



## **Structure of the 90-minute Weekly Mastermind Call**

### **1. Opening (10 minutes)**

Each person completes the following three sentences:

- Right now I am feeling...
- The “win” for the week that I am celebrating is...
- How I did with last week’s commitment...

### **2. Sharing (12 minutes each plus a few minutes of feedback from each listener)**

- Each person shares, getting feedback from the group in whatever way would be most helpful.

### **3. Closing (10 minutes)**

Each person completes the following two sentences:

- What was most helpful for me on this week’s call was...
- After today’s call, the one thing I am most committed to doing this coming week is...

**4. Confirm the next week’s day and time will work for everyone (or pick an alternate meeting time if not), and state next week’s leader according to the group’s rotation order.**