

WANT THE BEST FOR YOUR CHILD?

Kids Matter is a free, friendly group for anyone with children aged 1-10 years. We discuss how to build strong families and help our kids do their best in life.



During the 6 weeks, we cover the following:

Taster – Come and see what it's like to be in a Kids Matter group

Session 1 – Building a strong family

Session 2 – Loving our children well

Session 3 – Play, encouragement and listening

Session 4 – Routines and rewards

Session 5 – Family rules and consequences

Session 6 – The bigger picture

Booster – Checking in 3 months later

Every session will have coffee, tea and food and a free crèche.



Kids Matter will be running for 6 weeks for parents and carers in your area soon!

For more information contact: 07902 743276

What we wish we'd known back then!

Hindsight is a wonderful thing. If only we knew back then what we know now everything would have been so much better. Or would it?

Hi! We're Karen and Paul. Paul is the current Vicar of 3 churches in the Wisbech and Walsoken area. Karen has many years experience of working with, and counselling, children and families in various settings. We moved to Wisbech in 2024 and wanted to introduce ourselves to you as we are now working closely with Orchards Primary School. You'll likely see us around the school from time to time...or maybe out walking with our dogs. If you do, feel free to say hello, we'd love to get to know you.

But that's not the main reason why we wanted to say Hi! We wanted to introduce ourselves because just like you we're parents, and being a parent is hard work. We know this because we have 5 children between us as a blended family, 4 boys, 1 girl. We raised them together in one chaotic and noisy household. Our children are grown up now, and we're incredibly proud of the people they have become, but there's lots of things we wished we'd known when they were younger. Like 'how do you stay calm when everything around you is utter madness, and your child with ADHD has a meltdown?' Or 'how can I get my child off that game when it's time for tea/bed etc?' Maybe it's when your partner says Yes after you already said No to your child? And yes, these are things we experienced as parents.

We've been there, and have some great stories to share. We'd like to share them with you. We were struggling parents and thought we were the only ones. Does that sound familiar? The truth is we weren't the only ones struggling. We went to a support group whose aim was to give parents a voice and we met people with the same issues we had. We weren't sure we wanted to go, but took a chance. We learnt a lot, we shared what wasn't going well, and what was, and as a group we supported each other as we learnt how to deal with the rollercoaster of being a parent.

We'd like to offer you the same opportunity to come together and talk about the pressures of being a parent in today's world. This includes anyone who cares for children...grandparents are welcome. No judgement, just support over biscuits, cake and drinks. There's no charge and pre-school children are welcome. We'll be holding a taster session on the 5 June in the school, with more details to follow. There's also some information on the back of this sheet about the group and how to contact us.



Karen and Paul Kite