

Cafés, Bakeries & Quick Breakfast

Isabella's Café & Bakery

Opens 7:00 a.m. Wednesday–Sunday | 2 School Street, Freeport | 207-865-6635

A cozy local café and bakery. Isabella's serves breakfast all day, including egg sandwiches, omelets, breakfast burritos, pancakes, French toast, homemade biscuits, scones, cinnamon rolls, and their well-known sticky buns.

MADE mercantile & cafe

Opens 6:30 a.m. | 33 Main Street, Freeport | 207-504-6300

An independent downtown coffee shop and café inside the MADE mercantile. A good option for coffee, espresso drinks, pastries, and a lighter breakfast while also getting a taste of Freeport's local maker community.

Main Street Baking Company

Opens 6:00 a.m. daily | 32 Main Street, Freeport | 207-376-5170

A new, locally owned bakery in downtown Freeport offering fresh breads and baked goods. Best for someone looking for an early pastry and coffee rather than a full diner breakfast.

Met Coffee House & Fine Art Gallery

Opens 7:00 a.m. daily | 48 Main Street, Freeport | 207-869-5809

A downtown coffeehouse with specialty coffee, breakfast sandwiches and other café fare. Its central Main Street location makes it an easy option for people staying near the Harraseeket.

Wanderlust Juicery and Café

Opens 7:30 a.m. daily | 4 Mechanic Street, Freeport | 207-869-5806

A good lighter/health-focused breakfast option with coffee, smoothies, juices, smoothie bowls, bagels, breakfast sandwiches and vegetarian/vegan-friendly choices.

The Bakeshop

Opens 8:00 a.m. daily | 123 Main Street, Freeport | 207-869-5680

A bakery and café serving coffee, baked goods and breakfast options. This is a good choice for people who don't need to be out the door quite as early and want something casual downtown.

South Freeport Village Market

Opens 7:00 a.m. daily | 97 South Freeport Road, South Freeport | 207-708-7008

A small village market and café serving coffee, breakfast sandwiches and other grab-and-go food. It's outside the immediate downtown area but could be particularly convenient for people heading toward Wolfe's Neck.

Bow Street Market

Opens 6:30 a.m. daily | 79 Bow Street, Freeport | 207-865-6631

A locally owned neighborhood market with a bakery, deli and prepared foods. A useful option for attendees who need to grab something quickly before an early field trip rather than sit down for breakfast.