



PARENT / GUARDIAN INFO

WELCOME TO FLORIDA CHARGE CAMP

Parents + Guardians

My name is Shannon Benton and I am the Camp Director for FCA Charge Camp 2026. Thank you for choosing to send your student to Charge Camp and partnering with us to disciple your student-athlete. We are so excited to see how God will bring life-changing experiences to your student-athlete during their week at camp.

The information in this packet contains camp details you will want to know and pass along to your student-athlete. If you have any questions that are not addressed in this packet you are more than welcome to contact our staff using the information listed below. Our team is looking forward to serving your student-athlete and to a great week at camp.

SHANNON BENTON

Camp Director

Camp Admin: Monica Benton - mbenton@fca.org

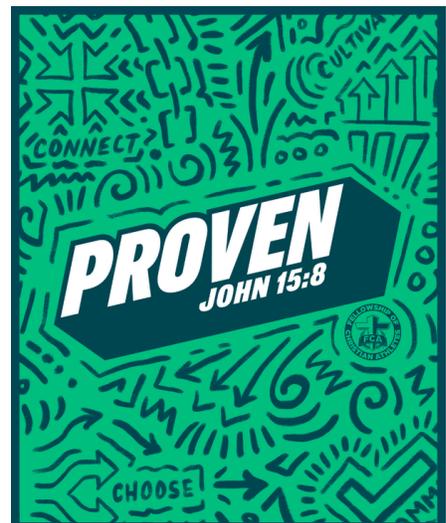
OUR CAMP THEME

“My Father is glorified by this: that you produce much fruit and prove to be My disciples.” - John 15:8

WHAT ARE YOU TRYING TO PROVE?

We're all trying to prove something: our spot on the team; being captain material; being accepted by our peers; earning success and accolades; even love. We put time and energy into doing all we can to fit into these spaces, but it leaves us exhausted and unfulfilled. But we don't have to keep striving to prove our worth; God has proven everything for us through His Son Jesus Christ. We simply receive what has already been done for us. We are proven in Him.

THEME TOPICS: CONNECT - CULTIVATE - CHOOSE - COMMIT



CAMP INFORMATION

Southeastern University (SEU): 1000 Longfellow Blvd, Lakeland, FL 33801
June 22-25, 2026

WHAT YOUR STUDENT WILL BE DOING THIS WEEK

- Morning + Evening Chapels + Worship
- Huddle Competitions
- Camp Huddle Times
- Breakout Sessions
- Leadership Training
- New FCA Bible and Camp Shirt Provided



CAMP SCHEDULE (EASTERN TIME ZONE)

MONDAY

- 1:00 PM-2:30 PM Check-in
 - Esperanza Courtyard
- 3:00 PM Mandatory All Camp Chapel Kickoff
- Competition
- Dinner
- Chapel
- Lights out

TUESDAY + WEDNESDAY

- AM Workout & Devotional
- Breakfast
- Chapel
- Competition
- Huddle Time
- Lunch
- Breakout Session
- Dinner
- Chapel
- Huddle Time
- Lights Out

THURSDAY

- AM Workout & Devotional
- Breakfast
- Chapel
- 10:30 AM Departure
 - Esperanza Courtyard

LODGING

- Campers will stay in the dorms on SEU's campus: Rooms have two twin beds. Campers will need a sleeping bag or twin bedding, pillows, towels, & toiletries.
- Each dorm room has a connected jack-and-jill style bathroom equipped with its own bathroom/shower.

OUR CELL PHONE POLICY

- We want to offer the opportunity for all campers to be fully present and engaged while at camp, it is for this reason we have a limited phone policy.
- Campers will have access to their phones ONLY during free time from 3:00 PM - 5:00 PM and for 10 min before bedtime.

FAQ'S

- Q: When should I arrive and when should I be picked up?
 - A: Check-in starts at 1 PM Monday afternoon. Your parents should make plans to pick you up Thursday morning at 10:30 AM after chapel.
- Q: What do I do for lunch on Monday?
 - A: Lucky for you, there are a couple of options! 1. Eat before you arrive. 2. There is a Chick-fil-a located on SEU's campus. (WAHOO!) Grab a bite with your family and friends (this meal is not included in your camp fee).

WHAT TO BRING

TOILETRIES

- Toothbrush + toothpaste
- Deodorant
- Travel shampoo + conditioner
- Bodywash
- Facewash
- Sunscreen
- BUG SPRAY
- Hair Brush
- Medications and/or Allergy meds (if applicable)
- Shower Towel
- Shower shoes (optional)

CLOTHING

- MODEST Athletic attire
 - Enough comfortable summer clothing for 4 days of camp
 - Enough clean sets of clothes to change into before evening chapel + worship
- Jacket
- Socks
- Underwear
- Pajamas
- Swimwear
 - Girls: modest one-piece suit or tankini
 - Boys: modest swimwear
- Closed toe shoes for rec and huddle competitions

WHAT NOT TO BRING

- Alcohol, tobacco, nicotine products (vapes, juuls, e-cigarette, etc.), illegal drugs
- Fireworks, knives, any kind of weapon
- iPads, iPods, gaming devices
- Any items purposefully intended for pranks
- Parent/guardian will be charged for any damages or issues related to clean up

BEDDING + EXTRAS

- Sleeping bag or twin sheets
- Blanket
- Pillow
- Alarm clock
- Reusable water bottle
- Notebook
- Pen/pencil
- Extra spending money (OPTIONAL)
- Snacks
- Backpack, drawstring bag, or crossbody

DRESS UP THEMES

- Optional, but FUN, we have dress up themes for each evening after dinner:
 - Monday -- TBD
 - Tuesday -- TBD
 - Wednesday -- TBD
 - Thursday -- TBD

DRESS CODE

Modest attire is required at all times during camp, including modest swimwear.

- Modest shorts: when hands extended to the back or front, fingertips must touch fabric
- No clothing that calls attention to underclothes (sagging pants, shirts revealing bra, rolling down or up waistband, etc.)
- No clothing that advertises alcohol, tobacco or drugs
- No clothing that explicitly or implicitly promotes racism, sexism or hatred of any group or person
- No clothing that explicitly or implicitly refers to sexual actions or situations
- Boys: sleeveless shirts and tank tops do not need to be worn outside of aquatic activity
- Girls: spaghetti/small straps or open back do not need to be worn outside of sleepwear