



HAMMEL TENNIS CAMPS 2023

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Welcome!

Rev. 1/31/23

At the Hammel Tennis Camps we love teaching children to play tennis! It's exhilarating to see young players grow as individuals in the process of learning and improving their tennis games. We are beginning our 51st summer of fun and learning. With our experience we've created an exciting program that inspires a commitment to the sport of tennis combined with the positive impact of daily lessons in good sportsmanship and a high-spirited atmosphere of fun. Our camp elevates a young player's tennis game. Hammel campers are coached in all aspects of the game - strokes, speed & footwork, strategy, physical conditioning, and mental skills. Teaching students to understand the subtle nuances as well as the basic concepts of tennis makes the sport fun and ensures optimal improvement. Making progress toward an exciting goal, taking on challenges, and working hard in a fun and inspiring atmosphere is what the Hammel Tennis Camps are all about! Joining a Hammel Tennis Camp for a week can make a world of difference!

We hope to see you on the courts this summer! - Laury Hammel

Hammel Tradition

Tennis is in Laury Hammel's blood. His mother and father are life-long tennis players, coaches, have achieved high ranking and are members of the Utah Tennis Hall of Fame. In fact, the Hammel's were USTA Family of the Year in 2000! Laury has been a competitive tennis player for over 60 years and has consistently earned sectional ranking in junior and open divisions. In senior play, he has earned several national rankings and has been #1 in New England in six divisions.

Laury has coached hundreds of juniors to national ranking and is a cutting-edge innovator in tennis technique and philosophy. Many of his ideas once thought as unorthodox are now accepted as standards in the teaching profession. He is a nationally recognized coach, industry leader, and speaker.

In 2004, Laury was inducted into the New England Tennis Hall of Fame.



General Information

Hammel Tennis Camps are starting their 51st summer of fun and learning. Our campers are coached in all aspects of the game - strokes, speed & footwork, strategy, physical conditioning, and mental skills. Camp starts the week of June 12th and runs thru the week of August 21st. There are ten 5-day sessions, and one 3-day session (no camp July 3rd & 4th).

Applications and Required Forms

An application must be completed for each camper before the camper may attend. Application packets are available at both the Wayland and Natick locations, as well as online at longfellowjuniortennis.com or at [Longfellow Tennis Camp Application](#), and include:

2023 Summer Camp Application, Schedule, & Fees

Release of Liability Form

Physical & Immunization Form (from your child's physician)

It is a state regulation that Campers, including walk-ins, cannot participate in camp until all of these forms have been completed and returned to the Longfellow Club. THERE WILL BE NO EXCEPTIONS.

All Hammel Tennis Camps comply with the regulations of the Mass Department of Public Health (105 CMR 430) and are licensed by the local board of health. Parents have the right to review policies, background checks, healthcare, discipline policies, and grievance procedures upon request.

Additional information related to **COVID-19** regulations will be sent with the confirmation email. If you are interested in receiving this information in advance, please contact Phil Parrish at LongfellowHTC@gmail.com

All camps are staffed at a maximum of 6 to 1 ratio.

Campers should come dressed in tennis appropriate clothing and tennis shoes, and bring a tennis racquet.

Players should also bring a water bottle, nut free snack, and a nut free lunch (if full day).

For more information contact Phil Parrish, Camp Director at LongfellowHTC@gmail.com

Red Ball Tennis Camp (Red Ball)

Red Ball Tennis Camp is offered at Wayland. Using lower compression balls and smaller courts is an exciting introduction to the great sport of tennis for children **ages 5-8**. Longfellow's Red Ball Tennis programs, part of the USTA 10 & Under Program, are not only fun, but give young people a solid foundation, modern technique, and excellent strategy! Each day campers will follow a fun and effective curriculum that will have them playing matches and team competitions on 36' courts by week's end. Campers are leveled by age and ability at the start to ensure the greatest level of success.

SEE APPLICATION FOR MORE DETAILS!



CHECK-IN at the Wayland Youth Sport Zone

Morning Session

9:00 a.m. - 1:00 p.m.
Monday thru Friday

Full Day Session

9:00 a.m. - 4:00 p.m.
Monday thru Friday



12 & Under Camp (Orange & Green Ball)



All levels are welcome!

The 12 & Under Orange and Green Ball Camp is offered at the Longfellow Tennis Club Natick Campus and is organized by age and skill. The camp follows the USTA 12 & Under Program. Using 60' and full courts, along with softer balls, allows our kids to play tennis immediately. Juniors ages 8-12 are taught the basic strokes and strategies of tennis in a fun and highly effective manner.

- Campers should come dressed in tennis appropriate clothing and tennis shoes.
- Players should bring a water bottle, snack, and a tennis racquet.



CHECK-IN at the Longfellow Tennis Club in Natick

Morning Half Day Session
9:00 a.m. - 11:30 a.m.
Monday thru Friday

Afternoon Half Day Session
1:30 p.m. -4:00 p.m.
Monday thru Friday

Sign up is for a full week of **either** morning **OR** afternoon. **You may not sign up for both sessions** during the same week. There are no makeups or substitutions.

High School / Pre HS Camp (Yellow Ball 1 & 2)



Get Prepared for High School Tennis!

The High School/Pre-HS Training Camp has become the camp of choice for players wanting to play high school tennis or who are currently playing varsity or junior varsity tennis for their high school team. In addition to structured training in the fundamental strokes of the modern tennis game,

the camp places special emphasis on singles and doubles skills, strategies, and tactics. We offer a half day morning or a half day afternoon option to fit into your busy schedule.



- Campers should come dressed in tennis appropriate clothing & tennis shoes.
- Players should bring a water bottle, snack, and a tennis racquet.

CHECK-IN at Regis College

Morning Session
9:00-12:00 p.m.
Monday thru Friday

Afternoon Session
1:00-4:00 p.m.
Monday thru Friday

Sign up is for a full week of **either** half day (morning) **or** half day (afternoon). There are no makeups or substitutions.

New England Tennis Academy (NETA)

The Longfellow Clubs New England Tennis Academy (NETA) Camps have been the number one training camps for competitive juniors for fifty-one years. Players from all over New England attend because of the high level of competition and seek a deeper and broader understanding of what it takes to move their game to a higher competitive level.

New England's finest coaches, led by Laury Hammel, Art Coleman, Xiao Li, Andrew Jarrett, Erica Murphy and Phil Parrish, will make the camp experience more productive in the development of your camper's game. From video stroke analysis and clay court play, to doubles tactics, we have created a program to unleash your camper's potential.

Junior NETA (Orange/Green/Yellow Ball)

Ages 11 & under.

To be eligible for Junior NETA tennis camp, you must be a tournament player and eligible to play at the specific level registered.

New England Tennis Academy (NETA) (Yellow Ball)

Ages 12+

To be eligible for the New England Tennis Academy Camp, you must be a tournament player and eligible to play at the specific level registered.

Campers Will Learn the Following

- Effective and efficient stroke production
- Strategic thinking and the 'Six Points of Baseline Strategy'
- Exceptional court coverage, foot speed, balance, and anticipation
- The art and science of 'self-correction' and productive habit development
- Positive thinking, strong body language, and mental toughness

JUNIOR NETA CHECK-IN the Longfellow Tennis & Health Club Wayland

Full Day Session
9:00 - 4:00 p.m.
Monday thru Friday

NETA – SILVER & GOLD CHECK-IN at the Rivers School

SILVER Half Day Session morning
9:00-12:00 p.m.

GOLD Half Day Session afternoon
1:00-4:00 p.m.
Monday thru Friday

**Sign up is for a full week.
There are no makeups or
substitutions.**

- Campers should come dressed in tennis appropriate clothing and tennis shoes.
- All campers should bring a water bottle, tennis racquet, and sunscreen.



World Class Facilities

The Longfellow Health and Tennis clubs offer superior facilities and equipment that make it enjoyable and convenient for campers to focus their efforts while working to achieve their full potential.

Hammel Tennis Camps feature the first-in-the-nation Red Ball Tennis facility! This unique facility has four 36' indoor courts designed for children ages 5-8. Red Ball Tennis Camp and the brand-new Youth Sport Zone in Wayland is the ideal space for children to learn and enjoy the sport of a lifetime.

***Rain or shine, we're running!
Hammel Tennis Camps are located
at the Longfellow Clubs
Wayland and Natick campuses.***

2023 RATES

There will be no make ups or substitutions.

Red Ball Ages 5-8 Youth Sport Zone Wayland	1 - 3 weeks	4+ weeks
Red Ball Morning 9:00-1:00 pm	\$350/wk	\$299/wk
<i>The weekly rate for 1-3 weeks for payments made by March 15, 2023 is \$325/wk. Limit of 16 campers. Drop off and pick up for Red Ball is at the Longfellow Youth Sports Zone in Wayland.</i>		
Red Ball Full Day 9:00-4:00 pm	\$575/wk	\$525/wk
<i>The weekly rate for 1-3 weeks for payments made by March 15, 2023 is \$550/wk. Limit of 16 campers. Drop off and pick up for Red Ball is at the Longfellow Youth Sports Zone in Wayland.</i>		

12 & Under (Orange & Green Ball) Natick	1 - 3 weeks	4+ weeks
Half day morning 9:00-11:30	\$375/wk	\$325/wk
Half day afternoon 1:30-4:00	\$375/wk	\$325/wk
<i>The weekly rate for 1-3 weeks for payments made by March 15, 2023 is \$345/wk. Limit of 20 campers. Each session is for the same level of ability. Drop off and pick up for 12 & Under Camp is at the Longfellow Tennis Club in Natick.</i>		

High School/Pre-HS (Yellow Ball 1 & 2) Regis College	1 - 3 weeks	4+ weeks
Half Day Morning 9:00-noon	\$395/wk	\$350/wk
Half Day Afternoon 1:00-4:00	\$395/wk	\$350/wk
<i>The weekly rate for 1-3 weeks for payments made by March 15, 2023 is \$375/wk. Limit of 16 campers in each. Drop off and pick up for High School/Pre HS is at Regis College.</i>		

Junior NETA Wayland	1 - 3 weeks	4+ weeks
Full Day 9:00-4:00	\$650/wk	\$599/wk
<i>The weekly rate for 1-3 weeks for payments made by March 15, 2023 is \$600/wk. Limit of 30 campers. Drop off and pick up for Junior NETA is at the Longfellow Tennis & Health Club in Wayland. There is no half day option.</i>		

NETA Rivers School	1 - 3 weeks	4+ weeks
SILVER 9:00-12:00	\$550/wk	\$499/wk
GOLD 1:00-4:00	\$550/wk	\$499/wk
<i>The weekly rate for 1-3 weeks for payments made by March 15, 2023 is \$515/wk. Limit 30 campers. Drop off and pick up at the Rivers School. Preference will be given to players that participate in camp for all UTR and USTA tournaments run by</i>		