



# J. DINEEN ARTS

#JOSEPHSGEMS

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Dear Dance Family,

Thank you so much for taking the time to look into my program. I am absolutely so excited to say Joseph Dineen Arts (JDA) is embarking on our very first official season! I started this program as my official solo step into creating a program, culture & resource for dance students in the PNW to be a part of, that is solely based on my approach to training dance & creating a young artist. Using dance competition/conventions & training for them as part of the curriculum while attending formative performances & performing in shows as exposure to art is part of my equation to building a young artist who can eventually graduate from high school into the big, beautiful world. JDA is for the dedicated student of athleticism & art who is building towards a career in the arts (industry or collegiate) or building themselves into excellent humans through the discipline of dance.

I encourage #JosephsGEMS (JDA program students) to love the details. And in order to do that, we train our technical dance foundations rigorously along with pushing the boundaries of our endurance, physicality & creativity. The work in dance must also be pursued outside of the studio space during home-practice, yes, but also by living life & experiencing dance in its variety of forms & spaces. We must do this all while loving ourselves & leading with kindness along the way. Building a community of hard-working & generously kind humans & families that support one another. I am beyond appreciative to be able to embark on this first season. Whether you & your family become a part of JDA or not, thank you so much for your interest & inquiring into the program.

Best wishes,

Joseph Dineen (Owner/Director)

[@j.dineenarts](https://www.instagram.com/j.dineenarts) / [info@josephdineenarts.com](mailto:info@josephdineenarts.com)



# J. DINEEN ARTS

#JOSEPHSGEMS

## Why choose J. Dineen Arts?

- JDA promises a safe, professional space & approach to training. Exclusivity to the program allows for high standards with encouragement, helping dancers thrive amongst like-minded growing young artists.
- Clear communication: Parents are always informed, welcomed with an open door policy. JDA prioritizes organization and transparency in order to manage & maintain communication.
- Unique training structure: JDA GEMStheTEAM, Elite Soloist & Elevated Training track train exclusively with Joseph on the weekend (GEMStheTEAM & Elevate trainees also required Wednesdays) along with required drop-in classes per month as part of the curriculum.
- Measured progress through benchmark evaluations: Every JDA student will be evaluated on their physical, technical & artistic progress three times during the season (July, November, February).
- Also part of the curriculum, attending performances as a team (i.e. Pacific Northwest Ballet, Cirque du Soliel, Broadway performances at the Paramount, etc.) as part of the exposure to art & industry.
- Individual attention: private lessons with Joseph is a requirement every month for every competing JDA student. Private lesson is not just for solo practice, but also for individual specialized training for the athlete/artist specific to them.
- Elevated training track or HS dance athlete track (No Competition): one can solely train with JDA specifically to focus on training in technical dance while pursuing other recreational focuses ("No Comp" track students are not allowed to be affiliated with any comp studio team unless for junior high/high school dance team).

## ~ Location ~

J. Dineen Arts will be operating out of Emerald City Dance Complex for the entirety of Season I.

5959 Corson Ave S. Suite E, Seattle, WA 98108

We at JDA are super grateful to ECDC for allowing the GEMS program to grow & thrive in their awesome space!

With that said, there are a few dates throughout the season where classes will either be held in a different space, on Zoom or will be made-up on a "make-up" day due to ECDC renting out the entire space for a big function (i.e. shows, photoshoots, production rehearsals, etc.). These dates will be specified on our "important dates" schedule for those that are accepted into JDA the official GEMS training program.

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## ~ Communication ~

At J. Dineen Arts, parents are always informed, welcomed with an open door policy. JDA prioritizes organization and transparency in order to manage & maintain communication.

Our main methods of communication will include: Phone calls (during open office hours-

Times TBA), E-mail, the Band app (most utilized tool for immediate program-wide communication) & Text (for immediate responses & dance emergencies). Our social medias will include: our website, Instagram, Facebook & Linked-in.

[@j.dineenarts](https://www.instagram.com/j.dineenarts) / [info@josephdineenarts.com](mailto:info@josephdineenarts.com)

**JDA** currently has four tracks of training:

Elite Soloist track - #JosephsGEMS (Ages: 11yrs+ eligible)

Team Member track - #GEMStheTEAM (Ages: 8yrs+ eligible)

Elevated Training track - Joseph's Gems trainee (Ages: 8yrs+ eligible)

R.A.D. program track - HS Dance Team training (Ages: 13-18yrs eligible)

Each track is unique & consists of required regular \*weekend core classes, regular private instruction & \*\*drop-in class requirement per month; among other JDA program events, comp/cons & workshops. This ensures that all JDA students are training with a consistent technical & artistic foundation led by Joseph with positivity & professionalism, while actively pursuing exposure to all kinds of dance offered in the greater Seattle area & beyond.

JDA's aim is to build well-rounded young artists who are both disciplined athletes & professional, warm humans, ready for the big world that awaits them after high school. If your young dancer has a formidable spirit & is not intimidated by the natural high-level of training, detail & responsibility to the work, J. Dineen Arts is the training space for your dancer to grow. Because of the natural elevated level of focus, high-level young dancers are in the same room as seasoned teenagers. Classes will be taught with this awareness & will serve to be educational, delivered in a methodic way to ensure all dancers in class are receiving information, making progress & building unity, camaraderie amongst each other.

Not everyone who auditions for JDA will be accepted. Exclusivity to the official training program allows for the standards to be maintained. If your dancer is looking for more casual participation while also exposed to the training JDA has to offer, the 'Train like a GEM' pop-up classes may be a better fit—and is an absolutely great option, especially for those looking to become a JDA program member in the future seasons. Please email [info@josephdineenarts.com](mailto:info@josephdineenarts.com) or follow us on social media for info & more guidance!

\*Team Member & Elevated Training tracks have required core class & rehearsals on Wednesdays during the season.

\*\*R.A.D. program dancers do not have a monthly drop-in class requirement.

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## **Program Track Schedules for the Official GEMS Training**

**Season I will officially begin on Saturday, August 1<sup>st</sup> 2026**

# Elite Soloist track - #JosephsGems

Drop-in class requirement: 4 total classes/mo

**\*Schedule subject to change.**

## **Saturday Schedule (Aug-June):**

9:55am-10:10am Intention & goal setting

10:10am-11:50 SSS & S  
(Stamina/Stretch/Strength&Skills)

11:50am-1:10pm Turns/Leaps & Progressions

1:10pm-1:35pm Lunch break

1:35pm-2:35pm Jazz/Jazz Funk

2:35pm-3:35pm Mobility stretch/partner stretch

\*3:35pm-4:35pm Combo

\*4:35pm-5:35pm Tap

5:35pm-6pm Recovery

## **Sunday Schedule (Aug-June):**

2:55pm-3:10pm Intentions & goal setting

3:10pm-5pm Ballet

5pm-6:15pm Acro/Tumbling

6:15pm-7:30pm Contemporary

7:30pm-8pm Feet, pelvis & shoulders class

8pm-8:30pm Recovery

Elite Soloist group rehearsal will be coordinated on **Wednesdays** during the season, following auditions and the finalization of the Elite Soloist track roster.

\*Variable class: subject to change from week to week for guest teachers/artists

## **Elite Soloist Group Choreography**

All Elite Soloists primarily compete with solo performances at competitions and conventions. However, certain events require soloists to also participate in a group routine in order to be eligible to compete their solos. To meet these competition requirements, all Elite Soloists may be placed in at least one group routine together during the season.

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## Team Member track - #GEMStheTEAM

Drop-in class requirement: 3 total classes/mo

**\*Schedule subject to change.**

### **Saturday Schedule Aug-June:**

9:55am-10:10am Intention & goal setting

10:10am-11:50 SSS & S  
(Stamina/Stretch/Strength&Skills)

11:50am-1:10pm Turns/Leaps &  
Progressions

1:10pm-1:35pm Lunch break

1:35pm-2:35pm Jazz/Jazz Funk

2:35pm-3:35pm Mobility-stretch/partner  
stretch

\*3:35pm-4:35pm Combo

\*4:35pm-5:35pm Tap

5:35pm-6pm Recovery

### **Sunday Schedule Aug-June:**

2:55pm-3:10pm Intentions & goal setting

3:10pm-5pm Ballet

5pm-6:15pm Acro/Tumbling

6:15pm-7:30pm Contemporary

7:30pm-8pm Feet, pelvis & shoulders class

8pm-8:30pm Recovery

### **Wednesday Schedule Aug-June:**

4:45pm-6pm SSS & progressions

6pm-9pm theTEAM rehearsals

\*Variable class: subject to change from week to week for guest teachers/artists

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## Team Member Group Choreography

#GEMStheTEAM is the brand's official team-oriented dance experience. This group of dancers are put together based on a collective understanding of brilliant team work & high-execution level, on & off the stage. The TEAM is expected to continuously have a willingness to enjoy & indulge in the moment, apply corrections & retain the information on stage or when the moment is needed. Note: this performance/execution skill is calculated during the JDA Benchmark assessments as well.

Any JDA students chosen to be in #GEMStheTEAM will be assigned to a minimum of three group routines during the season in addition to their solo routine(s).

In order to compete at industry leading comp/cons, group dancers are expected to learn large amounts of choreo including changes, edits & details. Team dancers & Elite Soloists alike are expected to retain that information & continuously build towards powerful intention & excellent (not perfect) execution essentially until the season ends & the dance is no longer performed.

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## Elevated Training Track

### Joseph's GEM trainee & GEM artist (No comp, convention only)

Drop-in class requirement: 3 total classes/mo

#### Saturday Schedule Aug-June:

9:55am-10:10am Intention & goal setting

10:10am-11:50 SSS & S  
(Stamina/Stretch/Strength&Skills)

11:50am-1:10pm Turns/Leaps &  
Progressions

1:10pm-1:35pm Lunch break

1:35pm-2:35pm Jazz

#### Sunday Schedule Aug-June:

11am-11:05am Intention & goal setting

11:05am-12:10 Ballet

12:10pm-1:15pm Acro/Tumbling

1:15pm-1:55pm Tap

1:55pm-2:45pm Contemporary

**\*Elevated Training schedule subject to change.**

2:35pm-3:35pm Mobility-stretch/partner stretch

**Wednesday Schedule Aug-June:**

4:45pm-6pm SSS & progressions

6pm-7:15pm Group rehearsals w/ theTEAM

### **Elevated Training Group Choreography**

If applicable, Elevated Training GEMS will be assigned to a minimum of two group routines during the season. These routines will be performed at all required competitions and conventions and may also be entered into any optional events at the discretion and expense of the group parents.

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### **A couple notes...**

\* All classes are required for each track including their respective drop-in class requirement per month.

\*\* Attending optional comps & comp/cons do NOT count towards drop-in requirements.

Optional comp-only attendance is not considered an excused absence. Please refer to the absence protocol in the team contract to recover your attendance for the missed weekend training.

Optional comp/cons are in lieu of the weekend training session except for the attendance requirement. The attendance is recovered via the absence protocol terms reviewed in the team contract.

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## **R.A.D. Program Track - HS dance team training**

3 Tiers with 3 Sessions throughout the school year -

Session I (August-October), Session II (November-January),  
 Session III (February-April)

**\*Schedule subject to change.**

**Ruby Track**

***Saturday Schedule***

***August-April:***

9:55am-10:10am

Intention & goal setting

10:10am-11:50

Stamina/Stretch/Strength & Skills

11:50am-1:10pm

Turns/Leaps & Progressions

**Amethyst Track**

***Saturday Schedule***

***August-April:***

9:55am-10:10am

Intention & goal setting

10:10am-11:50

Stamina/Stretch/Strength & Skills

11:50am-1:10pm

Turns/Leaps & Progressions

1:10pm-1:35pm Lunch break

1:35pm-2:35pm Jazz

2:35pm-3:35pm

Mobility-stretch/partner stretch

**Diamond Track**

***Saturday Schedule***

***August-April:***

9:55am-10:10am

Intention & goal setting

10:10am-11:50

Stamina/Stretch/Strength & Skills

11:50am-1:10pm

Turns/Leaps & Progressions

1:10pm-1:35pm Lunch break

1:35pm-2:35pm Jazz

2:35pm-3:35pm

Mobility-stretch/partner stretch

***Sunday Schedule***

***August-April:***

5pm-6:15pm

Acro/Tumbling

6:15pm-7:30pm

Contemporary

7:30pm-8pm

Feet, pelvis & shoulders class

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## Why training on the weekends?

J. Dineen Arts is a dance training program that supports life, but does not pause for progress. With the high demand of school for pre-teens & teens, especially those who are actively investing in their future after high school at a young age (academic or artistic), the majority of dance training on the weekend should allow for a more school, dance & life balance. Since most of the clientele of JDA will participate in optional convention weekends & traveling for regional comp/cons, having a regular weekend training schedule should ideally create a smooth transition, for new competitors & seasoned dancers alike, into handling the convention weekend well, physically & emotionally. With that said, JDA has a fair, but firmly structured attendance protocol in place that is performance-driven & supportive for those attending optional comp & comp/con weekends.

[@j.dineenarts](https://www.instagram.com/j.dineenarts) / [info@josephdineenarts.com](mailto:info@josephdineenarts.com)

## JDA Benchmark System

Every #JosephsGEM will be evaluated across three categories to ensure JDA is not just producing good technicians—but complete performers. Technique, performance & professionalism.

Every dancer's physical, technical & artistic progress will be assessed three times during the season (July 2026 [during Summer training], November, & February).

Evaluation for technique includes:

- Flexibility (splits, extensions, back mobility)
- Strength (core control, jumps, stability)
- Turns (consistency, spotting, control)
- Leaps (height, form, landing control)

- Alignment (posture, placement)
- Retention (how quickly they pick up choreography)

Evaluation for performance/artistry includes:

- Musicality (hits accents, understands phrasing)
- Performance quality (facial expression, projection)
- Dynamics (texture, sharp vs fluid)
- Storytelling / emotional connection
- Style authenticity (jazz vs contemporary vs hip hop)

Evaluation for professionalism includes:

- Attendance (includes ability to keep up with 'make-up' training days)
- Punctuality
- Corrections applied
- Work ethic in class
- Attitude / Coachability

**More info on JDA Benchmarks will be given after Auditions!**



**J. DINEEN ARTS**

**#JOSEPHSGEMS**

# 2026-2027 | Season 1 |

## J. Dineen Arts

*Elite Soloist, GEMStheTEAM, & Elevated Training Track Competition/Convention Investment Guide*

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### Season One Investment Overview

JDA's competitive program is designed to provide an exceptional training experience, combining elite instruction, performance opportunities, and professional-level organization.

All tuition and fees are structured to ensure clarity, consistency, and the highest standard of service for our #JosephsGEMS and their families.

### Monthly Training Tuition

**| Elite Soloist Training  
Track |**

\$975 / month

**| GEMStheTEAM Track |**

\$1175 / month

**| Elevated Trainee &  
Artist Track |**

\$890 / month

Includes:

- Weekend training & core classes
- Weekday training & rehearsals (applicable to GEMStheTEAM & Elevated trainee)
- Private lesson requirement (2hrs/mo)
- Performance preparation
- Program management & event coordination
- Guest teacher workshops
- Team events & resources

\*Drop-in class requirement for each month booked separately by families. Fulfillment of each month's requirement documented by JDA's Drop-in class form & the receipts for each class.

*Tuition is processed via automatic monthly billing.*

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## Competition & Convention Investment

We will proudly attend industry-leading events, including NUVO, Velocity, Radix, etc.

In this first season of J. Dineen Arts, there will be three required comp/cons for the Elite Soloist & GEMStheTEAM tracks. Elevated Trainees will be attending two of those three comp/cons.

### Per Event Estimate:

- Regional convention tuition: \$325~360 per dancer (varies by convention)
- Regional competition group entry fees: \$75~110 per group (varies by comp/con)
- Regional competition solo entry fees \$195~230 per solo (varies by comp/con)
- Regional competition duo/trio entry fees: \$95~125 per dancer (varies by comp/con)
- Media fee (*if applicable*): \$45-65 (varies by comp/con)
- Observer band (*if applicable*): \$65-80 (varies by comp/con)
- Convention Coordination Fee: ~\$125 for required comp/cons (\$85 for *optional comp/cons*)

### Includes:

- Registration & scheduling management
  - Studio/Team–event coordination
  - Parent/Dancer communication & support
  - On-site administrative oversight
-

## Group Routine & Solo Choreography Investment

\$215 per dancer, per group routine

\$725 per solo routine

Includes:

- Concept/theme development (Choreography creation)
- Music editing and production
- Rehearsal space
- Routine cleaning and editing
- Resources for technique/correction support & development
- Ongoing seasonal updates and maintenance

Includes:

5hrs of choreography & rehearsal @ ECDC

*If rehearsal is held in a different dance space, those particular studio/room fees will apply.*

\*This time includes discussing costume ideas, videoing of choreography (for retention & documenting details/intentions) and an emailed copy of the soloist's music edited for you provided before leaving the space of the last rehearsal. After the initial 5 hours of choreography, private lesson fees will apply.

JDA's goal is to provide dancers with a professional, performance-ready competitive experience throughout our dance season.

\*If your solo is choreographed by someone other than Joseph, prices & all other financial considerations will vary.

\*\*All group & solo routines will be primarily rehearsed & maintained by Joseph throughout the season.

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## Costume Investment

\$TBD per routine

\$TBD for alterations; stylistic or structural (when applicable)

Includes:

- Ordered costume
- Accessories (when applicable)

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## Annual Registration Fee

\$275/dancer per season

Covers:

- Program administration & organization
  - Music editing & licensing
  - Studio operational support
  - Team events
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## Annual Audition Fee & AMPLIFY Intensive Registration

\*Amplify Intensive (7/25) attendance is mandatory upon acceptance into Season I for J. Dineen Arts including R.A.D. Program Students.

\*Dancers will not be considered fully registered for auditions until both: audition fee is received and their Amplify Intensive registration is confirmed.

\*Private Auditions available specifically for dancers attending their dance nationals to finish their current season or prospective R.A.D. Program students. JDA program potentials are strongly recommended to audition in person at the official audition day.

\*If dancers are accepted into the JDA training program and choose not to accept their offer, you will still be eligible to attend the Intensive. If not, the Amplify Intensive fee may be refunded if canceled within the terms of ECDC's Cancellation Policy as follows:

*Full refund if canceled 30+ days before the start of the event.*

*50% refund if canceled 15-30 days before the start of the event.*

*Non-refundable if canceled less than two weeks before the start of the event.*

AMPLIFY Intensive fee: \$260 plus tax - Booked separately by dancer family through the ECDC website

Annual Audition fee: \$80 per dancer

Private audition fee: \$130 per dancer

Covers:

- Team administration & organization
  - Program operational support & resources
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## **Additional Considerations**

- Team jacket & #JosephsGEMS warm-up gear: billed upon ordering @ the JDA Launch Party: \$TBD
  - 'Night of GEMS' Seasonal Performance (Elite Soloists & Team Member Tracks only): Costumes/Show fee: \$TBD (billed in the Spring)
  - Private & semi-private lessons (additional, outside of program requirement): \$120/hr
  - Travel & accommodations: booked separately by families
  - Team apparel: released seasonally
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## **Billing Structure**

All payments will be processed through our secure parent portal via automatic billing (Jackrabbit).

- Monthly tuition: recurring
- Event fees: billed in advance of each event
- Costumes: billed upon ordering

## **Our Commitment**

J. Dineen Arts is committed to delivering a refined, organized, and inspiring training & competitive experience. Every element of our program is intentionally designed to support dancer growth while maintaining a seamless experience for our families.

For questions or support, JDA is always available to assist you.

[@j.dineenarts / info@josephdineenarts.com](https://www.jdineenarts.com)

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## 2026-2027 R.A.D. Program Investment Overview

JDA's HS Dance Team Training program is designed to provide an exceptional training experience, combining elite instruction, strong foundational technique/style, and professional-level organization.

All tuition and fees are structured to ensure clarity, consistency, and the highest standard of service for our R.A.D. Program track students and their families.

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### R.A.D. Annual Registration fee & AMPLIFY Intensive Registration

R.A.D. Annual Registration fee: \$135 per dancer per season

Covers:

- Program administration & organization
- Operational resources

Includes: #JosephsGEMS Limited Edition 2026-'27 R.A.D. Program t-shirt!

*Please review above information for AMPLIFY Intensive Registration.*

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### Monthly Training Tuition

| Ruby Track |

\$290/mo

| Amethyst Track |

\$460/mo

| Diamond Track |

\$720/mo

Includes:

- Weekend training & core classes
- Performance preparation
- Program management & event coordination

### JDA's Commitment Reprised

J. Dineen Arts is committed to delivering a refined, organized, and inspiring training & competitive experience. Every element of our program is intentionally designed to support dancer growth while maintaining a seamless experience for our families.

For questions or support, JDA is always available to assist you.

# The Audition Process

Audition Clinics - June 8th & 12th (Both days required)

Audition Day - June 14th

At the audition clinics, dancers will learn all the audition combos for the official audition day & receive in-depth information. For example, info regarding what is being looked for during the auditions, specific focuses within execution & approach, they'll be able to ask questions & really get helpful information to set up for success on the ultimate day of audition. This audition clinic will also give Joseph a chance to see each dancer's process, how they conduct themselves in the audition environment, how they work with peers socially, share his expectations & intentions of each combo, etc.

Students auditioning for the R.A.D. Program are expected to participate in all styles presented during JDA's audition process. During official auditions, prospective R.A.D. students will be evaluated not only on technical ability, but also on their adaptability, versatility, and willingness to embrace styles outside of their regular training background.

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## Attire

Audition attire rules also apply to JDA's class, training & rehearsals during the year. At JDA, we believe in 'dressing for the job you want' or in more dancer terms: immerse yourself into the culture of the style. The dance industry (in all styles) is very similar to the "normal" world where there is a uniform & understanding of the attire one must dress in accordance with the duties they are performing.

Please abide by these rules of attire & note: if a dancer is in need of a certain dance clothing item on any given training day during the season, JDA will happily provide said clothing need for a small rental fee. These dance clothing items on hand will include, but are not limited to: leotards (female & male), sports bras, tank tops, dance shorts, athletic shorts, etc. Undergarments: i.e. tights (female & male), dance belts, etc. will be purchase only & final sale billed via monthly tuition processing.

Attire by genre:

**Jazz** | skin tight clothing (absolutely no sweatpants)

Female-identifying - sports bra or skin-tight top, booty shorts or leggings

Male-identifying - skin tight top or tank top, mid-thigh shorts or leggings

**Contemporary** | Same as Jazz & please also bring:

Female-identifying - loose t-shirt (allowed to be off one-shoulder), baggy pants & long socks

Male-identifying - loose tee, baggy pants & long socks

**Ballet** | Strict classical ballet attire (no exceptions)

Female-identifying - any color leotard (no ballet skirts), pink or flesh-colored tights (convertible tights highly recommended), pink or flesh-colored ballet shoes

Male-identifying - any color men's/boy's leotard, dance belt, men's tights (convertible tights required & must be the same color as ballet shoes), black/white or flesh-colored ballet shoes

**Jazz Funk/HH** - Female-identifying & Male-identifying:

- Dress for the industry & express your individual style

**Tap** - Female-identifying & Male-identifying:

- Relaxed clothing appropriate for the genre (Must be able to roll up pant legs if asked)
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## Audition Schedule

*\*Schedule subject to change.*

### **Monday, June 8th: Audition Clinic**

- 5pm-510pm *Dancer questions & intention-setting for the audition process*
- 510pm-830pm *Learning audition combos: Ballet, Contemporary & Hip-hop*

### **Friday, June 12th: Audition Clinic (con't)**

- 5pm-520pm *Dancer questions & collective review of Monday's combos*
- 520pm-830pm *Learn remaining audition combos: Tap & Jazz*

### **Sunday, June 14th: Audition Day!**

*Studio doors will open at 945am for dancers to warm-up & get acquainted with the space*

Ballet audition - Begins promptly at 1030am-1130am

Tap audition - 1130pm-1230pm

Jazz audition - 1230pm-130pm

*~Lunch break~ 130pm-2pm*

Contemporary audition 2pm-3pm

Hiphop audition 3pm-4pm

Results will be emailed directly to dance families on the following Thursday  
6/18.

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### **Private Auditions Reminder**

*JDA will accept private auditions for nationals-attending dancers who are unable to attend in-person auditions & prospective R.A.D. Program students. JDA program potentials are strongly recommended to audition in person at the official audition day.*

*Please email [info@josephdineenarts.com](mailto:info@josephdineenarts.com) for private audition inquiries.*

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## AMPLIFY Intensive Details

All future JDA training program students are required to attend the AMPLIFY Intensive hosted by ECDC. This experience is meant to 'Amplify' your training with classes from both nationally recognized choreographers and local Seattle talent (including yours truly).

The day-long intensive is spent training with:

Krista Miller | Jaci Royal | Cameron Lee | Joseph Dineen | Kirsten Cooper

Virsaviva Rudenko | Jenna Sousa

This one day intensive offers two tracks for Intermediate to Advanced dancers, ages 9-13 yrs and 14+ yrs. The intensive is designed to enhance technique, performance and artistry skills as part of our Summer training. Hosted at Emerald City Dance Complex, this intensive offers easy and convenient access to an incredible experience right in our own training ground!

**Training:** 10:45 am - 6:30 pm

**Doors Open:** 10:15 am

**What's Included:** 5 Classes, 7 Hours of Training

**Is JDA, the #JosephsGEM official program, the right fit for my dancer?**

The official #JosephsGEM training program is ideal for dancers who:

- Are self-motivated to improve and are ready to be challenged continuously

- Enjoy performing, learning, competing & working towards short-term & long-term goals
- Can commit to a consistent weekend training schedule & weekly varied schedule
- Thrive in a team environment & willing to collaborate in varied creative assignments

If your dancer is looking for casual participation, the Gems Training pop-up classes may be a better fit—and an absolutely great option, especially for those looking to become a JDA program member in future seasons!

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## Conclusion

Thank you so much for inquiring about J. Dineen Art's elite training program, #JosephsGEMS! It is an absolute dream come true for this opportunity & moment in life to come to fruition. The brand, #JosephsGEMS, was started circa 2012 & has grown into what was once just a fun-name & approach to now a new small business & actual system where dancers can grow, thrive & enjoy building towards dance excellence here in the beautiful Pacific Northwest!

Thank you again & always sending love & good vibes to everyone who crosses my path.

-Joseph Dineen (Owner/Director)



# J. DINEEN ARTS

## #JOSEPHSGEMS

Rooted in purpose, powered by passion.