



2026 IAAN Conference Program

The Application of Neuroscience - Innovations and research across multiple disciplines of neuroscience

Preconference Workshop - Thursday 10 September		
TIME	TYPE	COMMENTS
8.30am	Coffee is served in the foyer	
8.45am – 9.00 am	Welcome and opening of IAAN Pre-conference	Jan Sky - President
9.00am – 10.30am	Keynote speaker	Dr Olivia Lesslar Neurobiotensegrity - A Systems Medicine Framework for Brain and Mental Health – Part 1
10.30am – 11am	Morning tea	
11am -12.30pm	Keynote speaker	Dr Olivia Lesslar Neurobiotensegrity - A Systems Medicine Framework for Brain and Mental Health – Part 2
12.30pm -1.30pm	Lunch	
1.30pm – 3.00 pm	Keynote speaker	Dr Olivia Lesslar Muscle, Mitochondria, and the Mind: When the body writes cheques the brain can't cash – Part 1
3-00pm - 3.30pm	Afternoon tea	
3.30 pm- 4.30pm	Keynote speaker	Dr Olivia Lesslar Muscle, Mitochondria, and the Mind: When the body writes cheques the brain can't cash – Part 2
4.30pm	Close of the day – free time	

Conference Day 1 - Friday 11 September		
8.30am – 8.45 am	Official opening of the IAAN Conference and Welcome	Jan Sky, President and intro of MC
8.45am – 10.15am	Keynote Speaker	Richard Hill Safety and Curiosity: Collaborators or Competitors
10.15am – 10.45 am	Morning tea	
10.45am – 12 noon	Presentation	Peter Janetzki Neuroscience, Meaning-Making and Interpersonal Conflict
12 noon – 1.00 pm	Presentation	Helen Parry The Symphony of the Mind: Harnessing Rhythms for Transformative Client Wellbeing in Neuropsychotherapy
1.00 pm – 2.00 pm	Lunch	
2.00 pm– 3.00 pm	AGM	All welcome
3.00 pm – 4.30 pm	Presentation	Maria Ruberto The Science of Sleep
4.30 pm	Refreshments in foyer	
	Get ready for the Gala Dinner	It will be a sparkling event
6.30pm onwards	Gala Dinner with special guest MC – a little bit of sparkle	Dr Fritz Heckler as guest speaker Special guest from Austria

Conference Day 2 - Saturday 12 September		
8.30am – 8.45 am	Welcome by 2026-27	New president
8.45am – 10.15 am	Keynote Speaker	Dr Hayley O’Neill Nutrition Neuroscience of Metabolic Health: From Brain to Body
10.15am – 10.30 am	Morning tea	
10.30am – 12 noon	Presentation	Matthew Dahlitz Resonate: The Science of Music and the Mind
12 noon – 12.15 pm	Member announcement	Maria Ruberto
12 .15 pm – 1.00 pm	Lunch	
1-00 pm - 2.30 pm	Presentation	Dr Rita Princi-Hubbard A New Paradigm for Education
2.30pm – 2.45 pm	Member announcement	Richard Hill
2.45pm – 3.00 pm	Afternoon tea	
3.00 pm – 4.00 pm	Meet the Keynotes – question time from the audience	Dr Olivia Lesser, Richard Hill and Dr Hayley O’Neill, Dr Rita Princi- Hubbard
4.00 pm – 4.30pm	Announcements and Official close of the conference	