

Unlocking the Mystery of the Bible, Ascension Press
Spring 2026 Adult Formation Bible Study
St. Martin of Tours

1. The goal of this Bible study was to:

- a. provide a general overview of the Bible, using Ascension Press's Bible Timeline (different time periods) to form a "big picture" of the Bible
- b. Give participants a solid foundation - using general, "big-picture" concepts - on which to build from for future studies, mass sermons, books, conversations, etc.
- c. Connect the Old and New Testaments.
- d. Meet others within the parish while learning together. Say hello at mass to those you meet in the Bible study.
- e. Expand one's concept of prayer.
- f. become more comfortable with the concept of group prayer & intercessory prayer.

2. Things to keep in mind:

- a. It is not realistic to try to understand everything in a Bible Study.
- b. God's Word (the Bible) is as infinite as God is - meaning there will always be something more to learn, a deeper connection to explore, etc. This is a good thing!
- c. Aspects you don't understand = opportunities for further learning.
- d. Aspects you find interesting = opportunities to dive further.

3. Simple steps to take to further one's Biblical understanding / faith exploration:

- a. If you already read scripture, begin to read the footnotes at the bottom of the Bible.
- b. Read the mass readings prior to attending weekend mass.
- c. United States Conference of Catholic Bishops (USCCB) website:
 - i. Look at the daily readings
 - ii. Listen to podcasts for daily readings
- d. Bible In A Year with Fr. Mike Schmitz - Ascension app or online - can listen to it.
- e. Radio stations:
 - i. Catholic Radio: Relevant Radio WSJP 100.1 FM / 1640 AM
 - ii. Christian Radio stations: WVCY-FM 107.7 (traditional/teaching), WLVE 105.3 (K-LOVE, contemporary), and Air1 at 102.1 FM (worship)
- f. Liturgy of the Hours apps for cell phone
- g. Continued participation in future SMOT Adult Formation Programs (will be announced in July 2026)