



2025 PCC Cyclo-Cross Series Technical Guide



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QUESTIONS- Please contact cyclocross@peterboroughcc.com

GOALS OF THE PCC CX SERIES:

Cyclocross is a cycling sport requiring technical bicycle handling skills and short, hard efforts of speed. It's not an endurance sport of long efforts or one that relies on fitness alone. It is head-to-head racing on a tight and twisty course on mixed and challenging surfaces. Features are added to the course to make it more exciting and more challenging, often requiring you to dismount your bike and run.

Our Goals for the series are as follows;

1. To create a fun and welcoming experience in a competitive event.
2. To develop youth racers and foster growth.
3. To introduce new racers to the awesome sport of cyclocross.
4. To provide a competitive racing experience for the largest number of riders.
5. To provide an environment for riders to develop the technical skills and speed needed for cyclocross racing.
6. Competition, but in a light-hearted and very fun way.
7. To have a safe and respectful environment for everyone with no tolerance for rude and disrespectful behavior.

Your 2025 Cyclocross Committee

- Jeff Faulds (Chair)
- Ben Pye
- John Fisher
- Rod Pierce
- Jena Hunter

CYCLOCROSS TRAINING

This year we will have official cyclocross training on Thursday evenings @ 6 pm, starting on Sept 11th through Oct 30th.

Jacksons Park right off the intersection of Parkhill and Medical Drive.

Sep 11, 18, 25,

Oct 2, 23, 30

Cedar Mountain Farm

Oct 9, 16

See Cycle Club App for details.

Adult/Youth Ride - Consists of a fitness component and a skill instruction/practice - This ride may travel around during this time.

Kids Program - Working on a skill and some fun, and bike games - Led by an adult and youth coaches aimed for 4-12 year olds

The kids' program requires sign-up due to limited space. Sign up via this form. [KIDS SIGN UP HERE](#)

SCHEDULE:

Races Series runs on most Sundays (4 EXCEPTIONS) from Sept 28th – Nov 23rd: (See below for event times and dates)

- 8:30 am – Timing tent open for daily check-in. Please check in BEFORE your start time.
- 8:30 am – Course opens for pre-riding
- 9:00 am – First Race start (see category start times below)
- 11:35 am – Last Race finished
- 11:40 am – Podiums for all start times
- 11:50 am – Course takedown

RACE START TIMES (with the exception of Race #1 on Sept 28th)

Start 1 – 9:00 AM

Wave 1 – M&F – 40 min.

Suggested for beginner and intermediate riders (bottom 40% of Race #1)

This group will start at 10:15 AM for only Race #1 on Sept 28th

Wave 2 – M&F – 30 min.

Suggested for youth and recreational riders

This group will still always start at 9:00 AM, including for Race #1 on Sept 28th

Start 2 – 10:15 AM – M&F – 40 min.

Suggested for advanced riders 3 (top 60% of Race #1)

Start 3 – 11:20 AM – M&F – 15 min. (Note: all waves will start together)

Wave 1 - Suggested for 7 to 10-year-olds, fastest, most able kids M&F – 15 min.

Wave 2 - Suggested for 5 to 8-year-old, slower, less experienced kids M&F –15 min.

Wave 3 - Suggested for 6 and under, young and/or new racers, riders who may need assistance to complete a lap. Wheel size under 20" should be in this start

CATEGORIES:

Start 1 Wave 1 – Riders strong enough and fast enough to keep pace for 40 minutes of racing. This category is for the slower 40% of the entire group of 40-minute racers.

Start 1 Wave 2 – Aimed at youth and recreational riders. Riders who are less experienced and or are best suited to 30 minutes of racing.

Start 2 – Riders strong enough and fast enough to keep pace for 40 minutes of racing. This category is for the faster 60% of the entire group of 40-minute racers.

Start 3 - (all Waves) Aimed at our youngest riders. These racers will race on a modified version of the standard race course for 15 minutes.

YOUTH CATEGORY – There are no age-specific categories. All categories are skill-specific only. Suggested 10 to 16-year-olds race in the Start 1, 30-minute race unless they are skilled, experienced, responsible, and fast enough to race with the adults in the 40-minute races. Kids under 10 as of Dec 31 DO need permission from the cyclocross committee to race in any race other than the 11:20 am races. Use your best judgment or talk to the cyclocross committee for advice. cyclocross@peterboroughcc.com

WOMEN'S CATEGORY – There are no gender-specific categories. All categories are skill-specific only. We will recognize the fastest 3 women of the day, regardless of category or start time, for a podium.

QUALIFIER EVENT - RACE #1

With the goal of more balanced racing and giving every rider more people to compete against, we will qualify everyone for the two 40-minute race categories (Start 1 and Start 2).

At the first race, we will race all 40-minute racers (Start 1 - Wave 1, and Start 2) together as one large group starting at 10:15 am for this one race only. At the end of the race, we will split all racers into two groups. This will give us a fair and equal balance of racers in each Race (9 am and 10:15 am). The split will be the fastest 60% in the 10:15 am start or Start 2. The slower 40% will race at 9 am (Start 1) for the rest of the season, along with the 30-minute racers. This will give us a close balance of racers in both start times.

Racers who miss the first race are to start in the 9 am Start 1 race, and this is why attending Race #1 is important. Racers with previous race experience and results may request another option from the cross-committee.

Any racer who ends up clearly outside of their appropriate group may be moved to the following race. The cross-committee will decide on this as a group and notify you.

Racers who had a mechanical or abnormal result may let the cross-committee know and a single result can be overlooked or placement adjusted if it is incorrect. The goal is to get the most people in the correct place, and we know things don't always work out.

SERIES POINTS STRUCTURE:

The series consists of 9 events. The overall series winner will be the best 7 results of 9 race points totaled together. We encourage you to attend more than 7 races so you have more chances at your best 7 finishes. Series points will be awarded as follows:

Finishing Position	Series Points	Finishing Position	Series Points	Finishing Position	Series Points	Finishing Position	Series Points
1st	45	11th	30	21st	20	31st	10
2nd	41	12th	29	22nd	19	32nd	9
3rd	39	13th	28	23rd	18	33rd	8
4th	37	14th	27	24th	17	34th	7
5th	36	15th	26	25th	16	35th	6
6th	35	16th	25	26th	15	36th	5
7th	34	17th	24	27th	14	37th	4
8th	33	18th	23	28th	13	38th	3
9th	32	19th	22	29th	12	39th	2
10th	31	20th	21	30th	11	40th	1

REGISTRATION:

All racers must have a 2024 PCC club membership. ***CX add-on required***. The cost is \$25 (Free for kids/youth) for the membership, plus an Ontario Cycling (OC) Community Membership (\$20) (or a higher and more comprehensive OC membership). Please pre-purchase your membership, as it CAN NOT be purchased on-site. The racer package will be picked up at the first attended event.

Buy Membership here - <https://ccnbikes.com/#!/events/peterborough-cycling-club-2025>

Online registration for races will be facilitated through the "Cycle Club App" website or app www.cycleclubapp.com. This can be downloaded to a mobile device via the App Store or Google Play. It can also be used on a PC or Mac for non-mobile users. Registration through the app is MANDATORY. Email liam@cycleclubapp.com for assistance or technical support with this.

NOTE** PCC CX operates under a different club than normal PCC Events on Cycle Club App.**

COURSE DESCRIPTION:

CycloCross races typically take place in the autumn and winter (September–November) and consist of multiple laps of a short (2–3 km) course featuring pavement, sand, wooded trails, grass, steep hills, and obstacles requiring the rider to quickly dismount, carry the bike while navigating the obstruction, and remounting.

EVENT DATES & COURSE LOCATIONS: (and other must attend events)

September 21st - Prologue Cross - Uxbridge

Race 1 - September 28th - **SPECIAL START TIMES** - Elmhirst's Resort - 1045 Settlers Line, Keene

Race 2 - October 4th - **(SATURDAY)** - Jackson's Park, 720 Parkhill Rd West, Peterborough (off Medical Dr)

October 5th - Ganny Enduro - Go race, volunteer, or cheer MTB racers - Millbrook

October 12th - Thanksgiving Sunday

Race 3 - October 13th - **(MONDAY)** - Cedar Mountain Farm, 2409 Burnham Line, Otonabee

Race 4 - October 19th - Cedar Mountain Farm, 2409 Burnham Line, Otonabee

Race 5 - October 25th - **(SATURDAY)** - Kawartha Downs, 1382 County Rd 28, Fraserville

October 26th - Christie Cross - Toronto

Race 6 - November 2nd - Kawartha Downs, 1382 County Rd 28, Fraserville

Race 7 - November 8th - Nichols Oval Park, 725 Armour Rd, Peterborough

November 9th - CX Provincial Championships

Race 8 - November 16th - Elmhirst's Resort - 1045 Settlers Line, Keene

Race 9 - November 23rd - Elmhirst Resort's - 1045 Settlers Line, Keene, Ontario PRESIDENT'S CUP

KIDS RACE: 11:20 AM start (Children aged 3 -11)

The kid's race will be held on a modified version of the adult course. Each child must have a PCC membership. Each child will get a number plate and timing chip when they sign up for the season.

EVENT RULES:

Cones and tape

We use cones or race/caution tape to close off and mark the course. This tape is affixed to trees, stakes, and strung across pathways or along pathways to show riders where to go, or where not to go. Cones or tape can show participants where not to go, or it can be used to outline the outside (or inside) of a corner or to keep riders out of a certain area. Please stay within the intended and marked course during the race and during practice. Failure to do so can result in disqualification.

Runway

We often share park space where there is a game playing field (baseball, soccer, football, etc.), but at Elmhirst's, we are adjacent to an airfield with an active runway. Please do not, at any time, ride your bike or walk on/across the runway. We have permission to use this property on the condition that we adhere to safe, responsible use of the land. If this is not respected, we may lose permission to hold events there.

Numbers

Each rider will receive a number (and timing chip) when they sign up. These are yours for the entire series. The number does not reflect your standing in the series. The number is to be attached to the front of your bike so it can easily be read by the time keepers. Do not cut or modify the number plate. A second number can be given for the need of a pit bike use.

The timing chip will be affixed to the Fork leg of your bike on the same side as the bib number.

Start / Finish Area

The Start/Finish line will be clearly marked, but the course direction can change from week to week. Take note of these changes on the day of the race.

Feed Zones and Technical Assistance

There is no feeding or using water bottles during cross races unless the temperature is above 20 degrees Celsius. You may have spare wheels, bikes, or other tech assistance, but they can only be had in the tech zone. Our tech zone will be near the start/finish line.

Pulling Riders

Riders will not be pulled unless they have broken a rule and are being disqualified.

Pre-Rides

Pre-riding is permitted as soon as the course is open for riding. This is usually at about 8:30 am, but this is not a set time. If you arrive before the setup is complete, please lend a hand in completing the course setup to allow it to be open sooner.

Bad Weather

This is cross, so we ride rain or shine or snow, etc. If there is severe weather that poses a danger to the riders, the race may be canceled. We will notify you as soon as possible if this is the case.

Bike

A proper cyclocross bike is recommended, but this is a “for everyone” event, so ride what you have. Any bicycle that is in proper working order, has two working brakes, and is safe, is welcome for use.

Respect

While this is racing, it is all in the name of fun. Respect for the organizers and fellow racers must be maintained. Maintaining a level attitude and maintaining respect is a must. There is a Zero tolerance for poor attitude and behavior while at these events. Immediate disqualification from the series will be given to those who can't do this. (Respectful heckling is permissible and encouraged)

MEDICAL / HOSPITALS:

Peterborough Regional Healthcare Centre (PRHC) is the closest hospital for all events. All medical issues are to be reported to an event leader immediately. The EAP (Emergency Action Plan) will be available on-site at the timing tent.

1 Hospital Dr, Peterborough, ON K9J 7C6 [\(705\) 743-2121](tel:7057432121)

PRIZE LIST

Prizes

Draw prizes will be presented at the end of the season at the President's Cup. Prizes will not be awarded at each race. Preems will be held, when available, at each race for extra entries for the draw prizes. Prizes are donated, and we are looking for more prizes to give away. Contact cyclocross@peterboroughcc.com if you have prizes to donate