

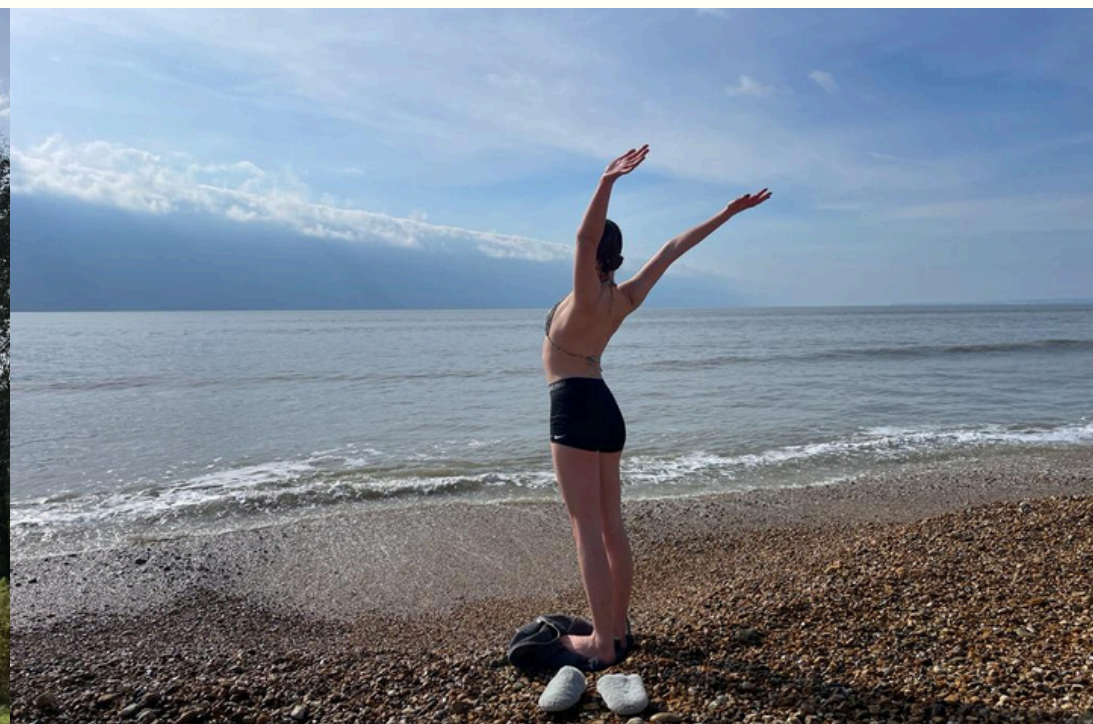
Weekend Escape

New Forest
6th-8th June 2025


SWIM, STRETCH, STROLL, RELAX

Start the day with restorative movement, take a walk through the New Forest, enjoy a guided wild swim along the coast and stretch out for some evening relaxation.

Hosted by our friends at [Tiptoe Lodge](#), join us for a weekend of pure enjoyment.



WHAT'S INCLUDED

-  2 nights accommodation in twin or single
-  All meals: breakfast, lunch and dinner
-  4 Restorative Movement classes with [Hayley Brown](#)
-  Guided wild swim with Angus McChesney
-  Accompanied New Forest walk
-  Free time to relax and explore

PRICING

£475 pp sharing a twin room. Bring a friend to share a twin room with and both receive 10% discount

£595 pp single occupancy of a double room

Prices cover all accommodation, meals & activities from 4pm on Friday through to 4pm on Sunday.

Weekend limited to 9 guests only.

Ts & Cs Apply.

For more information and to book please contact  louise@lspackman.co.uk