



YOGA

LED BY AMBEKA - SHAPEUP NYC

6:15 PM | MONDAYS



OPEN RUN NYC

NYC ROAD RUNNERS

9:00 AM | SATURDAYS



Friends' International Yoga Day and Yoga Series is possible thanks to grant from NewYork-Presbyterian.

YOGA CENTERING SERIES

LED BY AMBEKA | ACROSS FROM TENNIS HOUSE

9:00 AM - 10:30 AM | SEP 6 & 20, OCT 4



**JUN
21**

INTERNATIONAL YOGA DAY

REGISTRATION IS REQUIRED | ACROSS FROM TENNIS HOUSE

10:00 AM - 12:00 PM



**JUN
28**

THE WILD ROBOT

MOVIES UNDER THE STARS | BIG HILL ON 35TH AVE

8:55 PM - 10:45 PM



**JUL
18**

PUPPET SHOW: PIPPI LONGSTOCKING

CITY PARKS FOUNDATION | O'ROURKE PLAYGROUND

10:00 AM - 12:00 PM



**JUL
19**

JOHN GOLDEN DAY

URBAN PARK RANGERS, HISTORY TOUR | TENNIS HOUSE

10:00 AM - 11:30 AM



**AUG
14**

HAMLET

HIP2HIP THEATRE CO. | BIG HILL ON 35TH AVE

7:30 PM



**SEP
13**

MAD SCIENCE - "H₂O"

ACTION PACKED SCIENCE | O'ROURKE PLAYGROUND

10:00 AM - 10:45 AM



**SEP
20**

FOREST BATHING

REGISTRATION IS REQUIRED | LINDA LOMBARDO

10:00 AM - 11:45 AM

