

At Wellness & Hormones Avenue, we believe true health is never one-dimensional. The way you feel day to day is shaped by far more than a single symptom or lab value—it can be influenced by hormones, metabolism, stress, sleep, nutrition, gut health, lifestyle, and the many demands life places on the body over time. That's why our approach to care goes beyond quick fixes. We look at the individual as a whole, knowing that lasting wellness often begins with a deeper understanding of what is happening beneath the surface.

Our philosophy blends functional medicine with personalized, cash-based semi-concierge care to help you feel better from the inside out. For some, that may mean hormone optimization, medical weight loss, peptide support, ketamine therapy, IV and injection therapies, or advanced functional testing. Every plan is tailored to support energy, balance, resilience, and long-term wellness—offering a more personal, accessible approach to care that helps you feel more like yourself again.



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Wellness & Hormones Avenue,
a new way of living

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MEDICAL MEMBERSHIPS

Memberships provide ongoing medical management and prescription support, with structured follow-ups, priority scheduling, and between-visit guidance so your care stays on track over time. *Important:* Memberships are required for all hormone (non-pellet) and active weight loss patients.

WHAT'S INCLUDED IN MEMBERSHIPS

Membership Perks:

- Ongoing medical management and monitoring
- Priority scheduling
- Text support during business hours (responses typically same or next business day)
- No Rx fees for membership-related prescriptions
- 10% off skincare, supplements, and retail products

Important Notes:

- Medications are not included in memberships; patients pay the pharmacy directly for prescriptions
- Total monthly medication cost varies by medication type, dose, and pharmacy
- Labs are not included; insurance may be used for eligible labs, and cash-pay options are also available

Perfect for patients who want ongoing support, streamlined care, and a simple way to stay consistent with their hormone, weight loss, and wellness goals.

MEDICAL MEMBERSHIPS

Hormone Management Membership (non-pellet) – \$149/mo

- Initial 4 week visit included
- Quarterly follow-up visit included (every 3 months)
- Brief check-ins as needed

Weight Loss GLP Membership – \$179/mo

- Every 4-week check-in included
- Refill check-in included with each refill

Dual Care Bundle (Hormone + Weight Loss) – \$299/mo

- Includes both hormone + weight loss management

Pellet Medical Management Add-On – \$69/mo

- Support between pellet insertions
- Visits included for peak/trough lab review as needed
- Rx management for supportive hormones as clinically appropriate (including thyroid)

Urgent Care Add-On Membership – \$69/mo

- 1 telehealth/in-person urgent care visit per month

OFFICE VISITS

Focused Initial Evaluation (45 min)	\$225
Comprehensive Initial Evaluation (60 min)	\$300
Follow-Up Visit (Standard, up to 30 min)	\$150
Follow-Up Visit (Extended, up to 45 min)	\$225
Ketamine Initial Consult (60 min)	\$200
Ketamine Follow-Up/Refill (20–30 min)	\$150

HORMONE PELLETT THERAPY

Pellet Therapy Women - per service	\$475
Pellet Therapy Men - per service	\$850
+ Pellet Medical Management Add-On	\$69/mo

ADMIN / RX FEES (IF NOT A MEMBER)

Rx Initiation Fee \$75		Rx Refill Fee \$45
Simple Letter/Referral \$50		Complex Letter \$100

IV THERAPIES

Essential Wellness IV Individual 4-Pack	\$295 \$1,050
Enhanced Wellness IV Individual 4-Pack	\$395 \$1,410
Ultimate Wellness IV Individual 4-Pack	\$495 \$1,770

- Enhanced Wellness IV includes: Essential IV + Glutathione (100 mg) + 1 standard enhancement.
- Ultimate Wellness IV includes: Essential IV + Glutathione (100 mg) + 2 standard enhancements.

INJECTION THERAPIES

Vitamin B12 5 mg.	1 inj 4-Pack 8-Pack 12-Pack	\$35 \$99 \$149 \$199
Vitamin D3 50,000 IU	1 inj 4-Pack 8-Pack 12-Pack	\$45 \$129 \$219 \$279
Glutathione 200 mg	1 inj 4-Pack 8-Pack 12-Pack	\$79 \$279 \$499 \$649
NAD 200 mg	1 inj 4-Pack 8-Pack 12-Pack	\$129 \$459 \$849 \$1,199
MICC	1 inj 4-Pack 8-Pack 12-Pack	\$105 \$379 \$699 \$999

- At-home vials are available by prescription. Rx fees apply for non-members and are waived for members.

DIAGNOSTIC TESTS

In-Office Lab Draw Fee	\$75
Cash-Pay Serum Testing (Quest)	Varies
Insurance-Based Serum Testing	Varies
Genetic Swab Testing	\$349
DUTCH Hormone Urine Testing	\$299-\$700
Allergy Serum Testing	\$249-\$539
TruAge + TruHealth Finger-Prick Testing	\$850
At-Home Sleep Study	\$249

EST MEDICATION COSTS (MONTHLY)

Semaglutide (compounded)	\$100-\$450
Tirzepatide (compounded)	\$149-\$450
Testosterone injections	\$30-\$125
HRT creams (compounded)	\$60-\$150
Oral testosterone	\$200-250

- Pharmacy costs vary by dose, supply, and pharmacy. Patients pay the pharmacy directly.
- Estradiol, progesterone, and thyroid medications may be covered by insurance at standard pharmacies.

IN-OFFICE

- Aesthetic services available (botox, filler, microneedling)
- Epicutis skin-care, intimacy wellness, and supplements including Nutrafol and AG1 available for purchase in office and on our website through the store.

PAYMENT OPTIONS

We offer a variety of convenient payment options to make your aesthetic experience feel seamless and accessible. Patients may use major credit cards, cash, HSA/FSA cards when eligible, membership funds, and applicable manufacturer rewards or discounts.

CHERRY PAY

For those who prefer added flexibility, Cherry payment plans are available for qualified patients. This allows you to book and enjoy your treatment now and pay over time with manageable monthly payments.

