



Rowan's Law

Adopted: March 2018

Last Reviewed: March 2026

1. Purpose

The purpose of this policy is to ensure the Peterborough Cycling Club (PCC) complies with Rowan's Law (Concussion Safety), 2018 and its associated Ontario Regulations. This policy establishes annual concussion awareness and acknowledgment requirements for coaches, ride leaders, instructors, event organizers, athletes, and parents where applicable.

2. Scope

This policy applies to all PCC Ride Leaders, Co-Leaders, instructors, event organizers, board members acting in a supervisory capacity, athletes under the age of 26, and parents/guardians of athletes under 18 years of age participating in PCC activities.

The PCC has adopted the policy from Ontario Cycling (OC). Below are links to the OC relevant policies.

3. Annual Education Requirements – Leadership

All Ride Leaders, Co-Leaders, instructors, and event organizers who interact with athletes under the age of 26 must annually review Ministry-approved Concussion Awareness Resources and review and sign the applicable Concussion Code of Conduct prior to acting in a leadership capacity.

This is part of the PCC and OC registration process.

To assist in this process, the OC has created an online link for Ministry approved Concussion Awareness Resources:

- <https://ontariocycling.org/safe-sport/policies/>
- [OC Concussion Policy](#)
- [OC Concussion Code of Conduct](#)
- [Sport Injury Reporting Form](#)

And the OC's Concussion Code of Conduct to be reviewed and signed by Ride Leaders/Co-Leaders as part of the annual Ride Leader training.

- https://ontariocycling.org/wp-content/uploads/2022/08/2022_Concussion_Code_of_Conduct_for_Athletes_and_Parents.pdf