

CrossFit LAB. 1

SU PRENOTAZIONE

LUNEDI'

MARTEDI'

MERCOLEDI'

GIOVEDI'

VENERDI'

SABATO

7,30

CrossFit

CrossFit

CrossFit

CrossFit

CrossFit

9,00

CrossFit

CrossFit

CrossFit

Open Gym

CrossFit

10,00

Open Gym

Open Gym

Open Gym

Open Gym

Open Gym

Open Gym

11,00

Open Gym

Open Gym

Open Gym

Open Gym

Open Gym

CrossFit

12,30

Open Gym

Open Gym

Open Gym

Open Gym

Open Gym

13,30

CrossFit

CrossFit

CrossFit

CrossFit

CrossFit

16,00

Open Gym

Open Gym

Open Gym

Open Gym

Open Gym

17,00

Open Gym

Open Gym

Open Gym

Open Gym

Open Gym

18,00

CrossFit

CrossFit

CrossFit

CrossFit

CrossFit

19,00

CrossFit

CrossFit

CrossFit

CrossFit

CrossFit

20,00

CrossFit

CrossFit

CrossFit

CrossFit

CrossFit*