

SAINT BENEDICT CATHOLIC CHURCH

ARCHDIOCESE OF ANCHORAGE-JUNEAU

16th Sunday in Ordinary Time

July 19, 2026

Mission and Core Values

Saint Benedict Parish is a community of Catholic, Christian stewards, working to live and preach the Word of God in thought, word and deed. As a ministry of Saint Benedict Parish, Lumen Christi High School provides a rigorous Catholic education in a Christ-like environment. We are called to proclaim the Gospel of Jesus Christ, to build community, and to serve our brothers and sisters. We are united in our core values of living Faith, Celebrating Family and Achieving Excellence!

Mass Times:

Monday - Friday: 9:00am

Saturday: 5:00pm

Sunday: 8:00am, 10:30am, 12:15pm

Adoration:

Monday - Friday: 10am - 10pm

Sacrament of Reconciliation

Wednesday: 6pm - 7pm

Saturday: 3:45pm - 4:45pm OR by appointment

Parish Office

8110 Jewel Lake Road
Anchorage, AK 99502

(907) 243-2195

FAX: (907) 243-0088

OFFICE HOURS:

TUESDAY - FRIDAY: 10AM - 5PM



 www.stbenedictsak.com

 <https://www.facebook.com/stbenedictsak>

 parishsecretary@stbenedictsak.com

Lumen Christi Catholic High School

8110 Jewel Lake Road, Bldg. D
Anchorage, AK 99502

Grades 7th - 12th

(907) 245-9231

OFFICE HOURS: (Aug. - May)

MONDAY - FRIDAY: 7:30AM - 3PM

 www.lumenchristiak.org



THOUGHTS FROM OUR PASTOR



Praying for the Grace of Patience

In today's Gospel Jesus shares the beautiful yet challenging parable of the Weeds and the Wheat. The servants in the story are eager to immediately rip out the weeds. However, the master stops them, telling them to let both grow together until the harvest. This Gospel mirrors our daily lives and our world. We frequently look around and wonder why God allows evil, injustice, or difficult people to persist. Our human instinct is often to judge quickly and separate the "good" from the "bad" right away.

God allows the weeds and wheat to grow together because He provides time and space for repentance. A sinner can transform into a saint. God delays the harvest because He is patient with us. When we feel overwhelmed by the brokenness around us, or within us, Saint Paul gives us incredible consolation today. He writes that the Spirit comes to the aid of our weakness. Even when we do not know how to pray as we ought, the Holy Spirit intercedes for us with inexpressible groanings. This week, let us pray for the grace of patience. Let us stop trying to micro-manage the master's field and focus instead on nurturing the good seed of faith, hope, and charity within our own families and community. May God bless you! -Fr. Tom

WELCOME TO SAINT BENEDICT PARISH!

Our Community at a Glance

Prayer Chain: email Shirley Arnold at s_arnoldak@outlook.com

Outreach: Emergency food for those in need call 907-273-1596

Clare House: 4th Tuesday each month; contact Beth Waetjen @ 907-242-2384

Youth & Young adult Catechesis: call Gabe O'Lena 907-215-7058

Choir: See Steve Ring after Mass or email sring1316@outlook.com

Samoan Mass: 12:15 Mass, 1st Sunday of the Month

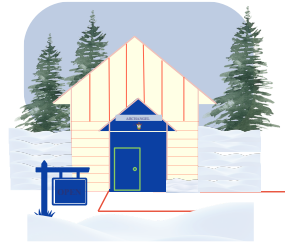
Filipino Mass: 12:15 Mass, 3rd Sunday of the Month

Hospitality Sundays: Coffee /donuts, after 8am-10:30am Masses

Pancake Breakfast: Served 8am to 12:15pm the 2nd Sunday of the month, Oct - Apr

Knights of Columbus: Meets 1st Wednesday at 7pm in the Parish Hall.

Legion of Mary: Meets Mon. at 5:30pm; call Ed Wassell



Archangel Attic Hours:

Tues.-Thurs. 12pm - 3pm

Fri. 10am – 3pm

Sat. 10am- 4pm

 907-215-7079

To volunteer call:

Colleen: 354-4372 or Mary: 868-3453

The Archangel Attic is the St. Benedict/LCHS Thrift Store! Come shop with us!

MONDAY 07/20	TUESDAY 07/21	WEDNESDAY 07/22	THURSDAY 07/23	FRIDAY 07/24	SATURDAY 07/25	SUNDAY 07/26
<u>Mass: 9am</u> Doris Carey ROS	<u>Mass: 9am</u> Tuyen Pham ROS	<u>Mass: 9am</u> Archie Chisholm ROS	<u>Mass: 9am</u> Peter Mitchell ROS	<u>Mass: 9am</u> Joseph Sabrowski ROS	<u>Vigil Mass: 5pm</u> Jim & Jane Branham ROS	<u>Masses:</u> 8am: All Souls SI
<u>Office Closed</u> Adoration 10am-10pm	Adoration 10am-10pm Video & discussion 9:40am	Adoration 10am-10pm Confessions 6p.-7pm Samoan Chior 6:30pm HS youth night 7pm	Adoration 10am-10pm 4th Degree Exemplification 7pm	Adoration 10am-10pm Jr. Legion 10am Samoan Chior 6:30pm	Confessions 3:45-4:45 Samoan Chior 6:30pm	10:30am: 12:15pm: People of the Parish SI
Legion of Mary 6pm Patriotic Rosary 6pm						

Mass Intentions:

SI= Special Intentions

RTH= Return to Health

ROS= Repose of Soul

Saint Benedict Staff

Pastor Fr. Tom Lilly
tlilly@stbenedictsak.com
907-243-2195

Deacon
Deacon Daniel Winters

Administrative Assistant
Katherine Mitchell
parishsecretary@stbenedictsak.com
907-243-2195

Business Manager
Jaimie Sultenfuss
jsultenfuss@stbenedictsak.com
907-243-2195

Director of Music
Steve Ring
sring@stbenedictsak.com

Church Housekeeper
Elaine Potter

Evangelization and Catechesis

Youth and Young Adult Minister
Gabe O'Lena
golena@stbenedictsak.com
907-215-7058

Super Sunday Faith Formation

LCHS Staff

Principal
Brian Ross
bross@lumenchristiak.com
907-245-9231

Director of Advancement
Anne Gore
agore@lumenchristiak.com
907-245-9231

Office Manager
Laura Whitford
lchs@lumenchristiak.com
907-245-9231

Readings:

Sunday 07/19
Wisdom 12:16, 16-19
Romans 8:26-27
Matthew 13:24-43

Sunday 07/26
1 Kings 3:5, 7-12
Romans 8:28-30
Matthew 13:44-52

Sacramental Information

•**OCIA:** Contact Office at 243-2195

•**Baptism of infants:** celebrated either during Mass, after the 12:15 Mass on Sundays or at any other time approved by the Pastor. Parents are required to attend a baptismal preparation class prior to the baptism of the child.

•**Weddings:** scheduled by meeting with the Pastor at least six months prior to the wedding date. Please call the office for more details.

•**Funerals:** contact the parish office following a death and we will be pleased to assist you.

•**Anointing of the Sick, or Communion to the Homebound:** Please call the parish office to request a visit.

For questions, contact the parish office: (907) 243-2195.

PARISH FINANCIAL UPDATE

Stewardship of Treasure:

Offertory	WEEK 2	YTD
Income	\$ 9,984.10	\$ 21,652.85
Other Income	\$ 1,157.00	\$ 3,682.00
	\$ 11,141.10	\$ 25,334.85

Expenses: (avg. wk. \$17,162.20)

YTD Expenses: \$ 4,632.95

COMBINED PARISH & SCHOOL

Total Income	\$ 25,334.85
Total Expense	\$ 4,632.95
	\$ 20,702.16

Our new fiscal year just began 1 July 2026

Online Donation Income:

- There were 44 gifts made online
- There were 0 Families new to online giving
- There were 0 Maintenance Fund donations
- There were 4 Parish Outreach donations
- There were 0 Special Collection donations
- There were 0 Faith Formation donations

Dear Lord,

Thank you for teaching me to be generous as you have been generous with me. Thank you for showing me that all I am and have are gifts from you. And that these gifts from you, Lord, are meant to be shared. Show me the joys of generosity. Help me to understand others, perhaps unknown to me, depend on me for help. Remind me that my world, my parish, needs “Good Samaritans” to heal the wounds of our times. Make me a gift to others in your name.

Amen

Hope Soup Kitchen

Thank to all those who come and put together meals for Hope Soup Kitchen!

Next date is

Saturday August 1st!

Call Andy Flores @
907-887-4917

Clare House

Thank you to all who provide meals for Clare House Next dinner date is **July 28!**

The Traveling Madonna

Please say a rosary each day she is in your home. Thank you for welcoming the Lord’s mother.

Questions call the office
907-243-2195

CELEBRATIONS

JULY ANNIVERSARIES

Ralph and Cheryl Feriani	7/24/1971
Edison and Nancy Garcia	7/14/1973
Bob and Carrie Haskell	7/26/1976
Jerry and Pat Scott	7/17/1978
Paul and Katherine Hendrickson	7/24/1981
William and Georgia Polley	7/26/1986
Gregory Julie Pepe-Phelps	7/29/1989
Michael and Misty Cain	7/15/2000
Chris and Regan Hamey	7/28/2000
Tai Wei and Wendy Sturdivant	7/10/2004
Rodney and Sarah Madril	7/21/2005
Jeffrey and Lea Bouton	7/15/2006
Anthony and Sara Kriz	7/7/2007
Gabriel and Dyan Garcia	7/17/2011
Kalolo and Mary Jane Iosefo	7/4/2015
Adam and Jessica Kincaid	7/25/2015
Fono and Linda Solaita	7/13/2017
Josh and Olivia Milla	7/27/2019
Mike Pauline Moevao-Ulberg	7/25/2020
David and Rebecca Dilley	7/5/2024

“For this cause shall a man leave his father and mother, and shall cleave to his wife; and the two shall become one flesh.” - Eph. 5:31

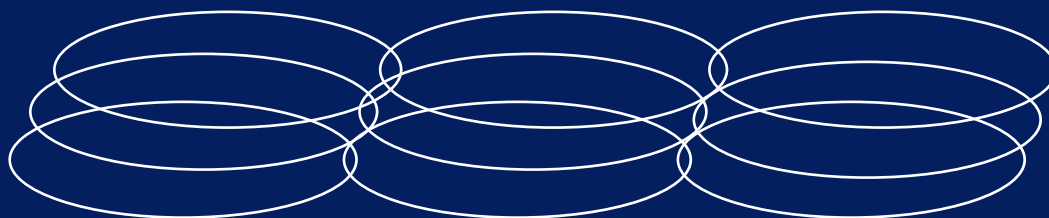
PLEASE PRAY FOR

Lonnie Adkins
Diane Peterson
Christina Del Rosario
Shirley Arnold
Bea Freeman
Waetjen Family
Alicia Warren
Fr. Tim Saur
Anthony Mitchell
Rosemary Dunn
Connie Budahl
Danny Lee
Franklin Ellenson
Hien Pham
Terry Tutor
Marty Goblowski
Jim and Sally Seeley
Fr. Rob Evenson
Sam Waetjen
Damon Carey
Gerry Rapp
Alicia Datuin
Mike & Bettye Smith
Pat Scott
Julie Allard
Bernie & Marian Simon
Will Davenport
Nicole Johnson
Jessica Randolph
Bernadette Boring (RIP)

Geneva Colon
Michele Waetjen
Denise Trefry
Richard Campbell
James Mitchell & sons
Fontaine Wilhelm
Theresa Dolan
Ofelia Domingo
Maipela Burns
Mike Keenan
Kevin Pfeiffer
Steve Taylor
Lara Krill
Joseph Mitchell
Dan Rollins
Ted & Agnes Mayac
Doris Clausen
Ellison Williamson
Jackie & Greg Kern
Paul Larson
Mary Dubois
Glen Allen
Virginia Aberle
Elizabeth Bastiani
Solita Balones
Mark Blumenthal
Deneen B. Bozeman

TO ADD OR REMOVE

please call (907) 243-2195



LUMEN CHRISTI CATHOLIC HIGH SCHOOL

LIVING FAITH, CELEBRATING FAMILY, AND ACHIEVING EXCELLENCE



PRINCIPAL UPDATE



*Have a blessed summer!
Continue to check your email for
important details during the summer!*

• Campus Minister:



KNIGHT'S TABLE

CONGRATULATIONS JULY...

KNIGHT OF THE MONTH:

Daniel Johnston

FAMILY OF THE MONTH:

Andy and Sandie Flores Family

THE KNIGHT OF THE MONTH

Daniel Johnston has helped out in the pancake breakfasts and been around our socials assisting the council. When the weather is good he is around to help - when the weather is bad he's probably busy at work

FAMILY OF THE MONTH

Andy and Sandy Flores family - Andy has taken on the task of bringing back the EstoVir men's ministry. He has also led others, donating precious time and volunteering to help out at the soup kitchen, getting volunteers and keeping a couple Saturday shifts staffed.

Please support St Benedict's Knights of Columbus - We sell raffle tickets to help fundraise for all the charitable works we are involved with here in Alaska. With your help we support things throughout our great state including community events like Special Olympics and Catholic Social Services Food Pantry as well as Coats for Kids and the Military Archdiocese; Lumen Christi and St Therese's Camp - Please - Find a Knight and get your raffle tickets soon.

KNIGHTS OF COLUMBUS
2026
Pot O' Gold
Alaska Raffle

GRAND PRIZE:
\$15,000

Seller of Grand Prize Ticket: \$500

Council/Assembly Selling Grand Prize Ticket: \$1,000

TEN PRIZES:
\$1,000 EACH

Top 5 Sellers of Most Tickets

1 st	\$500
2 nd	\$400
3 rd	\$300
4 th	\$200
5 th	\$100

Council/Assembly Selling Grand Prize Ticket: \$1,000

FINAL DRAWING:
Saturday, December 12, 2026 at 2:00pm
at Holy Family Catholic Church
811 West 6th Avenue, Anchorage, Alaska

All tickets purchased prior to Monday, September 7, 2026 will also qualify for an
EARLY BIRD DRAWING OF FIVE PRIZES: \$500 each
Early Bird Drawing: Monday, September 7, 2026 at 2:00pm (same location)

Winners announced on alaskakofcstate.com
Need not be present to win

LIMIT 5,500 TICKETS ★ \$20 PER TICKET ★ PERMIT #168300

WHAT'S UP?

Patriotic Rosary- 07/06 and 07/20 at 6:00 pm
K of C Council meeting - 07/01 at 7:00 pm
4th Degree meeting - 07/06 at 7:00 pm
Officer's meeting - 07/30 6pm

We had a great turn out and the parish hall was buzzing after the feast of St Benedict's Vigil Mass. Plenty of food to go around and thanks to all those Knights and family members that came early to prep and set-up. The unsung grillers out supporting and keeping the time, and the burgers and dogs coming in hot... For all those who helped in service and those that came in to clean-up - Thank you, Thank you! Thank you!! There are too many to name individually - but hopefully we can recognize all those again and prepare for our next event(s)...

Food Drive - update: Thank you also to Paul Hafele and David Mitchell for spending some time helping with the drive-by food drives the afternoons of July 4th and the 11th... We raised ~600# for the St Francis Food Pantry and also helped stock the shelves of our parish outreach. The need is there for other food donations so we'll make sure we look at options to assist later this summer / fall... Stay tuned and/or let us know your ideas for raising support for local food shelves.

Catholic Daughters of the Americas

Have you been wondering who The Catholic Daughters of the Americas are?
Would you like to know more about us?

CDA is one of the largest Catholic women's organizations established in 1903 by the Knights of Columbus. Our local court was chartered in at Holy Family parish in 1961. We are a spiritual, charitable, social and service group. We invite all Catholic women to join us as we plan this year's events. Our next meeting will be on Monday, September 14th, 2026, beginning 6:30pm in the Lunney Center at the Cathedral of Our Lady of Guadalupe. Please join us.

For more information contact cecistanley2013@icloud.com.



United In Mission

"Many Gifts, One Church"

2026 Annual Catholic Appeal

Saint Benedict Parish



Archdiocesan Goal

\$ 80,975.96

Parish Goal

\$40,487.98

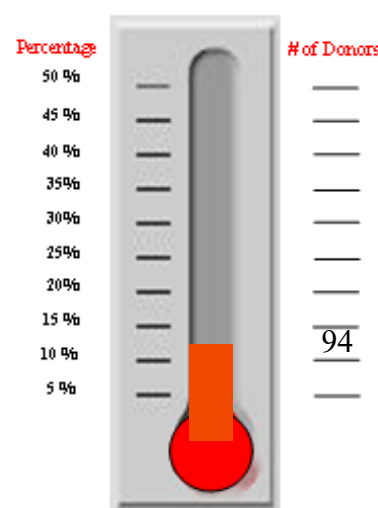
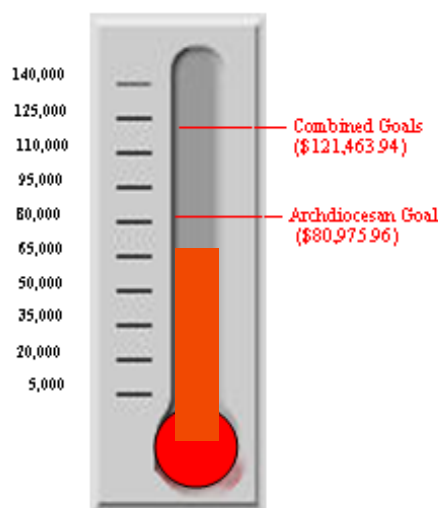
Participation Goal

40 Percent *

Donating to United in Mission:
"Many Gifts, One Church"
has never been easier!



Use the QR code and donate
right now online.
ARCHDIOCESE OF
ANCHORAGE-JUNEAU

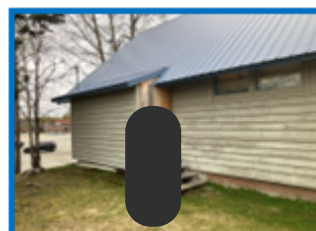


* Parish census: 670 households

Contributions beyond our Archdiocesan goal help us to:



Prep and paint exterior.



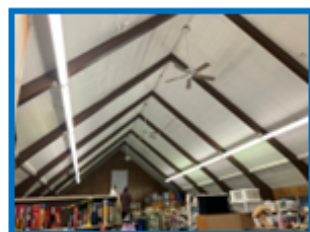
Close off old access.



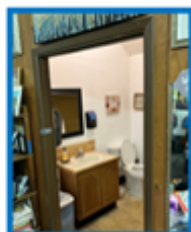
Weatherproof the foundation.



Replace all windows.



Convert lighting to LED.



Update bathroom.



Install secure door.



Paint the interior.



Install a new furnace.

Renovate the "Archangel Attic"

Why? Didn't we already do this project last year? Answer: We completed phase I. We raised approximately \$36,000 and that amount will allow us to install new windows, a new secure entry door and paint the exterior of the building this summer. Proceeds from this year's appeal will allow us to complete this two-year renovation project. In the summer of 2027 we will install a new furnace, renovate the bathroom, and replace all lighting with LED fixtures. Once completed, the Archangel Attic will be ready for the next decade! The Attic serves as an outreach to the needy in our community, as well as a revenue source for scholarships to Lumen Christi Catholic High School (generating more than \$1.4 million since 2011!). All staff, including managers Mary and Colleen, are volunteers. **Thank you!**

ADULT ED

TUESDAY MORNINGS

We are watching season 5 of The Chosen. Join us for coffee, pastries, an episode, and discussion after

9AM Mass.
Times New Roman

BIBLE STUDY

Meets the 2nd –4th or 5th.

Wednesday's of each month at 7pm

See you in the Fall!



WOMEN'S MINISTRY

BLESSED AMONG WOMEN

Our next gathering will be on Thursday evening at 7pm, August 20th at the home of Donna Dooly.



This is a monthly gathering to seek a more profound understanding of what it means to be a woman of God through quarterly presentations by local speakers and spiritual teachings from Pope St John Paul II and female Saints (while sharing food and fellowship with other women).

MEN'S MINISTRY

ESTRO VIR

Our next Meeting will be on Thursday, September 10th.

We meet in the Parish Hall, for food, fellowship, and faith.

Food: TBD

Topic: TBD

Speaker: TBD



WHAT'S OUR PARISH UP TO?

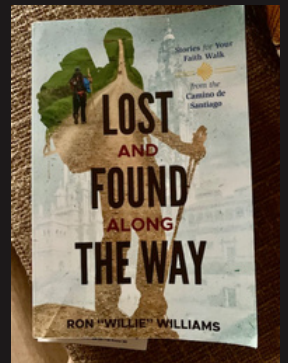


BOOK CLUB



Thursday August 6th,
TBD

We will be discussing...



St. Benedict Parish Lending Library –

Pick up a book to enjoy, leave a book to share. Look for the bookcase near the Adoration door, where we have some books, publications, etc. that may be of interest to our Parish community and enrich our Catholic faith. Come see what we have - more to come! Contact Lynn Stuhr @ lstuhr18@gmail.com or 907-830-1627.

ADORATION

EUCCHARISTIC ADORATION

Adoration is offered:

Monday–Friday
10:00AM–10:00PM

You are welcome to come in to pray during these times.

Call the office to get the code to the adoration door.



"Could you not watch one hour with me?" (Mt. 6:21; 26:40)

WITHIN OUR COMMUNITY. ...



WE ARE CALLED TO SERVE

NEW donation opportunity!! Donate cars to a program and CSS will receive the funds from the sale of the car. The company we work with will pick the vehicle up. Find out more at our website: [Donate a Vehicle - Catholic Social Services - Alaska](https://www.cssalaska.org/Donate-a-Vehicle)

Farmer's Market at Grow North Farm: (Every Thursday 4-7 pm at 3601 Mountain View Drive.)

- It looks like there are still a few CSA subscriptions for sale! CSAs are a great way to provide a reliable source of income for our farmers and a reliable source of vegetables for your pantry. Learn more at www.grownorthfarm.com
- As an important reminder, this year we are slightly changing our CSA pick-up time, please pick up your CSA between 4:30 - 6:30pm.
- Children's story hour and activity from 5-6 pm every week at the market! Parental supervision is required and all are welcome to join!

Saint Francis House Food Pantry Current Needs:

(Drop off at 3710 E. 20th Ave. from 1-4 pm Monday through Thursday and 9-4 on Fridays. Donations for specific CSS programs should be taken to each program location.)

- Canned meat
- Canned Veggies
- Canned Beans
- Dry goods
- Rice
- Pastas
- Beans
- Oats

Clare House Current Needs:

(Clare House needs some snack food items for their peer support groups aimed at youth and adults, along with general activity items.

Drop off from 10 am – 6 pm, Monday-Friday, 4110 Spenard Rd.)

- Paper cups
- Prepackaged snacks:
 - Healthy chips (Sun Chips, etc.)
 - Cheese crackers
 - Dried fruit/trail mix
- Any other shelf-stable snack items
 - Coffee creamer
 - Half & half
 - Cups
- Polymer clays (esp. black, translucent, and white)
- Seed beads
- Beading needles
- Nail files
- Bottled water
- A portable Brita water dispenser

Current Volunteer Opportunities

See our updated current volunteer opportunity page and fill out a fresh application if you don't have a current one on file. Background checks are required for all individuals volunteering with CSS. Group volunteers are welcome. See the group volunteer page on our website and someone will contact you about current group opportunities (not all are listed on the website).



Thank you to the crew from Good Shepherd Church for their recent visit to Clare House!

WITHIN OUR COMMUNITY. . .

NEWS AROUND THE ARCHDIOCESE OF ANCHORAGE!

Welcome to this week's Communication Email! Here's a look at the latest news, events, and updates from around our Archdiocese. Stay connected and informed as we continue to grow in faith and community together!

Upcoming events around the Archdiocese

Maryland State Boys Choir at Holy Family in Anchorage:

Holy Family parish in Anchorage will welcome the Maryland State Boys Choir on Saturday, August 1. They will present a 20-minute concert of sacred music as a prelude to the 5:30 Mass, during which they will also sing at the Offertory and Communion.

• MEMORIAL SERVICE

There will be a memorial service for Fr. Thomas Gallagher, S.J. at St. Anthony's in Anchorage on July 18th at 10:30am.

• We are looking for pictures....

For the Feast of the Assumption, the North Star Catholic would like to do a spread for Marian devotion areas around the archdiocese. If you have an area at your parish dedicated to the Blessed Virgin, be it a Mary Garden, a statue, or an icon, please take a picture of it featuring parishioners and send it to llivengood@aoaj.org by July 22nd.

• PROJECT RACHEL ALASKA

Attached please find ads you can insert in your bulletins or on your website.

Please post this Project Rachel promo ad for our fall retreat in your printed and eletter bulletins beginning this week, if possible and to continue weekly through the weekend of Sept 5-6. That would be the last weekend that it would need to be posted.

JOBS WITHIN THE ARCHDIOCESE!

Payroll and Benefits Specialist – Archdiocese of Anchorage-Juneau:

The Office of Finance for the Archdiocese of Anchorage-Juneau is seeking a detail-oriented and highly skilled Payroll and Benefits Specialist. This position is fulltime and is responsible for ensuring accurate payroll processing and effective administration of employee benefits for more than 250 Archdiocesan employees.

This role also supports the Alaska Conference of Catholic Bishops (ACCB) by coordinating benefits processing for Catholic entities across the state. The position requires strong technical proficiency, strict adherence to data confidentiality, and up-to-date knowledge of federal, state, and local labor and tax regulations.

The ideal candidate is organized, adaptable, and capable of managing multiple priorities in a professional office environment while supporting the mission of the Archdiocese.

For more information about the job please visit: <https://aoaj.org/jobs>

St. Elizabeth Ann Seton School Principal: St. Elizabeth Ann Seton Parish is seeking a dynamic, Christ-centered leader to serve as Principal of our wonderful parochial elementary school. The successful candidate will be one who understands the principles of Catholic Education, has an unwavering commitment to student achievement, staff advancement, school advancement, and who exercises these qualities within the traditions and teachings of the Catholic Church.



WHAT IS CATHOLICISM?

ARE YOU INTERESTED IN JOINING THE
CATHOLIC CHURCH?

DO YOU FEEL YOU ARE ON THE OUTSIDE
LOOKING IN?

WOULD YOU LIKE TO KNOW MORE ABOUT
THE CATHOLIC FAITH?

MAYBE YOU WERE RAISED CATHOLIC
AND HAVE STRAYED?

HAVE YOU EVER WONDERED, "WHY AM I
EVEN DOING THIS?"

DO YOU REMEMBER ALL THE REASONS OF YOUR FAITH,
THE BEAUTY OF OUR FAITH?

We meet, Monday evenings at 6:30pm in
the parish rectory!
We would love to have you join us.
Everyone is welcome!

Contact the office 243-2195



St. Kateri Tekakwitha

Who was St. Kateri Tekakwitha?

Kateri was born in 1656, in the Mohawk village of Ossernenon. She contracted smallpox when she was 4 years old. This scarred her skin. Her whole family died in the smallpox outbreak, and she was raised by her aunt and uncle. When she was 19, Kateri converted to Catholicism. This decision was very unpopular in her village. She left her village and went to Montreal. Kateri was very devout and prayed for the conversion of the Mohawks. She died in 1680.

Feast Day: July 14

Patron Saint: the environment,
Indigenous Peoples, Canada



St. Kateri
July 14

Celebrations

July Fourth is a special celebration for America, especially this year of the 250th birthday of our country. Fireworks, parades, special sports tournaments and cold slices of watermelon. Just thinking about this celebration brings a sparkle to a life as we anticipate/relive the day's activities.

As Joan Chittister claims in "The Monastic Way": "Celebrations are what help us to glimpse, to recognize who we really are and want to be—at our deepest moments in life, and highest part of our aspirations. Without considering who we are, our spirits go dry, humdrum sets in, our future sinks to gray." Now is the time to decide to celebrate "something" every day of our lives.

There is always something to celebrate. Immediately, we sprout off special dates: birthday, anniversaries, accepting the job you always wanted, graduations. However, each day, regardless of the date, we can recognize something making it worth a celebration. Take time to identify it! In our great state of Alaska, we can always celebrate the beauty of the

mountains. Once we begin to notice the good things in our lives, it becomes an automatic part of our days. Truly, deciding to look for the good, we find we are more joyful, more purposeful, and want to repeat those good feelings. It extends to our families and friends and those who are in our lives for a short time. For example, the person who holds the door for us as we struggle with our packages becomes a celebration. The stoplight turning green when we are running late picking up our children from school (or we just like having a green light) is a celebration. It is the ordinary, the unexpected, the appreciative surprise, which can always trigger a smile and a celebration. It is learning to rejoice in our busy day rather than grappling to be anything other than human!

Remember: At the end of each day of God's creations, He celebrated it. He had just created a wonderful day with all its wonderful things and knew it was good. We also can celebrate all the wonderful happenings in our lives daily and know it is good.

Adapted from (joanchittisterthemonasticway;july2026)

Questions:

1. What/who have you celebrated lately?
2. What emotions are present when you celebrate an occasion?
3. How do you define who you really are and want to be?

Challenge:

Describe who you really are and want to be.

Quote:

"The . . . one who serves God always swims in joy, always keeps holiday, and is always in the mood for singing."

~ St. John of the Cross

& FOR OUR YOUTH... ↪

WITH OUR YOUTH

WHATS IS GOING ON THIS SUMMER?



SUMMER EVENTS

31 MAY
12:00 PM

KINCAID BEACH! JOIN US FOR A TRIP DOWN THE HILL TO THE BEACH! MEET AT THE CHALET.

12 JUNE
6:00 PM

BASEBALL! WATCH THE BUCS PLAY AT 6 PM. MEET AT MULCAHY STADIUM. WE WILL BE DOWN THE FIRST BASE LINE.

28 JUNE
12:00 PM

ALASKA HIGHLAND GAMES @ THE STATE FAIRGROUNDS. CONTACT GABE IF YOU NEED A RIDE.

11 JULY
12:00 PM

PARISH FEAST DAY SOFTBALL GAME! WE WILL MEET AT DE LA VEGA PARK AND SELECT TEAMS THERE!

19 JULY
12:00 PM

HIKE AT BICENTENNIAL PARK. MEET AT THE NORTH BIVOUAC TRAILHEAD AT NOON.

26 JULY
12:00 PM

DISC GOLF AT KINCAID! BRING A FRISBEE AND MEET US THERE!

30-2 JULY - AUGUST

YOUTH MISSION TRIP TO VALDEZ. JOIN US FOR WORK AND OTHER EVENTS IN VALDEZ!

9 AUGUST
12:00 PM

FLATTOP! JOIN US AND SUMMIT THE MOUNTAIN!

15 AUGUST
6:00 PM

EUCCHARISTIC PROCESSION. JOIN US AT ST. BENEDICT FOR AN END OF THE SUMMER CELEBRATION!

SUMMER

ST BENEDICT PARISH INVITES YOU!

MISSION

Trip

GO TO VALDEZ AND SERVE THE COMMUNITY THERE!



COST:

\$100

JULY 30 - AUGUST 2

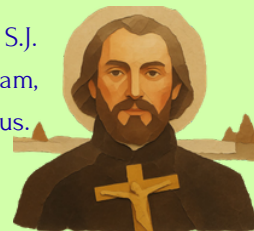
THERE WILL BE WORK AND FUN. WE WILL GO ON HIKES AND DO SEVERAL PROJECTS FOR THE PARISH THERE.

For more information contact Gabe at golenaestbenedictsak.com or at 907-215-7058



YOUTH CORNER

St. Andrew Bobola, S.J.
Patron of our E/C Team,
Pray for us.



UPCOMING *Youth Nights*



Wednesday 7-9 pm

The Eucharist

Macklen will give us a trip with the Eucharist. What does that mean for us? What does that look like?

July
22
2026



Wednesday 7-9 pm

Feast Days

What is your feast day? How do we celebrate it? Why do we celebrate it?! Many questions, few answers. Lets talk.

July
29
2026



Wednesday 7-9 pm

Topics for all!

We will choose from a mystery bag what the topic of the night is. What is in the bag? You will have to come to find out!

Aug
5
2026

@stbensyouthanc

07/08 High School Night 7pm!

09/08 Jr. High Night 6pm

ADULT VOLUNTEERS NEEDED!!!

CHECK OUT OUR PAGES!



ST. BEN'S YOUTH MINISTRY



@STBENS YOUTHANC