



YOGA

LED BY AMBEKA - SHAPE UP NYC

6:15 PM | MONDAYS



OPEN RUN NYC

NYC ROAD RUNNERS

9:00 AM | SATURDAYS



MAY 16 & 30 YOGA CENTERING SERIES *

LED BY AMBEKA | NEAR TENNIS HOUSE



JUN 6

9:00 AM - 10:30 AM



Friends' Yoga Centering Series is possible thanks to NewYork-Presbyterian Mini-Grant and fiscal sponsorship by FJC

MAY 27

TREE CENSUS *

URBAN PARK RANGERS & NYC PARKS | TENNIS HOUSE

11:00 AM



JUN 20

ETERNITY

MOVIES UNDER THE STARS | BIG HILL

8:00 PM



JUN 27

INTERNATIONAL YOGA DAY *

YOGA, TWO MEDITATION SESSIONS, REFRESHMENTS & FREE RAFFLE | TENNIS HOUSE

10:00 AM - 12:30 PM



JULY 11

JOHN GOLDEN DAY

YOGA WITH AMBEKA, URBAN PARK RANGERS, BAYSIDE HISTORICAL, FDNY CPR DEMO, QPL BUS | TENNIS HOUSE

9:00 AM - 1:00 PM



JULY 30

AS YOU LIKE IT

SHAKESPEARE IN THE PARK | HIP TO HIP THEATRE | BIG HILL

7:30 PM



AUG 5

MACBETH

SHAKESPEARE IN THE PARK | HIP TO HIP THEATRE | BIG HILL

7:30 PM



* REGISTRATION REQUIRED