:00 p.m., 4/17, \$35, F2F (Prime)

Shell Art, Carol Osborne and Kelli Barker

Bring your imagination and we'll supply shells from the Caribbean, Florida, and beyond. Let's construct whimsical (or beautiful) pieces of art from nature's beauty.

Tuesday, 10 a.m.-noon, 3/24, \$25, F2F (Prime)

Tangling for the Zen of It, Ellen Jampole

Come share camaraderie and visits from our furry family members as we draw tangle patterns. We also practice a tiny bit of finger and hand yoga. Tangles are drawn one stroke at a time using loose shapes of the letters i, c, s, o. Tangling is a great way to relax. The instructor will email patterns weekly. You will learn and practice the tangle during class time, then on your own afterwards if you wish. You'll need paper and pencil for the class. Use pens/markers if you have them

Tuesday, 1-3 p.m., 2/17-3/17, \$50, online (Zoom)

Tuesday, 1-3 p.m., 3/24-4/14, \$40, online (Zoom)

Tuesday, 1-3 p.m., 4/21-5/19, \$45, online (Zoom)

Clubs and Discussions

ABC Pot Luck Club, Carol Osborne

A week before each meal, a letter will be chosen at random. Each participant will then prepare a dish beginning with that letter. All dishes must be homemade!

Wednesday, 5-7 p.m., 3/4, 4/1, 4/29, \$15 F2F (SALT)

Chew the Fat, Ellen Jampole

Chew the fat means to talk informally, in a friendly manner. Join us for conversation and laughter as we respond to videos or articles about popular culture/current events, historical events, famous people or places, and many other topics depending on which rabbit holes we fall down. There may be a guest speaker or two. Coffee, tea, or beverage of choice and mid-morning snacks are welcomed along with four-legged household members.

Monday, 10-11 a.m., 2/16-5/18, \$35, online (Zoom)

Difficult Circumstances Book Club, Kofie Montgomery

We will read/discuss both fiction and non-fiction books with protagonists who find themselves in very difficult/unusual circumstances (foster care; non-traditional family units; adoptees; hearing, vision, or movement impaired; non-heterosexual; unusual or non-traditional employment; etc.)

Tuesday, 6-7 p.m., 2/17, 3/17, 4/21, 5/19, \$20, online (Zoom)

Dining Club Central, Kofie Montgomery

Join your SALT friends on the second Tuesday of the month for dinner at locally owned restaurants located from Conway to Myrtle Beach's Restaurant Row to Murrells Inlet. Good food, good conversation and good friends are all part of the menu! Dinner on your own.

Tuesday, 5-7 p.m., 2/10, 3/10, 4/14, 5/12, \$15, F2F

Dining Club North, Polly Putorti

Students will have the opportunity to get together to meet people, build friendships, and enjoy a meal together. Dinner on your own.

Thursday, 5-7 p.m., 2/19, 3/19, 4/16, 5/21, \$15, F2F

Fun with Friends, Frankie Harris

You will play two online games each week. One game will be played individually, and the other one will be a team game. You'll choose from over 75 board and/or trivia games that have been adapted to be played online. If you like to laugh and have fun, this is the club for you. What a great way to exercise your brain, socialize, and make new friends!

Wednesday, 6-7 p.m., 2/18-5/20, \$30, Online (Zoom)

Games at Prime, Kris Szepanski

Join Kris for fun, laughter, and good-hearted competition in various board games.

Tuesday 11 a.m.- 1 p.m., 3/17, 3/31, 4/14, 4/28, \$20, F2F (Prime)

Games Club, Carol Osborne

We will meet to play board games and enjoy each other's company. Snacks may be included!

Wednesday, 3-5 p.m., 2/25, 3/18, 4/15, 5/13, \$20, F2F (SALT)

Global Cuisines, Carol Osborne

We will enjoy some good meals and good conversation together while sampling foods from other lands. Dinner on your own at a variety of restaurants.

Tuesday, 5-7 p.m., 2/24, 3/24, 4/28, \$15, F2F

Putt-Putt & Billiards, Kofie Montgomery

Enjoy spending outdoor time with your SALT friends at various mini-golf courses along the Grand Strand. Competition and laughter are always included. Our rainy-day backup will be billiards. Cost of playing is on your own.

Friday, noon-2 p.m., 2/13, 3/6, 3/20, 4/3, 4/17, 5/8, \$20, F2F

SALT Travel Club at Brightwater, Kelli Barker & Carol Osborne

Learn about upcoming SALT national and international tours from our representatives from Premier World Discovery and Collette; share tales of your past journeys and future travel plans; give SALT suggestions for our future trips; and pick up travel tips from one another.

Wednesday, 10-11 a.m., 2/25, 4/22, free, F2F (Brightwater)

SALT Travel Club at Lakes of Litchfield, Kelli Barker & Carol Osborne

Learn about upcoming SALT national and international tours from our representatives from Premier World Discovery and Collette; share tales of your past journeys and future travel plans; give SALT suggestions for our future trips; and pick up travel tips from one another.

Tuesday, 3-4 p.m., 2/10, 4/14, free, F2F (Lakes)

SALTY Brunch, Kelli Barker

For you late risers, Kelli is offering this opportunity to dine at area restaurants together. Come out and enjoy a lovely brunch with your SALTY friends. Brunch is on your own.

Friday, 10-11:30 a.m., 2/20, 3/27, 4/24, 5/8, \$20, F2F

Cooking

Hibachi Workshop, the Gringo Ninja

Learn to be a Hibachi chef. Learn performance and culinary mastership. Includes fried rice and veggies. Gratuity not included.

Wednesday, 5-7 p.m., 2/18, \$85, F2F (Ninja)

Mixology Workshop, the Gringo Ninja

Ready to master the art of crafting exceptional cocktails? Learn from expert mixologists as they guide you through the fundamentals of mixing, shaking, and stirring, using premium spirits and fresh ingredients. Whether you are a beginner or a cocktail enthusiast, you will gain valuable skills, explore unique flavor combinations, and create your own signature drinks in a fun and interactive environment. Gratuity not included.

Wednesday, 5-7 p.m., 3/25, \$85, F2F (Ninja)

Paella Workshop, the Gringo Ninja

Learn how to create the perfect paella. You will receive step by step guidance while learning to prepare seafood, poultry, meats, veggies, and rice. We promise to elevate your culinary expertise by bringing the taste of Spain. Gratuity not included.

Wednesday, 5-7 p.m., 4/8, \$85, F2F (Ninja)

See **Local Excursions** for two more cooking opportunities: **Tapas & Sangria** and **Swiss-German Cuisine**

Dance, Film, Music, Theatre

Ballroom Dancing: Nightclub Foxtrot, Sandra Lucas-Hyde

The curriculum for these lessons comes from the Arthur Murray and Fred Astaire studio curriculum.

Tuesday, 1-2 p.m., 3/10-3/31, \$60, F2F (BW)

Ballroom Dancing: Waltz, Cha-Cha, and Rumba, Sandra Lucas-Hyde

The curriculum for these lessons comes from the Arthur Murray and Fred Astaire studio curriculum.

Tuesday, 1-2 p.m., 4/7-4/28, \$60, F2F (BW)

Reel Connections, Carol Osborne

We will meet in Prime's private theatre facility and view a film together. Afterward, there will be an open discussion. Films: *The Matrix*, *Doubt*, *The Farewell*, *Parasite*.

Friday, 10 a.m.-1 p.m., 2/20, 3/13, 4/10, 5/1, \$20, F2F (Prime)

South Carolina Shag Dance, Sandra Lucas-Hyde

Learn the South Carolina state dance from an expert; then, join us on our excursion to Fat Harold's to practice with her supervision!

Tuesday/Thursday, 1-2 p.m., 2/17, 2/19, 2/24, 2/26, \$60, F2F (BW) (last class meets at 4 p.m. at Fat Harold's)

Fitness, Health, and Safety

Chair Yoga, Vincent Walden

Chair yoga is gentle stretching class that uses a chair as the main prop. Most stretches are done in a chair. Each class will begin with a simple warm up, then followed by slowly stretching each part of the body along with some compound stretching. Each class will end in Shavasana.

Friday, 1:30-2:30 p.m., 2/20-4/24, \$50, F2F at X Gym Sports Mall, 568 George Bishop Pkwy, Myrtle Beach

Gentle Exercises to Sweat By, Ellen Jampole

Come have fun, conversation, and laughter while strengthening; increasing stamina, balance, and flexibility; stretching; and performing cardio moves geared specifically to seasoned adults. You will need light weights (cans or bottles of water are fine), a hand towel or two, a pillow such as a bed or throw pillow, a broom stick or mop handle, and a hard chair. You should adapt whatever we are doing to meet your body's abilities/needs and rest as needed. Bring water to drink.

Wednesday, 9-10 a.m., 2/18-3/18, \$25, online (Zoom)

Wednesday, 9-10 a.m., 3/25-4/15, \$20, online (Zoom)

Wednesday, 9-10 a.m., 4/22-5/20, \$25, online (Zoom)

Walking Club, Kelli Barker

Exercise with Kelli and enjoy some nice conversation and fellowship.

Tuesday, 8:30-9:30 a.m., 2/17, 3/17, 4/14, 5/12, \$20, F2F

History, Government, and Politics

Folklore of the Chiriqui Province and Panama, Ellen Jampole

Panama in general and the Chiriqui Province have a rich history. The cultural history of Chiriqui comes in part from the Ngäbe-Buglé, who were among the earliest inhabitants. Panama's culture comes largely from the Kuna, Ngäbe-Buglé, and other Indigenous peoples, Spanish colonizers, and Afro-Caribbean settlers. This session will briefly explain influences, legends/folk tales, and scratch the surface of jungle medicines still in use today. **Friday, 11 a.m.- noon, 4/24, \$5, online (Zoom)**

Lecture Series: Walter Hill

Our friend, Walter Hill, is the Director of the Horry County Museum in Conway, SC, a free public museum focused on local history, culture, and natural history, known for its exhibits on farming, wildlife, and Native American life, offering educational programs and living history experiences, with Hill himself sometimes seen participating in farm activities like blacksmithing. Walter will speak on a topic of his choice.

Friday, 11 a.m.-noon, 2/27, \$10, F2F (Lakes)

Lecture Series: Paige Sawyer

Not only is our friend, Paige Sawyer, offering a historical tour of Georgetown this spring, but he has also agreed to be one of our guest speakers! Paige is a seventh generation South Carolinian and has lived in Georgetown over 50 years. He and his wife Susan, own a photography business which they started in 1974. In addition to conducting tours in Georgetown, Paige has also stepped into the role of Veterans Service Officer for the county. Paige will speak on a topic of his choice.

Friday, 11 a.m.-noon, 3/6, \$10, F2F (Lakes)

Lecture Series: Dr. Joseph Fitsanakis

Our friend, Dr. Joseph Fitsanakis, CCU Professor of Intelligence and Security Studies, will speak on a topic of his choosing and then we will all enjoy a wonderful lunch prepared by Chef Rory and his crew. Dr. Fitsanakis has published widely on intelligence collection, information security, cyber security, and sub-state political violence, among other topics. His recent scholarly publications include the books *Aspects of Islamic Radicalization in the Balkans After the Fall of Communism* (Peter Lang 2023, co-edited), *Redesigning Wiretapping: The Digitization of Communications Interception* (Springer 2020) and *Intelligence Beyond the Anglosphere: Mediterranean and Balkan Regions* (RIEAS 2017, co-edited). Dr. Fitsanakis is deputy director of the European Intelligence Academy and senior editor at intelNews.org, an ACL-indexed scholarly blog that is cataloged through the United States Library of Congress. Since joining Coastal Carolina University in 2015, Dr. Fitsanakis has repeatedly received the University-wide Distinguished Professor of the Year Award, the Edward College John B. Durrell Award, and the Professor of the Year Award for the Departments of Politics and Intelligence and Security Studies.

Monday, noon-2 p.m., 5/11, \$30, F2F (Prime)

Lecture Series: Dubai — Then and Now, Samih Baalbaki

Carol & Kelli welcome back our good friend, Samih Baalbaki, who will share his perspective of the changes in Dubai. Once a modest pearl-diving settlement, Dubai has transformed into one of the world's leading tourist and business destinations. Today it is widely known for the world's tallest building, man-made palm-shaped islands, indoor ski slopes, underwater hotels, and one of the busiest free-trade zones globally. In this talk, Samih shares first-hand reflections on the dramatic changes he witnessed—from his first visit in the mid-1970s to the Dubai he left nearly twenty years later—offering a personal perspective on one of the most remarkable urban transformations of modern times. Striking images of Dubai—past and present—will be shared to highlight its remarkable transformation.

Friday, 11 a.m.-noon, 5/15, \$10, F2F (Lakes)

Language

Spanish for Travelers, Karen Kearns

Embrace the joy of learning Spanish for travelers, where we will dive into learn practical phrases and cultural tips. From ordering food to asking directions, the aim of this class is to help you confidently communicate using Spanish in your travels.

Monday, 1-2 p.m., 2/16-4/20, \$50, online (Zoom)

Nature

Lecture Series: Stephen Schabel

You have probably met Stephen from our numerous trips to the Birds of Prey, most recently our visit for the Owls at Midnight fundraiser. This spring, he has agreed to participate in our lecture series. Don't be surprised if he brings some of his avian friends with him! A native of South Carolina, Stephen joined the Avian Conservation Center in 2003 after completing his M.S. degree in Environmental Policy at the College of Charleston. Stephen's background in education and environmental policy along with his lifelong passion for the outdoors -especially birds – offers a unique and relevant foundation for his role as Director of Education. Stephen oversees the care, husbandry, and training of the Center's educational resident bird collection as well as the design and implementation of conservation education programs offered by the Center throughout South Carolina and beyond.

Friday, 11 a.m.-noon, 4/10, \$10, F2F (Lakes)

Personal Growth and Skills

Lecture Series: The Art of Deep Listening, Barbara Cardinal

Our friend, Barbara Cardinal, has agreed to speak about the art of deep listening. She will explain what deep listening really is and why it is important to learn how to listen to one another. You will walk away from this lecture with skills to improve your life and your relationships.

Friday, 11 a.m.-noon, 3/20, \$10, F2F (Lakes)

Special Events

SALT Lecture Series (listed separately under topic)

Friday, 11 a.m.-noon, 2/27, 3/6, 3/20, 4/10, 5/11, 5/15

Salty Spotlight, Kelli Barker

Come for a lively one-hour discussion with Kelli and her mystery guests and stick around for a Q & A afterward. You never know who may show up, but you can bet that it will be a Salty friend!

Wednesday, 11 a.m.-noon, 2/18, 3/18, 4/15, 5/13, \$20, online (Zoom)

Travel

How to Plan a Road Trip, Kris Szepanski

Have you ever thought about planning a cross country, or multi state road trip? I can show you some tools I use to help make it less overwhelming. The first meeting will be informational. I will show you

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some of the tools I use and discuss my methods. The second class will be a workshop - so bring a laptop and a final destination in mind! I'll teach you how to find the fun stuff in between!

Thursday, 11 a.m.-noon, 2/19 online (Zoom) and 11 a.m.-1 p.m., 2/26, F2F (Kris's home)

Kenya and Tanzania, Carol Osborne, Kris Szepanski & Anne Holmes

Enjoy a slide show and narration from the Road Scholar trip to Africa that Carol, Kris, and Anne are taking in January 2026.

Wednesday, 10-11 a.m., 4/1-4/8, \$10, online (Zoom)

Let's Go to Italy!

Join SALT for a fabulous Italian lunch prepared by Chef Rory and his crew. Enjoy a preview by Laura Driggers of our two Premier World Discovery trips and hear from SALT participants who have been on these trips.

Tuesday, noon-2 p.m., 2/10, \$25, F2F (Prime)

Pack Your Bags: We're Going to Hawaii!

Join SALT for another fabulous lunch by Chef Rory and his crew, along with a preview of our March 2027 trip to Hawaii, offered by Premier World Discovery. Wear your Hawaiian garb for a festive meal from the islands.

Wednesday, noon-2 p.m., 3/25, \$25, F2F (Prime)

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Tuesday, 3-4 p.m., 2/10, 4/14, free, F2F (Lakes)

Writing, Language, and Literature

Difficult Circumstances Book Club, Kofie Montgomery

We will read/discuss both fiction and non-fiction books with protagonists who find themselves in very difficult/unusual circumstances (foster care; non-traditional family units; adoptees; hearing, vision, or movement impaired; non-heterosexual; unusual or non-traditional employment; etc.)

Tuesday, 6-7 p.m., 2/17, 3/17, 4/21, 5/19, \$20, online (Zoom)

Contemporary Women Writers, Carol Osborne

These recent novels have caught the eye of booklovers and critics, so let's read and discuss the following: Jennifer Egan's *A Visit from the Goon Squad* (2010), Yaa Gyasi's *Homegoing* (2016), Celeste Ng's *Little Fires Everywhere* (2017), Mieko Kawakami's *Breasts and Eggs* (2019), Virginia Evans' *The Correspondent* (2025).

Wednesday, 10-11 a.m., 2/18, 3/4, 3/25, 4/15, 5/6, \$25, online (Zoom)

Excursions

Local Excursions (Day Trips)

We can take a minimum of 10 passengers and a maximum of 12 on each trip. Because room in the van is limited, especially if we reach the maximum number of passengers, participants are only allowed to bring one small backpack or purse on each trip. If you need to travel with additional items (e.g., walkers or wheelchairs), we ask that you drive separately (provided that there is room at the venue). If the cap of 12 van passengers is reached and you would like to drive and meet us at the destination, we will also add you to the roster (provided there is room at the venue). Email us at customerservice@wnsalt.com if you wish to drive separately. Please pay close attention to the activity level for each excursion:

Level 1: Easy—You are a leisurely traveler who can maintain a minimal level of physical activity. You can climb at least one flight of stairs, board a van or other means of transportation without assistance, and you can walk unassisted on even surfaces at a leisurely pace for 30-60 minutes without difficulty. You can also stand during tours for at least 30 minutes.

Level 2: Moderate—You like a balanced approach to travel. Walking up to 1-2 miles over the course of a day or standing for 30 minutes is no problem for you. You can handle a variety of terrains to moderate hills with ease and without assistance. You can climb two flights of stairs with ease.

Level 3: Active—You are an on-the-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (1-2 hours) isn't a big deal. Hills and uneven surfaces are no problem for you. Walking 2-3 miles during the course of a day is very doable as well as climbing into and out of various modes of transportation. You can climb three flights of stairs easily. This level is not a fit for travelers who require mobility assistant devices.

Level 4: Challenging—You are ready to seize the day, no matter what it may bring. You lead an active life at home. Walking and hiking are things you enjoy; over 7,000 steps a day is normal for you. You can handle longer walks and activities that involve traversing uneven terrain and standing for long periods of time. This level is not a fit for travelers who require mobility assistant devices.

Liability waivers should be printed out and signed and presented to Kelli or Carol at the start of the trip. (We will have copies with us if you do not have access to a printer.)

You will receive a full **itinerary** with departure times and locations (and **estimated** return times) at least two days before the date of the excursion. We depart from the **Kohl's parking lot** (corner of 544 and Bypass 17) for all trips. If we are going south, we will also stop at **Litchfield Landing**. If we are going west, we will also stop at **University Commons** (corner of 501 and University Blvd.). If we are going north, we will also stop at the **Lowe's Foods** on International Drive.

No refunds will be given unless we are able to fill the seat.

Monday, February 16, Behind the Scenes of WPDE with Ed Piotrowski, Conway, SC, \$25

Who doesn't want to see what goes on behind the scenes of your local television station? Ed Piotrowski, Chief Meteorologist with WPDE NewsChannel 15 (ABC), will give us a tour of the station. Ed has spent 33+ years broadcasting in the coastal Carolinas. He has been nominated for an Emmy seven times, was named Best Weathercaster in the Carolinas by Radio News Association of the Carolinas twice and has been named Best of the Beach 24 years in a row. In 2018, he was named Myrtle Beach's Citizen of the Year. Departure time is 9 a.m. Following our trip to the station, we'll stop for lunch (on your own).

Activity Level 3.

Thursday, February 19, Carolina Cheese & Provisions, Conway, SC, \$TBA

Nestled in the heart of downtown Conway, Carolina Cheese & Provisions is a popular Italian restaurant and store. We will enjoy a tasting of some of their food and wine. Departure time TBA. **Activity Level 2.**

Tuesday, February 24, Tapas & Sangria, Butter & Whisk, North Myrtle Beach, SC, \$110

Let's enjoy a hands-on cooking experience at Butter & Whisk. It will be a festive event, featuring tapas and sangria, as we prepare, with the chef's guidance, multiple small plates. Departure time is 10:30 a.m. Register before February 10. **Activity Level 3.**

Thursday, February 26, North Myrtle Beach Area Historical Museum and Fat Harold's, \$25

Our first stop will be a quaint museum that documents the history and culture of the North Myrtle Beach area, including its connection with the Carolina Shag. We will then go to the famous Fat Harold's Beach Club, with a rich history that dates back to 1962. The club played a crucial role in making the Carolina Shag popular. It's now the official state dance of South Carolina. Those who have taken dance lessons with Sandra Lucas-Hyde will meet us there for their dance debut! Dinner is available at Fat Harold's on your own. Departure time is 2 p.m. **Activity Level 3.**

Thursday, March 5, Hobcaw Barony Village Tour, Georgetown, SC, \$65

This two-hour tour requires little walking and includes highlights of Hobcaw Barony's 16,000 acres of history, ecology and research. A privately owned research reserve, the property represents every environment and century of the Lowcountry. The bus stops for a tour inside Bernard Baruch's c.1930 home that played host to politicians, generals and newspapermen, as well as Winston Churchill and President Franklin Roosevelt. In addition to Hobcaw House, tours include a drive by the home and stables of Bellefield Plantation, the home of Mr. Baruch's oldest daughter Belle Baruch who owned all the property by 1956, as well as a stop in one of four slave villages – settlements on Hobcaw Barony that were constructed by enslaved people then inhabited by them and their descendants well into the 20th century. Information shared will include coastal ecosystems, native wildlife and endangered species. Departure time is 9:30 a.m. We will stop for lunch (on your own) on the way home. **Activity Level 4.**

Monday, March 9, Darlington Raceway Tour, Pace Car Ride, & Museums, SC \$80

No doubt Darlington County is best known as the home of the Darlington Raceway, a major stop on the NASCAR circuit and its oldest speedway, having opened in 1950. Tour the Darlington Raceway Stock Car Museum and NMPA Hall of Fame and browse the gift shop before enjoying pace car rides around the track "too tough to tame". We will stop at Takis, a 1950-style diner, for lunch (on your own) and then go to the Darlington County Historical Museum. Departure time is 8 a.m. **Activity Level 3.**

Thursday, March 12, Swiss/German-inspired Lunch, Butter & Whisk, North Myrtle Beach, SC \$115

The chef at Butter & Whisk will lead us in preparing a three-course meal inspired by Swiss/German cuisine. Of course, we'll dine together after our cooking lesson! The fee covers the lesson, food, and tip, but you will need to purchase wine on your own. Departure time is 10:30 a.m. Register before March 1.

Activity Level 3.

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Monday, March 16, Victorian Tea at Top Hat Special-Teas, Florence, SC \$80

Put on your Sunday best and join us for an afternoon Victorian tea in Florence. Enjoy a delicious cup of tea as you dine on your choice of finger sandwiches, scones, and a Devonshire cream, lemon curd fruit medley with cheese tea bread, miniature quiche, and a dessert tray. Departure time is 9:30 a.m. **Activity Level 1.**

Thursday, March 19, Indigo Dye at Hopsewee Plantation, Georgetown, \$95

Come experience the magic of creating with all-natural indigo at Hopsewee Plantation. Indigo, known for its deep, rich hue, was used for the distinctive blue of the British uniforms. Indigo was South Carolina's first cash crop and played an important part in our Lowcountry history and culture. Please plan to wear old clothes and closed-toed shoes and bring long latex or rubber gloves if you have them. Following our Indigo class, we'll make a stop in Pawleys Island to have lunch (on your own). Departure time is 9:45 a.m.

Activity Level 2.

Monday, March 23, Ripley's Aquarium Behind the Scenes, Myrtle Beach, SC \$75

Dive in and enjoy adventures with a Behind the Scenes tour at Ripley's aquarium, home to more than 10,000 exotic sea creatures in exhibits like Rio Amazon, Dangerous Reef, Ray Bay, and more! After we explore the aquarium, we'll enjoy lunch while at Broadway at the Beach. Following lunch, we'll board the SALT van and drive a short distance and have a guided tour of their Marine Science Research Center. Lunch on your own. Departure time is 9:30 a.m. **Activity Level 4.**

Thursday, March 26, Southern Tea at Hopsewee, Georgetown, \$95

When you arrive at Hopsewee Plantation, located on the North Santee River, you will experience life on a typical low country rice plantation in the 18th century. We will tour the original 1740 rice plantation home and learn the story of Thomas Lynch, Jr., South Carolina signer of the Declaration of Independence. Included in the price of the tour is a lovely Southern Tea in the River Oak Cottage, voted one of the top 100 tea rooms in the United States, house & museum. Their Southern Tea includes several options of teas, savories, scones and treats. Departure time will be 9:45 a.m. **Activity Level 4.**

Monday, March 30, Taste Through Time: Charleston Food & History

TBA

Thursday, April 2, Battleship and Cape Fear Museum, Wilmington, NC, \$75

Step back in time and allow history to come alive through this self-guided tour of the Battleship, North Carolina. When the battleship was first built, she was considered the world's greatest sea weapon. North Carolina, during World War II, participated in every major naval offensive in the Pacific area of operations where she earned 15 battle stars. After serving as a training vessel for midshipmen, she was decommissioned in June 1947. In 1958 Save Our Ship (SOS) was formed and the campaign raised enough funds to have the Battleship returned to its current location in Wilmington. She was dedicated in April 1962 as the State's memorial to its World War II veterans and the 11,000 North Carolinians who lost their lives during the war. We will get an opportunity to explore all 9 levels of the ship to include the engine room, mess decks, berthing areas, bridge, Combat Information Center (CIC) and much more.

After touring the ship we'll have time to explore and dine (on your own) in downtown Wilmington and then we will go to the Cape Fear Museum. Departure time is 9 a.m. **Activity Level 4.**

Thursday, April 9, Charleston's Old South Horse-Drawn Carriage Historical Tour, \$110

Follow the history of the South Carolina port city of Charleston, which dates back more than 300 years, on a horse-drawn carriage tour. Save time by seeing the main highlights of the city's past, including those from the Civil War era, from a comfortable perch as you travel across 30 blocks of the historic district. Enjoy lunch and shopping on your own before our return. Departure time is 9 a.m. **Activity Level 4.**

Monday, April 13, Magnolia Plantation, Charleston, SC, \$120

Magnolia Plantation has been selected as one of "America's Most Beautiful Gardens" (Travel + Leisure Magazine), and is the only garden honored with this distinction in the state of South Carolina. Founded in 1676 by the Drayton family, Magnolia Plantation has survived the centuries and witnessed the history of our nation unfold before it from the American Revolution through the Civil War and beyond. It is the oldest public tourist site in the Lowcountry, and the oldest public gardens in America, opening its doors to visitors in 1870. This tour includes access to the Magnolia House, Slavery to Freedom cabins, the Audubon Swamp Garden, free time to roam the gardens, and a wildlife boat tour along the Ashley River. Departure time is 8 a.m. **Activity Level 4.**

Thursday, April 16, Artfields in Lake City, SC, \$45

Artfields competition began in 2013 with a simple goal: honor the artists of the Southeast with a week's worth of celebration in the heart of a traditional Southern small town, Lake City. The competition and exhibits offer \$145,000 in cash prizes. Up to 400 works of art will be on display in locally owned venues, from renovated 1920s warehouses and professional art spaces to the library, history museum, Ronald E. McNair Life History Center, restaurants, and shops. We'll start our day visiting some of the large exhibit locations together and then we will park downtown where everyone will have plenty of time to wander around Lake City, have lunch, and view the artwork. Departure time is 9 a.m. Lunch on your own.

Activity Level 4.

Thursday, April 23, Georgetown History Tour, Georgetown, SC, \$45

Paige Sawyer, a historian and photographer, is known for his engaging presentations on the history of Georgetown County and General Francis Marion. On this tour, we will take a leisurely stroll beneath canopied live oaks that majestically line Georgetown SC's Historic District and learn about pre-Revolutionary, antebellum and 19th century structures which have made Georgetown SC one of the best kept secrets on the East Coast. Lunch on your own along the waterfront afterward. Departure time is 9 a.m. **Activity Level 3.**

Monday, April 27, Herb Workshop at Crafty Maibritt Farm, Cades, SC, \$40

Join us for a trip to Florence for an enriching herb workshop at the Crafty Maibritt Bee Farm! This is your chance to expand your knowledge of herbal plants and discover how they can benefit your health. During this 1.5 hour workshop, you'll learn all about planting, harvesting, and making herbal products. You'll leave with valuable insights on properly cultivating certain herbs for their medicinal properties. After the workshop, you'll have time to shop for local honey, elderberry products, salves, oils, soaps, teas, and more! We will stop for lunch (on your own) in Florence prior to the workshop. Departure time is 10 a.m. **Activity Level 3.**

Thursday, April 30, Southport Maritime Museum & Old Brunswick Jailhouse, Southport, NC, \$70

Located at the mouth of the Cape Fear River, Southport has been a popular location for the film industry. Founded in 1792 as Smithville, this small town was a favorite hiding place for pirates. We'll tour Southport, the Maritime Museum, and the Old Brunswick Jail Museum. Before leaving Southport, we'll drive down to the waterfront to have lunch on your own. Departure time is 9 a.m. **Activity Level 4.**

Saturday, May 2, McClellanville Shrimp Festival McClellanville, SC, \$45

Get ready for a day of fun activities, entertainment, and more! The Lowcountry Shrimp Festival, sponsored by the Archibald Rutledge Academy, focuses on the blessing of the village's shrimping fleet as local shrimp boat captains and crews prepare themselves for the upcoming shrimp season. Trawlers, adorned with colorful flags and pennants, slowly make their way through the parade down Jeremy Creek to receive the prayers of the local clergy for a safe and bountiful season. Following the blessing, a floral wreath will be laid upon the waters as a memorial to those who have been lost at sea. Make sure to bring your lawn chairs because we're planning on being there for the day's festivities. There will be local entertainment, lots of vendors selling their crafts, and some good food to enjoy throughout the day. Departure time is 9 a.m. **Activity Level 4.**

Tuesday, May 5, Bald Head Island Tour, Baldhead Island, NC, \$95

We will travel by van to Southport, hop on the ferry to Bald Head Island, and then enjoy an island-wide history tour. The Bald Head Island Historical Tour is a comprehensive, island-wide experience aboard a golf cart. Your trained guide will drive across the island while discussing four centuries of Bald Head Island's history. Themes include piracy, colonization, the U.S. Lighthouse Service, U.S. Life-Saving Service, and development of Bald Head into an island resort. Your admission to the Smith Island Museum of History is included, as is the opportunity to climb Old Baldy Lighthouse, with a bonus of a 10% discount in the Old Baldy Foundation gift shop. Lunch at the marina is on your own. Departure time is 8:15 a.m. **Activity Level 4.**

Thursday, May 7, Charleston Tea Plantation & Angel Oak, Charleston, SC, \$85

The Charleston Tea Plantation is located on the historic Wadmalaw Island, which is in the heart of the Lowcountry of South Carolina. Charleston Tea Plantation teas are the only brand in the world made exclusively with 100 percent tea grown in America. You will enjoy a trolley ride through the tea fields, stopping at the greenhouse, ending with a tour of the factory and a visit to the plantation gift shop. This excursion will include a trip to the legendary Angel Oak Tree, which is more than 60 feet tall with a wide canopy. Lunch on your own at the Stono Market and Tomato Shed Cafe. Departure time is 8 a.m. **Activity Level 3.**

Thursday, May 14, Downtown Wilmington Walking Tour with Taste Carolina, NC, \$135

Downtown Wilmington is for foodies, and these walking tours explore the heart of this delicious area. We'll sample an eclectic assortment of foods from locally-owned restaurants, meet chefs and owners, and enjoy food and drink at each location. We'll also learn about the city's historic roots, beautiful architecture, and lively culture from our friendly tour guide. Most importantly, we'll have lots of fun socializing together over this unique culinary experience! Departure time is 11:15 a.m. Gratuity is not included in the fee. **Activity Level 4.**

Monday, May 18, Bulls Island, Awendaw, SC, \$125

Coastal Expeditions will drop us off directly at one of the most secluded and pristine beaches in the world of shelling and birding in SC. This will give us the chance to connect with nature as we explore the island for four hours with a guide. Seven miles of Bulls Island and beach are part of the longest stretch of

undeveloped coastline on the east coast and allow for unparalleled shelling, beach combing, and exploring. Our journey will begin with a 30-minute naturalist-led boat tour of the salt marsh estuary. Departure time is 10 a.m. Gratuity not included. **Activity Level 4.**

Overnight Excursions

To register for the overnight excursions, we ask you to send the registration fee per person to SALT, 1412 Spruce Drive, Surfside Beach, SC 29575 by the deadline established for each trip. Please send your name and contact information (phone and email), the trip that you wish to go on, and a check made out to SALT. Once we have enough participants who have registered with a deposit, we will book the venues. If the trip does not have full enrollment and is canceled, we will return your check.

Sunday, March 1-Tuesday, March 3, Cherokee Casino
TBA

Sunday, March 5-Wednesday, March 8, Savannah
TBA

Tuesday, May, 19-Friday, May 22, Mountain Getaway
TBA



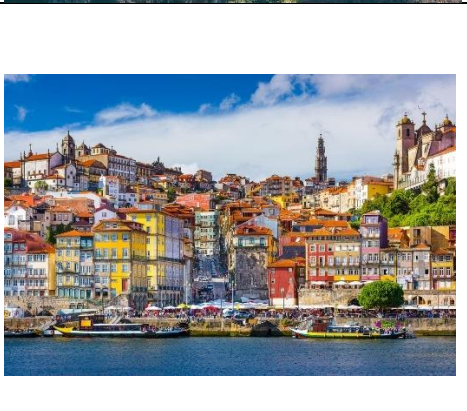
July 28-August 8, 2026, Salty Cruise to Alaska

Come sail with us on the [Princess 10-Day Denali Explorer](#)! The fine folks at Cruise Vacation Outlet have agreed to help us again with the booking, so if you are interested in joining us, call **Mark Stoll**, Senior Cruise Consultant, at **1-800-797-4635 Ext X 114**, or email him at mark@cruisevacationoutlet.com and tell him you are with the SALT group and would like to book a cabin. The deposit is \$250. This tour includes a cruise on the Coral Princess (from Vancouver to Anchorage, July 29-August 5) and a land tour (to Denali National Park and Mount McKinley, August 5-8). We suggest flying to Vancouver on July 28 and flying home from Anchorage on August 8. Note that flights and a hotel for July 8 are not included in the price that Mark will give you and that excursions provided by Princess Cruises may add to the base cost. (Flights are currently running around \$715). The cruise includes stops in Ketchikan, Juneau, and Skagway. See the link above for more information. We would appreciate your emailing wsalt22@gmail.com and telling us when you book your cabin. That way, we can keep a record of who's going and send suggestions about travel. By booking with Mark, each of you has more control over the kind of cabin and packages you want. Prices vary according to the type of cabin and date of booking.





National and International Tours for 2025 and 2026

Premier World Discovery and Collette Tours

All prices are per person, based on double occupancy and **include airfare from Myrtle Beach** (unless otherwise indicated). Brochures with full details can be found at wnsalt.com under "Excursions." In some cases, these prices are based on early registration and may go up \$200-\$300 if that early deposit is not made. Arrangements can be made to fly from another location if you are not located in Myrtle Beach. Book directly with the tour company, using the booking number in the brochure. We will hold a pre-departure meeting with the PWD representative prior to the PWD trips.

	<p>Spain & Portugal</p> <p>March 19-27, 2026, \$4675 pp/dbl</p>
	<p>Highlights of England, Scotland, and Wales</p> <p>April 22-30, 2026, \$4599 pp/dbl</p>
	<p>America's Canyonlands</p> <p>May 14-22, 2026, \$4549 pp/dbl</p>
	<p>Collette's Sunny Portugal</p> <p>May 24-June 2, 2026, \$4699 pp/dbl. Final payment is due 2/23/2026.</p>

	<p>Mackinac Island, the Grand Hotel, & Niagara Falls</p> <p>May 29-June 5, 2026, \$4199 pp/dbl</p>
	<p>California Rail Discovery</p> <p>June 3-9, 2026, \$3775 pp/dbl</p>
	<p>Canadian Rockies via Rail</p> <p>July 15-22, 2026, \$5875 pp/dbl</p>
	<p>West Virginia Rails & Williamsburg, Virginia</p> <p>September 24-October 1, 2026, \$4199 pp/dbl</p>
	<p>Collette's Cultural Treasures of Japan</p> <p>September 27-October 10, 2026, \$8599 pp/dbl. Final payment date is due 6/29/2026.</p>
	<p>Explore America's Historic East</p> <p>October 11-19, 2026, \$4799 pp/dbl</p>

	<p>Treasures of Croatia & Slovenia</p> <p>October 13-23, 2026, \$5025 pp/dbl</p>
	<p>Culinary Journey through Tuscany & Florence</p> <p>October 13-21, 2026, \$4999 pp/dbl</p>
	<p>Sante Fe & the Land of Enchantment</p> <p>November 1-10, 2026, \$2999 pp/dbl</p>
	<p>Victoria & Vancouver Christmas</p> <p>December 1-7, 2026, \$4499 pp/dbl</p>
<p>Upcoming tours for 2027: Sierra Nevada Rail Tour, Costa Rica, Hawaii Three Island Adventures, Amalfi Coast, Holland Tulips and Rhine River Castles, Alpine Countries: Switzerland, Germany and Austria, Utah's Mighty National Parks, Highlights of Scandinavia, Colorado Rockies, Fall Colors and Lighthouses of the Great Lakes, New England Rails & Trails, Smoky Mountain Christmas, Vienna and Christmas Markets</p>	