



2026 Peterborough Compassion Ride

Technical Guide

Presented by: The Peterborough Cycling Club (PCC) & Wild Rock Outfitters

Benefiting: The Compassion Project Peterborough

1. Event Overview

Welcome to the Peterborough Compassion Ride! This event is built on the spirit of adventure, teamwork, and community support. The primary goal is to enjoy our amazing roads with friends and to raise funds for The Compassion Project Peterborough.

This is a **100% self-supported** team-based ride (2 to 8 riders per team) with a designated Team Captain. Every route utilizes a checkpoint system to prove completion, leading back to a shared celebratory base camp.

2. General Information

- **Date:** July 25th
- **Base Camp (Start/Finish):** Douro Park North, 205 Douro Second Line, Douro-Dummer, ON K0L 1S0
- **Sanctioning & Licensing:** Peterborough Cycling Club (PCC) membership is **not required** to participate.
- **Format:** Team-based groups (staggered starts based on distance and estimated speed).
- **Distances:** 35 and 100km road. 55 and 160km gravel.

3. Registration & Pricing

- **Registration Link:** [Link to the PCC Website — To Be Added]
- **Entry Fee: \$50 per rider**
- **Fundraising Goal ("Distance Match"):** In addition to the base entry fee, teams are encouraged to set a fundraising goal that matches their total combined team distance. *Example:* A team of 4 riders tackling the 100km route rides a combined 400km. Their suggested team fundraising goal is \$400+.
- **Deadlines:** Pre-registration is mandatory and closes 3 days prior to the event. **There is no day-of registration.** Teams will sign up and create their fundraising pages during registration.

4. The "Self-Sufficient" Rule (Crucial)

To participate, all teams must agree to strict self-sufficiency rules. This is not a guided tour; it is an adventure.

- **No On-Road Support:** Organizers will **not** provide sag wagons, mechanic vehicles, or on-course hydration and food stations.
- **Outside Help:** Only "natural" outside help (e.g., stopping at a local gas station, café, or general store to buy water, snacks, or tools) is permitted.
- **Emergency Extractions:** If a rider cannot finish due to fatigue or a mechanical failure, the team is 100% responsible for arranging their own pickup and transport back to Base Camp. We do have a support driver available but this is intended for serious emergencies only.

5. Course Details & Categories

All distances are close approximations (give or take 5% of the advertised distance). Every route features a checkpoint system to prove completion.

Route 1: The "Wayfinder Epic" (150km) — Paved, Gravel & Unassumed

A thrilling, blind-navigation adventure for experienced endurance riders.

- **Terrain:** Paved roads, gravel, and unassumed dirt roads for added thrill.
- **Navigation:** Blind wayfinding. Teams do not get the full route upfront. You will collect each

quarter of the route as you go.

- **Checkpoints:** 5 on-route physical navigation checkpoints + 1 at the finish. Teams receive the route data for their next ~30km segment only after successfully reaching the current checkpoint.

Route 2: The "Paved Century" (100km) — All Road

A fast, fun, low-elevation route perfect for setting a personal best or conquering a first metric century.

- **Terrain:** 100% paved roads.
- **Navigation:** Full route provided upfront.
- **Checkpoints:** 5 Photo Checkpoints (teams must snap a group selfie at designated landmarks).

Route 3: The "Mixed Surface Explorer" (50km)

A great middle-ground for riders wanting a taste of different terrains without extreme distance.

- **Terrain:** Mixed surface (paved and gravel).
- **Navigation:** Blind wayfinding. Teams collect the second half of the route only after reaching the halfway mark.
- **Checkpoints:** 4 Photo Checkpoints.

Route 4: The "Beginner Cruise" (30km) — Easy & Approachable

Designed for casual riders, families, and those new to group cycling.

- **Terrain:** Approachable, easy rolling terrain.
- **Navigation:** Full route provided upfront.
- **Checkpoints:** 4 Photo Checkpoints.

6. Event Schedule & Dispatch Logistics

To ensure all teams finish roughly around the same time for the post-ride festivities, starts are staggered based on distance and estimated speed.

Pursuit Format: Within each distance category, teams with slower estimated paces will depart first, and faster teams will depart later.

Dispatch Window	Route Category	Notes
Early Morning (From 7:00 AM)	150km Wayfinder Epic	Individual team start times will be assigned.

Dispatch Window	Route Category	Notes
Mid-Morning	100km Paved Century	Teams depart within a designated window.
Late Morning	50km Mixed Explorer	Teams depart within a designated window.
Midday	30km Beginner Cruise	Teams depart within a designated window.

(Exact dispatch times for your team will be emailed the week of the event).

7. Post-Ride Base Camp & Awards

The finish line at Douro Park will feature a celebratory atmosphere where teams can relax and share their on-road stories.

- **Food & Drink:** A local food truck (details TBD) will be on-site. Every registered rider receives a **\$10 food voucher** in their registration packet to use at the truck.
- **Sticker Collection:** Teams must show their checkpoint photos (or physical proofs) to event organizers at the finish line to collect their official completion stickers.
- **Awards & Prizing:**
 - **Top Fundraisers:** Prize pack for the team that raises the most money for The Compassion Project.
 - **Best On-Road Story:** Prize for the most entertaining, funny, or heroic tale from the ride.
 - **Finisher's Draw:** Completing all checkpoints (and proving it) automatically enters your team into a draw for additional prize packs from Wild Rock Outfitters.

8. Emergency Plan & Medical Information

As a self-supported ride, teams are responsible for their own first aid for minor scrapes. In the event of a serious medical emergency, **call 911 immediately.**

Nearest Hospital

Peterborough Regional Health Centre (PRHC)

- **Address:** 1 Hospital Drive, Peterborough, ON K9J 7C6
- **Emergency Room:** Open 24 Hours

- **Phone:** 705-743-2121

Directions from Douro Park Base Camp to PRHC (Approx. 20 Mins):

1. Head South on Douro Second Line toward County Rd 4.
2. Turn right onto County Rd 4 (Warsaw Rd) and follow it into Peterborough.
3. Continue onto Parkhill Rd E.
4. Turn left onto George St N.
5. Turn right onto Sherbrooke St.
6. Turn left onto Medical Dr, then right onto Hospital Dr. The destination will be on your left.