

What's Next?

Senior Adventures in Learning and Travel (SALT), LLC

Welcome to the best source for adventure, fun, and learning in the Grand Strand area! Under the leadership of Kelli Barker and Carol Osborne, SALT offers educational enrichment and social interaction to community members through online and in-person courses and clubs, and local, regional, national, and international excursions. See below for the complete lineup for our fall season, which begins **August 31** and ends **December 18**. After information and netiquette guidelines, you will find courses and clubs listed alphabetically by title within each subject category. This part of the catalog includes title, instructor, description, materials needed (if any) and material fees payable to instructor, schedule, and course fees. The next section lists the local excursions and the national and international tours that are now open for registration. We hope that you will join us for what promises to be a fantastic array of enrichment opportunities. Spice up your life with SALT!

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Registration Guidelines

In order to streamline our website, we have dropped our membership fee. To register, go to our website, wnsalt.com, and click on the icon of the person in the upper right hand corner of the screen and fill in the form. This will enable you to log on to the site. Then, after logging on, click on the "Browse Events" button and, on the drop-down menu, choose either "Classes, Clubs, and Events" or "Local and Overnight Excursions." Click on the items that interest you, and if you wish to register, add the item to your cart. For national and international tours, you will contact Premier World Discovery directly to register, but you will need the booking number that appears on the brochure that accompanies each trip we are offering.

In the past, membership fees helped pay our basic costs: insurance, licenses, web maintenance, etc. These expenses have not been eliminated, so we are asking that you donate to SALT each semester so that we can continue to offer opportunities to seniors along the Grand Strand and beyond.

Classes vary in length and in duration; therefore, students may register for upcoming classes at any point in the semester. However, we ask that you register at least one week before a course begins. Otherwise, the class may be cancelled due to under-enrollment since we "call" classes one week out. If we cancel a class, you will receive a refund. No refunds will be issued if you drop a class, whether this drop comes before or during the class. If there are extraordinary circumstances (such as a hospitalization or death in the family), you may appeal this rule. Decisions about refunds will be made on a case-by-case basis.

You are registered as soon as you receive your completed registration form. Be sure to mark your calendar for the first meeting of the class. You may join a class that has already begun for the full course fee, pending the instructor's approval. You will receive an email with a link to your class's Zoom meeting the day before the class is held. All you need to do beforehand is to download the free Zoom app to your device. Then you can click on the link and join the meeting five minutes before the class is scheduled to begin.

Each individual attending an online class must be registered as a member of the class. **Even if you are using the same device as a friend or spouse, each of you is responsible for enrolling and making full payment before attending a session.** We appreciate your cooperation.

Technology and Netiquette

If you need assistance downloading the Zoom app, please let us know. For our classes that are offered online, we are including a few guidelines to ensure that all members and instructors have a positive experience.

1. **Mute yourself** unless you are speaking. This will improve the sound quality for everyone in the class. Use only one device to log on, or you will create a feedback screech sure to annoy everyone.
2. Unless there is a pressing reason not to do so, turn your **camera on**. Socialization is so much easier when we can see one another's faces. However, if you do not have a camera on your device or you are having a really bad hair day, you can still participate without being "present" visually.
3. Try to keep your device still during the class. When you have your camera on, others may find your movements distracting if you walk around your house, fidget with your controls, or interact with others in your home. You can always **turn the camera off** if you need to excuse yourself during class. Remember that everyone else can see what you are doing if it's on—so please, no bathroom visits during class with the camera rolling! And be mindful of where your camera is pointed. We would rather see your face than other parts of your body!
4. Use the **chat feature** to communicate with the instructor and the rest of the class. You can direct your comments to the teacher or to everyone.
5. Log in to each class **on time**. Late arrivals are distracting for the instructor and the other students in your class.
6. As in all lifelong learning classes, **be polite** even if you disagree with the opinions of your classmates. We want our classes to be safe spaces where members can benefit from open and civil discourse. If you experience any impropriety within the program, from instructors or other members, report your concerns to wnsalt22@gmail.com as soon as possible. Also, be considerate of others and refrain from dominating discussion or talking over other students.

Travel Etiquette

1. Please be considerate of others: refrain from having extended phone conversations, wearing perfume that may upset others' allergies, bringing up controversial topics for discussion, or in any other way interfering with the pleasure of the moment.
2. Let the driver and the navigator do their jobs. Only in extreme emergencies (or when asked) should you give directions, warnings, or advice. Sit back and relax! We have you covered.
3. Be flexible. Be gracious when choosing your seat in the van.
4. Be careful when entering and exiting the van. Wear your seatbelt. (Seatbelts work best when pulled out slowly and steadily; jerking only causes them to seize up and become non-functioning.) Please understand that seatbelts are required by law.
5. Only eat or drink in the van when express permission is given for this. Water bottles are fine.

Courses and Clubs

In addition to our online courses, we also offer some in-person classes and clubs **(F2F)**. The organizers of the clubs will let participants know the location before each meeting. The in-person classes will be held at our business address, 1412 Spruce Drive in Surfside **(SALT)**; at Prime Carolina Coast, 209 Wild Wing Blvd. in Conway **(Prime)**; or at Lakes at Litchfield, 120 Lakes at Litchfield Drive, in Pawley's Island **(Lakes)**.

Arts & Crafts

Crafts at Prime, Kelli Baker, Carol Osborne, and Leslie Graves

Let's get together and have fun making discoveries, connecting, transforming and exploring our creative talents. We will be using shells, polymer clay, jewelry, paints, markers and much, much more. Come play with us! No artistic talent needed, and you will go home with something pretty for you or your friends! Materials included.

Tuesday, 10 a.m.-noon, 9/15, 10/13, 11/10, 12/8, \$40, F2F (Prime)

Sea Glass Art at Lakes, Kelli Baker, Carol Osborne, and Leslie Graves

We're sharing our sea glass with you to create some beautiful shadowboxes and framed art. Don't worry about your artistic ability: we'll give you ideas for your project or you can design your own. Materials included.

Friday, 2:30-3:30 p.m., 9/25, \$15, F2F (Lakes)

Sea Glass Art at Prime, Kelli Baker, Carol Osborne, and Leslie Graves

We're sharing our sea glass with you to create some beautiful shadowboxes and framed art. Don't worry about your artistic ability: we'll give you ideas for your project or you can design your own. Materials included.

Wednesday, 1-3 p.m., 9/30, \$15, F2F (Prime)

Shell Art at Lakes, Kelli Baker, Carol Osborne, and Leslie Graves

We have lots of shells to share so that you can make beautiful pictures and objects for yourself or your loved ones. Materials included.

Thursday, 2:30-3:30 p.m., 10/15, \$15, F2F (Lakes)

Shell Art at Prime, Kelli Baker, Carol Osborne, and Leslie Graves

We have lots of shells to share so that you can make beautiful pictures and objects for yourself or your loved ones. Materials included.

Wednesday, 1-3 p.m., 10/28, \$15, F2F (Prime)

Christmas Crafts at Lakes, Kelli Baker, Carol Osborne, and Leslie Graves

Alcohol ink ornaments, wreaths, and more just in time for the holidays. Come craft with us! Materials included.

Thursday, 2:30-3:30 p.m., 12/3, \$15, F2F (Lakes)

Christmas Crafts at Prime, Kelli Baker, Carol Osborne, and Leslie Graves

Alcohol ink ornaments, wreaths, and more just in time for the holidays. Come craft with us! Materials included.

Wednesday, 1-3 p.m., 12/2, \$15, F2F (Prime)

Tangling for the Zen of It, Ellen Jampole

Come share camaraderie and visits from our furry family members as we draw tangle patterns. We also practice a tiny bit of finger and hand yoga. Tangles are drawn one stroke at a time using loose shapes of the letters i, c, s, o. Tangling is a great way to relax. The instructor will email patterns weekly. You will learn and practice the tangle during class time, then on your own afterwards if you wish. You'll need paper and pencil for the class. Use pens/markers if you have them.

Tuesday, 1-3 p.m., 9/1-10/6, \$60, online (Zoom)

Tuesday, 1-3 p.m., 11/3-12/8, \$60, online (Zoom)

Clubs and Discussions

ABC Pot Luck Club, Barb Perian

A week before each meal, a letter will be chosen at random. Each participant will then prepare a dish beginning with that letter. All dishes must be homemade!

Tuesday, 5-8 p.m., 9/22, 10/27, 11/24, \$15 F2F (SALT)

Chew the Fat, Ellen Jampole

Chew the fat means to talk informally, in a friendly manner. Join us for conversation and laughter as we respond to videos or articles about popular culture/current events, historical events, famous people or places, and many other topics depending on which rabbit holes we fall down. There may be a guest speaker or two. Coffee, tea, or beverage of choice and mid-morning snacks are welcomed along with four-legged household members.

Monday, 10-11 a.m., 8/31-12/14, \$35, online (Zoom)

Difficult Circumstances Book Club, Kofie Montgomery

We will read/discuss both fiction and non-fiction books with protagonists who find themselves in very difficult/unusual circumstances (foster care; non-traditional family units; adoptees; hearing, vision, or movement impaired; non-heterosexual; unusual or non-traditional employment; etc.)

Monday, 6-7 p.m., 9/21, 10/26, 11/16, 12/14, \$20, online (Zoom)

Dining Club Central, Kofie Montgomery

Join your SALT friends on the second Tuesday of the month for dinner at locally owned restaurants located from Conway to Myrtle Beach's Restaurant Row to Murrells Inlet. Good food, good conversation, and good friends are all part of the menu! Dinner on your own.

Tuesday, 5-7 p.m., 9/15, 10/13, 11/10, 12/8, \$15, F2F

Dining Club North, Polly Putorti

Students will have the opportunity to get together to meet people, build friendships, and enjoy a meal together. Dinner on your own.

Thursday, 5-7 p.m., 9/17, 10/15, 11/19, 12/17, \$15, F2F

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Fun with Friends, Frankie Harris

You will play two online games each week. One game will be played individually, and the other one will be a team game. You'll choose from over 75 board and/or trivia games that have been adapted to be played online. If you like to laugh and have fun, this is the club for you. What a great way to exercise your brain, socialize, and make new friends!

Wednesday 5-6 p.m., 9/2-12/16, \$35, online (Zoom)

Games at Prime, Kris Szepanski

We will meet to play board games and enjoy each other's company.

Thursday, 11 a.m.-1 p.m., 9/10, 9/24, 10/8, 10/29, \$20, F2F (Prime)

Global Cuisines, Carol Osborne

We will enjoy some good meals and good conversation together while sampling foods from other lands. Dinner on your own.

Wednesday, 5-7 p.m., 9/30, 10/28, 11/18, 12/9, \$15, F2F

I Want Candy—Facts, Ellen Jampole

Not the song from the 60s by the Strangeloves, but a two week exploration that won't add pounds or rot your teeth. During the first week participants will learn about candy including its history, development, candy types, and candy innovations. During the second week participants will briefly discuss their favorite types of candy and play a game of candy trivia. Join us for some sweet fun!

Friday, 10-11 a.m., 11/13-11/20, \$10, online (Zoom)

SALT Travel Club, Kelli Barker & Carol Osborne

Learn about upcoming SALT national and international tours from our representative at Premier World Discovery; share tales of your past journeys and future travel plans; give SALT suggestions for our future trips; and pick up travel tips from one another.

Tuesday, 2:30-3:30 p.m., 9/29, Free, F2F (Lakes)

SALT Travel Club at Prime, Spotlight on Switzerland

Join us for a Swiss-themed lunch from the amazing Chef Rory and a presentation by our Premier World Discovery representative, the equally amazing Laura Driggers.

Tuesday, 11 a.m.-1:00 p.m., 9/29, F2F, \$20, (Prime)

SALT Travel Club at Prime, Spotlight on Ireland

Join us for an Irish-themed lunch from the amazing Chef Rory and a presentation by our Collette representative, Marianne Kraft.

Tuesday, noon-2:00 p.m., 10/13, F2F, \$20, (Prime)

SALTY Brunch, Kelli Barker

For you late risers, Kelli is offering this opportunity to dine at area restaurants together. Come out and enjoy a lovely brunch with your SALTY friends. Cost of meal is on your own.

Friday, 10-11 a.m., 9/18, 10/30, 11/13, 12/11, \$15, F2F

Eat and Play, Kofie Montgomery

We'll have a wonderful evening of conversation, eating, and playing games with your SALT friends at the Crooked Hammock Brewery in Barefoot Landing. Dinner on your own.

Thursday, 4-6 p.m., 11/05, \$5, F2F

Dance, Film, Music, Theatre

Hitchcock Film Frenzy, Carol Osborne

We will meet in Prime's private theatre facility and view four films by the master of horror.

Wednesday, 10 a.m.-noon, 9/30, 10/28, 11/18, 12/9, \$20, F2F (Prime)

Fitness, Health, and Safety

Gentle Exercises to Sweat By, Ellen Jampole

Come have fun, conversation, and laughter while strengthening; increasing stamina, balance, and flexibility; stretching; and performing cardio moves geared specifically to seasoned adults. You will need light weights (cans or bottles of water are fine), a hand towel or two, a pillow such as a bed or throw pillow, and a hard chair. You should adapt whatever we are doing to meet your body's abilities/needs and rest as needed. Bring water to drink.

Wednesday, 9-10 a.m., 9/2-10/7, \$30, online (Zoom)

Wednesday, 9-10 a.m., 10/28-12/2, \$30, online (Zoom)

Walking Club, Kelli Barker

Exercise with Kelli and enjoy some nice conversation and fellowship.

Tuesday, 8:30-9:30 a.m., 9/15, 10/13, 11/10, 12/8, \$20, F2F

History, Government, and Politics

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Friday, 10-11 a.m., 11/13-11/20, \$10, online (Zoom)

Ngabe and Guna Indigenous Peoples, Ellen Jampole

Ellen, the instructor, has been living in the highlands of Panama for three years. She has enjoyed learning and sharing about Panama, including the histories and current states of the Indigenous peoples there. In this class, participants will learn a bit about the Ngäbe and Guna tribes' history, culture, art, and more.

Friday, 10-11 a.m., 12/4, \$5, online (Zoom)

Personal Growth and Skills

American Sign Language Continuation, Jason Milliren

This course is designed for students who have completed beginner ASL or who have some basic understanding of ASL. We will be learning in a silent environment. Students will continue to expand their vocabulary as well as their communication skills which will lead to conversational signing. New students will be accepted and may be pushed along faster. No textbook required.

M/W, 10 a.m.-noon, 9/14-9/28, \$50, F2F (Prime)

Travel Stories

SALT Travel Club, Kelli Barker & Carol Osborne

Learn about upcoming SALT national and international tours from our representative at Premier World Discovery; share tales of your past journeys and future travel plans; give SALT suggestions for our future trips; and pick up travel tips from one another.

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Writing, Language, and Literature

Difficult Circumstances Book Club, Kofie Montgomery

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Monday, 6-7 p.m., 9/21, 10/26, 11/16, 12/14, \$20, online (Zoom)

SALTY Writers Community, Kim Henry

You will be exposed to the idea of writing as a therapeutic healing process. You will engage with the community by responding to weekly writing prompts by writing. Through these interactions, you will begin to feel a part of a developing and supportive writing community. Weekly, you will share your writing electronically with the group. Then, when everyone meets via Zoom, you will have the opportunity to share your creative work and ask for and/or receive positive feedback. Poetry, short stories, and other forms of writing will be explored.

Thursday, 1-2 p.m., 9/3-10/29, \$30, online (Zoom)

Excursions

Local Excursions (Day Trips)

We can take a minimum of 10 passengers and a maximum of 12 on each trip. Because room in the van is limited, especially if we reach the maximum number of passengers, participants are only allowed to bring one small backpack or purse on each trip. If you need to travel with additional items (e.g., walkers or wheelchairs), we ask that you drive separately (provided that there is room at the venue). If the cap of 12 van passengers is reached and you would like to drive and meet us at the destination, we will also add you to the roster (provided there is room at the venue). Email us at customerservice@wnsalt.com if you wish to drive separately. Please pay close attention to the activity level for each excursion:

Level 1: Easy—You are a leisurely traveler who can maintain a minimal level of physical activity. You can climb at least one flight of stairs, board a van or other means of transportation without assistance, and you can walk unassisted on even surfaces at a leisurely pace for 30-60 minutes without difficulty. You can also stand during tours for at least 30 minutes.

Level 2: Moderate—You like a balanced approach to travel. Walking up to 1-2 miles over the course of a day or standing for 30 minutes is no problem for you. You can handle a variety of terrains to moderate hills with ease and without assistance. You can climb two flights of stairs with ease.

Level 3: Active—You are an on-the-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (1-2 hours) isn't a big deal. Hills and uneven surfaces are no problem for you. Walking 2-3 miles during the course of a day is very doable as well as climbing into and out of various modes of transportation. You can climb three flights of stairs easily. This level is not a fit for travelers who require mobility assistant devices.

Level 4: Challenging—You are ready to seize the day, no matter what it may bring. You lead an active life at home. Walking and hiking are things you enjoy; over 7,000 steps a day is normal for you. You can handle longer walks and activities that involve traversing uneven terrain and standing for long periods of time. This level is not a fit for travelers who require mobility assistant devices.

Liability waivers should be printed out and signed and presented to Kelli or Carol at the start of the trip. (We will have copies with us if you do not have access to a printer.)

You will receive a full **itinerary** with departure times and locations (and **estimated** return times) at least two days before the date of the excursion. We depart from the **Kohl's parking lot** (corner of 544 and Bypass 17) for all trips. If we are going south, we will also stop at **Litchfield Landing**. If we are going west, we will also stop at **University Commons** (corner of 501 and University Blvd.). If we are going north, we will also stop at the **Lowe's Foods** on International Drive.

No refunds will be given unless we are able to fill the seat.

Saturday, September 12, Beer Fest at the Darla Moore Botanical Gardens, Lake City, SC, \$90 (deadline 8/9)

This year's Western style Beer Fest offers unlimited tastings from 20+ local and national breweries. Food trucks will be serving delicious morsels as well. Darla Moore's Botanical Gardens is located on 65 spectacular acres nestled among the fields of corn and soybeans in the rural Pee Dee region. The garden, a careful blend of exuberant plant displays, bounding meadows and enduring vistas of grey-green pines, is an innovative research center with educational and community outreach programs. Departure time 12:30 p.m. **Activity Level 4**

Monday, September 14, South Carolina Revolutionary Trails/Kayaking the Lynch River, Florence, \$70

Enjoy a leisurely two-hour paddle along the SC Revolutionary Rivers Trail with an experienced guide from River Rats. Along the way, have a boxed lunch by the water to include a wrap, chips, grapes, a cookie, and bottled water. Departure time is 8:15 a.m. **Activity Level 5**

Thursday, September 17, Captain Rod's Lowcountry Boat Tour, Georgetown, SC, \$80

Join this 3-hour scenic pontoon boat tour that takes you on a relaxing ride down the river and includes interesting tidbits of information about the Lowcountry's old oaks, plantation mansions, and historic rice fields. Before our boat tour, we'll stop for lunch in Georgetown. Lunch on your own. Departure time is 10:15 a.m. **Activity Level 2**

Monday, September 21, Dolphin & Island Cruise on a Catamaran, North Myrtle, SC, \$75

Come sail the seas with us on an exciting sightseeing and dolphin cruise. During this 2-hour adventure, keep your eyes peeled for bottlenose dolphins, leatherback sea turtles, black tip sharks, jellyfish, and various species of birds. Enjoy a 30-minute cruise on the waterway, passing through the historic Little River fishing village, home to the best seafood along the Grand Strand. We'll head out to the barrier islands for a quick stop on the uninhabited beaches of Wailes Island or Bird Island. Departure time is 7:45 a.m. **Activity Level 5**

Wednesday, September 23, Behind the Scenes of WPDE with Ed Piotroski, Conway, SC, \$25

Who doesn't want to see what goes on behind the scenes of your local television station? Ed Piotrowski, Chief Meteorologist with WPDE NewsChannel 15 (ABC), will give us a tour of the station. Ed has spent 35 years broadcasting in the coastal Carolinas. He has been nominated for an Emmy seven times, was named Best Weathercaster in the Carolinas by Radio News Association of the Carolinas twice and has been named Best of the Beach 27 years in a row. In 2018, he was named Myrtle Beach's Citizen of the Year. Departure time is 9:15 a.m. Following our trip to the station, we'll stop for lunch (on your own).

Activity Level 3

Thursday, September 24, Sunset and Ocean Sightseeing Cruise, Murrell's Inlet, SC, \$65

Let's get together and enjoy a delicious dinner in Murrell's Inlet before boarding the boat to enjoy a beautiful Sunset and Ocean Sightseeing Cruise. Our journey will begin in the calm waters of the inlet, where we'll see beautiful landscapes and local wildlife. We'll then venture into the ocean where the crew will share interesting facts and stories about the local sea life, ensuring our trip is both an educational and enjoyable experience. Dinner is on your own. Departure time 4:00 p.m. **Activity Level 2**

Sunday, September 27, Silver Coast Winery, Ocean Isle Beach, NC, \$30

Join us on a Sunday afternoon for some live music on the patio at Silver Coast Winery. Sip some delicious wine as you listen to Alex Church and Tamed Beast. Outside food is permitted, but food trucks are also available. Fee includes transportation only. Departure time is 1:30 p.m. **Activity Level 2**

Monday, September 28, Charleston Private Sailing Charter Cruise, Charleston, SC, \$140

Experience the beautiful and picturesque Charleston Harbor on a private sailing cruise. While cruising you'll see breathtaking views and important landmarks. Following our sailboat adventures, we'll have lunch in Mount Pleasant. Lunch on your own. Departure time is 8:30. **Activity Level 4**

Thursday, October 1, Cameron Art Museum & Airlie Gardens, Wilmington, NC, \$70

Our first stop will be to visit the Cameron Art Museum for a guided tour. The museum features the Rooted in Memory exhibit, presenting vibrant paintings by Jonathan Green that celebrate Gullah Geechee culture, history, and community. Following our visit to the museum, we'll stop for lunch before heading to the Airlie Gardens. Airlie's property has more than 67 acres of beautiful gardens, seasonal blooms, large live oaks, walking trails, and historical structures. The garden has a collection of beautiful flowers, plants, and trees, including azaleas, tulips, camellias, palms, ancient oaks, and southern magnolia trees. Your guided tour will also include more than a dozen gardens, including the Pergola and Minnie Evans Chapel. We will have lunch in Wilmington following our guided tour of the art museum. Lunch on your own. Departure time is 8 a.m. **Activity Level 4**

Monday, October 12, Backyard Lowcountry Shrimp Boil Cooking Class, Charleston, SC, \$140

Join Captain Bryan for a Shrimp Boil cooking class on the banks of Shem Creek. Lowcountry Boil is a mainstay delicacy for generations in the Lowcountry. Capt. Bryan will share his knowledge with us, and we'll leave with a better understanding of Charleston and the shrimping industry there. We'll roll up our sleeves and start to prepare our shrimp ceviche using fresh ingredients to create the perfect appetizer. You'll learn how to peel shrimp in a little competition, and the winner will be awarded a prize! Local shrimp, potatoes, corn, sausage, and of course a healthy dose of Old Bay, plus some secret blends to create a perfect dinner for you to enjoy. Departure time is 3:45 p.m. **Activity Level 4**

Wednesday, October 14, Amtrak Train from Florence, SC, to Fayetteville, NC, \$90 (deadline 9/30)

Board the Amtrak train for an adventure that will take us to old Fayetteville, North Carolina. When you disembark the train in Fayetteville, within walking distance, you will be able to visit the U.S. Army Airborne and Special Operations Museum. Following our museum visit, we'll have a delicious lunch in downtown Fayetteville before boarding the train that same afternoon and making our way back to Florence. Lunch on your own. Departure time is 8:00 a.m. **Activity Level 4**

Friday, October 16, Places to Plunder with Betsy Hannan, Florence, SC, \$40

Join us for a fun filled day of treasure hunting as we blend shopping with exploration, making the experience exciting and budget friendly. It's really all about the thrill of the hunt, right? We'll visit thrift/consignment/antique stores in the area and stop to plunder especially at the Palmetto Peddlers, one of the largest antique malls in South Carolina. Along the way we'll enjoy lunch together so that we can refuel and continue our treasure hunting adventure. Lunch on your own. Departure time 9 a.m. **Activity Level 4**

Friday, October 23, Waccamaw Cooter/Gator Bait Airboat Ride, Pawleys Island, SC, \$80

Enjoy this one-hour and one-of-a-kind airboat tour along the Waccamaw, Black, and Pee Dee Rivers where no ordinary boat can adventure. The pristine surroundings offer up-close encounters with some of nature's most awe-inspiring creatures, from native alligators to regal ospreys. Meander through back waters framed by moss-laden oak and cypress trees for an experience you won't forget. Following our boat ride, we'll have lunch in Pawleys Island. Lunch on your own. Departure time 10:15 a.m. **Activity Level 2**

Sunday, October 25, *Chemical Imbalance*, Wilmington, NC, \$80 (deadline 9/15)

Join us for a matinee performance of *Chemical Imbalance*, written by Lauren Wilson. It's a fast-paced, wickedly funny reimagining of the Robert Louis Stevenson's classic tale of Jekyll & Hyde. Dr. Henry Jekyll is a brilliant but socially awkward psychiatrist who experiments with a revolutionary drug designed to "cure" the darker impulses of his most troubled patient, himself. When the volatile Edward Hyde emerges, chaos erupts in a blur of mistaken identities, outrageous encounters, and razor-sharp comedy. *Chemical Imbalance* blends gothic suspense with laugh-out-loud farce, proving that sometimes the scariest monster is the one we've tried our hardest to suppress. Dinner on your own following the show. Departs 1:00 p.m. **Activity Level 2**

Monday, October 26, Charleston's Downtown Culinary Tour, Charleston, SC, \$140

Discover Charleston's Downtown Culinary Tour, which combines both historical and culinary adventure. Visit four local food establishments for a broad range of tastings on this 2.5-hour tour. You will be accompanied by a city-certified guide who will help you gain insight into the traditional Lowcountry cuisine. The tour will focus on the French Quarter and City Market areas. Departure time is 9:30 a.m. **Activity Level 4**

Thursday, October 29, Cypress Gardens, Moncks Corner, SC, \$65

Cypress Gardens, a 170-acre preserve, has been a destination spot for many visitors for their one-of-a-kind attraction, celebrated in numerous national magazines, popular television programs and iconic films such as *The Notebook* and *The Patriot*. The centerpiece of the garden is the 80 acres of black water bald cypress/tupelo swamp, surrounded by boat and foot trails. Our trip will include both a walking and boat tour. Following our tour, we'll stop for lunch. Lunch on your own. Departure time 7:45 a.m. **Activity Level 4**

Monday, November 2, Drayton House Plantation, Charleston, SC, \$65

The Drayton House Plantation is the oldest preserved plantation house in the country that's still open to the public. See layers of history carefully preserved on the 125 acres that surround the main house with beautiful views of the Ashley River, the reflecting pond, and the 18th-century live oak trees. Enjoy a guided tour of the estate as well as enjoy free time on the grounds, which include the Gates Gallery, the Almeida Gallery, and an 18th century African American Cemetery. Following our visit, we'll stop for lunch in Mount Pleasant. Lunch on your own. Departure time is 8:30 a.m. **Activity Level 4**

Thursday, November 5, Tom Yawkey, Georgetown, SC, \$40

Learn about Tom Yawkey and the history of this area as you tour by bus to what is now a habitat for migratory birds, eagles, alligators, and hundreds of species of wildlife. The beaches that are part of this land are considered excellent nesting locations for the threatened loggerhead sea turtle. Please plan to pack lunch and bring a drink for this trip. Departure time 8:30 a.m. **Activity Level 2**

Monday, November 9, Behind the Scenes of the Hunley, Charleston, SC, \$75

Explore the H.L.Hunley, the world's first successful combat submarine. After sinking the USS Housatonic in 1864, the Hunley disappeared and was not discovered again until 1995. The submarine was recovered from the sea in 2000 and is now preserved in a 75,000 gallon tank. Join us on a private, guided tour to view the submarine and artifacts discovered during its excavation. Following our guided tour, we'll stop for lunch in Mount Pleasant. Participants must be able to climb stairs to view the Hunley. Lunch on your own. Departure time is 8:30 a.m. **Activity Level 4**

Thursday, November 12, Birds of Prey Center for their exclusive "Owls by Midnight" fundraiser, \$160

Prepare for a truly unique and magical experience with us at the Center for Birds of Prey in Awendaw. Their exclusive "Owls by Midnight" event invites you into the enchanting Countess Paolozzi Owl Woods, where you'll be surrounded by a stunning variety of owl species. Witness the breathtaking beauty of these nocturnal hunters during exciting flight demonstrations under the moonlight. Experience their silent, graceful flight as they soar just inches above your head! You'll also enjoy a tour with one of the Center's expert educators, listening to the captivating vocalizations of the owls and learning fascinating details about individual species. Beyond the incredible bird encounters, your evening includes a complimentary bar with beer, wine, and non-alcoholic refreshments, plus a catered meal of heavy hors d'oeuvres. This special event supports the Avian Conservation Center, a vital 501(c)3 nonprofit organization dedicated to the conservation of birds of prey. Departure time is 4:00 p.m. **Activity Level 4**

Thursday, November 19, Agape Farms, Dillon, SC, \$55

Join a hands-on class where you get to blend herbs, flowers, and fruit infusions into gourmet vinegars and finishing salts. Learn how to capture the freshness of the farm by creating tasty, edible gifts. This class is a blend of both curiosity and creativity, taste and herbs. Following the class, we'll stop and have lunch (on your own). Departure time is 8:15 a.m. **Activity Level 2**

Friday, December 4, Citadel Tour and Parade, Charleston, SC, \$65

The Citadel was established in 1842 and was originally located on Marion Square in downtown Charleston. Today, the beautiful campus, which was moved in 1922 to the bank of the Ashley River, is home to 24 major buildings and houses over 3,400 women and men. The Citadel offers more than 20 full- and part-time graduate and undergraduate programs. We'll tour the Citadel and afterwards enjoy the Friday Awards Parade, an impressive event you don't want to miss. We will have lunch before arriving at the Citadel. Lunch on your own. Departure time 9:30 a.m. **Activity Level 4**

Thursday, December 10, South Carolina Governor's Mansion & State House Tours, \$80

Built in 1855, the Governor's Mansion was spared during Sherman's burning of Columbia. More than just the governor's residence, it features rooms displaying antique silver, furniture, paintings and documents. The State House, built in 1875 in the Greek revival style, features 27 monuments, carvings, Doric columns, stained glass windows and a copper dome. We will stop to enjoy lunch at a local restaurant between the tours. The cost of lunch is not included in this fee. Departure time is 8:00 a.m. **Activity Level 4**

Monday, December 14, Conway Glass & Lunch at the Rivertown Bistro, \$95

Learn about glass blowing and then watch as other students blow glass, and finally, blow your own beautiful glass ornament. Conway Glass offers many glass products designed, manufactured, and assembled on site. Lunch will follow at the Rivertown Bistro, located in downtown Conway. Lunch is on your own. Departure time is 10:15 a.m. **Activity Level 2**

Tuesday, December 15, Christmas Lights with our SALT Friends, \$25

Celebrate the holidays with us by enjoying dinner together (on your own), looking at Christmas lights, enjoying hot chocolate, and getting into mischief on December 15th. Departure time is 4:30 p.m. **Activity Level 4**

Overnight Regional Excursions

To register for the overnight excursions, we ask you to send the registration fee per person to SALT, 1412 Spruce Drive, Surfside Beach, SC 29575 by the deadline established for each trip. Please send your name and contact information (phone and email), the trip that you wish to go on, and a check made out to SALT. Once we have enough participants who have registered with a deposit, we will book the venues. If the trip does not have full enrollment and is canceled, we will return your check.

St. Augustine, October 5-8, \$1060 pp/dbl, with \$380 as a single supplement. Deposit \$400 due by August 15.

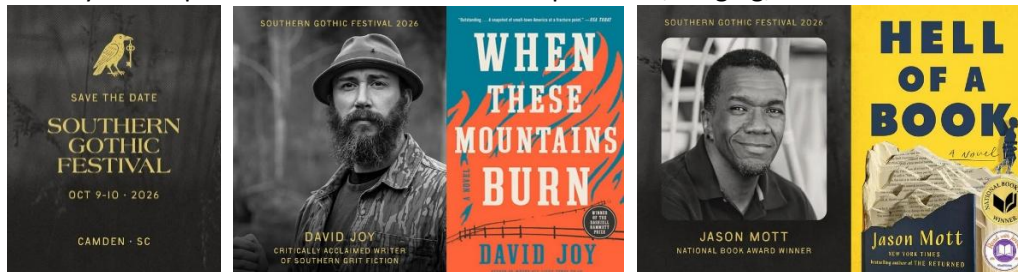
We will take a motor coach from Myrtle Beach, leaving at 8:00 a.m. and stopping for lunch along the way. We will check into our downtown St. Augustine Hotel around 4:00 and enjoy dinner at a nearby restaurant. On October 6, we have tickets on the Old Town Trolley, with admissions to the Old Jail, The Oldest Store Museum, and the St. Augustine History Museum. You are on your own all day, as this is an unlimited shuttle that includes stops at all the main attractions: Lightner Museum, Castillo de San Marcos, Old Senator, Potter's Wax Museum, Spanish Military Hospital, Ximenez-Fatio House, Gonzales-Alvarez House, Flagler College, San Sebastian Winery, City Gate, Colonial Quarter, Lincolnville Museum and Cultural Center, Mission Nombre de Dios, St. Augustine Distillery, Cathedral Basilica, Fountain of Youth. Many of these stops feature museums with admission fees from \$10-20 (not included). There is a separate shuttle to the beach that makes a stop at the St. Augustine Lighthouse & Museum and one to the Alligator Farm. These shuttles are also included in your October 6th ticket. You will get a map for walking tours on the shuttle, so the next day, October 7, we will take you to the downtown area mid-morning and pick you up before our ghost tour that evening. We will check out and leave for home at 9:00 a.m. on October 8. Included: transportation in a 34-passenger motor coach, 3 nights in a downtown St. Augustine hotel, Old Town Trolley ticket for unlimited rides and admissions to three sites, a ghost tour, and three breakfasts at the hotel. All other meals and attractions are on your own.



Camden Southern Gothic Festival, October 9-10, \$250 pp/dbl. \$100 single supplement. Pay in full to register.

We will travel to Camden S.C. by van, leaving at 9:00 a.m. and stopping for lunch along the way. We will take a short tour of the National Steeplechase Museum before checking into our hotel, the Holiday Inn Express Hotel & Suites. After a short rest, we will go downtown to seat at one of their local restaurants and then enjoy the concert that is

featured as part of the Southern Gothic Festival. The next day, after a nice breakfast at the hotel, we will pack our bags and make our way to the Revolutionary War Visitor Center, where there will be author talks, literary readings, investigative panels on true crime and Southern culture, folklore and history programs, and book signings. Alongside these conversations and concerts, you will find books to buy, artisans and craft vendors, and exclusive Southern Gothic merchandise. Check out [this link](#) for the speakers that are already lined up for the event. Included: transportation, lodging, breakfast.



Mountain Getaway, October 18-21, Cleveland, SC, \$375. Pay in full to register. (FULL)

We will leave at 9:00 a.m. and stop for lunch along the way. After checking into our VRBO, Kelli and Carol will shop for groceries while everyone settles in. The VRBO is near Caesar's Head and Jones Gap state parks, Greenville, and Brevard, so we anticipate visits to all those places along with some hiking as well. We will probably have breakfasts and dinners at the VRBO (with everyone sharing the food costs) and dine out for lunches. The views of Table Rock from the VRBO are supposed to be wonderful and there's a spacious screened-in porch. Single rooms are limited; you may have to share a room, but not a bed!

Charleston Holiday, November 16-17, \$275 pp/dbl. \$150 single supplement. Pay in full to register.

We will be traveling to Charleston by van (leaving at 9:00 a.m.) and staying overnight at the Andrew Pinckney Inn. We will leave it up to you to fill your two days with shopping, dining, sightseeing, or just relaxing. You can store your belongings in the van after we check out, and then continue to enjoy the downtown area until 2:30 p.m. Included: transportation, lodging, breakfast on November 17.



Chinese Lanterns, Kaka Booth Amphitheatre, Cary, NC, November 30-December 1, \$275. \$100 single supplement. Pay in full to register.

We will leave at 10:00 a.m. and travel by van to Cary, NC, checking into our hotel, La Quinta Suites by Wyndham, upon our arrival. Depending on the timing of our admission tickets, we will take the 45-75 minute walking tour of the Lantern festival at Koka Booth

Amphitheatre and eat dinner that night. Chinese lantern making began in the Han Dynasty (206 BC-220 AD). Cary hosts more than 50 Chinese artisans and performers at this festival, and it takes 15 days to set up the lanterns. Each lantern is created by hand using silk fabric and steel frames. We will check out by 10 a.m. the next day and head home, stopping along the way for lunch. Included: transportation, lodging, admission to the festival, breakfast at the hotel.



**Old Salem and Biltmore at Christmas, December 5-7, \$750/\$200 single supplement.
\$300 deposit due by August 31.**

We will travel by motor coach, leaving at 7:00 a.m. and arriving at 11:00 a.m. to spend the day touring Old Salem, a historic district and living-history museum in Winston-Salem, North Carolina, originally settled by the Moravian community in 1766. It preserves the 18th- and 19th-century Moravian way of life through restored buildings, costumed interpreters, working trade shops, and heirloom gardens. Our tickets provide entry into all the buildings and the Museum of Early Southern Decorative Arts. Have you ever had Moravian cookies or sugar cake? You'll love these sweets! There are places to eat in Old Salem, so lunch is on your own. At 4:00, we will check into the nearby Historic Brookstown Inn and after a short rest, dine at either Di Lisio's Italian Restaurant or Xia's Asian Tapas & Pho. Those wishing to do the special Christmas night tour (and who are lucky enough to snag tickets) can return to Old Salem that evening. (Note: these tickets must be purchased ahead of time and are not part of the tour we are offering.)

The next morning, we will check out around 10 a.m. and head to Asheville. The motor coach driver will drop us in downtown Asheville so that we can shop and enjoy lunch on our own, and then will pick us up at 4:00 to check into the Baymont Hotel. We will leave for the Candlelight Tour at the Biltmore estate around 5:30 and then have dinner at the Texas Roadhouse next to our hotel. On the morning of the 7th, we will check out, visit the conservatory and Antler Village on the Biltmore Estate and then head home around 2:00 p.m. Included: transportation by motor coach, lodging, two breakfasts, admission to Old Salem and the Biltmore Estate.

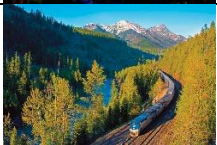


**National and International Tours for 2025 and 2026
Premier World Discovery and Collette Tours**

All prices are per person, based on double occupancy and **include airfare from Myrtle Beach** (unless otherwise indicated). Brochures with full details can be found at wnsalt.com under "Excursions." In

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some cases, these prices are based on early registration and may go up \$200-\$300 if that early deposit is not made. Arrangements can be made to fly from another location if you are not located in Myrtle Beach. Book directly with the tour company, using the booking number in the brochure. We will hold a pre-departure meeting with the PWD representative prior to the PWD trips.

	Explore America's Historic East (PWD) October 11-19, 2026, \$4799 pp/dbl
	Treasures of Croatia & Slovenia (PWD) October 13-23, 2026, \$5025 pp/dbl
	Culinary Journey through Tuscany & Florence (PWD) October 13-21, 2026, \$4999 pp/dbl
	Sante Fe & the Land of Enchantment (PWD) November 1-10, 2026, \$2999 pp/dbl
	Victoria & Vancouver Christmas (PWD) December 1-7, 2026, \$4499 pp/dbl
	New York City Holiday (PWD) December 4-9, 2026, \$4199 pp/dbl
	Sierra Nevada Rail Journey (PWD) January 22-27, 2027, \$2924 pp/dbl
	Colorful Costa Rica Adventure (PWD) February 3-12, 2027, \$4174 pp/dbl
	Hawaii 3 Island Adventure (PWD) March 9-17, 2027, \$6699 pp/dbl
	Highlights of Italy's Amalfi Coast & Rome (PWD) April 6-15, 2027, \$4824 pp/dbl

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	Holland Windmills, Waterways & Tulips River Cruise (PWD) April 15-24, 2027, from \$5895 pp/dbl
	Alpine Countries: Switzerland, Austria & Germany (PWD) May 13-21, 2027, \$5474 pp/dbl
	Southern Italy & Sicily (Collette) May 13-26, 2027, \$5999 pp/dbl
	Utah's Mighty National Parks (PWD) June 13-20, 2027, \$3999 pp/dbl
	The Azores (Collette) June 17-29, 2027, \$6749 pp/dbl
	Highlights of Scandinavia (PWD) July 15-26, 2027, \$7924 pp/dbl
	Colorado Rockies, Rails & Western National Parks (PWD) August 8-17, 2027, \$4774 pp/dbl
	Exploring Britain & Ireland (Collette) September 26-October 10, 2027, \$7199
	Fall Colors & Lighthouses of the Great Lakes (PWD) September 30-October 8, 2027, \$4449 pp/dbl
	New England Rails & Trails (PWD) October 4-13, 2027, \$4899 pp/dbl
	Smoky Mountain & Pigeon Forge Holiday (PWD) November 29-December 3, 2027, \$2949 pp/dbl

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	Switzerland & Christmas Markets of the Rhine (PWD) December 9-18, 2027, from \$5095 pp/dbl
	South Pacific Wonders (Collette) January 11-28, 2028, \$10,899 pp/dbl
	The Northern Lights of Finland (Collette) February 9-16, 2028, \$6999 pp/dbl