



Eastern Los Angeles Regional Center

*An overview of the state
regional center system*

Regional Centers

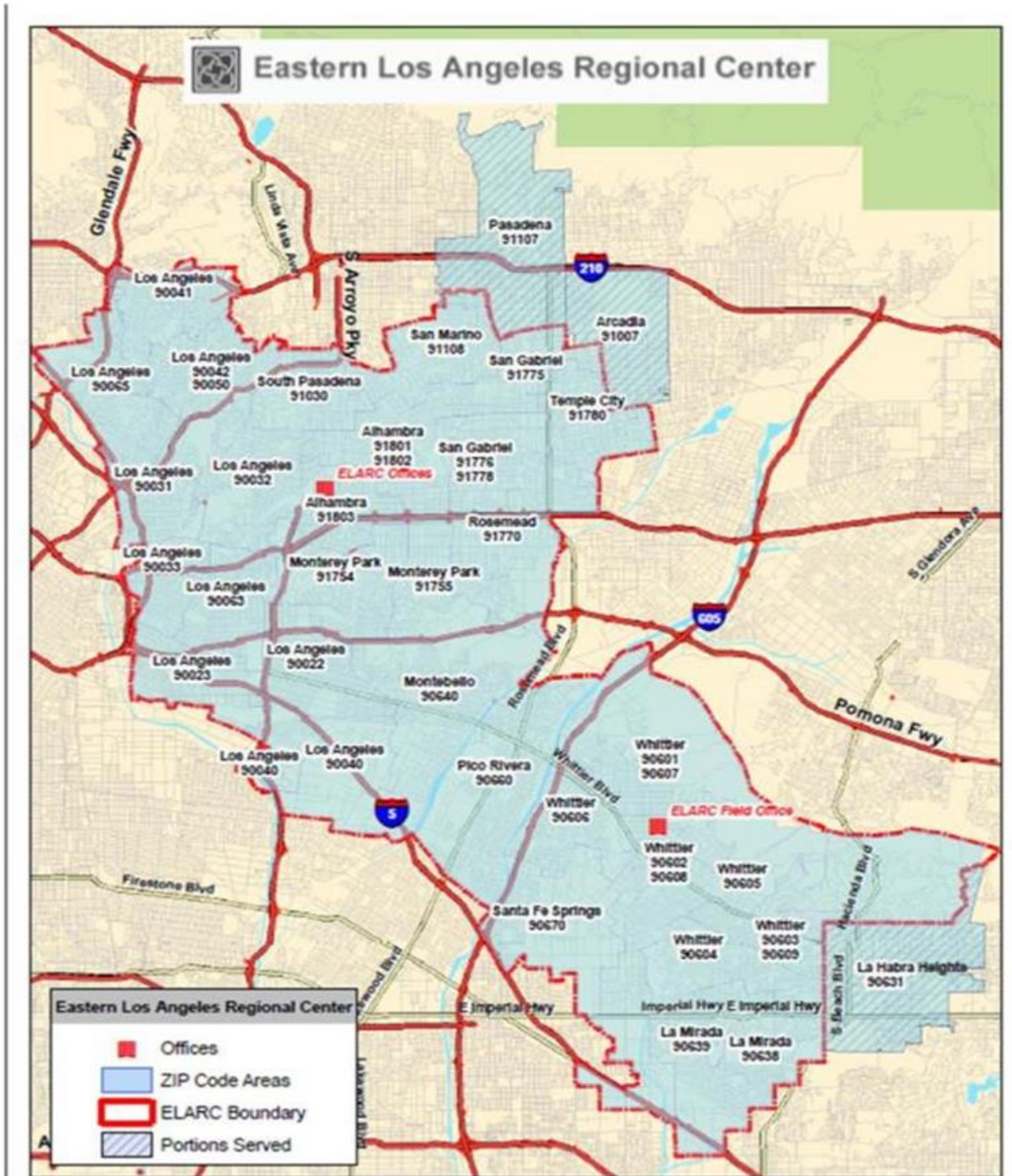


- Private, non-profit organizations under contract with the State of California Department of Developmental Services (DDS)
- 21 Regional Centers throughout California
- 7 Regional Centers in Los Angeles County.
- If eligible, services are for the individual's lifespan (age 3+); however, they are voluntary.
- Eligibility and services are not determined by citizenship, legal status or income.

ELARC's Catchment Area

ELARC serves the following communities:

- Alhambra
- Boyle Heights
- City Terrace
- Commerce
- East Los Angeles
- El Sereno
- Highland Park
- La Habra Heights
- La Mirada
- Lincoln Heights
- Montebello
- Monterey Park
- Pico Rivera
- Rosemead
- San Gabriel
- San Marino
- South Pasadena
- Santa Fe Springs
- Temple City
- Whittier
- Bell (recently added)



Who is eligible?



Eligibility factors for *Early Intervention Services* (birth to 36 months):

- ☐ Between 0 and 3 years of age
- and
- ☐ Developmental Delay
- or
- ☐ High Risk Factors
- or
- ☐ Established Risk Condition

Developmental Disabilities included in the Lanterman Act (ages 3+):

- ☐ Cerebral Palsy
- ☐ Autism
- ☐ Intellectual Disability
- ☐ Epilepsy, and
- ☐ 5th Category (Disabling conditions found to be closely related to intellectual disability or require treatment similar to that required for intellectually disabled individuals)

Developmental Disability

- Intellectual Disability- is defined as significant sub-average level of intellectual functioning. IQ levels are 70 or below with concurrent deficits or impairments in adaptive functioning such as areas of self-help and safety awareness.
- Autism- Autism Spectrum Disorder is defined as a syndrome causing gross and sustained impairment in social interaction and communication with restricted and stereotyped patterns of behavior, interests, and activities that appear in the early developmental period.
- Cerebral Palsy- Cerebral Palsy (CP) is caused by a brain injury that occurs before, during or shortly after birth. There are different types of Cerebral Palsy; Spastic, Ataxic and Athetoid.
- Epilepsy- According to the California Department of Developmental Services, Epilepsy is defined as a pattern of a sudden attack of electrical impulses in the brain causing the body to react. They are recurrent and unprovoked seizures. There are two types of seizures: Generalized and Partial.
- 5th Category-Includes other conditions closely related to intellectual disability or requiring treatment similar to that required for individuals with intellectual disability but does not include other handicapping conditions that are solely physical in nature.

Who is eligible?

(Intake ages 3+)

- Individuals must have a Developmental Disability that originated before age 18.
- Be expected to continue indefinitely.
- Constitute a substantial disability for the individual.

Conditions that are solely physical in nature, psychiatric conditions, and learning disabilities are not included.



Early Intervention Eligibility (birth-36mo)

- **Developmental Delay**
 - *A delay of 25% in ONE or more developmental areas, including social, adaptive, physical, communication, and cognitive.*
- **Established Risk Condition**
 - *Children with a condition of known etiology with a high probability of resulting in developmental delay, such as Down Syndrome or Cerebral Palsy.*
- **High Risk Factors**
 - *Children with TWO or more medical factors that place them at risk for a developmental disability, including prematurity of <32 weeks and/or low birth weight, assisted ventilation of >48 hours during the first 28 days of life, and/or prenatal substance exposure.*

ELARC Services & Supports

Regional centers may coordinate services and supports for individuals with developmental disabilities and their families based on need. Some of the services are:

Early Start Services (0-36mo)

- Infant Education Program
- Medical Services for diagnoses and evaluation
- Speech and language services
- Psychological Services
- Assistive technology
- Occupational Therapy
- Audio Services
- Physical therapy services
- Transition support to local education agency

Ages 3+ to adulthood

- Adaptive skills training
- Independent Living Skills
- Social Skills
- Social Recreation
- Coordinated Life Services
- Coordinated Family Services
- Respite Services
- Personal Assistance
- Crisis Services
- Transportation
- Adult Day Centers Programs
- Employment programs
- Parent support services
- Translation/Interpretation services
- Residential care home

Cost for Regional Center Services

- ❖ There is no charge for diagnosis and assessment for eligibility
- ❖ Once eligibility is determined, most services are free
- ❖ ELARC services and supports are approved per Purchase of Service (POS) policies and procedures.
- ❖ Regional Centers are required by law to access all sources of funding. Natural Supports and generic resources must be explored prior to Regional Center funding approval. A generic resource is a service provided by an agency which has a legal responsibility to provide services to the general public and receives public funds for providing those services.

Some examples of generic resources are as follows:

Generic resources:

- | | |
|-------------------------------------|--|
| •School districts (3-22 years old) | •California Children's Services (CCS) |
| •In-Home Supportive Services (IHSS) | •Department of Public Social Services (DPSS) |
| •Department of Rehabilitation (DOR) | •CalFresh |
| •Medi-Cal/private insurance | •Social Security Income (SSI) |
| •Applied Behavior Analysis(ABA) | •Behavioral Mental Health Services |

What does Regional Center do?

If found eligible, a Service Coordinator is assigned to assist in coordinating services and supports for individuals with developmental disabilities. Regional Center helps individuals and families find and access services, coordinate care and develop individualized plans.



How to get started



- **Contact: Assessment & Special Services Division, Intake & Assessment Unit at:**
(626) 299-4770, (626) 299-4759, (626) 299-4634 <<For ages 3+>>
(626) 299-4777, (626) 299-4691 >>For ages birth-36 months<<
- **The process is compromised in 3 components:**
Intake, Assessment clinic and Assessment period
- **Assessment clinic interview:**
Scheduled on Tuesdays and Thursdays
- **Timeline to schedule a Psychological evaluation**
Within 1 month following your interview with the Assessment Coordinator.
- **Timeline to determine eligibility**
The process takes 120 days.



Questions?



Eastern Los Angeles Regional Center

Alhambra office:

1000 S. Fremont Ave.

Alhambra, CA 91802

626.299.4700

Whittier office:

13215 Penn St., Ste. 410

Whittier, CA 90602

562.698.1046

www.elarc.org

Stay up to date & Follow us on Social Media



EASTERN LOS ANGELES
REGIONAL CENTER



@easternlosangelesregionalcenter



@EasternLA_RC



@eastern_la_rc



YouTube

@easternlosangelesregionalc2006





Thank you!

Velen Soltero

Community Access Coordinator

626-248-4981

vsoltero@elarc.org