

20th Sunday in Ordinary Time



Weekend Masses

Saturday 5:00pm
Sunday 8:00am,
10:30am, 12:15pm

Weekday Masses

Monday-Friday 9:00am

Adoration

Monday-Friday 10am-10pm

Sacrament of Reconciliation

Wednesdays, 6pm-7pm
Sat. 3:45pm-4:45pm or by appointment



Parish Office

8110 Jewel Lake Rd
Anchorage, AK 99502

Phone: (907)243-2195

Fax: (907)243-0088

Office Hours: Tuesday-Friday
10:00am - 5:00pm

Web: www.stbenedictsak.com

FB: <https://www.facebook.com/stbenedictsak>

Email: parishsecretary@stbenedictsak.com



Lumen Christi Catholic School

Grades 7-12

8110 Jewel Lake Rd Bldg. D
Anchorage, AK 99502

Phone: (907)245-9231

Office Hours: Monday-Friday
7:00am-3:00pm

Web: www.lumenchristiak.org

E-mail: lchs@lumenchristiak.com

- Our Community at a Glance -

Prayer Chain: email Shirley Arnold at wdacpa@ak.net

Outreach: Emergency food for those in need call **907-273-1596**

Clare House: 4th Tuesday each month; contact **Beth Waetjen @ 907-242-2384**

Archangel Attic: Open Tues.-Thurs. 12pm-3pm, and Fri. 10am-3pm, Sat. 10am-4pm,
call **245-0017**. To volunteer call **Colleen: 354-4372** or **Mary: 868-3453**

Youth & Young adult Catechesis: call **Gabe O'Lena 907-215-7058**

Choir: See **Steve Ring** after Mass or email sring1316@outlook.com

Samoan Mass: 12:15 Mass, 1st Sunday of the Month

Filipino Mass: 12:15 Mass, 3rd Sunday of the Month

Hospitality: Coffee /donuts, after **8am-10:30am** Masses

Pancake Breakfast: Served **8am to 12:15pm** the 2nd Sunday of the month, **Oct - Mar**

Knights of Columbus: Meets 1st Wednesday at 7pm

Legion of Mary: Meets Mon. at **5:30pm**; call **Ursula @ 907-570-2163**

**August 17,
2025**

Mission and Core Values

Saint Benedict Parish
is a community of
Catholic, Christian
stewards,
working to live and
preach the Word of
God in thought,
word and deed.

As a ministry of Saint
Benedict Parish,
Lumen Christi High
School provides a
rigorous Catholic
education in a Christ-like
environment. We are
called to proclaim the
Gospel of Jesus Christ, to
build community, and to
serve our brothers
and sisters.

We are united in our core
values of living **Faith**,
Celebrating **Family**
and Achieving
Excellence!



THOUGHTS FROM OUR PASTOR



Truth, Goodness, and Beauty

What interesting timing with a summit between two powerful world leaders right here in our own city, as they (hopefully) focus on what needs to change – in their own worldview, before seeking that change in others. World leaders are often in denial about the rights of other nations. We, personally, can be in denial about ourselves. Admitting the truth about our thinking or behavior can be difficult. It means being able to look honestly at ourselves. It means that we might have to change something that is ingrained in our lives, our worldview. Yet, because of selfishness or pride, many deny that they have a problem or that they are wrong. Jeremiah was a prophet sent by God to speak the truth to the Chosen People. They had been worshiping false gods. The leaders refused to repent or urge the people to repent. Eventually, the majority of the Chosen People perished or were led captive to Babylon. In the Gospel of Luke, Jesus reveals something that most people choose to deny. Jesus did not come to bring a material peace to the world. Instead, he came to spread division. Jesus came to reveal God's message to the fallen human race. That message was about truth, and goodness, and beauty. He would contradict what is false or evil. But we don't want to listen to the Truth. This is the reason nations make war against other nations. This divisiveness will never end until God's Truth, Goodness, and Beauty are embraced by everyone! We must cultivate the peace of soul that only God can give. – Fr. Tom

Welcome to Saint Benedict Parish

Monday 8/18	Tuesday 8/19	Wednesday 8/20	Thursday 8/21	Friday 8/22	Saturday 8/23	Sunday 8/24
Mass 9am: Catalina Bugner SI <u>Parish Office Closed</u> Adoration 10am - 10pm Legion of Mary 6-7pm <i>Patriotic Rosary 6pm</i> <i>Father/Son 6:30pm</i>	Mass 9am: Renata Bugner SI Adoration 10am-10pm Video Series The Search & Discussion 9:30am	Mass 9am: Jennifer McComb SI Adoration 10am-10pm Confessions 6pm Samoan Choir 6:30pm High School Night 7pm Bible Study 7pm	Mass 9am: George Kohlbeck ROS Adoration 10am-10pm	Mass 9am: Lonnie Adkins SI Adoration 10am-10pm Frozen Chosen 5:30am Jr. Legion 10am Kid Play 1pm Samoan Choir 6:30pm Youth Intermural Basketball 8pm	Vigil Mass 5pm: Bernadette Quartero SI Confessions 3:45-4:45 Samoan Choir 6:30pm	Masses 8:00am: Nick & Ida Seeberger ROS 10:30am: Nancy McSwain ROS 12:15pm: People of the Parish SI Check out our page at: https://www.stbenedictsak.com/65 FB: St. Ben's Youth Ministry Insta: @stbensyouthhanc

Priest Retreat, No Mass!

Mass Intentions: SI= Special Intentions

RTH= Return to Health

ROS= Repose of Soul

Saint Benedict Staff

Pastor

Fr. Tom Lilly
tlilly@stbenedictsak.com
 243-2195

Deacon

Deacon Daniel Winters

Pastoral Assistant/ Business Manager

Marcy Adkins
madkins@stbenedictsak.com
 273-1554

Administrative Assistant

Katherine Mitchell
parishsecretary@stbenedictsak.com
 243-2195

Director of Music

Steve Ring
sring@stbenedictsak.com

Church Housekeeper

Elaine Potter

Evangelization and Catechesis

Youth and Young Adult Minister

Gabe O'Lena
golena@stbenedictsak.com
 273-1541

Super Sunday Faith Formation

John and Shelby Burger
burger@stbenedictsak.com

Lumen Christi School

Principal

Brian Ross
bross@lumenchristiak.com
 907-245-9231

Director of Advancement

Anne Gore
agore@lumenchristiak.com
 907-273-1538

Administrative Assistant

Kimberly Guzman
lchs@lumenchristiak.com
 907-245-9231

Sacramental Information

Parish Office 243-2195

- OCIA:** contact Marcy Adkins 273-1554
- Baptism of infants:** celebrated either during Mass, after the 12:15 Mass or at any other time approved by the Pastor. Parents are required to attend a baptismal preparation class prior to the baptism of the child.
- Weddings:** scheduled by meeting with the Pastor at least six months prior to the wedding date. Please call the office for more details.
- Funerals:** contact the parish office following a death and we will be pleased to assist you.
- Anointing of the Sick, or Communion to the Homebound:** Please call the parish office to request a visit.

Thank to all those who come and put together meals for **Hope Soup Kitchen!**

Next date is Saturday **September 6th!**

Call Andy Flores @ 907-887-4917

Thank you to all who provide meals for **Clare House**

Next dinner date is **August 26th!**

⇒ Readings:

Sunday 8/17

Jeremiah 38:4-6, 8-10
 Hebrews 12:1-4
 Luke 12:49-53

Sunday 8/24

Isaiah 66:18-21
 Hebrews 12:5-7, 11-13
 Luke 13:22-30

The Traveling Madonna

The new traveling Mary sign up for January thru December 2024 is now posted.
 Please say a rosary each day she is in your home.
 Thank you for welcoming the Lord's mother.
 Questions call **Ann Curro 907-349-3772**

⇒ Celebrations:



August Anniversaries

Paul and Diana Pfeiffer	08/06/66
Al and Eileen Hand	08/12/67
Ed and Roberta Wassell	08/19/67
Anthony and Margaret Berdahl	08/24/79
Jeff and Cynthia Cooper	08/06/82
Paul and Kim Mazzolini	08/07/82
William and Jami Jacobson	08/27/83
Geoffrey and Robin Hershberger	08/11/84
Hank and Rena Brinker	08/23/87
William and Marcia Templin	08/12/88
James and Michaela Kvidera	08/30/97
Bill and Beth Van Couwenbergh	08/22/98
Greg and Celine Kaplan	08/14/99
Kevin and Shannon Thomas	08/04/01
Todd and Joanna Hansen	08/25/01
Joshua and Melinda Deal	08/02/03
Bryan and Kathleen Yackel	08/14/04
Keith and Anna Sobolesky	08/06/05
Brian and Bessie Paroan	08/08/11
Herson and Maluat Liwanag	08/23/13
Alex and Hayley Youngman	08/06/16
Henry and Vanessa Hershberger	08/15/20
Ronrad and Maria Roseik	08/12/23
Tonga and Daisy Unga	08/19/23

"For this cause shall a man leave his father and mother, and shall cleave to his wife; and the two shall become one flesh." -Eph. 5:31

⇒ Parish Financial Update:

⇒ Stewardship of Treasure:

	Week 04	YTD
Offertory Income	\$ 9,967.05	\$ 42,114.10
Other Income	\$ 360.00	\$ 8,746.00
	\$ 10,327.05	\$ 50,860.10

Expenses: (avg. wk. \$17,162.20)
YTD Expenses: \$ 21,883.91

Combined Parish and School

Total Income \$ 59,203.60
Total Expense \$ 40,178.14
\$ 19,025.46

Our new fiscal year began 1 July

*Online Donation Income:

- * There were 42 gifts made online
- * There were 0 families new to online giving
- * There were 1 Maintenance Fund donations
- * There were 2 Parish Outreach donations
- * There were 0 Special Collection donations
- * There were 1 Faith Formation donations

Dear Lord,

Thank you for teaching me to be generous as you have been generous with me.

Thank you for showing me that all I am and have are gifts from you.

And that these gifts from you, Lord, are meant to be shared. Show me the joys of generosity.

Help me to understand others, perhaps unknown to me, depend on me for help.

Remind me that my world, my parish, needs "Good Samaritans" to heal the wounds of our times.

Make me a gift to others in your name.

Amen.

Please Pray for:

Christina Del Rosario
Ann Curro
Kathryn Dunn
Waetjen Family
Alicia Warren
Fr. Tim Saur
Joy Davidson
Rosemary Dunn
Connie Budahl
Danny Lee
Franklin Ellenson
Terry Tutor

Marty Goblowski
Jim Seeley
Sam Waetjen
Chloe Hernandez
Damon Carey
Fr. Rob Evenson
Alicia Datuin
Mike & Bettye Smith
Pat Scott
Julie Allard
Bernie & Marian Simon
Kim Randolph
Lagi Fi-Zwets

Will Davenport
David Edgren
Nicole Johnson
Rizza Robles
Crescencia Molina
Jessica Randolph
Geneva Colon
Brodie Nikolia
Michele Waetjen
Vanessa Mors
Denise Trefry
Richard Campbell
James Mitchell & sons

Fontaine Wilhelm
Theresa Dolan
Ofelia Domingo
Chuck Sanders
Maipelle Burns
Monica Mendoza
Mike Keenan
Natalie Carey
Kevin Pfeiffer
Steve Taylor
Lara Krill
Joseph Mitchell
Dan Rollins

Jan Heier
John Branham
Jeff Harris Family
Ted & Agnes Mayac
Doris Clausen
Bill Kuper
Ellison Williamson
Ia Corrigan
Danielle Corrigan
Jackie & Greg Kern
Paul Larson
Mary Dubois
Glen Allen

Virginia Aberle
Elizabeth Bastiani
Solita Balones
Mark Blumenthal
Deneen B. Bozeman
Mary Heinz
Al Honeywell
Wally Johnston

(To add or remove please call 243-2195).



Lumen Christi School

Living Faith, Celebrating Family, and Achieving Excellence

AUG. 19 - New Family Orientation
AUG. 28-29 - Senior Retreat
SEPT. 1 - Labor Day (No School)
SEPT. 5 - Grandparents Mass, 7:45am
SEPT 10 - School Picture Day

Principal's Update:



Happy Solemnity of the Assumption of the Blessed Virgin Mary! Our school year is off to a great and enthusiastic start! We loved welcoming the junior high and all new high school students on Thursday and spending some quality time just with them as they transition into Lumen Christi! Our new students were all "drafted" into one of our six Houses and all had the opportunity to hear about some of our school policies and procedures, meet teachers, figure out where their classrooms were, and enjoy a pizza lunch with friends and family. Today we welcomed all students, old and new. I'm always amazed at how much our students grow and mature over the summer (and how shorter and older I feel watching them go from 7th grade through the ranks—my how time flies)!

It is such a blessing to see so many smiles and happy faces around the school. With 144 students in grades 7-12, this is the largest student body in our school's 29 year history!

Please continue to read and follow our Lumen News every Thursday as it is packed full of important information and news you can use!

Thanks again for entrusting us with the moral, mental, physical, and spiritual development of your child! Have a blessed and safe weekend!

Blessings, Brian

St. Ben's Mixed Bowling League!

St. Benedict's Mixed Bowling League is looking for bowlers. We are a fun, social and handicap (which means it doesn't matter how good you are) league. We bowl Sundays at 4:30 at Jewel Lake Bowl September 7-March 1. Must commit to the entire season. Knights of Columbus Trios is Wednesdays at Jewel Lake September 3- April. Both are adults only. Call Beth at 907-230-2810 for more information.

KNIGHTS TABLE

Congratulations: August

Knight of the month Family of the Month
Pol Masalunga Rys & Jessica Miranda Family



Patriotic Rosary— 8/18 and 9/01 at 6:00 pm
K of C Council meeting - 9/08 at 7:00 pm
4th Degree meeting – 9/03 at 7:00 pm
Officer's meeting - 9/25 6pm

The Knight of the Month We chose Pol Masalunga has been organizing our council mass for deceased Knights the past few years; helping with Shrove Tuesday and other social events.

Family of the Month The Rys and Jessica Miranda. For helping at our 5pm masses, ushering and filling in when needed. Working as mass coordinator in a pinch. Helping where needed at our parish functions. Thank you, Miranda family.

WHAT IS GOING ON?

Habitat for Humanity

Thank you, thank you, thank you!!

Habitat for Humanity was so overjoyed with the money we turned in and the wood. We raised over **\$3,200.** to help build a new home for someone who is less fortunate than us!!



Pot O' Gold 2025



**Grand Prize
\$15,000**



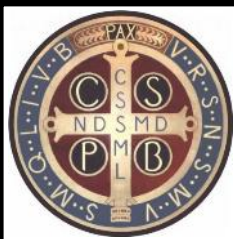
Catholic Daughters of the Americas

Founded in 1903 in New York by The Knights of Columbus, we are one of the largest Catholic women's organizations.

Court St. Pius X #1866 was chartered in Anchorage in 1961.

Court St. Pius X #1866 of Anchorage invites all Catholic women to join us at our next meeting. We are taking a summer break until Sept.

The next meeting will be held on Monday September 8 2025, at 6:30pm. at the Lunney Center at Our Lady of Guadalupe. For more information contact Cecilia Stanley @ cecistanley2013@icloud.com



United In Mission

"Radiating Christ's Love and Hope"

2025 Annual Catholic Appeal

Saint Benedict Parish



Archdiocesan Goal

\$ 79,077.16

Parish Goal

\$39,538.58

Participation Goal

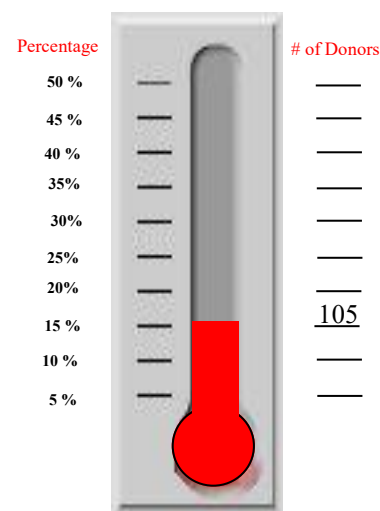
40 Percent *

Donating to United in Mission:
Radiating Christ's Love & Hope
has never been easier!



Use the QR code and donate
right now online.

ARCHDIOCESE OF
ANCHORAGE-JUNEAU



* Parish census: 670 households

Contributions beyond our Archdiocesan goal help us to:



Prep and paint exterior.



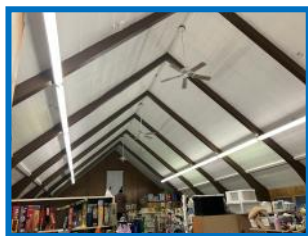
Close off old access.



Weatherproof the foundation.



Replace all windows.



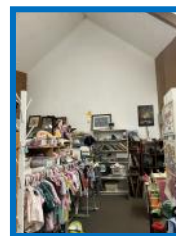
Convert lighting to LED.



Update bathroom.



Install secure door.



Paint the interior.



Install a new furnace.

Renovate the "Archangel Attic"

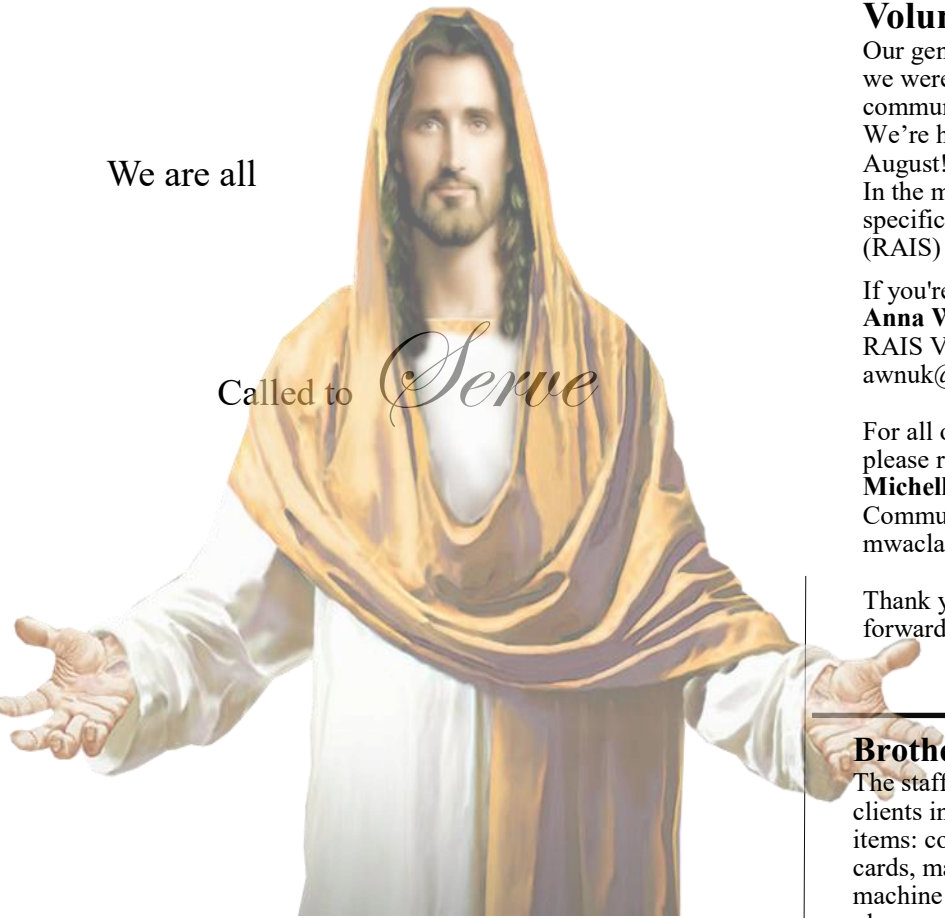
Why? The "old church" or "the rummage room" has quite a history, serving also as a youth center and a preschool before the "Archangel Attic" opened its doors in 2011, following an extensive renovation by the Knights of Columbus. The Attic serves as an outreach to the needy in our community, as well as a revenue source for scholarships to Lumen Christi Catholic High School (generating more than \$1.4 million since 2011!). All staff, including managers Mary and Colleen, are volunteers. In order to "keep the rain on the outside and the heat on the inside," this renovation will include exterior and interior painting, new energy-efficient windows, a secure entry door, new bathroom, LED lighting, and a new furnace. With a properly maintained building this ministry will continue to thrive! **Thank you!**

⇒ Our Community

We are all

Called to

Serve



In-kind Needs for CSS Programs

Complex Care is in desperate need of hygiene items: shampoo, conditioner and body wash. Travel size are ideal but will take any. Drop them off at Complex Care, 303 W. Fireweed Lane from 9 am to 6 pm, 7 days a week.

Clare House: Donations can be dropped off at 4110 Spenard Rd, Anchorage 7 days a week from 9 a.m. – 6 p.m.

- Especially needed: brand new, in-the-box car seats or booster seats for field trip transportation.
- School supplies
- Books for teens; various genres

FIG Fresh International Garden

- Toys for outdoor use (NO stuffed animals)
- Needed: lots of LARGE cardboard boxes with NO labels or staples (think appliance boxes) for a project.
- On your radar as leaves begin to fall: Large quantities of bagged leaves are greatly appreciated for mulching and composting! As we get into that season, keep FIG in mind for your leaves! They can be dropped off at the garden gate, across the street from 4502 McPhee St. 9:30 am – 3 pm

Saint Francis House Food Pantry: Donation Hold due to limited space (no more donations of these items accepted at this time): mattresses (can be donated to Shiloh Community Housing Furniture Bank), toys, books (teen books please donate to Clare House).

Volunteer Program Update

Our general volunteer program has been on a brief pause while we were in the process of transitioning the program to a new community engagement manager, Michelle Waclawski. We're happy to announce that volunteering will resume in August!

In the meantime, we are continuing to welcome volunteers specifically for our Refugee Assistance & Immigration Services (RAIS) program.

If you're interested in volunteering with RAIS, please contact:

Anna Wnuk

RAIS Volunteer Coordinator

awnuk@cssalaska.org

For all other volunteer-related questions or general inquiries, please reach out to:

Michelle Waclawski

Community Engagement Manager

mwaclawski@cssalaska.org

Thank you for your continued support and patience. We look forward to expanding volunteer opportunities across CSS soon!

Brother Francis Shelter Requests

The staff at Brother Francis Shelter would like to offer activities for clients in the evenings after dinner. They are seeking the following items: cornhole (board & beanbags), items for BINGO (set of cards, markers for marking the cards, and set of balls), and a karaoke machine or microphone. If you're able to donate any of these items, please reach out to Mercy at 907-764-3827 (cell)

Grow North Farm

This summer, the Book Mobile has agreed to come to the Grow North Farmers' Market for three dates, July 10th, August 7th, and September 3rd. We are looking to stock the book mobile with the following types of publications:

1. Instructional books about climate specific, sustainable, urban, and/or small-scale farming and gardening practices
2. Children's books that deal with plants or gardening (for example: & "Let go! A harvest story; by Hannah Lindoff, "Tops and Bottoms" by Janet Stevens, "Green, A Community Gardening Story" by Marie Lamba, "Blueberries for Sal" anything off this list <https://www.rabbitroom.com/post/15-gardening-books-for-children>, and many more!).
3. Children's books that are not in English, in particular those that will serve Mountain View families (Spanish, Hmong, Samoan, Filipino, and Yup'ik), and those that will serve our farmers and their families (Ukrainian, Swahili, Haitian Creole, Kinyarwanda, French, Pashto, and Dari) - find one good resource here: <https://www.languageizard.com/> For more information please contact Cecilia, our Farmer's Market Coordinator ckaroly-lister@cssalaska.org.

Youth Refugee Summer Program:

- Bicycles all sizes
- Guitars and keyboards
- Soccer pinnies for summer pick up games
- Art supplies (canvas, paper, paintbrushes)
- Laptops (wiped clean and good condition) for clients to access GED and college classes

For questions please email Katie at kgordon@cssalaska.org for more information on how to get involved!

Upcoming events around the Archdiocese

Mark Your Calendar! We've got some great events coming up and hope you'll be there.
Share the invite with others—it's always better together!



o **Archbishop's Annual Golf Tournament:**

Registration is open now on the AOAJ website! Come join us to support our seminarians and have fun playing golf!

We are highlighting the Archdiocesan ministry “Project Rachel”, this ministry is dedicated to helping those who have been affected by abortion. It is for those who are suffering as a result of experiencing abortion, or by being part of a family affected by abortion. Carrying the sorrow of this experience alone is unimaginable, but this ministry is here to accompany those affected. Offering individual and group healing, Project Rachel helps those who need the mercy of our Lord most tenderly, for there is nothing that cannot be redeemed for His purpose.

If you'd like to participate, either as a path for healing, or in support of the ministry, please call (907) 297-7781, or email projectrachelalaska@gmail.com.

Employment Opportunities with the Archdiocese

We are pleased to share that there are current job openings within the Archdiocese. These roles offer a chance to contribute meaningfully to our mission and serve the community.

* **St. John the Baptist in Homer:**

Part-time Secretary Email stjohnbaptisthomer@gmail.com for job description

✦ **Director of Holy Spirit Center**

The Director is responsible for directing the overall operations of Catholic Retreat House Ministries, Inc. (Holy Spirit Center). This includes ministry, development, maintenance, and operations of the center's facilities for community purposes. This position will initially be full time (flexible) and salaried. It is anticipated the Director will work collaboratively with the Board of Directors for a sustainable lever of operations. The position will report to the Board of Directors If interested in this job, please send your resume and cover letter to LeAndra Childs at lchilds@aoaj.org

✦ **Holy Name Catholic School**

We are looking for enthusiastic and energetic persons who enjoy working with children, who like to mentor and teach little humans! If interested please email schooloffice@holynamекtn.org or call our school office at (907)225-2400



"Come to me, all you who are weary and burdened, and I will give you rest."

-Matthew 11:28

A Day of Prayer and Healing For Women Experiencing Abortion Loss

Free & Confidential - Hosted by Project Rachel Ministry

Saturday, October 4, 2025
9:30a - 4:30p

Registration is needed and further information is given at that time. Register by calling our confidential number at 907-297-7781 or email projectrachelalaska@gmail.com



Project Rachel is a healing ministry of the Archdiocese of Anchorage-Juneau. This ministry provides compassionate, confidential, and free support to women and men who have experienced the loss of children to abortion. Long distance ministry and local referrals are available. God's healing love and mercy are always possible.

Find more information at www.projectrachelalaska.com
and on Facebook at Project Rachel Alaska





Bible Study

Meets the **2nd –4th or 5th.**
Wednesday's of each month at 7pm

Our next Bible Study will be
Wednesday August 20th. We will meet
in the school library at 7 PM.

Book Club

Thursday, Sept. 4th @ 7:00PM

We are reading **Jesus and the Jubilee**
by John Bergsma– pgs. 1-60

Contact Lynn Stuhr @ lstuhr18@gmail.com or 907-830-1627

Women's ministry

Blessed Among Women



Our next gathering will be **Sept. 18th,**
7pm in the Parish Hall

This is a monthly gathering to seek a more profound understanding of what it means to be a woman of God through quarterly presentations by local speakers and spiritual teachings from Pope St John Paul II and female Saints (while sharing food and fellowship with other women).

Men's Ministry

Our next Meeting will be on
Thursday, Sept. 11th @ 6pm
We meet in the Upper Room at the
school for food, fellowship, and faith.



Food: ?
Topic: ???
Speaker: ?

Parish pilgrimage

News on the next Parish
Pilgrimage will be out in August.
Stay tuned.

Family Matters

School is around the corner, but the summer is still full of fun things to do. Unfortunately, also are many, mundane chores. Thinking back over the past year, what occasions, activities, and celebrations are special to your family? Certainly birthdays, Christmas and other holidays come to mind. Perhaps, daily rituals enrich your routines such as meal and bedtime prayers, movie night, and singing together as you drive. Is it possible to make the routine, not-so-fun activities into playful—even competitive—rites? Think about timing a child in making his/her bed, dumping dirty clothes into the hamper; emptying the dishwasher; or putting bikes and toys away for the evening. Weeding the garden is a groan-getter until you incorporate a contest of who can accumulate the biggest pile of weeds or harvesting the largest carrot solving this problem.

Do you know your child(ren)'s special trait or talent? This could be a tremendous boost in assigning chores matched to their gifts making this work enjoyable. A younger sibling may feel “grown-up” by helping her/his older sibling make the beds or empty the dishwasher. Older children may be more open to only clean their room once a week instead of daily.

Small changes like setting up an activity to music may enhance the productivity of your child. Encouraging your child to figure out shortcuts to completing a task may be just what a mathematically-inclined kid finds exciting. Have the writer in the family compile the daily to-do list. Your artist could draw your grocery list. Seeing the “twist” the younger generation has on our “tried and true” methods is an eye-opener.

Here are four things you can do to help your child discover and develop his/her special, God-given gifts:

(The following ideas are found in loyolapress.com)

1. Expose children to a range of stimuli and experiences.

Books, music, art supplies, and creative toys offer a challenge with fun.

2. Be alert for special interests.

Most child-development experts say the “globally gifted” child is largely a myth. Children will show an intense interest in one or two areas—music, art, math, writing, etc. Think outside the proverbial box. Can a chore be done while dancing, pretending to be a superpower or an animal? Let your children be involved offering their imaginations and ideas.

3. Challenge—but be realistic.

Children develop their skills when adults set high standards, but they can be demoralized by unrealistic expectations. It's important to strike a balance.

4. Pray for your child's development.

Prayers help keep things in perspective. God is present in both your family and child's life. It's not all up to you.

Watching our children grow in their gifts and talents is one of a parent's greatest joys. It also can be a help in everyday living. Knowing what your child(ren) delight in and matching daily activities (and chores) around the home to that enjoyment can minimize “lack of participation” and increase time for celebrating family living.

RCIA/OCIA

Order of Christian Initiation of Adults

What is Catholicism? Are you curious?
Are you interested in joining the Catholic Church?
Do you feel you are on the outside looking in?
Would you like to know more about the Catholic Faith?
Maybe you were raised Catholic and have strayed?
Have you ever wondered, 'Why am I even doing this?'
Do you remember all the reasons of your faith,
the beauty of our faith?



We meet on Monday evenings **at 6:30pm**
in the parish rectory **beginning September 22nd!**
We would love to have you join us. Everyone is welcome!
Contact Marcy Adkins at the office 243-2195

Adult Ed

TUESDAY MORNINGS

We are watching season 5 of The Chosen.
Join us for coffee, pastries, an episode,
and discussion after Mass.

Ascension Presents has awesome material and
shorter videos on various Catholic Topics
through YouTube and Facebook!

Evangelization Ministry

Don't miss our next Epic Evangelization event!

Have ever wanted better formation in how to evangelize in an
ever-changing world?
Have you met someone from another Mass time and wondered how
you did not know them?
Have you ever found out about an event after it occurred and
wondered why you did not know about it?
If you answered yes to any of the above, then I think you will be
excited to know about our next event.

*All ministry leaders, catechists, staff, and parishioners are
invited! Please forward to anyone you think might be
interested. **TBD***

Men Needed!!

Men wanted for Prison Ministry in Anchorage to visit the im-
prisoned and bring them the Dismas Ministry Catholic Bible
Study at the Anchorage Correctional Complex. Wed. eve-
nings, 7pm, at Cook Inlet Pre Trial, and/or 12pm on Fri. at An-
chorage Jail. About 1.5 hours per visit on a routine basis. No
experience needed, just the desire to help these men come to
Christ. An application and an evening Dept. of Corrections
Chaplain's Office training would be required. Interested? Con-
tact Herman Ellemberger at: hre814@gmail.com

Adoration

Eucharistic Adoration

Adoration is offered:

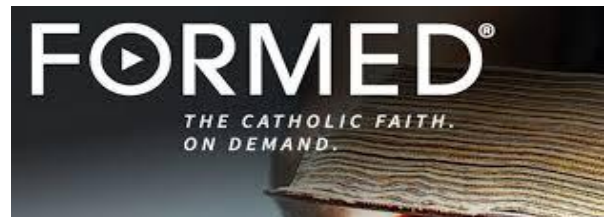
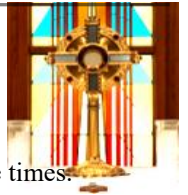
Monday—Friday 10:00AM-10:00PM

You are welcome to come in to pray during these times.

~ Call the office to get the code to the adoration door.

*Call the office to sign up**

"Could you not watch one hour with me?" (Mt. 6:21; 26:40)



Visit Formed.org for great material on
sacraments, Devotions, saint movies and more!

- 1) go to www.formed.org,
- 2) click Sign Up
- 3) click I belong to a parish/organization
- 4) type in St. Benedict and look for our address
(8110 Jewel Lake Rd. Anchorage, AK) and then
enter your name and email!

THE ASSUMPTION VS. THE ASCENSION



JESUS ASCENDED

The Feast of the Ascension is about
Jesus. Jesus ascended into heaven 40
days after Easter by His own power.
The Ascension is talked about in the Bible,
Acts 1:14, Mark 16: 19-20, and Luke
24:50-53.

MARY WAS ASSUMED

The Feast of the Assumption is about Mary
and is celebrated each year on August
15th. The Blessed Mother was taken up to
heaven body and soul. Though there is not
a direct mention of the Assumption in
Scripture, there are several references to
it and it is part of the dogma of the
Catholic Church.



Upcoming Events



St. Andrew Bobola, S.J.

Patron of our E/C Team,
Pray for us.

08/20 High School Night 7pm
09/04 Jr. High Night 6pm

⇒ Evangelization Meetings:

Evangelization Team:

Our next meeting will be TBD at 7PM

Youth Ministry Team:

Our next meeting is TBD @ 7pm

UPCOMING *Youth Nights*



Wednesday 7-9 pm

Prayer Pt. 7

Lectio Divina is an age-old practice in the Church. Come and practice it, then move outside for games in the yard!

Aug
20
2025



Wednesday 7-9 pm

Prayer Pt. 7

What is this heresy? Why is it so prevalent today? Let's dig into this and find out what we need to know so we can combat it!

Aug
27
2025



Wednesday 7-9 pm

Folk Catholicism

What is Folk Catholicism? What does it look like for other countries? We will get into this and more. We will also be having Taquitos and other Mexican foods!

Sept
3
2025

@stbensyouthanc

Pray for us!

#Youth Corner

08/20 Youth Night
7-9pm

09/04 Jr. High Night!!

We Need Adult Volunteers!! 6-8pm



Check out our page at:

<https://www.stbenedictsak.com/65>

FB: St. Ben's Youth Ministry

Insta: @stbensyouthanc

