



Hospice Highlights

Phone Directory



Alzheimer Society Perth County	1-519-271-1910 / 1-888-797-1882
Big Brothers and Big Sisters	519-291-6762
Breast Screening Centre, Listowel	519-291-5490
Canadian Cancer Society-Huron Perth Office	1-519-271-4270
Cancer Information Service	1-888-939-3333
Care Partners	1-866-288-4788
Family Services Perth-Huron Hospice (Stratford)	1-519-273-1020
Huron Perth Crisis Intervention Program	1-888-829-7484
Huron Perth Centre for Children and Youth	519-291-1088
Huron Residential Hospice	1-519-606-6600
Kids Help Phone	1-800-668-6868
Listowel Memorial Hospital	519-291-3120
Listowel Mental Health	519-272-8210 x2570
North Perth Easy Ride Transportation	1-877-500-9875
North Perth EarlyOn Centre	519-291-6626
Optimism Place Women's Shelter & Support Services	1-519-271-5550
Pain and Symptom Management, Perth-Huron County	1-519-200-9438
Perth District Health Unit	1-519-271-7600
Residential Hospice Jessica's House	1-519-235-0941
South West Community Care Access Centre	1-519-881-1181
Stratford Rotary Hospice Perth	1-519-508-4900
Victim Services	1-519-600-4108
Victorian Order of Nurses (VON) Perth Huron	1-519-271-7991
VON North Perth Community Support Services/ Accessible Transportation	519-291-5898

North Perth Community Hospice



135 Main Street West · Listowel ON · N4W 1A2 · 519-291-5141

Spring/Summer

Publication No. 40045246

2025

19th Spring Social: A Tremendous Success

It was yet again another very successful night at our 19th Annual Spring Social. Thank you to everyone who attended this year's Spring Social on April 10th at the Listowel Golf Club. It is always so great to see the tremendous support the North Perth Community Hospice continues to receive from our community. It was a wonderful evening of friends, food, laughter, and fundraising.

NPCH offers its sincerest appreciation to Debbie Miller, our Master of Ceremonies for the evening, Pat Berfelz for the beautiful décor, and to Sarah & Matthew and their team at the Listowel Golf Course for hosting our Social.

The support & generosity of the many businesses and our attendees saw us raise over \$15,000 for North Perth Community Hospice. We cannot thank everyone enough for coming out and spending your time with us. The event will take place again in April 2026. We look forward to seeing you next year for another great evening!





Hospice Highlights



North Perth Community Hospice

~~~~~  
**Our office**  
is located at:  
135 Main Street West  
Listowel, ON

**Executive Director of  
Hospice Services**  
Cathy Corcoran

**Grief & Bereavement  
Coordinator**  
Jenna Bewick

**Office Administrator**  
Brittany Hamilton

The office is generally open:

Tuesday to Thursday  
10:00 a.m. to 2:00 p.m.

Phone: (519) 291-5141  
Email:

admin@northperthcommunityhospice.com  
www.northperthcommunityhospice.org

### Renovations to serve you better!

Over the winter, NPCH completed a renovation of our office to better serve our community's needs. This project included the creation of a second counselling space, some soundproofing, and some small upgrades to our current space. Special thanks to:

**Jeff Newbigging Construction**  
**TenPas Décor**  
**AM Electric**  
**Elmira Door & Trim Ltd**  
**Doug Dale Painting**  
**87 Graphics**

for bringing our vision to life!

### Listowel Jr. B Cyclones host a record breaking Teddy Bear Toss!

We would like to send out a huge THANKS to the Listowel Cyclones for once again hosting the Annual Teddy Bear Toss.

We are also incredibly grateful to our AMAZING COMMUNITY for always showing us their continued support, and to the Listowel U11 LL team who anxiously and most patiently waited on the side lines to collect the bears from the ice!

*We really do have the best community!*

These bears will be an essential part of our Books & Bears for Kids Program. This program has been designed to help children develop healthy, adaptive ways to manage and normalize their feelings around life-limiting illness, loss, and death. For more information about this or any of our programs, please visit our website or call our office 519-291-5141.  
<https://www.northperthcommunityhospice.org/bears-and-kits>



Pictured Above: Grief & Bereavement Coordinator, Jenna Bewick



## Hospice Highlights

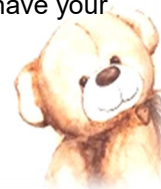
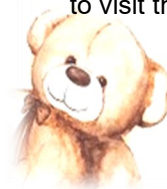


# Coming Events



### North Perth's Annual Teddy Bear Family Play Day

Join us on June 14, 2025, from 11:00 AM to 2:00 PM at Listowel Memorial Park for this year's Teddy Bear Play Day. Enjoy a variety of family-friendly activities. Be sure to visit the teddy bear clinic to have your teddy bear examined!



**AGM**  
Annual General Meeting

June 17th, 2025 7 p.m.  
135 Main Street West,  
Listowel, ON

Please RSVP by June 11th  
519-291-5141

admin@northperthcommunityhospice.com



North Perth Community Hospice with the  
Listowel Comancheros Car Club presents

### ANNUAL POKER RALLY September 13TH, 2025 All vehicle types are welcome!

For more information  
Scan this QR Code,  
call 519-291-5141,  
or visit our website



<https://www.northperthcommunityhospice.org/events>



**Comancheros Show 'n' Shine**  
Sunday, July 6th, 2025  
Listowel Memorial Park  
Registration 8am—Noon

Proceeds going to  
North Perth Community Hospice  
For more information call  
Greg at 519-292-6981





## Hospice Highlights



### The Sid and Margaret Henry Fund

This fund was established in 2007 by Jim, Jane, Don, and David Henry, in honour of their parents and their life in Listowel. The income generated from this fund supports educational opportunities for all Hospice staff, volunteers, and members of the community. If you are interested in making a contribution to the Sid and Margaret Henry Fund, please contact the foundation office at 1-877-271-1004.

The Stratford Perth Community Foundation is a registered charitable public foundation that serves the charitable sector in Perth County. The Foundation matches acts of caring with community needs by providing efficient and flexible donor services, grants to a broad range of community needs, and leadership in understanding, as well as responding to current and emergent community needs.



STRATFORD PERTH  
COMMUNITY  
FOUNDATION

*It all comes back to you*

5-55 Lorne Avenue East, Stratford ON, N5A 6S4  
email: [info@spccf.ca](mailto:info@spccf.ca) | website: [www.spccf.ca](http://www.spccf.ca)



## STROLLING THROUGH YOUR SADNESS

North Perth Community Hospice is pleased to introduce a new support initiative for those grieving a loss: Strolling Through Your Sadness. This gentle walking group is designed to nurture both body and spirit, offering a chance to connect with others, enjoy the fresh air, and release some of the emotional weight that grief can bring.

Each gathering begins at the Memorial Park pavilion with a brief check-in and reflection. From there, participants take a relaxed 30–45-minute stroll along the trail. There's no pressure to talk—conversation is welcome but completely optional. Whether you prefer to walk in silence or share with someone beside you, this group offers a light, supportive environment where everyone is free to move at their own pace.

For upcoming dates and more information, please visit our website or follow us on social media.



## Hospice Highlights



### North Perth Community Hospice launches new Children's Grief & Bereavement Education Program!

Over the past year, our Grief & Bereavement Coordinator has been putting forth a concerted effort to seek ways to support children and families in our community who are navigating the challenging journey of grief. Through collaboration and the **iHeart Community Funding Grant** initiated by **Josslin Insurance**, the Children's Grief & Bereavement Education program was developed. The Program aims to provide a nurturing and safe environment for children to explore, learn, and express their thoughts and feelings about dying, death, and grief. The program is tailored for children grades 1 through 8.

*Our goal is to empower families to strengthen their abilities to grieve, mourn, and grow together in healthy ways. Through these engaging and informative sessions, children will embark on a journey of understanding and healing.*

#### What Our Program Offers:

- **Age-Appropriate Education:** Children will learn about illness, dying, and death in a way that is sensitive and easy for them to understand, helping them navigate these difficult concepts with clarity and compassion.
- **Exploration of Emotions:** Through interactive activities and discussions, children will explore and identify a range of emotions associated with grief, fostering emotional expression and resilience.
- **Honouring Loved Ones:** Participants will discover meaningful ways to honour and remember their person, creating lasting memories and connections.

• **Development of Coping Skills:** Children will develop a toolkit of healthy coping mechanisms to manage their grief, equipping them with valuable skills for navigating life's challenges.

• **Community Support:** Our program emphasizes the importance of community support, helping children understand that they are not alone in their grief, and that there are people and resources available to help them.

#### **Session Topics:**

1. Understanding Illness, Dying, and Death
2. Exploring Feelings & Emotions
3. Developing Healthy Coping Strategies
4. Building Support Systems
5. Remembering and Connecting

A special thank you to Ceilidh Eaton Russell, PhD, CCLS, for her expertise in the development of this program. Her dedication to supporting children through their grief journey is truly commendable, and we are incredibly grateful for her collaboration and guidance.

At North Perth Community Hospice, we understand the unique challenges that families face when dealing with grief. Our Children's Grief & Bereavement Education program is designed to provide the support, tools, and understanding needed to navigate grief in a healthy and healing way.

*For more information or to enroll in our program, please contact North Perth Community Hospice or fill out our online registration form. Together, we can provide the support and compassion needed to navigate the complexities of grief and find a pathway to healing.*



## Hospice Highlights



### **Grief Support Services |**

◆ Our Grief Support services are available to individuals whose hearts need help healing from a loss of any kind; recent or long ago.

◆ Individual services are available as well as structured and informal Grief Support Groups.

◆ NPCH follows the principles of the Grief Recovery Method for adult sessions (individual and group sessions).

◆ Children's grief support services are available through the school or in the office.

◆ Our Books and Bears for Kids program supports any child dealing with loss or illness.

◆ All grief support sessions are free of charge.

**For information or to make an appointment, call the office at :  
519-291-5141**

### **Say "Hello!" to our New Board Member, Marilyn Williams**

Having worked in the social services field for several years prior to retirement, volunteering with the North Perth Community Hospice seems like a perfect fit.

My husband Wayne and I have lived and raised our family in the Wallace Ward of North Perth. The area has been and continues to be our second home with grandchildren. During the other seasons we both enjoy time spent in our vegetable and perennial gardens.

It is a privilege to be an ambassador for the North Perth Community Hospice



We welcome Marilyn with as much wonderful enthusiasm as she brings to her new role as a director of our Board, and look forward to working with her!

Could you help us improve our initiatives within our Health Care System?

North Perth Community Hospice is looking for new Board members who are passionate about getting the best out of our services and representing the voice of North Perth residents.

Our dedicated Board volunteers provide strategic direction, guidance, and oversight of our work.

We need people with a range of skills and backgrounds, representing all sections of our diverse community.

To find out more about the position, and the benefits of being a Board Member, please get in touch.

*If you or someone you know may be interested, please visit our web-site.*

<https://www.northperthcommunityhospice.org/our-people>



## Hospice Highlights



### **NPCH wishes to express our sincere gratitude to the following businesses and individuals for their financial gifts, donated auction items, and gifts-in-kind for our Spring Social!**

A&W

Allan Johnston Ltd.

Amy Ramsewak

Anastasia's

Argyle Wines

Back 9 Golf & Sports Bar

Bakelaar Jewellers

Bender Auto Sales & Service

BK's Brand Name Clothing

Blyth Festival

Bostech Mechanical

Between The Lines Sports Campus

Canadian Tire

College Corners Creations

Conway Furniture

Croskill Overhead Doors

Dairy Queen

DC Boertien Financial

Divine Wellness Spa

Domino's Pizza

Donegan's Haulage

Drayton Entertainment

Eaton Funeral Home

Elma Steel

Fletcher's Landscaping

Food Basics

Fresh Start Bakery

Gangl Chiropractic Health

Giant Tiger

GM Blue Plan Engineering

Healthy Computers

Heartland Veterinary Care

Hoovers Maple Syrup

iA Private Wealth

Ideal Supply

Josslin Insurance

Kempston & Werth Realty

Kitchen Cupboard & Icebox

Larry Hudson Chevrolet

Buick GMC

Lavish Salon

Leis Country Foods

Listowel Books & Basics

Listowel Collision CNS

Listowel Family Dental

Listowel Florist

Listowel Furniture & Sleep Centre

Listowel Golf Club

Listowel Greenhouse

Listowel Hearing Centre

Listowel Hypnosis

Listowel Technology Inc.

Listowel Vision Care

Livingstone Manor

Lori Konings

Magic Wok Chinese Buffet

Mark Bowman

McDonald's Restaurant

McIntosh Butchers

Meulensteen Tire & Auto

Microage Basics

Molesworth Farm Supply

Nancy Skinner

Palmerston Dental

Pandora's Pantry

PBJ Cleaning Depot

Reesor's Landscaping

ReMax Midwestern Realty

Rosemary Galloway

Royal LePage Don Hamilton Real Estate

Shopper's Drug Mart

Shred All Ltd.

Sleep Culture

Smokey Creek Reminisce & Spa

South Easthope Mutual Insurance

Speedy Auto Glass

Spinrite Yarns

Starbucks

Stilleto Salon

Susan's Hair Design

Sue Fraser

TarBush Dickey Giller & Associates

TenPas Décor Centre

The Weathered Gate

Town & Country Decorating

Trillium Mutual Insurance Co.

Victoria Inn & Spa

Wallace Metal Company

Ward & Uptigrove

Watson's Home Hardware

Wheildon Optometry

Winston House Catering

Zehrs Markets Supermarket



### **Palliative Support Services**

◆ Our Visiting Volunteer Program provides support for individuals and families faced with life-limiting or terminal illnesses or who are bereaved.

◆ Supports are tailored to the needs of the individual and family. Supports can increase at any time.

◆ Respite, legacy planning, and comfort care are example of ways Volunteers enrich the lives of those they support.

◆ Supportive guidance for conversations on how to discuss life-limiting illnesses with children and all family members are available upon request.

◆ In agreement with Listowel Memorial Hospital, Hospice support is available for palliative care patients and families while in the hospital.

◆ Our office has a resource library, available to the public, that includes books about death and grief for both adults and children.

**For information, or to make an appointment, call the office at :  
519-291-5141**