



# LONGBOARDERS

RIDE A WAVE, FIND YOUR BALANCE



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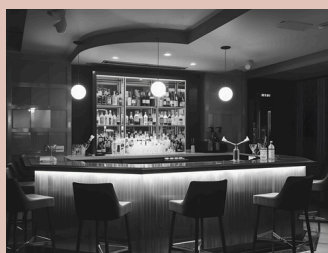


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## TEAM PERFORMANCE PROGRAM



Optimal Operational  
Efficiency



Group Dynamics  
Education & Training



Cultivate culture, drive efficiency.  
Reduce burnout and turnover.

### What to expect:

1.

#### Observation

Our team observes two service shifts. We observe difference dynamics within the team and with different demographics of customers.

2.

#### Creation

We'll create a tailor-made plan based on operational efficiencies and interpersonal group dynamics observed during service(s).

3.

#### Presentation

We present our training plan to your leadership to ensure alignment and collaboration.

4.

#### Intervention

We train your staff on interventions presented to your leadership. We will educate and implement interventions for optimal learning based on the learning styles of your team.

### We do our own research at Longboarders. Here's what we know:

- Organizational efficiency is directly impacted by group dynamics.
- Physical and emotional responses/reactions, communication challenges, stress, burnout, employee turnover, and fragmentation of leadership teams are symptoms of unnamed group dynamics.
- Sustainable change starts with leadership.



"Ambient anxiety is the elevated feeling that fear or danger is happening in your environment, but you can't really pinpoint where it's coming from."

- Dr. Taylor Mizuno-Moore, FOUNDER