

# Our Lord Jesus Christ, King of the Universe



## Weekend Masses

Saturday 5:00pm  
Sunday 8:00am,  
10:30am, 12:15pm

## Weekday Masses

Monday-Friday 9:00am

## Adoration

Monday-Friday 10am-10pm

## Sacrament of Reconciliation

Wednesdays, 6pm-7pm  
Sat. 3:45pm-4:45pm or by appointment



## Parish Office

8110 Jewel Lake Rd  
Anchorage, AK 99502

Phone: (907) 243-2195  
Fax: (907) 243-0088

Office Hours: Tuesday-Friday  
10:00am - 5:00pm

Web: [www.stbenedictsak.com](http://www.stbenedictsak.com)

FB: <https://www.facebook.com/stbenedictsak>

Email: [parishsecretary@stbenedictsak.com](mailto:parishsecretary@stbenedictsak.com)



## Lumen Christi Catholic School

Grades 7-12  
8110 Jewel Lake Rd Bldg. D  
Anchorage, AK 99502

Phone: (907) 245-9231

Office Hours: Monday-Friday  
7:00am-3:00pm

Web: [www.lumenchristiak.org](http://www.lumenchristiak.org)

E-mail: [lcbs@lumenchristiak.com](mailto:lcbs@lumenchristiak.com)

## - Our Community at a Glance -

**Prayer Chain:** email Shirley Arnold at [s\\_arnoldak@outlook.com](mailto:s_arnoldak@outlook.com)

**Outreach:** Emergency food for those in need call **907-273-1596**

**Clare House:** 4th Tuesday each month; contact **Beth Waetjen @ 907-242-2384**

**Archangel Attic:** Open Tues.-Thurs. 12pm-3pm, and Fri. 10am-3pm, Sat. 10am-4pm,  
call **907-215-7079**. To volunteer call **Colleen: 354-4372** or **Mary: 868-3453**

**Youth & Young adult Catechesis:** call **Gabe O'Lena 907-215-7058**

**Choir:** See **Steve Ring** after Mass or email [sring1316@outlook.com](mailto:sring1316@outlook.com)

**Samoan Mass:** 12:15 Mass, 1st Sunday of the Month

**Filipino Mass:** 12:15 Mass, 3rd Sunday of the Month

**Hospitality Sundays:** Coffee /donuts, after **8am-10:30am** Masses

**Pancake Breakfast:** Served **8am to 12:15pm** the 2nd Sunday of the month, **Oct - Apr**

**Knights of Columbus:** Meets 1st Wednesday at 7pm

**Legion of Mary:** Meets Mon. at **5:30pm**; call **Ursula @ 907-570-2163**

**November 23,  
2025**

## Mission and Core Values

Saint Benedict Parish  
is a community of  
Catholic, Christian  
stewards,  
working to live and  
preach the Word of  
God in thought,  
word and deed.

As a ministry of Saint  
Benedict Parish,  
Lumen Christi High  
School provides a  
rigorous Catholic  
education in a Christ-like  
environment. We are  
called to proclaim the  
Gospel of Jesus Christ, to  
build community, and to  
serve our brothers  
and sisters.

We are united in our core  
values of living **Faith**,  
Celebrating **Family**  
and Achieving  
**Excellence!**



## THOUGHTS FROM OUR PASTOR



### Who do we serve?

Everyone serves something. The only question is, "Who sits on the throne of our heart?" We can reject authority all we want, but it doesn't change reality. There is a King. He doesn't need your vote, your approval, or your permission. His name is Jesus. And unlike the kings of this world, here is a king whose throne is the cross, whose crown is made of thorns, whose soldiers do not fight for Him but mock Him, whose "friends" abandon Him, deny Him and even betray Him. The gospel portrays this stark contrast between this King, whom we today acclaim as the King of Kings and the Lord of the Universe, and all the monarchs that have ever ruled in human history. Maybe we shout "No Kings" and say we're free, but our chains are just invisible. We worship self, culture, and chaos. Meanwhile, the King we reject is the only one who actually died to set us free. One day, every knee will bow and every tongue will confess that Jesus Christ is Lord. Many have stood up for their faith in this King and have died martyrs. They would rather die as faithful subjects of this Divine King than to bend their knee to some earthly "ruler" (animate or inanimate) who demands absolute obedience. Who/what do we serve? Who/what is our "king"? -- *Fr. Tom*

# Welcome to Saint Benedict Parish

Monday 11/24	Tuesday 11/25	Wednesday 11/26	Thursday 11/27 <i>Thanksgiving!</i>	Friday 11/28	Saturday 11/29	Sunday 11/30 <i>1st Sunday Advent</i>
<b>Mass</b> <b>9am: Doug Darling SI</b> <i>Parish Office Closed</i> Adoration 10am - 10pm Legion of Mary 6-7pm <b>OCIA 6:30</b>	<b>Mass</b> <b>9am: Elaine Potter SI</b> Adoration 10am-10pm Video Series The Search & Discussion 9:30am <b>Ecumenical Service 7pm</b>	<b>Mass</b> <b>9am: Police &amp; Firefighters SI</b> Adoration 10am-10pm Confessions 6pm Samoan Choir 6:30pm High School Night 7pm Bible Study 7pm	<b>Mass</b> <b>9am: Lonnie &amp; Marcy Adkins SI</b> <i>Parish Office Closed</i> Adoration 10am-10pm 10:30 Choir Practice 7pm	<b>Mass</b> <b>9am: Irene Fandrich ROS</b> <i>Parish Office Closed</i> Adoration 10am-10pm Frozen Chozen 5:30am Jr. Legion 10am Kid Play 1pm Samoan Choir 6:30pm Youth Intermural Basketball 8pm	<b>Vigil Mass</b> <b>5pm: Bill Stuhr ROS</b> Confessions 3:45-4:45	<b>Masses</b> <b>8:00am: John Branham SI</b> <b>10:30am: Joy Wynne SI</b> <b>12:15pm: People of the Parish SI</b>  <b>NO Super Sunday</b>  Check out our page at: <a href="https://www.stbenedictsak.com/65">https://www.stbenedictsak.com/65</a> FB: St. Ben's Youth Ministry Insta: @stbensyouthanc

**Mass Intentions:** SI= Special Intentions

RTH= Return to Health

ROS= Repose of Soul

## Saint Benedict Staff

### **Pastor**

Fr. Tom Lilly  
[tlilly@stbenedictsak.com](mailto:tlilly@stbenedictsak.com)  
 907-243-2195

### **Deacon**

Deacon Daniel Winters

### **Pastoral Assistant/ Business Manager**

Marcy Adkins  
[madkins@stbenedictsak.com](mailto:madkins@stbenedictsak.com)  
 907-243-2195

### **Administrative Assistant**

Katherine Mitchell  
[parishsecretary@stbenedictsak.com](mailto:parishsecretary@stbenedictsak.com)  
 907-243-2195

### **Director of Music**

Steve Ring  
[sring@stbenedictsak.com](mailto:sring@stbenedictsak.com)

### **Church Housekeeper**

Elaine Potter

## Evangelization and Catechesis

### **Youth and Young Adult Minister**

Gabe O'Lena  
[golena@stbenedictsak.com](mailto:golena@stbenedictsak.com)  
 907-215-7058

### **Super Sunday Faith Formation**

John and Shelby Burger  
[burger@stbenedictsak.com](mailto:burger@stbenedictsak.com)

## Lumen Christi School

### **Principal**

Brian Ross  
[bross@lumenchristiak.com](mailto:bross@lumenchristiak.com)  
 907-245-9231

### **Director of Advancement**

Anne Gore  
[agore@lumenchristiak.com](mailto:agore@lumenchristiak.com)  
 907-245-9231

### **Administrative Assistant**

Kimberly Guzman  
[khs@lumenchristiak.com](mailto:khs@lumenchristiak.com)  
 907-245-9231

## Sacramental Information

### **Parish Office 243-2195**

- OCIA:** contact Marcy Adkins 273-1554
- Baptism of infants:** celebrated either during Mass, after the 12:15 Mass on Sundays or at any other time approved by the Pastor. Parents are required to attend a baptismal preparation class prior to the baptism of the child.
- Weddings:** scheduled by meeting with the Pastor at least six months prior to the wedding date. Please call the office for more details.
- Funerals:** contact the parish office following a death and we will be pleased to assist you.
- Anointing of the Sick, or Communion to the Homebound:** Please call the parish office to request a visit.

Thank to all those who come and put together meals for **Hope Soup Kitchen!**

Next date is Saturday **December 6th!**

Call Andy Flores @ 907-887-4917

Thank you to all who provide meals for **Clare House**

Next dinner date is **November 25th!**

## ⇒ Readings:

### Sunday 11/23

2Samuel 5:1-3  
 Colossians 1:12-20  
 Luke 23:35-43

### Sunday 11/30

Isaiah 2:1-5  
 Romans 13:11-14  
 Matthew 24:37-44

## The Traveling Madonna

The new traveling Mary sign up for January thru December 2024 is now posted.  
 Please say a rosary each day she is in your home.  
 Thank you for welcoming the Lord's mother.  
 Questions call **Ann Curro 907-349-3772**

## ⇒ Celebrations:

# November Anniversaries

Once Upon A Time...

Roy and Terry Stoddard	11/12/66
Bernie and Beatrice Freeman	11/29/69
Lee and Kathy Lewis	11/30/74
Ryan and Justin Kersten	11/10/76
Lonnie and Marcy Adkins	11/27/82
Doug and Rebecca Berry	11/28/92
Scott and Maria Estonilo	11/10/04
Richard and Letti Wulf	11/22/08
Ken and Linda Miller	11/11/12
James and Ciera Aloysius	11/12/13
Joab and Krisine Mendoza	11/27/14
Nick and Oriole Kinder	11/07/15
Anthony Jayson and Diane Ong	11/03/18
Nick and Kristen Moran	11/27/20

May your marriage always bring glory to God, joy to one another and blessings to your family for many generations to come.

May love and laughter fill your hearts and your home for all at the days of your lives.

May you face every challenge hand-in-hand and side-by-side

knowing that with God's grace, you'll conquer all obstacles together. May the world be forever a better place because the two of you fell in love. In Jesus' name, Amen

"For this cause shall a man leave his father and mother, and shall cleave to his wife; and the two shall become one flesh." -Eph. 5:31

## ⇒ Parish Financial Update:

### ⇒ Stewardship of Treasure:

	Week 20	YTD
Offertory Income	\$ 12,391.85	\$ 244,579.59
Other Income	\$ 247.00	\$ 43,842.01
	\$ 12,638.85	\$ 288,421.60

Expenses: (avg. wk. \$17,162.20)

YTD Expenses: \$ 292,424.57

### Combined Parish and School

**Total Income \$897,720.09**

**Total Expense \$936,604.53**

**- \$ 38,884.44**

Our new fiscal year began 1 July

### \*Online Donation Income:

- \* There were 43 gifts made online
- \* There were 0 families new to online giving
- \* There were 0 Maintenance Fund donations
- \* There were 2 Parish Outreach donations
- \* There were 3 Special Collection donations
- \* There were 0 Faith Formation donations

Dear Lord,

Thank you for teaching me to be generous as you have been generous with me.

Thank you for showing me that all I am and have are gifts from you.

And that these gifts from you, Lord, are meant to be shared. Show me the joys of generosity.

Help me to understand others, perhaps unknown to me, depend on me for help.

Remind me that my world, my parish, needs "Good Samaritans" to heal the wounds of our times.

Make me a gift to others in your name.

Amen.

### Please Pray for:

Diane Peterson  
Christina Del Rosario  
Ann Curro  
Bea Freeman  
Waetjen Family  
Alicia Warren  
Fr. Tim Saur  
Rosemary Dunn  
Connie Budahl  
Danny Lee  
Franklin Ellenson

Terry Tutor  
Marty Goblowski  
Jim Seeley  
Sam Waetjen  
Chloe Hernandez  
Damon Carey  
Gerry Rapp  
Alicia Datuin  
Mike & Betty Smith  
Pat Scott  
Julie Allard  
Bernie & Marian Simon

Kim Randolph  
Lagi Fi-Zwetsk  
Will Davenport  
Nicole Johnson  
Crescencia Molina  
Jessica Randolph  
Geneva Colon  
Michele Waetjen  
Vannessa Mors  
Denise Trefry  
Richard Campbell  
James Mitchell & sons

Fontaine Wilhelm  
Theresa Dolan  
Ofelia Domingo  
Maipelle Burns  
Mike Keenan  
Kevin Pfeiffer  
Steve Taylor  
Lara Krill  
Joseph Mitchell  
Dan Rollins  
John Branham  
Jeff Harris Family

Ted & Agnes Mayac  
Doris Clausen  
Ellison Williamson  
Jackie & Greg Kern  
Paul Larson  
Mary Dubois  
Glen Allen  
Virginia Aberle  
Elizabeth Bastiani  
Solita Balones  
Mark Blumenthal  
Deneen B. Bozeman

Al Honeywell  
Wally Johnston

(To add or remove please call 243-2195).





# Lumen Christi School

Living Faith, Celebrating Family, and Achieving Excellence



## ⇒ Principal's Update:

What a busy week it has been! We started off the week with a stomach bug illness (most likely norovirus) working its way through about 10-15% of our student body. Our absent numbers spiked on Tuesday, but each day since has brought students back to school. We have been working closely with the Municipal public health department to determine the cause (if we can) and, more importantly, review our health and hygiene protocols. It appears that norovirus numbers are spiking all over the city, so this isn't limited to just our school community. This was coupled with another illness—a persistent head and chest congestion—in other students. Thank you to everyone who kept/is keeping their students at home if they feel ill. Please continue to pray for good health in our community.

The Virtue of the Week is APPRECIATION. The Vice is ENTITLEMENT. I used this week as an opportunity to take a speaking tour around Houses during 7th period to encourage all students to Be Appreciative, not Entitled. I think this is a particularly important message as we go into the THANKSGIVING holiday. In my 6–8-minute talk, I emphasized two main points: 1) appreciation and respect for our teachers and 2) appreciation and respect for our school—our common home. I wasn't accusing anyone, or any group in particular but rather reiterate our high expectations of behavior here at Lumen Christi. We've had an uptick in student disrespect—arguing, talking back, and speaking condescendingly—towards teachers. In addition, some students are not abiding by classroom rules and expectations of behavior—most notably in the abuse of computer privileges (playing games during class, for example) or leaving trash/garbage all over the classroom. I asked all students to show appreciation for our hardworking and dedicated teachers going forward and avoid having a sense of entitlement. We've also had an uptick in a general lack of respect for our common home and school property. Students often rock back in chairs, put feet up on tables and desks, draw/write on school property, and leave trash all over locker rooms, rest rooms, classrooms, the hallway, etc. I reiterated that not all students are doing these things but asked everyone—staff and students—to rise to the challenge to pick up after ourselves and respect our school property to show our appreciation as good stewards of our “home away from home.” To do otherwise shows a sense of entitlement (e.g. a mentality that “someone else will just clean or pick it up”). I related to our students that my dream is that one day, our school janitor, Romy, and his wife Nora, would tell me “we didn't need to clean the school this evening because your students cleaned it themselves during the day! We headed home early!” I realize that this may not happen, but it is certainly a worthy goal ALL OF US can work towards! Lumen is a very special place and all of us make it so. Thanks for your help while on break in reinforcing this important message.

We wish our girls' volleyball team good luck in the Borealis Conference Tournament held at Lumen Christi this weekend. I encourage you to come out, support, and cheer our ladies on to victory! May you have a blessed and safe extended Thanksgiving break. See you, Dec 1st!

*Blessings... Brian*

## Archangel Attic

The holiday season is upon us! Our selection of Christmas décor, lights, candles, and gifts offers something for all your needs.

Each week, we are given more holiday items to share with you.

Come often and find just the perfect gadget, embellishment, or finishing touch to complete your decorating, shopping list, or a special item just for you. Thank you for shopping with us. We will be closed Wed.-Mon. for the holiday and happy Thanksgiving!!

## KNIGHTS TABLE

### *Congratulations: November*

Knight of the month

Larry Clement

Family of the Month

Nick and Oriole Kinder



Patriotic Rosary– 12/01 and 12/15 at 6:00 pm

K of C Council meeting - 12/03 at 7:00 pm

4th Degree meeting – 12/01 at 7:00 pm

Officer's meeting - 12/18 6pm

**The Knight of the Month** We chose Larry Clement - Larry has been leading our council's pro-Life efforts. Larry has organized the 40 days for life campaigns for St Benedicts (Tuesday was our day), Also organizing the baby bottle and diaper drives and throughout the year.

**Family of the Month** We chose Nick and Oriole Kinder - Nick and Oriole have been members of the parish for many years. From helping in years past with youth groups and events. Now we would like to help recognize them for their help in many little ways, helping with some parish office duties, assisting with OCIA. They both help model to us many of the aspects of being a good catholic family.

## WHAT IS GOING ON?

Pot O' Gold  
2025  
Grand Prize  
\$15,000



## KNIGHTS OF COLUMBUS 22<sup>nd</sup> ANNUAL THANKSGIVING GLOVE DRIVE

The Knights of Columbus is holding our 22<sup>nd</sup> annual Thanksgiving glove Drive and all the gloves collected will be brought to Catholic Social Services and then given to those in need. All new or like new gloves can be placed in the basket located in the vestibule (the back of church). You may also bring socks, hats, and scarves.

Please help those less fortunate. Think of how you would feel if you didn't have these items to keep you warm this winter.

“When I was naked you clothed Me”

This drive will run through November until the first Sunday in December. Thank you

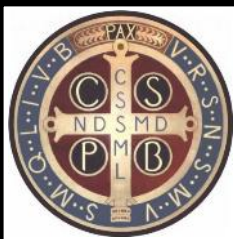


## Catholic Daughters of the Americas

Have you been wondering who The Catholic Daughters of the Americas are? Would you like to know more about us?

CDA is one of the largest Catholic women's organizations established in 1903 by the Knights of Columbus. Our local court was chartered in at Holy Family parish in 1961. We are a spiritual, charitable, social and service group. We invite all Catholic women to join us as we plan this year's events. **Our meeting is Monday Dec 8th, 2025, 6:30pm.** in the Lunney Center at Our Lady of Guadalupe Parish. Please join us for prayer, planning, and food and fellowship. Visitors are always welcomed.

For more information contact [cecistanley2013@icloud.com](mailto:cecistanley2013@icloud.com)



# United In Mission

## "Radiating Christ's Love and Hope"

### 2025 Annual Catholic Appeal

Saint Benedict Parish



#### Archdiocesan Goal

**\$ 79,077.16**

#### Parish Goal

**\$39,938.48**

#### Participation Goal

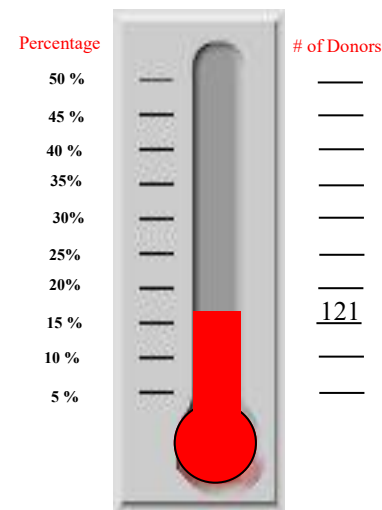
**40 Percent \***

Donating to United in Mission:  
Radiating Christ's Love & Hope  
has never been easier!



Use the QR code and donate  
right now online.

ARCHDIOCESE OF  
ANCHORAGE-JUNEAU



\* Parish census: 670 households

## Contributions beyond our Archdiocesan goal help us to:



Prep and paint exterior.



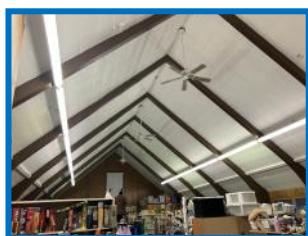
Close off old access.



Weatherproof the foundation.



Replace all windows.



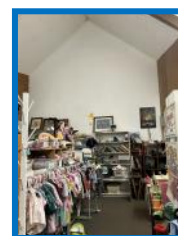
Convert lighting to LED.



Update bathroom.



Install secure door.



Paint the interior.



Install a new furnace.

### Renovate the "Archangel Attic"

**Why?** The "old church" or "the rummage room" has quite a history, serving also as a youth center and a preschool before the "Archangel Attic" opened its doors in 2011, following an extensive renovation by the Knights of Columbus. The Attic serves as an outreach to the needy in our community, as well as a revenue source for scholarships to Lumen Christi Catholic High School (generating more than \$1.4 million since 2011!). All staff, including managers Mary and Colleen, are volunteers. In order to "keep the rain on the outside and the heat on the inside," this renovation will include exterior and interior painting, new energy-efficient windows, a secure entry door, new bathroom, LED lighting, and a new furnace. With a properly maintained building this ministry will continue to thrive! **Thank you!**



We are all

Called to

*Serve*

## In-kind Needs for CSS Programs

**Complex Care** is in desperate need of hygiene items: shampoo, conditioner and body wash. Travel size are ideal but will take any. Drop them off at Complex Care, 303 W. Fireweed Lane from 9 am to 6 pm, 7 days a week.

**Clare House** has a great need for

- deodorants,
- combs,
- hair brushes,
- and hair ties right now.

Donations can be dropped off at 4110 Spenard Rd, Anchorage 7 days a week from 9 a.m. – 6 p.m.

**Brother Francis Shelter** Warm Gear Donations for As temperatures drop, warm clothing is needed for those in the shelters. BFS is requesting the following donations. Any can help!

- \* Men's sweatpants M-L, XL, especially 32-34 sizes. Sweatpants with drawstrings are suggested . \* Coats, Men's L, XL
- \* Women's sweatpants S-L (3-16) \* Coats, Women M-XL
- \* NEW ONLY Underwear, Men L-XL
- \* NEW ONLY Underwear, Women, All Sizes
- \* NEW ONLY Bras (A-DD) and all sizes
- \* Men's Boots, 8-13 \* Women's Boots 7-8-9
- \* Winter gloves, All Sizes \* Winter hats
- \* Men's hoodies and Sweatshirts M-XL
- \* Women's Hoodies and Sweatshirts M-XL
- \* Request for Ice Cleats and reflective tape
- \* Any hygienic items, including women's hygiene donations would help bolster supplies.
- \* Bed pads to help folks who are sometimes incontinent.

Through Helping Holidays, you can help ensure those in need have a Christmas gift this year by sponsoring a client family. You can sign up as an individual, family, or group. We suggest a gift of \$50 for an individual, \$150 for a family and \$200 for a family of five or more.

To help us have time to deliver gifts to families, items will need to be dropped off at our office between Monday, Dec. 8 to Thursday, Dec. 11 from 9 am to 5:30 pm.

Note: Many of our refugee families live across the state. To reduce shipping costs for families in the RAIS program, we can only accept gift cards and one small gift per family.

[Helping Holidays link](#)

**Winter Gear Needs** -- All our shelters have an ongoing need for winter gloves, hats, hand and foot warmers, winter jackets, socks, and boots. We can never have too many. They can be dropped off at specific shelters, or at Saint Francis House Food Pantry (at times they reach capacity and cannot accept donations temporarily). SFH drop-offs are from donations can be dropped off at 3710 E. 20 th Ave. 1-4 pm Monday through Thursday and 9-4 Friday.

**Pet Food Drive** Many families rely on the comfort and companionship of their pets, and lately our St. Francis House Food Pantry has had a growing need for dog and cat food. If you feel called to give, we welcome donations of unopened or gently used bags of pet food.

Your generosity helps families keep their beloved pets fed, supported, and close — a small act of compassion that brings great joy. Drop off donations at Saint Francis House Food Pantry at 3710 E. 20 th Ave. 1-4 pm Monday through Thursday and 9-4 Friday.

Many **refugee clients** do not have snowpants and have articulated that they would like some. Seeking snowpants and snow boots drive in time for an event which will be the evening of the 24th.

Drop off 9 am to 3 pm at 4135 San Roberto Ave. at the Welcome Center.

**Donations for the 3rd Avenue Resource & Navigation Center** are accepted Monday through Friday, 8:30 AM to 3:00 PM at the 3RNC, 1131 E. 3<sup>rd</sup> Ave.

When dropping off items, please ask for Brian Andrews to ensure your donation is properly received.

Hats  
Belts  
Gloves  
Hot Hands  
Reading Glasses

# Upcoming events around the Archdiocese

**Mark Your Calendar! We've got some great events coming up and hope you'll be there.  
Share the invite with others—it's always better together!**

## **Help the Yukon-Kuskokwim Delta coast**

In Alaska there are collection points for supplies that several cargo carriers are shipping out to the region. Here is the link to the page with the collection points and what donations they are asking for:

<https://info.lynden.com/blog/air-cargo-carriers-unite-for-western-alaska-disaster-relief>

- **Archdiocese of Anchorage-Juneau's Christmas Card Submission for Youth:** The Archdiocese of Anchorage-Juneau is doing their first ever Christmas card Art Submission for youth. We would like to have our talented and creative youth of the archdiocese come up with a Christmas card to submit.



- **Dominican Forum with Fr. Matthew Wanner, OP:** Join Holy Family for the Dominican Forum on Wednesday, November 12<sup>th</sup> at 7 p.m. in the Dominican Hall.



## **Employment Opportunities with the Archdiocese**

We are pleased to share that there are current job openings within the Archdiocese. These roles offer a chance to contribute meaningfully to our mission and serve the community.

### **Chancery Financial Department: Full-Time Exempt**

Assists Chief Financial Officer and Comptroller with quality of accounting and financial reporting of all the archdiocesan Financial Department's general ledgers. Maintains successful and positive relationships with parishes, grantors, and the financial community through satisfactory fulfillment of duties. [Read the full job description here.](#) Send all resumes to Danna Hoellering at [dhoellering@aoaj.org](mailto:dhoellering@aoaj.org)



## **Reminders and Additional Information!**



### **Please remember to share parish photos with us !**

We love to feature what is happening in your parish in the North Star Catholic.

Please send photos with a brief description and who is in the photo(s) to [llivengood@aoaj.org](mailto:llivengood@aoaj.org)

**We're currently exploring the idea of offering additional copies of the *North Star Catholic* to parishes and schools each month.**

At this stage, we're simply gauging interest—if your parish or school might be interested in receiving extra issues, please email me and let me know.





## Bible Study



Meets the **2nd –4th or 5th.**  
**Wednesday's** of each month at 7pm

Our next Bible Study will be on  
Wednesday November 19th.

We meet in the school library at 7 PM.

## Book Club



**December 4th @ 7:00PM**  
in the Rectory.

Conclude discussion on "A Song for Nagasaki".

We've invited Fr. Toshio Sato, from Guadalupe as a special guest. He was the voice of Takashi Nagai on the Hallow app's Lenten challenge earlier this year.

Our next book will be a novel, "Death Comes for the Archbishop" by Willa Cather, which we will discuss in January.

Contact Lynn Stuhr @ [lstuhr18@gmail.com](mailto:lstuhr18@gmail.com) or 907-830-1627.

## Women's ministry

### Blessed Among Women

Our next gathering is **December 18th**  
at 7:00 P.M. in the Rectory.



This is a monthly gathering to seek a more profound understanding of what it means to be a woman of God through quarterly presentations by local speakers and spiritual teachings from Pope St John Paul II and female Saints (while sharing food and fellowship with other women).

## Men's Ministry



As we continue to celebrate Blessed Michael J. McGivney's Beatification, please enter the Promo Code **BLESSEDMCGIVNEY** to join online for free. Ask A Knight for more information or follow the QR code to join online - Please Enter St Benedict's Council #12290.



## Parish pilgrimage

News on the next Parish  
Pilgrimage in the South East USA.

Stay tuned.

Check the shelf in the back of Church

## Gratitude and Generosity

Many emotions crop up as we enter the month of November. First is probably panic—only weeks until Christmas Day with so much to do. Decorating, baking, cooking, shopping, sending out cards. Secondly is probably nervousness. Is it our turn to host any of the upcoming events, when will I find time for all I want to do? What can we afford? Lastly, almost an afterthought, we remember Advent. The time of year we should put the celebration of the birth of Jesus at the beginning, middle and ending of this wonderful season. Our Savior is born into a lowly family who will save us all from sin and bringing love into our lives.

It is only then we realize we have two paths we can travel. We can become negative and complain of inflation, gas prices, the weather, and any number of our own issues. These unfortunate emotions have probably been part of all our lives daily for a multitude of reasons.

But if we can be joyful in what is still positive in our lives: our kids are doing well in school, our snow tires were on before the first snow, our family is healthy, we will be better overall. Most importantly, remembering our faith in our Lord, Jesus Christ, is still present in our lives will bring us peace, strength, and contentment.

Whichever side of life we identify with, it is interesting to know the side effects of both. Those who continue to be pessimistic, often become bitter, sullen, and depressed. Those who see the bright side of things are optimistic, confident, and encouraging. It has been proven that being positive can lower our blood pressure, diminish aches and pains, and we are usually surrounded by more people willing to help us. Those alone are strong reasons to try to stay hopeful.

Gratitude and generosity are similar virtues, but gratitude is an internal characteristic and generosity is an external expression of our gratitude. Are we conscious of thanking (gratitude) to those around us, especially our family members? It is easy to see a grateful heart is one which sings happily while an ill-tempered one is burdened with complaining and testiness. Generosity is acting on our gratitude and serving others. (R. Rohr Nov 22, 2022)

### Questions:

1. How do you view the upcoming holidays?
2. How do you describe your attitude?
3. Where are you in your relationship to Jesus?

### Challenge:

Spend time recounting how you have shown gratitude and generosity to others.

### Quote:

"The best way to show your gratitude to God is to accept everything, even my problems, with joy."  
~ St. Teresa of Calcutta

### Quote:

"O God, grant that whatever good things I have, I may share generously with those who have not."  
~ St. Thomas Aquinas



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## OCIA

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### Order of Christian Initiation of Adults

What is Catholicism? Are you curious?  
Are you interested in joining the Catholic Church?  
Do you feel you are on the outside looking in?  
Would you like to know more about the Catholic Faith?  
Maybe you were raised Catholic and have strayed?  
Have you ever wondered, 'Why am I even doing this?'  
Do you remember all the reasons of your faith,  
the beauty of our faith?  
**We meet, Monday evenings at 6:30pm  
in the parish rectory!**

*We would love to have you join us. Everyone is welcome!*  
**Contact Marcy Adkins at the office 243-2195**



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## Adult Ed

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### TUESDAY MORNINGS

We are watching season 5 of The Chosen.  
Join us for coffee, pastries, an episode,  
and discussion after Mass.

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Ascension Presents has awesome material and  
shorter videos on various Catholic Topics  
through YouTube and Facebook!

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## Evangelization Ministry

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### **Don't miss our next Epic Evangelization event!**

Have ever wanted better formation in how to evangelize in an  
ever-changing world?  
Have you met someone from another Mass time and wondered how  
you did not know them?  
Have you ever found out about an event after it occurred and  
wondered why you did not know about it?  
If you answered yes to any of the above, then I think you will be  
excited to know about our next event.

**All ministry leaders, catechists, staff, and parishioners are  
invited! Please forward to anyone you think might be  
interested. TBA**

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### Men Needed!!

Men wanted for Prison Ministry in Anchorage to visit the im-  
prisoned and bring them the Dismas Ministry Catholic Bible  
Study at the Anchorage Correctional Complex. Wed. eve-  
nings, 7pm, at Cook Inlet Pre Trial, and/or 12pm on Fri. at An-  
chorage Jail. About 1.5 hours per visit on a routine basis. No  
experience needed, just the desire to help these men come to  
Christ. An application and an evening Dept. of Corrections  
Chaplain's Office training would be required. Interested? Con-  
tact Herman Ellemberger at: [hre814@gmail.com](mailto:hre814@gmail.com)

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## Adoration

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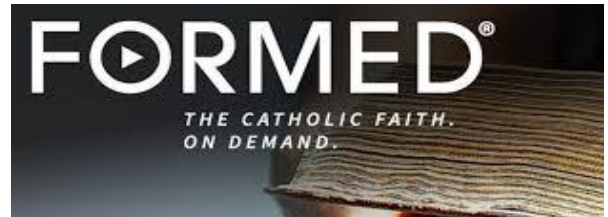
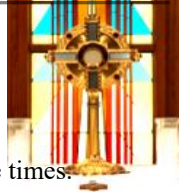
### Eucharistic Adoration

Adoration is offered:  
Monday—Friday 10:00AM-10:00PM

You are welcome to come in to pray during these times.

~ Call the office to get the code to the adoration door.  
Call the office to sign up\*

*"Could you not watch one hour with me?" (Mt. 6:21; 26:40)*



Visit [Formed.org](http://Formed.org) for great material on  
sacraments, Devotions, saint movies and more!

- 1) go to [www.formed.org](http://www.formed.org).
- 2) click Sign Up
- 3) click I belong to a parish/organization
- 4) type in St. Benedict and look for our address  
(8110 Jewel Lake Rd. Anchorage, AK) and then  
enter your name and email!



FAITH-FAMILY-FUN

John 20:19-31

Pre-K thru Jr. High

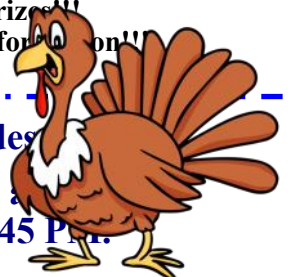
12:00-1:30 Family formation, gym & lunch!!  
1:30-3:00 Sunday presentation for families  
3:00-5:00 Class time for students and adults

**All families who attend the family formation time  
are eligible for great door prizes!!**

**New games, new prizes!!  
Same great family faith fun on!!**

**High School grades**

**We meet in the room  
gym from 4:00-5:45 PM.**





Lower 48

# Pilgrimage

## 2026

JAN. 30-  
Feb. 6

Join Bob and Fr. Robert Whitney on a pilgrimage through the earliest sites of the Catholic Church in the Americas. And lots more...



## DETAILS...

### Highlights of Itinerary:

Jan. 30- Anchorage to Orlando  
Jan. 31- Tallahassee- Venerable Florida Martyrs and missions  
Feb. 1- Birmingham- Cathedral and EWTN  
Feb. 2- Retreat day at Blessed Sacrament Shrine  
Feb. 3- Atlanta- Shrine and Cistercian monastery  
Feb. 4- Savannah- Cathedral and Flannery O'Connor Museum  
Feb. 5- St Augustine- Oldest Mass, Cathedral, and La Leche Shrine  
Feb. 6- Back to Orlando for flight Home or ???



**Total Cost:**  
**Triple: 1436**  
**Double: 1576**  
**Single: 1996**

Includes:  
Airfare  
Lodging  
Transportation  
2 meals a day

REGISTER BY  
NOV. 15 TO  
LOCK IN PRICE.

Contact Bob McMorrow for more information

907-308-9382  
rmmorrow@stbenedictssak.com





# # Upcoming Events

11/26 High School Night 7pm extended night!  
12/04 Jr. High Night 6pm



St. Andrew Bobola, S.J.

Patron of our E/C Team,  
Pray for us.

## UPCOMING *Youth Nights*



Wednesday 7-9 pm

### *Spiritual Gifts*

We are all given spiritual gifts. Which ones do you have? How do we utilize them? Come and find out!

Nov

12

2025



Wednesday 7-9 pm

### *Adoration & Ice Cream*

Join us for Adoration! We will then head back and have some Ice Cream before heading into the gym for games!

Nov

19

2025



Wednesday 7-9 pm

### *Lord of the Rings!*

Tonight is an extended Youth Night. We will be watching the extended version of one of the Lord of the Rings movies. Popcorn will be provided. We will end at 11 pm this night.

Nov

26

2025

*Pray for us!*

**#Youth Corner**

**11/26 Youth Night**

**7-9pm**

**12/04 Jr. High Night!!**

**We Need Adult Volunteers!! 6-8pm**



Check out our page at:

<https://www.stbenedictsak.com/65>

FB: St. Ben's Youth Ministry

Insta: @stbensyouthanc

