

THE PARADISE LOUNGE

A FREE GUIDE FOR GROWN WOMEN WHO ARE DONE WAITING

Stop Waiting on the *Group Chat*

The grown woman's guide to choosing, paying for and finally taking the international trip you keep putting off.

INSIDE THIS GUIDE

- Why the group chat kills trips, and the one decision that fixes it
- The real math: how a \$2,899 trip becomes \$220.75 a month
- What it honestly feels like to travel solo with a hosted group
- Your 7-day plan to turn someday into a date on the calendar

YOUR FREE GUIDE

300+ women have traveled with us since 2019 · Caribbean · Latin America · Africa · Greece · and beyond

Written for you by *Tyra*, founder of The Paradise Lounge

You have talked about this trip long enough.

You know the one. The passport stamp you keep promising yourself. The girls' trip that lives in the group chat and never makes it to the calendar. The bucket list destination you scroll past at midnight, thinking one day.

Here is what I want you to know before you read another word. The reason that trip has not happened is not because you are not ready, not disciplined, or not the kind of woman who does things like this. It is because you have been waiting on other people to be ready with you. And sis, they may never be.

Since 2019 I have sent more than 300 women to the Caribbean, Latin America, Africa, Greece and beyond. Almost every one of them booked without a friend.

They were all nervous. Every single one. And almost every single one told me some version of the same thing on the way home: **I cannot believe I waited this long.**

I built The Paradise Lounge for the woman who is finished waiting. The one who wants luxury and a real budget. Who wants adventure and someone she trusts to handle the details. Who is a little nervous about traveling without her usual crew, but is far more afraid of looking up in five years and realizing she still has not gone.

This guide walks you through exactly how to choose your trip, how to pay for it in monthly payments that fit your real life, and what it honestly feels like to travel with a group of women you have not met yet. No pressure. No hard sell. Just a real conversation, girlfriend to girlfriend.

By the last page you will have a number, a timeline and a next step.

Tyra

FOUNDER, THE PARADISE LOUNGE

Already know you are going? Jump to page 10 and get your name on the First-Dibs List. It takes about a minute and commits you to nothing.

Why the group chat keeps failing you

Let's name it. The group chat is where trips go to die. Everybody is excited for about four days. Then one person goes quiet, another says maybe after the holidays, someone's cousin schedules a wedding, and the whole thing disappears until somebody posts a beach photo and it starts all over again.

None of that is a character flaw. It is just what happens when a trip depends on six women lining up their money, their time off, their families and their nerve on the exact same week. The math almost never works.

The trip does not need a committee. It needs one woman to decide she is going.

What is actually getting in the way

- **Everyone is waiting on everyone.** No one wants to be first to commit, so nobody is.
- **The planning falls on one person** who burns out before a single deposit is paid.
- **Life keeps happening.** There is never a perfect season, so the trip keeps sliding.
- **The fear of going alone** feels bigger than the desire to go, right up until you realize you do not have to.

The cost of one more year of waiting

This is the part nobody puts in a pretty guide, so I will. Waiting is not free.

- **Prices climb.** Airfare and hotel rates rise every year. The same trip costs more the longer you sit on it.
- **Seats fill from the inside out.** The best rooms and the earliest pricing go to whoever raised her hand first.
- **Your payment plan shrinks.** Twelve months out, a \$2,649 balance is \$220.75 a month. Four months out, that same balance is over \$660 a month.
- **And the one you cannot get back.** Another birthday, another summer, another year of the same conversation.

Here is the good news. When you join a hosted group trip, none of that is your job anymore. You are not the planner, the chaser, or the one holding it all together. You get to be the woman who says yes and shows up.

How hosted group travel actually works

When most women picture international travel, they picture the stressful version. Comparing flights at midnight, guessing which neighborhood is safe, hoping the hotel photos are not lying, building an itinerary from scratch and praying it comes together. That is booking a vacation, and it is a lot.

Joining a curated Paradise Lounge experience is a different thing entirely. The destination, the hotel, the itinerary, the vetted local guides and the flow of the days are already handled. Your seat is reserved inside a small group of like-minded women, with a host right there with you the whole time.

What comes with your seat

- Handpicked accommodations in the right area, already vetted, so you are not gambling on a listing.
- A planned itinerary with the signature experiences booked, plus open time to rest or explore.
- Trusted local guides and drivers, so you are never wandering a new country guessing.
- A host who handles the logistics, the hiccups and the group so you can simply enjoy it.
- A built-in circle of women, which means you arrive solo but you are never actually alone.
- A payment plan as standard, not as a favor. A \$250 deposit holds your seat and your price.

Planning it yourself vs. coming with us

	DOING IT YOURSELF	THE PARADISE LOUNGE
Research and booking	20 to 40 hours across flights, hotels and tours	Already done and vetted
Who fixes problems abroad	You, in a country you do not know	Your host, on the ground with you
Paying for it	Full amount up front on your card	\$250 deposit, then monthly payments
Traveling solo	Genuinely alone	Solo arrival, instant circle
If your friends flake	The trip dies	The trip goes on without them

Booking a vacation is standing in a kitchen with a recipe and a mess. Joining an experience is walking into the restaurant, sitting down, and being served. Same destination. Very different week.

Can I really travel without bringing someone?

Yes. And I want to spend real time here, because this is the fear that keeps the most women home. Of the 300-plus women I have traveled with since 2019, the overwhelming majority booked without a single friend. Every one of them was nervous beforehand. Not one of them regretted going.

Will I feel safe?

Safety is built into how these trips are designed, not left to chance. You are in vetted accommodations, moving with trusted local guides, inside a group with a host who knows the destination. You are not figuring out a foreign city by yourself at night. You are moving with people, on purpose.

What if I do not know anyone?

Almost no one does at first, and that is the beautiful part. These trips are full of grown women in the same season of life you are in, who also decided not to wait. By day two, the group chat you were nervous about becomes the friends you did not know you needed. Some of my travelers meet the women they end up booking their next trip with.

You are not showing up to strangers. You are showing up to your future travel besties.

What about sharing a room?

You have options. If you want your own space, a private room is available. If you are open to sharing to keep your cost lower, roommate matching pairs you thoughtfully with another traveler, so you are not rolling the dice. You tell me your comfort level, and we honor it.

Do I have to do every activity?

Not at all. The itinerary is the frame, not a set of orders. Want to join everything? Come on. Need an afternoon by the pool with a good book while the group goes shopping? That is allowed, and encouraged. This is your trip too.

What if this is my first time out of the country?

Then you are exactly who this was built for. First-timers are my favorite travelers, because I get to watch a woman realize the world was never as far away as she thought. I walk you through the passport, the documents and what to expect at every step.

Still on the fence? Get on the First-Dibs List anyway. It is free, and it gives you a direct line to ask me every question on your list before you ever put money down.

How to afford it without paying all at once

Here is the belief I want to gently retire. That international travel means dropping thousands of dollars in one painful swipe. The women who go are not the ones with the most money. They are the ones who **started early** and let a plan do the heavy lifting.

The \$250 deposit gets your seat

You do not pay for the whole trip to lock it in. A \$250 deposit reserves your spot, your room preference and your price. The moment you place it, the trip stops being a someday and becomes a date on your calendar.

Let's do the real math

Trip total	\$2,899
Deposit today	\$250
Remaining balance	\$2,649

Split across 12 months

\$220.75 / month

That is roughly what many of us spend on takeout and a couple of subscriptions. Same money. Wildly different memory.

Why booking early is the whole secret

The sooner you reserve your seat, the more months your balance is divided across, and the smaller each payment becomes.

MONTHS UNTIL DEPARTURE	YOUR MONTHLY PAYMENT ON THE SAME \$2,649
12 months	\$220.75
6 months	\$441.50
4 months	\$662.25

Nothing about the trip changed. Only when you decided.

Build a tiny travel fund on the side

Set aside a little each week in a separate account just for the extras: meals not included, souvenirs, a spa afternoon, some shopping. Twenty-five dollars a week for six months is about \$650 of guilt-free spending money.

You do not need the full amount today. You need \$250 and a decision.

Which region is calling your name?

There is no single best place to go. There is the region that fits what you need right now. Are you craving deep rest or a real adventure? A cultural homecoming or a food and history deep dive? Read these like you are picking a vibe, not a spot on a map, and notice which one makes your chest feel a little lighter.

Domestic

She is for you if you want a passport-free reset, a luxe long weekend, or an easy first group trip close to home.

BEST WINDOW: YEAR-ROUND · TYPICAL LENGTH: 3 TO 4 DAYS

The Caribbean

She is for you if you want warm water, incredible food, celebration and that unmistakable island ease.

BEST WINDOW: DECEMBER TO APRIL · TYPICAL LENGTH: 4 TO 6 DAYS

Europe

She is for you if history, romance, world-class food and those bucket list cities are calling. Greece is a Paradise Lounge favorite for a reason.

BEST WINDOW: MAY TO SEPTEMBER · TYPICAL LENGTH: 7 TO 10 DAYS

Asia

She is for you if you want food, history, innovation and culture that will stretch your imagination in the best way.

BEST WINDOW: OCTOBER TO MARCH · TYPICAL LENGTH: 8 TO 12 DAYS

Africa

She is for you if you crave heritage, safari, breathtaking luxury and a trip that feels like a homecoming, not just a vacation.

BEST WINDOW: JUNE TO OCTOBER · TYPICAL LENGTH: 8 TO 12 DAYS

Latin America

She is for you if nature, wellness, color and active adventure are exactly the reset your body and mind are asking for.

BEST WINDOW: NOVEMBER TO APRIL · TYPICAL LENGTH: 5 TO 8 DAYS

Cruises

She is for you if you want to unpack once, wake up somewhere new, and let the luxury come to you.

BEST WINDOW: YEAR-ROUND · TYPICAL LENGTH: 5 TO 8 DAYS

Notice the region you keep coming back to. That pull is information, and on the last page I will ask you to name it.

Your trip readiness checklist

Run through these honestly. You do not need every box checked to start. You just need to see where you are, and most women are far more ready than they let themselves believe.

- ☐ **Passport**
Do you have one, and is it valid for at least six months past your travel date? If not, this is step one, and it is easy to start now.
- ☐ **Budget**
Can you cover a \$250 deposit now and roughly \$200 to \$250 a month leading up to the trip?
- ☐ **Timing**
Is there a window in the next twelve to eighteen months you could protect for yourself?
- ☐ **Comfort level**
Are you open to traveling with a warm group of women you have not met yet, knowing a host is with you?
- ☐ **Activity level**
Do you know whether you want a slow and restful pace, a full and active one, or a mix of both?
- ☐ **Roommate preference**
Would you rather have your own private room, or share to lower your cost with a thoughtful match?

Checked most of them? Sis, you are ready. The only thing standing between you and that stamp is a decision, and I can help you with everything after it.

Checked almost none of them?

You are still ready, you just start one step earlier. Get on the list anyway. Women get on my First-Dibs List a full year before they travel, and those are almost always the ones with the smallest monthly payments and the best rooms.

What happens after you say yes

Nobody commits to something they cannot picture. So here is the whole path, start to finish, with nothing hidden.

- 1 **You get on the list.** Tell me where you want to go and how you like to travel. No payment. No commitment. About one minute of your time.
- 2 **You get first look.** When the trip that fits you opens, you hear about it before the public does, with early pricing and room options still on the table.
- 3 **You place your \$250 deposit.** Your seat, your room preference and your price are locked in.
- 4 **We sort your room.** Roommate matching if you want to lower your cost, a private room if you want your own space. Your call, either way.
- 5 **Your payments run quietly in the background.** A predictable monthly amount until your balance is clear, with no interest games.
- 6 **You get your pre-trip briefing.** Packing guidance, arrival details, group introductions and exactly what to expect on the ground.
- 7 **You show up and let go.** Your host handles the rest. You take the photos.

Quick answers to what you are probably wondering

- **Do I need to know my exact dates now?** No. Getting on the list costs nothing and locks in nothing.
- **What if my friend wants to come later?** Wonderful, bring her. Just do not make your trip depend on it.
- **Is travel protection available?** Yes, and I will always recommend you consider it before your final payment.
- **How big are the groups?** Small and intentional, so you are a name and not a number.
- **Who is actually on these trips?** Grown women, most traveling without a friend, most in the same season of life you are in.

Three hundred women have already done this. Not one of them felt fully ready the day she said yes.

YOUR NEXT STEP

Get *first dibs* before anyone else.

Once a year I open my best pricing and my earliest seats to one group before the public ever hears about it. My **Black Friday First-Dibs List** gets the early access, the longest payment plan windows and the destinations before they fill. This is where the women who stop waiting go first.

It is free, it takes about a minute, and it commits you to nothing. It simply puts you at the front of the line.

Join the Black Friday First-Dibs List

keep.app/contact-us/1130027042010140

TELL ME WHICH ONES TO TELL YOU ABOUT FIRST

Domestic

Caribbean

Europe

Asia

Africa

Latin America

Cruises

Do these four things in the next 48 hours

- 1 Add your name to the First-Dibs List using the link above.
- 2 Check your passport expiration tonight. If it is inside six months of next year, start the renewal.
- 3 Open a separate savings account and name it something ridiculous. Mine would say Greece.
- 4 Send this guide to the one friend who actually shows up. Not the whole group chat. One woman.

I cannot wait to help you book the trip you have been talking about for years. Three hundred women have already stopped waiting on the group chat. You have earned this one, sis. Let's go.

Tyra

FOUNDER, THE PARADISE LOUNGE