



Cockroach Extermination Preparation Checklist

In Preparation of Treatment

Be prepared to spend 2 to 4 hours away from your residence and take pets with you or keep them outside. Once treatment is dry you can put items back in kitchen. Thoroughly clean and clear all cabinets and countertops, removing emptied drawers and cleaning below and behind appliances and drawers:

1. Discard all contaminated food and other stored items. Remove packages of food & other stored items from counters and on top of refrigerator.
2. Vacuum all debris, cockroach eggs, roaches, and feces from all cabinets, cracks and crevices
3. Clean each cabinet with a cleanser that contains bleach to kill any eggs
4. Sweep, vacuum, mop and clean behind all appliances
5. Vacuum all carpet, baseboards and leave all baseboards accessible for treatment throughout home
6. Immediately empty vacuum into bag and throw away outside inspect vacuum for any live roaches

Important Notes Between Treatments

- Daily removal of trash and cleaning of all surfaces will help reduce the number of treatments needed. (Avoid the use of ammonia, bleach or other harsh cleansers.)
- Staying away from baseboards and treated areas, to avoid washing away the treatment.
- Please do not remove traps left by the technician, except if necessary to keep out of the reach of children or pets. These devices help us monitor the cockroach population.
- Please do not use any 'over the counter' insecticides before or after treatment. The repellent qualities of such sprays diminish the effectiveness of professional treatment and can spread the infestation to other parts of the home.
- Store pet food in sealable containers. Do not leave it out for extended periods of time, especially overnight. (Roches thrive on this high-protein food source, and will leave feces and insect parts in your pets' food.)
- Dirty dishes and trash provide food for cockroaches. Removing these food sources daily and keeping all surfaces clean is essential in eliminating these pests.

Technician Notes
