



Privacy statement

2026-2028

Hélène van Oudheusden, Personal Coach respects the privacy of all users of its site and ensures that the personal information you provide is treated confidentially. This privacy policy applies to the services of Hélène van Oudheusden, Personal Coach. By using this website you agree to accept the privacy policy.

Personal data

Hélène van Oudheusden, Personal Coach processes personal data you shared with us by using our services and / or because you provide this information to us, for example in correspondence and by telephone. We process personal data on the basis of a legitimate interest, namely one in order to be able to execute our services.

Use of our services

When you sign up for one of our services, we ask you to provide personal information. This data is used to perform the service. The data is stored on secured servers of Hélène van Oudheusden, Personal Coach or those of a third party. We will not combine this information with other personal information we have.

For what purpose and on what basis we process personal data

Hélène van Oudheusden, Personal Coach processes your personal data for the following purposes:

- To call or e-mail you if necessary to carry out our services
- To inform you about changes to our services and products
- To deliver goods and services to you
- To handle your payment
- To send you our newsletter

Communication

When you send e-mail or other messages to us, we may keep those messages. Sometimes we ask you for personal details that are relevant to the situation. This makes it possible to process your questions and answer your requests. The data is stored on secured servers of H el ene van Oudheusden, Personal Coach or those of a third party. We will not combine this information with other personal information we have.

Cookies

We collect data for research in order to gain a better insight into our customers, so that we can tailor our services accordingly.

This website uses "cookies" (text files placed on your computer) to help the website analyze how users use the site. The information generated by the cookie about your use of the website can be transferred to secured servers of H el ene van Oudheusden, Personal Coach or those of a third party. We use this information to keep track of how you use the website to compile reports on website activity and to offer other services relating to website activity and internet usage.

Turn off cookies

Most browsers are set by default to accept cookies, but you can reset your browser to refuse all cookies or to indicate when a cookie is being sent. However, some features and services on our and other websites may not function properly if cookies are disabled in your browser.

Purposes

We do not collect or use information for purposes other than the purposes described in this Privacy Policy unless we have obtained your consent in advance.

Third parties

The information will not be shared with third parties. In some cases the information can be shared internally. Our employees are obliged to respect the confidentiality of your data.

Changes

This privacy statement is tailored to the use of and the possibilities on this site. Any changes and / or changes to this site may lead to changes to this privacy statement. It is therefore advisable to consult this privacy statement on a regular basis.

Choices for personal data

We offer all visitors the opportunity to view, change, or delete all personal information that is provided to us at any time. Please send an e-mail to info@helenevanoudheusden.nl with your request.

Customize / unsubscribe newsletter service

At the bottom of each mailing you will find the possibility to change your details or to unsubscribe.

Automated decision-making

H el ene van Oudheusden, Personal Coach does not take decisions based on automated processing on matters that can have (significant) consequences for people. This concerns decisions taken by computer programs or systems, without involving a person (for example, an employee of H el ene van Oudheusden, Personal Coach).

How long we store personal data

Hélène van Oudheusden, Personal Coach, does not store your personal data longer than is strictly necessary to realize the goals for which your data are collected. We use the legal retention period for entrepreneurs.

Sharing personal data with third parties

Hélène van Oudheusden, Personal Coach will only share personal data if necessary for the execution of our agreement with you (for example to send books) or to comply with a legal obligation. Hélène van Oudheusden, Personal Coach does not sell your information to third parties.

How we secure personal data and complaint procedure

Hélène van Oudheusden, Personal Coach takes the protection of your data seriously and takes appropriate measures to prevent misuse, loss, unauthorized access, unwanted disclosure and unauthorized modification. If you feel that your data is not properly secured or if there are indications of abuse, please contact us via info@helenevanoudheusden.nl. You can also report to the Dutch Data Protection Authority via <https://autoriteitpersoonsgegevens.nl>.

Questions and feedback

We regularly check whether we comply with this privacy policy. Therefore, please check this policy regularly.

If you have questions about this privacy policy, please contact us:

Hélène van Oudheusden, Personal Coach

info@helenevanoudheusden.nl

