

ALLERGY & ASTHMA

S P E C I A L I S T S, P A.

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Antihistamines to avoid At least 3 days before skin testing

If you are scheduled for an upcoming appointment for allergy (skin prick) testing, it is necessary to avoid these medications as they significantly impact the accuracy of the test.

Actifed (chlorpheniramine)	fexofenadine
Alavert/Alavert-D (loratadine)	hydroxyzine
Allegra/Allegra-D (fexofenadine)	levocetirizine
Alka-Seltzer Plus (chlorpheniramine)	Loratadine
Atarax (hydroxyzine)	Meclizine
Antivert (meclizine)	Nizatidine
Atrohist (chlorpheniramine)	Olopatadine eye drops/nasal spray
Astelin/Astepro nasal spray (azelastine)	Optivar (azelastine)
Axid (nizatidine)	Pataday/Patanol eye drops (olopatadine)
Azelastine (Optivar)	Patanase nasal spray (olopatadine)
Benadryl (diphenhydramine)	Pepcid (famotidine)
Bromfed (brompheniramine)	Periactin (cyproheptadine)
brompheniramine	Phenergan (promethazine)
Cetirizine	Promethazine
Chlortrimeton (chlorpheniramine)	Polaramine (dexchlorpheniramine)
Chlorpheniramine	Robitussin PM (diphenhydramine)
Cimetidine	Tagamet (cimetidine)
Clarinet (desloratadine) – <i>Avoid x5 days</i>	Tylenol PM (diphenhydramine)
Claritin (loratadine)	Vicks Nyquil (doxylamine)
Cyproheptadine	Xyzal (levocetirizine)
desloratadine – <i>Avoid x5 days</i>	Zantac 360 (famotidine)
dexchlorpheniramine	Zyrtec/Zyrtec-D (cetirizine)
Diphenhydramine	
Doxylamine	
Famotidine	