



FAMILY ENRICHMENT
AUSTRALIA



Reclaiming Childhood from Screens

Understand the impact of smartphones on Gens Z & Alpha's mental health and well-being. Discover solutions to reclaim a happier & healthier childhood!

A WORKSHOP FOR PARENTS WITH KAT ALVIR

Educator, Parent & Student Mentor
and Positive Psychology Practitioner



followed by Q & A and afternoon tea

Sunday | 21st Sep 2025 | 2-3:30pm

Beecroft Community Centre

111 Beecroft Rd, Beecroft

www.fea.org.au | info@fea.org.au

REGISTER HERE



\$20 per couple