



## CALENDAR **OF EVENTS**

APR -SEP

GENTLE YOGA

LED BY AMBEKA - SHAPEUP NYC



6:15 - 7:00 PM | MONDAYS

APR **27**  FOREST BATHING

PRE-REGISTRATION IS RECU

NEXT EVENT TBA,
JOIN WAITLIST!



MAY

CORD MEYER PARK CLEANUP

FREE T-SHIRT FOR VOLUNTEERS



10:00 AM - 12:00 PM

MAY

BIRDING TOUR

LED BY QUEENS COUNTY BIRD CLUB 31





9:00 - 11:00 AM

JUN

21

INTERNATIONAL YOGA DAY

REGISTRATION IS REQUIRED



10:00 AM - 12:00 PM

JUL

JOHN GOLDEN DAY

PARK HISTORY TOUR HOSTED BY URBAN PARK RANGERS





0:00 AM - 12:00 PM



