

**Attachment 2 Cycle Menu B No Pork No Peanut 2025-2026**

Week of: \_\_\_\_\_

Refer to the Child Care Food Program Meal Pattern for Children (Attachment 1) when planning portion sizes for age groups specified in this contract. Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat free (skim) milk. Children six years old and older must be served unflavored or flavored lowfat (1 percent) or fat-free (skim) milk. *Substitutions require state office approval.*

BREAKFAST	Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Milk Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate			Colby Cheese Slice (1 oz)		
	Vegetable/Fruit/Juice Ages 1-18: ½ c	100% Apple Juice	Pears	Pineapple	Cinnamon Apples	Banana (1 whole)
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Cinnamon Raisin Bagel <i>Cream Cheese WG</i>	Multi Grain Cheerios (100% whole grain)	100% Whole Grain Bread <i>Butter or Marg.</i>	Waffles (whole grain-rich)	100% Whole Grain English Muffin <i>Butter or Marg. &amp; Jelly</i>
LUNCH	Milk Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Black Beans & Rice	Grilled Chicken Fettucini	*Breaded Fish <i>Ketchup</i>	Orange Chicken	*Oven Fried Chicken
	Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Green Beans	Peas	Green Peas & Carrots	Stir Fry Vegetables	Salad (Spinach, Romaine, Tomato, Cucumber) <i>Italian or Ranch Dressing</i>
	Fruit or Vegetable Ages: 1-18: ¼ c	Plantains	Peaches	Watermelon	Mandarin Oranges	Baked Beans
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Brown Rice	WG Bread	Soft Roll	Brown Rice	Cornbread
SNACK	Milk Ages 1-5: 4oz; Ages 6-18: 8oz					
	Meat/Meat Alternate Ages 1-5: ½ oz; Ages 6-18: 1 oz	Yogurt 4 oz			Sliced Turkey (1 oz)	
	Vegetable Ages 1-5: ½ c; Ages 6-18: ¾ c					
	Fruit/Juice Ages 1-5: ½ c; Ages 6-18: ¾ c	Fruit Cocktail	100 % Apple Juice	Peaches		Fresh Orange Wedges
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent		Blueberry Muffin	Cheese Crackers WG	100% Whole Grain Bread <i>Mayo &amp; Mustard.</i>	Animal Crackers

**IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5.** \*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe. Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item). **All food must be peanut and tree nut free.**

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<b>Week Two</b>		<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	<b>Milk</b> Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>	Cheddar Cheese Slice (1 oz)		Egg omelet		
	<b>Vegetable/Fruit/Juice</b> Ages 1-18: ½ c	Pineapple	Pears		Peaches	Strawberries
	<b>Grains</b> Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Kix Cereal (Original, Honey, or Berry Berry; (whole grain-rich)	Plain Bagel <i>Cream Cheese</i>	100% Whole Grain Bread (1 slice) <i>Butter or Marg.</i>	WG English Muffin <i>Butter or Marg. &amp; Jelly</i>	WG Pancakes  (whole grain-rich)
<b>LUNCH</b>	<b>Milk</b> Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Salisbury Steak	*Chicken Nuggets <i>Ketchup</i>	Meatloaf with Gravy	Chicken Salad (chicken tenders) w/ranch	Raviolis
	<b>Vegetable</b> Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Steamed Carrots	Mashed Sweet Potatoes	Green Beans	Romaine/Iceburg	Salad (Spinach, Romaine, Tomato, Cucumber) <i>Italian or Ranch Dressing</i>
	<b>Fruit or Vegetable</b> Ages: 1-18: ¼ c	Mashed Potatoes	Applesauce	Seasonal Fresh Fruit  Berry mix	Tomatoes, cucumbers shredded cheese	Fruit Cocktail
	<b>Grains</b> Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	100% Whole Wheat Roll <i>Butter or Marg.</i>	100% Whole Grain Bread <i>Butter or Marg.</i>	Biscuit WG	WG Roll	WG Garlic Bread
<b>SNACK</b>	<b>Milk</b> Ages 1-5: 4oz; Ages 6-18: 8oz					
	<b>Meat/Meat Alternate</b> Ages 1-5: ½ oz; Ages 6-18: 1 oz			Cheddar Cheese Slice	Yogurt 4 oz	Chicken Salad
	<b>Vegetable</b> Ages 1-5: ½ c; Ages 6-18: ¾ c					
	<b>Fruit/Juice</b> Ages 1-5: ½ c; Ages 6-18: ¾ c	100 % Grape Juice	100% Orange Juice	Fresh Apple Slices		
	<b>Grains</b> Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	WG Cheese Crackers	Corn Muffin		Graham Crackers WG (plain or honey)	Crackers WG (savory)

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## Attachment 2 Cycle Menu B No Pork No Peanut 2024-2025

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Week Three		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Milk Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Mozzarella Cheese Slice (1 oz)				Turkey Bacon
	Vegetable/Fruit/Juice Ages 1-18: ½ c	Peaches	Mandarin Oranges	Cantaloupe	Cinnamon Apples	Banana (1 whole)
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Original Cheerios (100% whole grain)	Raisin Bread WG (plain, no icing) <i>Butter or Marg.</i>	Blueberry Muffin	Frosted Mini Wheats Little Bites Original Cereal (100% whole grain)	100% Whole Grain English Muffin <i>Butter or Marg. &amp; Jelly</i>
LUNCH	Milk Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Turkey Sandwiches	Chicken Sandwich	Chicken in Gravy or Sauce	Macaroni & Cheese 1/2 order nuggets	Chicken Quesadilla
	Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Green Beans	Smiley Fries	Green Peas	Salad (Spinach, Romaine, Tomato, Cucumber) <i>Italian or Ranch Dressing</i>	Plantains
	Fruit or Vegetable Ages: 1-18: ¼ c	Pineapple	Fruit Cocktail	Fresh Apple Slices	Roasted Potatoes	Pears
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	WG Bread	100% Whole Grain Hamburger Bun	Soft Roll	Garlic Bread WG	WG Tortilla
SNACK	Milk Ages 1-5: 4oz; Ages 6-18: 8oz					
	Meat/Meat Alternate Ages 1-5: ½ oz; Ages 6-18: 1 oz	Yogurt 4 oz	"Muffin Pizzas" Mozarella Cheese			Cheese Stick
	Vegetable Ages 1-5: ½ c; Ages 6-18: ¾ c		Tomato Sauce	Sliced Cucumbers <i>Ranch Dip</i>		
	Fruit/Juice Ages 1-5: ½ c; Ages 6-18: ¾ c				100% Grape Juice	Fresh Orange Slices
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Graham Crackers (plain or honey)	WG English Muffin	100% Whole Grain Crackers	Fish Shaped Crackers	

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Week Four		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<b>Milk</b> Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>			Yogurt	Turkey Bacon	
	<b>Vegetable/Fruit/Juice</b> Ages 1-18: ½ c	Fruit Cocktail	Applesauce	Berry Mix	100% Apple Juice	Banana (1 whole)
	<b>Grains</b> Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Life Original Cereal (whole grain-rich)	Blueberry Muffin	100% Whole Grain Granola	Biscuit <i>Butter or Marg.</i>	Multi Grain Cheerios (100% whole grain)
LUNCH	<b>Milk</b> Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b> Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Meat Lasagna	*Breaded Fish <i>Ketchup</i>	Sliced Turkey with Gravy	*Chicken and Rice	Hamburger (Lettuce and Tomato)
	<b>Vegetable</b> Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Vegetable in Lasagna	Cucumber Slices	Steamed Baby Carrots	Green Beans	Oven Fried Potatoes
	<b>Fruit or Vegetable</b> Ages: 1-18: ¼ c	Pineapple	Tangerine/Clementine Slices (Fresh)	Mashed Potato (Fresh, not instant)	Mandarin Oranges	Pears
	<b>Grains</b> Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Garlic Bread	Soft Roll	Corn Muffin	Brown Rice (100% whole grain)	Bun <i>Mustard, Mayo, Ketchup</i>
SNACK	<b>Milk</b> Ages 1-5: 4oz; Ages 6-18: 8oz	Yogurt				
	<b>Meat/Meat Alternate</b> Ages 1-5: ½ oz; Ages 6-18: 1 oz		Cheddar Cheese Slice		Yogurt 4 oz	Melted Cheddar
	<b>Vegetable</b> Ages 1-5: ½ c; Ages 6-18: ¾ c					
	<b>Fruit/Juice</b> Ages 1-5: ½ c; Ages 6-18: ¾ c	Fruit Berry mix "Berry Smoothies"		Fresh Orange Wedges	Peaches	
	<b>Grains</b> Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	100% Whole Grain Crackers	100% Whole Grain Bread	Crackers (savory)		Whole Grain Tortillas

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