

The 5th Sunday in Ordinary Time



Weekend Masses

Saturday 5:00pm
Sunday 8:00am,
10:30am, 12:15pm

Weekday Masses

Monday-Friday 9:00am

Adoration

Monday-Friday 10am-10pm

Sacrament of Reconciliation

Wednesdays, 6pm-7pm
Sat. 3:45pm-4:45pm or by appointment



Parish Office

8110 Jewel Lake Rd
Anchorage, AK 99502

Phone: (907) 243-2195

Fax: (907) 243-0088

Office Hours: Tuesday-Friday
10:00am - 5:00pm

Web: www.stbenedictsak.com

FB: <https://www.facebook.com/stbenedictsak>

Email: parishsecretary@stbenedictsak.com



Lumen Christi Catholic School

Grades 7-12

8110 Jewel Lake Rd Bldg. D
Anchorage, AK 99502

Phone: (907) 245-9231

Office Hours: Monday-Friday
7:00am-3:00pm

Web: www.lumenchristiak.org

- Our Community at a Glance -

Prayer Chain: email Shirley Arnold at s_arnoldak@outlook.com

Outreach: Emergency food for those in need call **907-273-1596**

Clare House: 4th Tuesday each month; contact **Beth Waetjen @ 907-242-2384**

Archangel Attic: Open Tues.-Thurs. 12pm-3pm, and Fri. 10am-3pm, Sat. 10am-4pm,
call **907-215-7079**. To volunteer call **Colleen: 354-4372** or **Mary: 868-3453**

Youth & Young adult Catechesis: call **Gabe O'Lena 907-215-7058**

Choir: See **Steve Ring** after Mass or email sring1316@outlook.com

Samoan Mass: 12:15 Mass, 1st Sunday of the Month

Filipino Mass: 12:15 Mass, 3rd Sunday of the Month

Hospitality Sundays: Coffee /donuts, after **8am-10:30am** Masses

Pancake Breakfast: Served **8am to 12:15pm** the 2nd Sunday of the month, **Oct - Apr**

Knights of Columbus: Meets 1st Wednesday at 7pm

Legion of Mary: Meets Mon. at **5:30pm**; call **Ursula @ 907-570-2163**

February 8, 2026

Mission and Core Values

Saint Benedict Parish
is a community of
Catholic, Christian
stewards,
working to live and
preach the Word of
God in thought,
word and deed.

As a ministry of Saint
Benedict Parish,
Lumen Christi High
School provides a
rigorous Catholic
education in a Christ-like
environment. We are
called to proclaim the
Gospel of Jesus Christ, to
build community, and to
serve our brothers
and sisters.

We are united in our core
values of living **Faith**,
Celebrating **Family**
and Achieving
Excellence!



THOUGHTS FROM OUR PASTOR



"Be who you were created to be..."

Our lives mean more to God than they mean to anyone else in the world, including our parents, spouses, and best friends. Why does He love us each of us so much? He loves us because He sees Himself in each one of us. He sees His Son. He sees His Light. God sees the Light of Christ in each of us. "Now, take that Light," the Gospel tells us, "and illuminate the world." The Light we have been given is meant for others to escape the darkness of the world. The first reading from Isaiah says, "Share your bread with the hungry, shelter the oppressed and the homeless, clothe the naked when you see them and do not turn your back on your own, then your light shall break forth like the dawn." Jesus says, "You are the Light of the world, your light must shine before others that they may see your good deeds and glorify your Heavenly Father." So what are we? We are children of God. We are each unique reflections of God on earth. And why do we do what we do as Catholics? Our actions in words and deeds, our reaching out to others as well as our union with God, our charitable life and our prayer life, are ways that we lead others to glorify our Heavenly Father. Saint Catherine of Siena famously wrote, "Be who you were created to be, and you will set the world on fire." Make it so! - Fr. Tom

Welcome to Saint Benedict Parish

Monday 2/09	Tuesday 2/10	Wednesday 2/11	Thursday 2/12	Friday 2/13	Saturday 2/14	Sunday 2/15
Mass 9am: Joe Owens ROS <u>Parish Office</u> <u>Closed</u> Adoration 10am - 10pm Legion of Mary 6-7pm OCIA 6:30	Mass 9am: Cheryl Chan RTH Adoration 10am-10pm Video Series The Search & Discussion 9:30am <i>Book Club</i> <i>7pm</i>	Masses 9am: Chuck Biernard ROS Adoration 10am-10pm Confessions 6pm Samoan Choir 6:30pm High School night 7pm <i>Bible Study 7pm</i>	Masses 9am: Bob Piorkowski RTH Adoration 12pm-10pm 10:30 Choir Practice 7pm <i>Esto Vir 6pm</i>	Mass 9am: Otto Poehling ROS Adoration 10am-10pm Frozen Chozen 5:30am Jr. Legion 10am Kid Play 1pm Samoan Choir 6:30pm Youth In service all 8pm	Vigil Mass 5pm: Police & Firefighters Confessions 3:45-4:45 Samoan Choir 6:30pm	Masses 8:00am: People of the Parish SI 10:30am: 12:15pm: Super Sunday Today! Check out our page at: https://www.stbenedictsak.com/65 FB: St. Ben's Youth Ministry Insta: @stbensyouthanc

Mass Intentions: SI= Special Intentions

RTH= Return to Health

ROS= Repose of Soul

Saint Benedict Staff

Pastor

Fr. Tom Lilly
tlilly@stbenedictsak.com
 907-243-2195

Deacon

Deacon Daniel Winters

Business Manager

Jaimie Sultenfuss
jsultenfuss@stbenedictsak.com
 907-243-2195

Administrative Assistant

Katherine Mitchell
parishsecretary@stbenedictsak.com
 907-243-2195

Director of Music

Steve Ring
sring@stbenedictsak.com

Church Housekeeper

Elaine Potter

Evangelization and Catechesis

Youth and Young Adult Minister

Gabe O'Lena
golena@stbenedictsak.com
 907-215-7058

Super Sunday Faith Formation

John and Shelby Burger
burger@stbenedictsak.com

Lumen Christi School

Principal

Brian Ross
bross@lumenchristiak.com
 907-245-9231

Director of Advancement

Anne Gore
agore@lumenchristiak.com
 907-245-9231

Administrative Assistant

Kimberly Guzman
khs@lumenchristiak.com
 907-245-9231

Sacramental Information

Parish Office 243-2195

•**OCIA:** contact Office at 243-2195

•**Baptism of infants:** celebrated either during Mass, after the 12:15 Mass on Sundays or at any other time approved by the Pastor. Parents are required to attend a baptismal preparation class prior to the baptism of the child.

•**Weddings:** scheduled by meeting with the Pastor at least six months prior to the wedding date. Please call the office for more details.

•**Funerals:** contact the parish office following a death and we will be pleased to assist you.

•**Anointing of the Sick, or Communion to the Homebound:** Please call the parish office to request a visit.

Thank to all those who come and put together meals for **Hope Soup Kitchen!**

Next date is Saturday **March 7th!**

Call Andy Flores @ 907-887-4917

Thank you to all who provide meals for

Clare House

Next dinner date is **February 24th!**

⇒ Readings:

Sunday 02/08

Isaiah 58:7-10
 1Corinthians 2:1-5
 Matthew 5:13-16

Sunday 02/15

Sirach 15:15-20
 1Corinthians 2:6-10
 Matthew 5:17-37

The Traveling Madonna

Please say a rosary each day she is in your home.
 Thank you for welcoming the Lord's mother.
 Questions call the office 907-243-2195

⇒ Celebrations:

February Anniversaries

Once Upon A Time...

Jim and Sally Seeley	02/23/63
Bruce and Frances Numma	02/11/89
Jose and Anne Pasao	02/14/08
Carl and Denise Ripek	02/05/11
Aaron and Dixie DeChant	02/13/13
Gabe and Megan O'Leary	02/13/15
James and Treicia Ledford	02/12/19
Marty and Lynn Goblowsky	02/23/19
Sini and Carol Felise	02/14/21
James and Cierra Aloysius	02/24/24

"For this cause shall a man
leave his father and mother,
and shall cleave to his wife; and the two shall

*May your marriage always bring glory to God, joy to one
another and blessings to your family
or many generations to come.*

*May love and laughter fill your hearts and your home
for all at the days of your lives.*

*May you face every challenge hand-in-hand
and side-by-side*

*knowing that with God's grace, you'll conquer all obstacles
together. May the world be forever a better place because
the two of you fell in love. In Jesus' name, Amen*

⇒ Parish Financial Update:

⇒ Stewardship of Treasure:

	Week 31	YTD
Offertory Income	\$ 13,038.52	\$ 378,304.81
Other Income	\$ 988.25	\$ 68,179.07
	\$ 14,026.77	\$ 446,483.88

Expenses: (avg. wk. \$17,162.20)
YTD Expenses: **\$ 469,951.33**

Combined Parish and School

Total Income	\$1,580,309.87
Total Expense	\$1,496,227.70
	\$ 84,082.70

Our new fiscal year began 1 July

*Online Donation Income:

- * There were 46 gifts made online
- * There were 0 Families new to online giving
- * There were 0 Maintenance Fund donations
- * There were 3 Parish Outreach donations
- * There were 0 Special Collection donations
- * There were 0 Faith Formation donations

Dear Lord,

*Thank you for teaching me to be generous as
you have been generous with me.*

*Thank you for showing me that all I am and
have are gifts from you.*

*And that these gifts from you, Lord, are meant
to be shared. Show me the joys of generosity.*

*Help me to understand others, perhaps un-
known to me, depend on me for help.*

*Remind me that my world, my parish, needs
"Good Samaritans" to heal the wounds of our
times.*

Make me a gift to others in your name.

Amen.

Please Pray for:

Diane Peterson
Christina Del Rosario
Ann Curro
Bea Freeman
Waetjen Family
Alicia Warren
Fr. Tim Saur
Rosemary Dunn
Connie Budahl
Danny Lee
Franklin Ellenson

Terry Tutor
Marty Goblowsky
Jim and Sally Seeley
Fr. Rob Evenson
Sam Waetjen
Chloe Hernandez
Damon Carey
Gerry Rapp
Alicia Datuin
Mike & Bettye Smith
Pat Scott
Julie Allard

Bernie & Marian Simon
Kim Randolph
Will Davenport
Nicole Johnson
Jessica Randolph
Geneva Colon
Michele Waetjen
Denise Trefry
Richard Campbell
James Mitchell & sons
Fontaine Wilhelm
Theresa Dolan

Ofelia Domingo
Maipela Burns
Mike Keenan
Kevin Pfeiffer
Steve Taylor
Lara Krill
Joseph Mitchell
Dan Rollins
Ted & Agnes Mayac
Doris Clausen
Ellison Williamson
Jackie & Greg Kern

Paul Larson
Mary Dubois
Glen Allen
Virginia Aberle
Elizabeth Bastiani
Solita Balones
Mark Blumenthal
Deneen B. Bozeman
(To add or remove please
call 243-2195).



Lumen Christi School

Living Faith, Celebrating Family, and Achieving Excellence

⇒ Principal's Update:

What a successful and amazing 2A Conference Clash tournament last weekend! Many thanks to Mr. Warren, Mr. Tooman, and all the parents and student volunteers who helped out to welcome hundreds of people and athletes from all over the State of Alaska to our gym for three days. Despite difficulties with icy roads on Thursday, the rest of the tournament went without a hitch. A special shout out to Celine and Greg Kaplan (proud parents of Meredith '26 and Sam '23) who coordinated concession sales. Who knew that selling popcorn, nachos, candy, soda, and hot dogs would earn nearly \$3000 in proceeds?!!!! Add to that the nearly \$6000 that admission sales earned and this was a profitable weekend! As we have said before, we simply cannot run these types of events without your help and assistance, so I hope that seeing these numbers inspires you to answer the call when we solicit your help!

We wish good luck and safe travels to our high school boys and girls basketball teams headed to a tournament in Southeast Alaska in Petersburg through Saturday. And good sportsmanship and spirited competition to our junior high volleyball players competing in a multi-school jamboree on Friday evening.

Next week, we look forward with eager anticipation and excitement to our Lumen Luau on Friday, Feb 13th. We will transform our gym into a beach getaway, so get your ticket, wear your shorts and Hawaiian shirt, and come sip Mai Tai's while you bid high and bid often! Anne Gore and her team have put together an amazing evening, full of awesome silent auction items and some incredible live auction items as well. We will also use the evening to paddle raise ourselves to new portables on our campus as we build for our future! I look forward to seeing you there!

Have a blessed and wonderful weekend!

Blessings, Brian

Archangel Attic

The holiday season is passing us up!

Each week, we are given more and more items to share with you.

Thank you for shopping with us.



KNIGHTS TABLE

Congratulations: February

Knight of the month
Kevin Thomas

Family of the Month
Iosefo Felise Family



Patriotic Rosary– 03/02 and 02/18 at 6:00 pm
K of C Council meeting - 03/04 at 7:00 pm
4th Degree meeting – 03/02 at 7:00 pm
Officer's meeting - 02/26 6pm

The Knight of the Month We chose Kevin Thomas - Kevin has been helping with many different things at St Benedicts, Often very helpful flipping pancakes and time spent guiding the Boy Scouts; assisting on projects at Saint Therese's Camp and in support most recently at the SOAK Polar Plunge.

Family of the Month We chose the Iosefo and Maletina Felise family... For all the work done for the parish facilities - outside around the grounds (often without thinking they are getting noticed Fa'afetai). Also their grandchildren participate in liturgical ministries and help us celebrate the mass here.

WHAT IS GOING ON?




40
DAYS
OF LENT



40 DAYS
FOR LIFE!

prayer • fasting • public vigil
February 18 – March 29
Prayer warriors needed
7am to 8pm
Mondays through Saturdays

JOIN US
BROTHER KNIGHTS OF OUR COUNCIL
invite you to join us in our joyful pursuit
of our common ideals:

CHARITY
FRATERNITY
UNITY
PATRIOTISM

As we continue to celebrate Blessed Michael J. McGivney's Beatification, please enter the Promo Code **BLESSEDMCGIVNEY** to join online for free. Ask A Knight for more information or follow the QR code to join online - Please Enter St Benedict's Council #12290.



Catholic Daughters of the Americas

Have you been wondering who The Catholic Daughters of the Americas are? Would you like to know more about us?

CDA is one of the largest Catholic women's organizations established in 1903 by the Knights of Columbus. Our local court was chartered in at Holy Family parish in 1961. We are a spiritual, charitable, social and service group. We invite all Catholic women to join us as we plan this year's events. Our next meeting will be on **Monday, February 9th, 2026**, beginning **6:30pm** in the Lunney Center at The Cathedral of Our Lady of Guadalupe. Please join us. For more information contact cecistanley2013@icloud.com



**40
DAYS
OF LENT**

40 DAYS FOR LIFE!

prayer • fasting • public vigil

February 18 – March 29

Prayer warriors needed

7am to 8pm

Mondays through Saturdays

Learn more &
sign up for hours



<https://www.40daysforlife.com/en/anchorage>



THE CARDINAL NEWMAN CHAIR PRESENTS

A LECTURE SERIES BY **DR. JOHN MEINERT**

**ASSOCIATE PROFESSOR,
BENEDICTINE COLLEGE**



PEACE: A FRUIT OF THE HOLY SPIRIT

Thursday, 5 February, 7 pm

Carr-Gottstein Lecture Hall, Alaska Pacific University



THE GIFTS OF THE HOLY SPIRIT & THE SACRAMENT OF CONFIRMATION

Friday, 6 February, 6 pm

St. Patrick Parish, Anchorage, JP II Center



THE GIFTS OF THE HOLY SPIRIT IN THE CHRISTIAN LIFE

Saturday, 7 February, 10 am

St. Andrew Parish, Eagle River

For more information, including Zoom links, contact
Dr. Kevin Jones, kjones@alaskapacific.edu

News around the Archdiocese of Anchorage!

Welcome to this week's Communication Email! Here's a look at the latest news, events, and updates from around our Archdiocese.



Upcoming events around the Archdiocese

Mark Your Calendars! We've got some great events coming up and hope you'll be there. Share the invite with others—it's always better together!

Mass for the Gift of Life – Please join Archbishop Bellisario Thursday, January 22nd for Mass where we will be praying for the legal protection of unborn children. The Mass will be at the Cathedral of Our Lady of Guadalupe at 6:30 p.m.

- **Chrism Mass** - Chrism Mass will be at 7:00 p.m. on March 12th at the Cathedral of Our Lady of Guadalupe.

We're hiring! Lumen Christi Catholic High School is seeking to hire a dynamic **Office Manager** to be the welcoming face and operational engine of our community.

The Office Manager works with the principal, teachers, and other staff members in the smooth, daily running of the school. Responsibilities include but are not limited to: daily attendance; answering phones; daily and weekly communication with parents; maintenance of confidential student records; ensuring compliance with Archdiocesan, State & Federal requirements; assisting the Principal on an as needed basis.

The successful candidate will be highly organized with an eye to detail; able to prioritize and multi-task throughout the day; have a warm and welcoming personality; possess excellent communication skills and be able to maintain strict student/parent confidentiality. The candidate must have knowledge of Google and Microsoft tools and software. Prior experience working in a school setting, practicing Catholic, and bilingual in Spanish is preferred but not required.

If you would like a full position description, please email lchs@lumenchristiak.com. If you are ready to submit your resume and cover letter, please submit those to: lchs@lumenchristiak.com AND bross@lumenchristiak.com



No matter how many years ago...
Abortion still hurts. Project Rachel.
Confidential. Healing.
Call 907-297-7781
projectrachelalaska@gmail.com

We are all

Called to

Serve

In-kind Needs for CSS Programs

Extra Holiday Gift Drop-off Week at 4600

Debarr is from 9 am to 5:30 pm.

If you missed adopting a family and would like to help, we are in need of the following items, wrapped or unwrapped (if wrapped, please label it with what item it is and what size it is, if applicable):

- Ice cleats
- Thermal underclothing
- Warm gloves
- Hats
- Warm socks
- Winter jackets
- Blankets

Complex Care Holiday Giving

To help spread a little holiday cheer the staff at Complex Care would like to give the opportunity to clients to select items from a wish list that would be delivered on Christmas Day.

Clients would select one item from the following wish list:

- Sweatshirt
- Sweatpants
- Thermal Mug with lid
- Bus Pass (\$26)
- Slippers

Clients may then select 3 of the following items:

- Ice grippers
- Cane Ice gripper
- Gloves
- Hats
- Socks
- Movie ticket gift card
- Nail clippers and Nail file
- Reading glasses
- Nail polish

Refugee Assistance & Immigration Services

Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees (individuals who have had to flee their countries of origin due to the tragedies of persecution and war) and other new arrivals from their former life experiences to the new skills required for success in the United States. Through a focus on economic self-sufficiency, community integration, and a respect for unique cultures, history and traditions, RAIS creates an environment of compassion and encouragement for refugees to flourish.

- ☐ English Conversation Practice
- ☐ Family Mentor
- ☐ Health & Wellness Workshop
- ☐ Volunteer
- ☐ Older Refugees Mentor
- ☐ RAIS Meal Team Delivery Driver & Driver Assistants
- ☐ Volunteer Driver—RAIS Health Team
- ☐ Youth Mentor

Winter Gear Needs -- All our shelters have an ongoing need for winter gloves, hats, hand and foot warmers, winter jackets, socks, and boots. We can never have too many. They can be dropped off at specific shelters, or at Saint Francis House Food Pantry (at times they reach capacity and cannot accept donations temporarily). SFH drop-offs are from donations can be dropped off at 3710 E. 20 th Ave. 1-4 pm Monday through Thursday and 9-4 Friday.

Pet Food Drive Many families rely on the comfort and companionship of their pets, and lately our St. Francis House Food Pantry has had a growing need for dog and cat food. If you feel called to give, we welcome donations of unopened or gently used bags of pet food.

Your generosity helps families keep their beloved pets fed, supported, and close — a small act of compassion that brings great joy. Drop off donations at Saint Francis House Food Pantry at 3710 E. 20 th Ave. 1-4 pm Monday through Thursday and 9-4 Friday.

Many **refugee clients** do not have snowpants and have articulated that they would like some. Seeking snowpants and snow boots drive in time for an event which will be the evening of the 24th.

Drop off 9 am to 3 pm at 4135 San Roberto Ave. at the Welcome Center.

Donations for the 3rd Avenue Resource & Navigation Center are accepted Monday through Friday, 8:30 AM to 3:00 PM at the 3RNC, 1131 E. 3rd Ave.

When dropping off items, please ask for Brian Andrews to ensure your donation is properly received.

- Hats
- Belts
- Gloves
- Hot Hands



Adult Ed

TUESDAY MORNINGS

We are watching season 5 of The Chosen.
Join us for coffee, pastries, an episode,
and discussion after Mass.

Bible Study



Meets the **2nd –4th or 5th.**
Wednesday's of each month at 7pm

Our next Bible Study will be on
Wednesday Feb. 11th.

We meet in the school library at 7 PM.

Book Club

February 10th @ 7:00PM

11340 Johns Rd, 7pm.

Feel free to bring a snack or beverage to share if you'd like. We'll finish our discussion on 'Death Comes from the Archbishop' by Willa Cather, and review plan for next read, 'No Greater Love...', by Edward Sri, with further opportunity for video reflections/presentations during Wednesday Bible Study over the next several weeks. This will be a wonderful opportunity during Lent to collaborate w/both groups and dive deeper into Christ's Passion.

Contact Lynn Stuhr @ lstuhr18@gmail.com or 907-830-1627.

Women's ministry

Blessed Among Women



Our next gathering will be on Thursday evening
at 7pm, **February 19th** in the Rectory.

This is a monthly gathering to seek a more profound understanding of what it means to be a woman of God through quarterly presentations by local speakers and spiritual teachings from Pope St John Paul II and female Saints (while sharing food and fellowship with other women).

Men's Ministry

Our next Meeting will be on

Thursday, February 12th

We meet in the Parish Hall, for
food, fellowship, and faith.



Food: TBD

Topic: What it means to be a Catholic, Christian man in
today's world!

Speaker: Andy Flores

Bread and Wine

“Bread and wine are ambiguous, both in life and in the Eucharist. On one hand, bread is perhaps our primary symbol for food, health, nourishment, and community. Few things speak as wonderfully about life as does the smell of fresh bread, yet there is another story to bread. Bread is made of kernels of wheat that had to be crushed in their individuality to become something communal, flour, which then had to endure fire to be baked into the substance that gives off the smell of life.

Wine too speaks in this double way: On the one hand, it is a festive drink, perhaps our foremost symbol for celebration. Wine has nothing to do with basic nourishment or necessity. Wine speaks of friendship, community, celebration, joy, recreation, victory. We celebrate everything with wine. Like bread, wine has another side: Individual grapes are crushed and their very blood becomes the substance out of which ferments this warm, festive drink. No wonder Jesus chose it to represent his blood.

It is helpful to keep this ambiguity in mind whenever we participate in the Eucharist. Bread and wine are held up to be blessed by God and to become the flesh and blood of Christ, and they are held up precisely in their ambiguity.

On the one hand they represent everything in life and in the world that is healthy, young, beautiful, bursting with energy, and full of color. They represent the goodness of this earth, the joy of human achievements, celebration, festivity, and all that is contained in that original blessing when, God looked at the earth and pronounced it good. The Eucharist too gives off the smell of fresh bread. The Eucharist also holds up, in sacrifice, all that is being crushed, broken, and baked by violence. The wine, fittingly, is also blood. At the Eucharist, we hold up both, the world's health and its achievements along with its depressions and failures and ask God to be with us in both. In John's Gospel, water becomes wine and wine becomes blood and blood and water both eventually flow out of the pierced side of Jesus. That happens too in the Eucharist, and it happens in our lives. The task is to hold them both in our hands, as happens at Eucharist, and then offer them up to God.”

Adapted from (<https://ronrolheiser.com/bread-and-wine>)

Questions:

1. What are your thoughts on this explanation of the Eucharist?
2. How does this change/enrich your understanding of the Eucharist?
3. Were you aware of this explanation before reading this article?

Challenge:

Share this description with another.

Quote:

“Do you realize that Jesus is there in the tabernacle expressly for you - for you alone? He burns with the desire to come into your heart...go without fear to receive the Jesus of peace and love...”

~ Saint Therese of Lisieux

OCIA

Order of Christian Initiation of Adults



*What is Catholicism? Are you curious?
Are you interested in joining the Catholic Church?
Do you feel you are on the outside looking in?
Would you like to know more about the Catholic Faith?
Maybe you were raised Catholic and have strayed?
Have you ever wondered, 'Why am I even doing this?'
Do you remember all the reasons of your faith,
the beauty of our faith?*

***We meet, Monday evenings at 6:30pm
in the parish rectory!***

***We would love to have you join us. Everyone is welcome!
Contact the office at 243-2195***

Evangelization Ministry

What is Hallow?

Through prayer and meditation rooted in the Catholic faith, Hallow helps people find peace and grow in faith, every day. As the #1 prayer app in the world, Hallow provides a wide variety of audio-guided meditation, prayer challenges, mental health content, sleep stories, and sacred music. Users pray with Fr. Mike, Sr. Miriam, Jonathan Roumie, Mark Wahlberg, Immaculee Ilibagiza, Bishop Barron, + many others.

How do I access Hallow?

Everyone is invited to be a part of our parish community page. There, you can create a profile, add friends, share/respond to prayer intentions, and take part in prayer challenges with the parish.

The steps are simple:

- ◆ Download or open the Hallow app on your phone
- ◆ Join the parish page;
- ◆ Tap "Community" on the menu at the bottom of your screen > Select "Join a Church" > Search for your parish by name or zip code > Join the parish page.
- ◆ Start praying with your community!

Customer Support

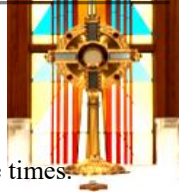
If you have any issues getting someone set up on the app, please reach out to parishsupport@hallow.app. We have an incredibly talented support team that responds to parish partners with super high priority. We look forward to praying with you!

Men Needed!!

Men wanted for Prison Ministry in Anchorage to visit the imprisoned and bring them the Dismas Ministry Catholic Bible Study at the Anchorage Correctional Complex. Wed. evenings, 7pm, at Cook Inlet Pre Trial, and/or 12pm on Fri. at Anchorage Jail. About 1.5 hours per visit on a routine basis. No experience needed, just the desire to help these men come to Christ. An application and an evening Dept. of Corrections Chaplain's Office training would be required. Interested? Contact Herman Ellemberger at: hre814@gmail.com

Adoration

Eucharistic Adoration



Adoration is offered:

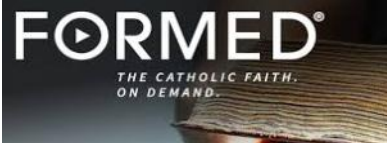
Monday—Friday 10:00AM-10:00PM

You are welcome to come in to pray during these times.

~ Call the office to get the code to the adoration door.

*Call the office to sign up**

"Could you not watch one hour with me?" (Mt. 6:21; 26:40)



Visit Formed.org for great material on sacraments,

Devotions, saint movies and more!

- 1) go to www.formed.org,
- 2) click Sign Up
- 3) click I belong to a parish/organization
- 4) type in St. Benedict and look for our address (8110 Jewel Lake Rd. Anchorage, AK) and then enter your name and email!

Ascension Presents has awesome material and shorter videos on various Catholic Topics through YouTube and Facebook!



Pre-K thru Jr. High

12:00-1:30 Family free time in the gym & lunch!!

1:30-2:00 Super Sunday presentation for families

2:00-3:00 Class time for students and adults

**All families who attend the family formation time
are eligible for great door prizes!!**

New games, new prizes!!!

Same great family faith formation!!!

High School grades 9-11

We meet in the gymnasium from 7:00-8:45 PM.

Super Bowl Party!



Winter Retreat

FEBRUARY 14-16TH @ ST. THERESE'S CAMP!
DOMINICAN SISTERS OF NASHVILLE ARE COMING TO LEAD
THE THEME IS:
COURAGE!, THE LIFE OF PIER GIORGIO FRASSATI.

ST. BENEDICT PARISH
CONTACT GABE FOR MORE INFO

Upcoming Events

02/11 High School Night 7pm!
03/03 Jr. High Night 6pm



St. Andrew Bobola, S.J.
Patron of our E/C Team,
Pray for us.

UPCOMING *Youth Nights*



Wednesday 7-9 pm

St. Blaise

Candles and Blaise. Why do we use candles and bless throats on his feast? There are many saints, why do we celebrate only a couple? Join us and find out!

Feb
4
2026



Wednesday 7-9 pm

Identity in Christ

Christ calls us brothers and sisters. How does that work for us? What does that change in our lives?

Feb
11
2026



Wednesday 7-9 pm

English Hide and Seek

What does it mean to hide in England? How does that factor in our lives? Priest holes and murder! Come and learn with us!

Feb
18
2026

Pray for us!

#Youth Corner

02/11 Youth Night

7-9pm

3/03 Jr. High Night!!

We Need Adult Volunteers!! 6-8pm



Check out our page at:

<https://www.stbenedictsak.com/65>

FB: St. Ben's Youth Ministry

Insta: @stbensyouthanc

