



## 2026 IAAN Conference Program

The Application of Neuroscience - Innovations and research across multiple disciplines of neuroscience

| Preconference Workshop - Thursday 10 September |  |  |
|--|--|--|
| TIME   | TYPE                                       | COMMENTS   |
| 8.30am   | Coffee is served in the foyer              |  |
| 8.45am – 9.00 am                               | Welcome and opening of IAAN Pre-conference | Jan Sky - President  |
| 9.00am – 10.30am                               | Keynote speaker                            | <b>Dr Olivia Lesslar</b><br>Neurobiotensegrity - A Systems Medicine Framework for Brain and Mental Health – Part 1         |
| 10.30am – 11am                                 | Morning tea                                |  |
| 11am -12.30pm                                  | Keynote speaker                            | <b>Dr Olivia Lesslar</b><br>Neurobiotensegrity - A Systems Medicine Framework for Brain and Mental Health – Part 2         |
| 12.30pm -1.30pm                                | Lunch                                      |  |
| 1.30pm – 3.00 pm                               | Keynote speaker                            | <b>Dr Olivia Lesslar</b><br>Muscle, Mitochondria, and the Mind: When the body writes cheques the brain can't cash – Part 1 |
| 3-00pm - 3.30pm                                | Afternoon tea                              |  |
| 3.30 pm- 4.30pm                                | Keynote speaker                            | <b>Dr Olivia Lesslar</b><br>Muscle, Mitochondria, and the Mind: When the body writes cheques the brain can't cash – Part 2 |
| 4.30pm   | Close of the day – free time               |  |

## Conference Day 1 - Friday 11 September

|                    |   |  |
|--------------------|---|--|
| 8.30am – 8.45 am   | Official opening of the IAAN Conference and Welcome         | Jan Sky, President and intro of MC   |
| 8.45am – 10.15am   | <b>Keynote Speaker</b>                                      | <b>Richard Hill</b><br>Safety and Curiosity: Collaborators or Competitors  |
| 10.15am – 10.45 am | Morning tea   |  |
| 10.45am – 12 noon  | Presentation  | <b>Peter Janetzki</b><br>Neuroscience, Meaning-Making and Interpersonal Conflict   |
| 12 noon – 1.00 pm  | Presentation  | <b>Helen Parry</b><br>The Symphony of the Mind: Harnessing Rhythms for Transformative Client Wellbeing in Neuropsychotherapy |
| 1.00 pm – 2.00 pm  | Lunch   |  |
| 2.00 pm– 3.00 pm   | AGM   | All welcome  |
| 3.00 pm – 4.30 pm  | Presentation  | <b>Maria Ruberto</b><br>The Science of Sleep   |
| 4.30 pm            | Refreshments in foyer                                       |  |
|                    | Get ready for the Gala Dinner                               | It will be a sparkling event   |
| 6.30pm onwards     | Gala Dinner with special guest MC – a little bit of sparkle | <b>Dr Fritz Heckler</b> as guest speaker<br>Special guest from Austria   |

## Conference Day 2 - Saturday 12 September

|                     |   |   |
|---------------------|---|---|
| 8.30am – 8.45 am    | Welcome by 2026-27                                  | New president   |
| 8.45am – 10.15 am   | <b>Keynote Speaker</b>                              | <b>Dr Hayley O’Neill</b><br>Nutrition<br>Neuroscience of Metabolic Health: From Brain to Body |
| 10.15am – 10.45 am  | Morning tea   |   |
| 10.45am – 12:15 pm  | Presentation  | <b>Matthew Dahlitz</b><br>Resonate: The Science of Music and the Mind                         |
| 12:15 pm – 12.45 pm | Collaboration announcement                          | <b>Richard Hill</b> from SoP  |
| 12 45 pm – 1.45 pm  | Lunch   |   |
| 1-45 pm – 3.15 pm   | Presentation  | <b>Dr Rita Princi-Hubbard</b><br>A New Paradigm for Education                                 |
| 3.15 pm – 3.30 pm   | Afternoon tea                                       |   |
| 3.30 pm – 4.30 pm   | Meet the Keynotes – question time from the audience | Dr Olivia Lesser, Richard Hill and Dr Hayley O’Neill, Dr Rita Princi-Hubbard                  |
| 4:30 pm – 4.45pm    | Announcements and Official close of the conference  |   |